

Laser in stationary state

Continuous Wave (CW) laser

A. Mode of the “cold” cavity

Closed lossless cavity

Open lossless cavity

Top hat mode model

Lossy cavity

Number of photons

B. Evolution of a mode amplitude

Gain; saturation

Evolution equation

- Amplitude
- Intensity

C. Single mode laser: stationary state

Stationary solutions

Intensity and gain

Threshold and phase transition

Spontaneous symmetry breaking

D. Multimode laser: mode competition

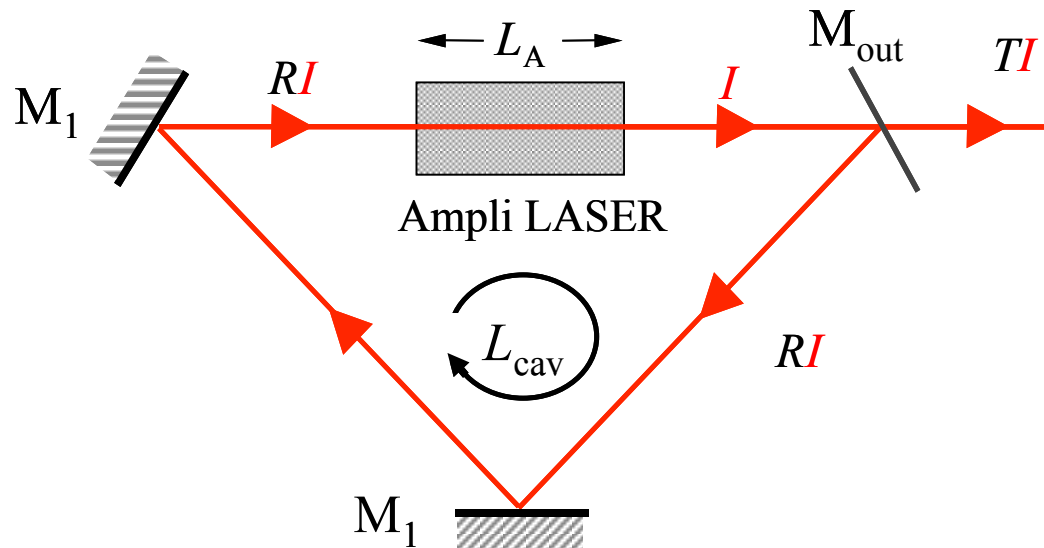
Homogeneous and inhomogeneous broadening

Multimode emission; simple or bistable mode competition

E. Conclusion

Generality of the behaviors

Laser oscillation



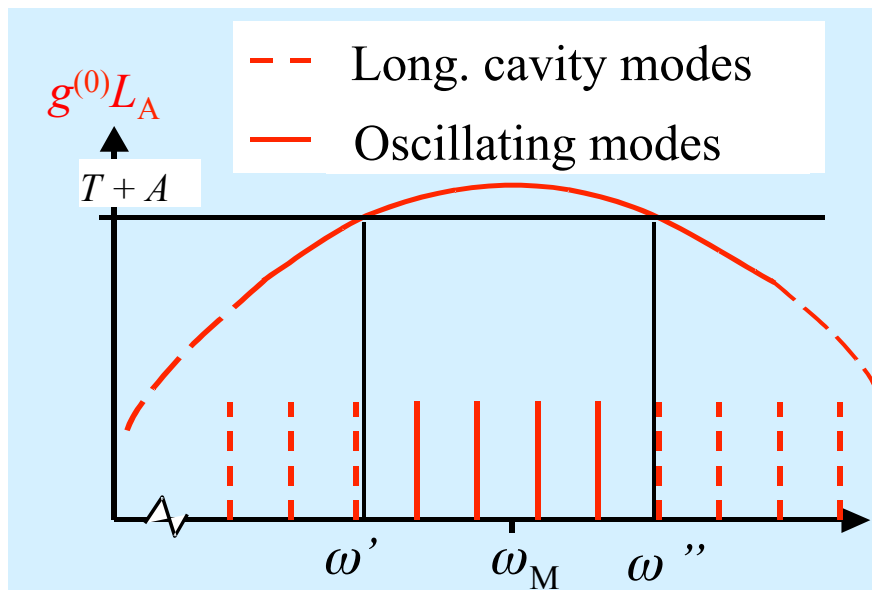
Gain condition

$$\omega' < \omega < \omega''$$

Phase condition

$$\omega_p = p 2\pi \frac{c}{L_{\text{cav}}}$$

p integer number



Today :

Quantitative treatment of
the laser behaviour:
steady state solution

A priori a very difficult problem:

- Field: obeys partial differential equations
- Laser medium: non linear

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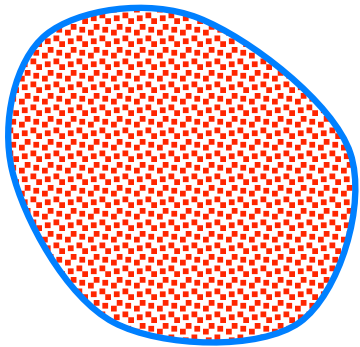
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Modes of a closed lossless cavity



