**Frequencies**

Create a PivotTable from the source data.

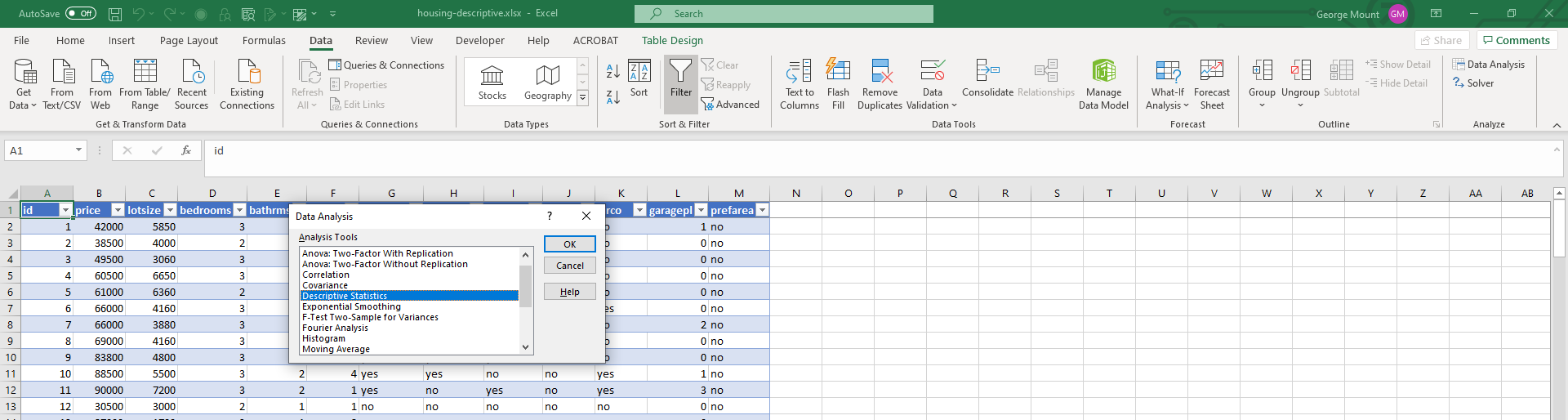
1. Make a frequency table by selecting categories of interest in the Rows/Columns field, then place a Count of the ID field in the Values section.
   1. To convert a field from a Sum to a Count, double-click on that variable header, and select Count in the “Summarize value field by” menu.

**Downloading the Analysis ToolPak**

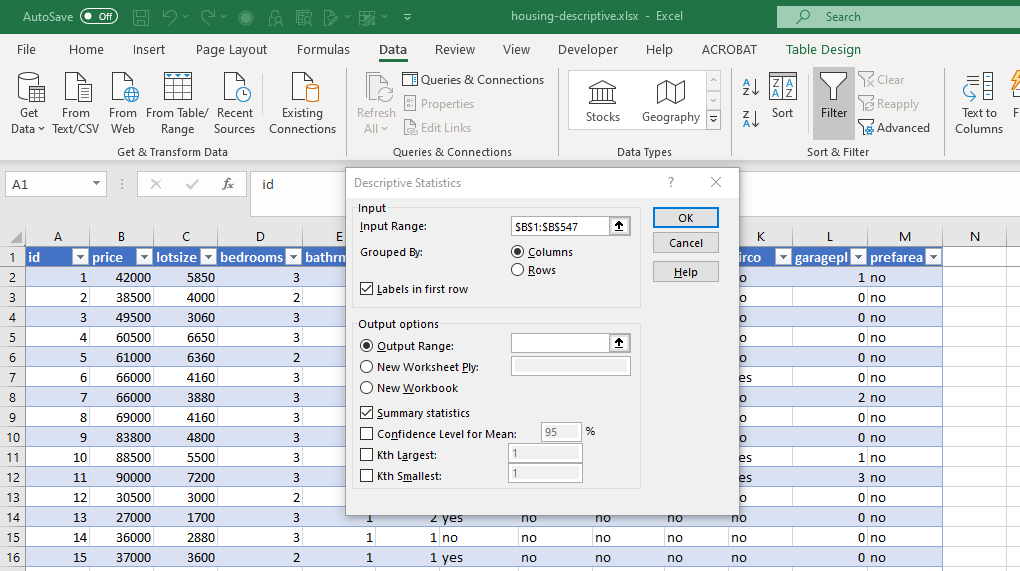
[See instructions from Microsoft here](https://support.office.com/en-us/article/Load-the-Analysis-ToolPak-in-Excel-6a63e598-cd6d-42e3-9317-6b40ba1a66b4). Note the process is different for Windows and Mac.

**Descriptive Statistics**

1. Go to the Data tab on the home ribbon.
2. Select Data Analysis from the Analyze group (far right of the menu).
3. Select Descriptive Statistics from the menu.



1. Select your Input Range. If your selection includes a header row, make sure to check on the “Labels in First Row” option.
2. By default, the output will be placed in a new worksheet. If you want it elsewhere, click inside “Output Range.” Make sure to double-click inside the dialog box before selecting a new range, otherwise the input range will be re-written.
3. Check on “Summary Statistics.”



**Histograms**

1. Select your input range and go to Insert -> Charts. Histogram should be your third option. Select that. You can cut and paste the resulting histogram elsewhere in the workbook.
2. To change the number of bins in the histogram, right-click on the X-axis and select Format Axis. You can then customize the X-axis on the side menu. *Note: these features are not available on Excel for Mac.*

