

Applied Computational Statistics

Project Report



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Table of Contents

S.No		Page No.
1.	Project Description	
2.	Problem Statement	
3.	Analysis 3.1 Hardware Requirements 3.2 Software Requirements	
4.	Design 4.1 Data/Input Output Description: 4.2 Algorithmic Approach / Algorithm / DFD / ER diagram/Program Steps	
5.	Implementation and Testing (stage/module wise)	
6.	Output (Screenshots)	
7.	Conclusion and Future Scope	

CASE STUDY 5

Confidence interval for difference of two means, dependent samples

Weight loss example, kg

Background Somebody has developed a diet and an exercise program for losing weight. It seems that it works like a charm. However, you are interested in how much weight are you likely to lose.

You have a sample of 10 people who have already completed the 12-week program.

Task 1 Calculate the mean and standard deviation of the dataset

Task 2 Determine the appropriate statistic to use

Task 3 Calculate the 95% confidence interval Interpret the result and see if the diet plan is effective or not

Task 4 You can try to calculate the 90% and 99% confidence intervals to see the difference. There is no solution provided for these cases.

Subject	Weight before (kg)	Weight after (kg)	Difference
1	103.68	92.87	-10.81
2	110.68	101.58	-9.10
3	119.05	105.66	-13.39
4	101.75	96.18	-5.57
5	91.69	86.97	-4.72
6	112.03	105.90	-6.13
7	88.84	80.56	-8.28
8	105.18	97.00	-8.18
9	110.37	99.27	-11.10
10	120.99	107.44	-13.55

Sanyam

Smirap

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45

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Weight Loss, A Case Study

Background Somebody has developed a diet and an exercise program for losing weight. It seems that it works like a charm. However, you are interested in how much weight are you likely to lose. You have a sample of 10 people who have already completed the 12-week program. Calculate the mean and standard deviation of the dataset.

Task 1 Determine the appropriate statistic to use

Task 2

Task 3 Calculate the 95% confidence interval. Interpret the result and see if the diet plan is effective or not.

Task 4 You can try to calculate the 90% and 99% confidence intervals to see the difference. There is no solution provided for these cases.

Optional

Weights Before and after

The DataSets

```

1 #Before Weight
2 xi = [103.68,110.68,119.05,101.75,91.69,112.03,88.84,105.18,110.37,120.99]
3 x1 = pd.Series(xi)

```

[4] ✓ 0.1s

```

1 #After Weight
2 xj = [92.87,101.58,105.66,96.18,86.97,105.90,80.56,97.00,99.27,107.44]
3 x2 = pd.Series(xj)

```

[5] ✓ 0.9s

DataSet Overview

```

1 print(x1.describe() , "\n",x2.describe())
2

```

[16] ✓ 0.1s

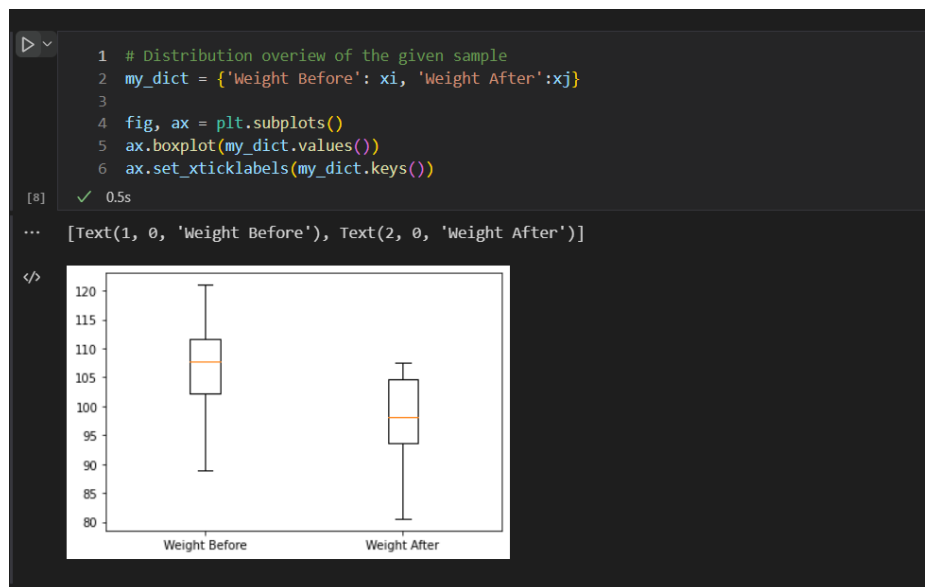
```

... count      10.000000
   mean      106.426000
   std       10.508764
   min       88.840000
   25%      102.232500
   50%      107.775000
   75%      111.692500
   max      120.990000
   dtype: float64
   count      10.000000
   mean       97.343000
   std        8.671510
   min       80.560000
   25%       93.697500
   50%       98.135000
   75%      104.640000
   max      107.440000
   dtype: float64

```

Step 1: Assumptions (Conditions):

- A quantitative variable for two independent groups.
 - Quantitative variable is the weights of Individuals
 - Grouping variable is the Weight before and after diet.
- Size of sample > 30 or < 30 for both groups.
 - n1 and n2 = 10
- Is the population/sample approximately distributed.?
 - Using sample to estimate the population distribution, so as to see if it is
 - free of Outliers
 - Symmetric
 - Unimodal
 - Box Plot : None have outliers.



Step 2: Calculating the Interval

1. We could begin by computing the sample sizes (n1 and n2), means, and standard deviations (s1 and s2) in each sample.
2. The parameter of interest is the difference in population means, $\mu_1 - \mu_2$. The point estimate for the difference in population means is the difference in sample means:

$$\bar{x}_1 - \bar{x}_2$$

3. Calculating Pool Standard Deviation

Since we are taking datasets from same area, it will be pooled and independent.

$$S_p = \sqrt{\frac{(n_1-1)s_1^2 + (n_2-1)s_2^2}{n_1+n_2-2}}$$

```
1 standarddev = math.sqrt(((10 - 1)*s1 * s1 + (10-1)*s2 * s2) / (10 + 10-2))
2 standarddev
[64] ✓ 0.8s
... 9.634033567399367
```

4. If $n_1 < 30$ or $n_2 < 30$, use the t-table:

$$(\bar{x}_1 - \bar{x}_2) \pm t S_p \sqrt{\frac{1}{n_1} + \frac{1}{n_2}}$$

Use the t-table with degrees of freedom = n_1+n_2-2

5. For 95% interval and df = 18

TABLE D												
t distribution critical values												
	Upper-tail probability p											
df	.25	.20	.15	.10	.05	.025	.02	.01	.005	.0025	.001	.0005
1	1.000	1.376	1.963	3.078	6.314	12.71	15.89	31.82	63.66	127.3	318.3	636.6
2	0.816	1.061	1.386	1.886	2.920	4.303	4.849	6.965	9.925	14.09	22.33	31.60
3	0.765	0.978	1.250	1.638	2.353	3.182	3.482	4.541	5.841	7.453	10.21	12.92
4	0.741	0.941	1.190	1.533	2.132	2.776	2.999	3.747	4.604	5.598	7.173	8.610
5	0.727	0.920	1.156	1.476	2.015	2.571	2.757	3.365	4.032	4.773	5.893	6.869
6	0.718	0.906	1.134	1.440	1.943	2.447	2.612	3.143	3.707	4.317	5.208	5.959
7	0.711	0.896	1.119	1.415	1.895	2.365	2.517	2.998	3.499	4.029	4.785	5.408
8	0.706	0.889	1.108	1.397	1.860	2.306	2.449	2.896	3.355	3.833	4.501	5.041
9	0.703	0.883	1.100	1.383	1.833	2.262	2.398	2.821	3.250	3.690	4.297	4.781
10	0.700	0.879	1.093	1.372	1.812	2.228	2.359	2.764	3.169	3.581	4.144	4.587
11	0.697	0.876	1.088	1.363	1.796	2.201	2.328	2.718	3.106	3.497	4.025	4.437
12	0.695	0.873	1.083	1.356	1.782	2.179	2.303	2.681	3.055	3.428	3.930	4.318
13	0.694	0.870	1.079	1.350	1.771	2.160	2.282	2.650	3.012	3.372	3.852	4.221
14	0.692	0.868	1.076	1.345	1.761	2.145	2.264	2.624	2.977	3.326	3.787	4.140
15	0.691	0.866	1.074	1.341	1.753	2.131	2.249	2.602	2.947	3.286	3.733	4.073
16	0.690	0.865	1.071	1.337	1.746	2.120	2.235	2.583	2.921	3.252	3.686	4.015
17	0.689	0.863	1.069	1.333	1.740	2.110	2.224	2.567	2.898	3.222	3.646	3.965
18	0.688	0.862	1.067	1.330	1.734	2.101	2.214	2.552	2.878	3.197	3.611	3.922
19	0.688	0.861	1.066	1.328	1.729	2.093	2.205	2.539	2.861	3.174	3.579	3.883
20	0.687	0.860	1.064	1.325	1.725	2.086	2.197	2.528	2.845	3.153	3.552	3.850
21	0.686	0.859	1.063	1.323	1.721	2.080	2.189	2.518	2.831	3.135	3.527	3.819
22	0.686	0.858	1.061	1.321	1.717	2.074	2.183	2.508	2.819	3.119	3.505	3.792
23	0.685	0.858	1.060	1.319	1.714	2.069	2.177	2.500	2.807	3.104	3.485	3.768

Appropriate Statistic to use i.e T-Statistic

```
1 # To find the T critical value
2 t = stats.t.ppf(q=1-.05/2,df=18)
3 t
```

[68] ✓ 0.8s

... 2.10092204024096

So, the 95% confidence interval for the difference is (18.127 ,0.038)

```
1
2 n1 = len(xi)
3 n2 = len(xj)
4
5 print ((x1.mean() - x2.mean()) + 2.10*(9.63)*math.sqrt((1/n1) + (1/n2)))
6 print ((x1.mean() - x2.mean()) - t*(9.63)*math.sqrt((1/n1) + (1/n2)))
7
```

[75] ✓ 0.7s

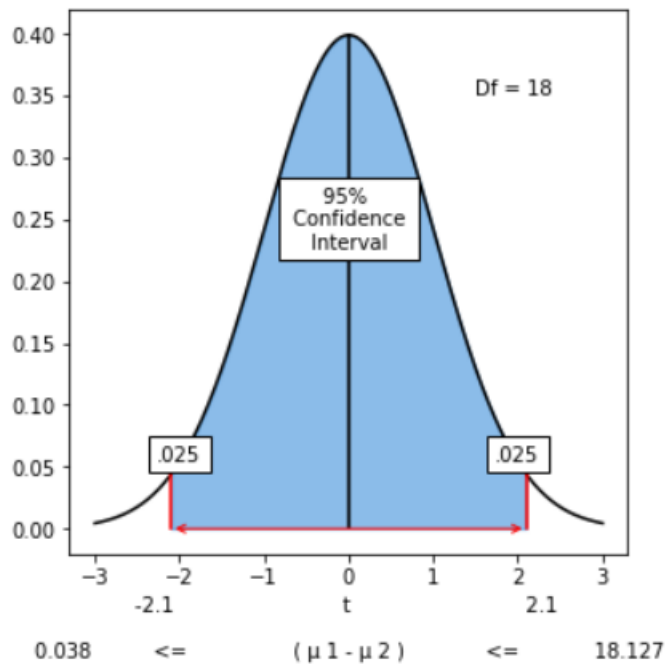
... 18.12700054179565

0.03502853799539629

9.04400054179565

6. Plotting Appropriately

```
1 x_min = -3
2 x_max = 3
3 plt.figure(figsize=(5,5))
4 mean = 0
5 std = 1
6
7 x = np.linspace(x_min, x_max, 1000)
8
9 y = scipy.stats.norm.pdf(x,mean,std)
10
11 plt.plot(x,y, color='black')
12
13 pt1 = -2.1
14 plt.plot([pt1,pt1 ],[0.0,scipy.stats.norm.pdf(pt1 ,mean, std)], color='red')
15
16 pt2 = 2.1
17 plt.plot([pt2,pt2 ],[0.0,scipy.stats.norm.pdf(pt2 ,mean, std)], color='red')
18 plt.xlabel("-2.1 t 2.1 \n \n0.038 <= ( \u03BC 1 - \u03BC 2 )")
19 plt.vlines(x = 0, ymin = 0, ymax = 0.40,
20           colors = 'black',
21           label = 'vline_multiple - full height')
22 plt.text(0, 0.25, '95% \n Confidence \n Interval ', ha='center', va='center',rotation='horizontal', bbox={'facecolor':'white'})
23 plt.text(-2, 0.06, '.025', ha='center', va='center',rotation='horizontal', bbox={'facecolor':'white'})
24 plt.text(2, 0.06, '.025', ha='center', va='center',rotation='horizontal', bbox={'facecolor':'white'})
25
26 ptx = np.linspace(pt1, pt2, 1000)
27 pty = scipy.stats.norm.pdf(ptx,mean,std)
28 plt.annotate('', xy=(-2.1, 0.0), xytext=(2.1, 0.0),
29            arrowprops=dict(arrowstyle='<->', color='red'))
30
31
32 plt.fill_between(ptx, pty, color='#187ad4', alpha=0.5)
33 plt.text(1.5,0.35, "Df = 18")
34
35 plt.show()
36
```



Interval:

$$0.038 < \mu_1 - \mu_2 < 18.127$$

Step 3: Inferences And Interpretation

The researcher is 95% confident that the difference in population average of **weights before and weights after** is **between 0.038 and 18.127**.

The point estimate for the difference in **population means** is **9.08** with the **error of 9.044**.

Hence we are 95% confident that the **population mean** for weights before is more than the population mean test score for weights after by between 0.038 and 18.127. Therefore, we can say that the plan is indeed **EFFECTIVE**.