Complex field (Analytic signal)

$$\mathbf{E}(\mathbf{r}, t) = \vec{\mathcal{E}}(\mathbf{r}, t) + \vec{\mathcal{E}}^*(\mathbf{r}, t)$$

Totally reflecting boundary (perfect conductor) : expansion

$$\vec{\mathcal{E}}(\mathbf{r}, t) = \sum_p \mathcal{A}_p \mathbf{u}_p(\mathbf{r}) e^{-i\omega_p t}$$

$p = \{3 \text{ integer numbers (3D)} + 1$
two-valued number (polarization)}

modes $\{\mathbf{u}_p(\mathbf{r})\} =$ orthogonal normalized basis $\int d^3r \mathbf{u}_p^*(\mathbf{r}) \mathbf{u}_q(\mathbf{r}) = V_{\text{cav}} \delta_{pq}$

- Much simplified description of the field: discrete series \mathcal{A}_p of complex numbers instead of a vector field
- Very simple time evolution
- Analogous to Schrödinger time dependent solution: expansion on eigenstates of the Hamiltonian

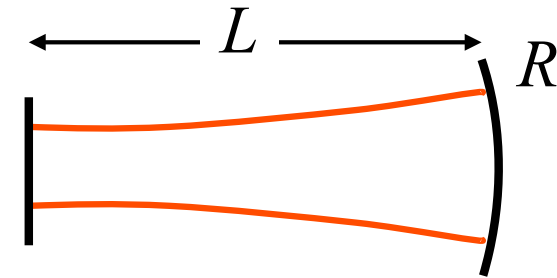
No approximation

Modes of a stable open lossless cavity

Stable lossless cavity

Ensemble of perfect mirrors
leading to stationary solutions
of the propagation equation
(modes)

Condition on mirrors (position,
orientation, curvature)



Example of a planar-concave cavity

Stable if $R > L$, mirrors aligned

Expansion on the modes of the
cavity

$$\vec{\mathcal{E}}(\mathbf{r}, t) = \sum_p \mathcal{A}_p \mathbf{u}_p(\mathbf{r}) \exp(-i\omega_p t)$$

Marginal case $R \gg L \Rightarrow$ quasi-cylindrical beam (quasi plane wave,
diffraction is negligible): Fabry-Perot interferometer

\Rightarrow Homogeneous (top hat) model

Homogeneous (top hat) mode model

Aligned plane mirrors

⇒ Marginally stable cavity

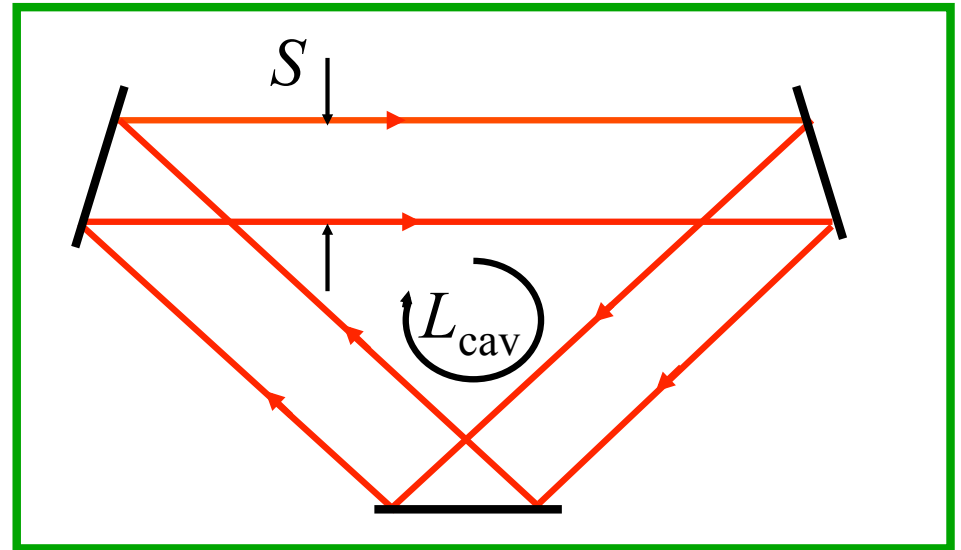
⇒ Mode = recycled plane wave

$$\vec{\mathcal{E}}_p(\mathbf{r}, t) = \sum_{\alpha} \mathcal{A}_p^{\alpha} \mathbf{e}_p^{\alpha} \exp(i\mathbf{k}_p^{\alpha} \cdot \mathbf{r} - i\omega_p t)$$

⇒ no transverse structure

(only one integer $p = L_{\text{cav}} / \lambda$)

⇒ Constant amplitude: simplified calculations



Not a fully realistic model (diffraction as well as mirror curvatures determine the transverse structure) but a convenient model:

- Avoids involved integrations over transverse profiles
- Allows us to grasp the basic physics, and to obtain correct equations, within numerical prefactors
- Easy to adapt to more realistic cases (Gaussian beams)

Homogeneous (top hat) mode model

Aligned plane mirrors

⇒ Marginally stable cavity

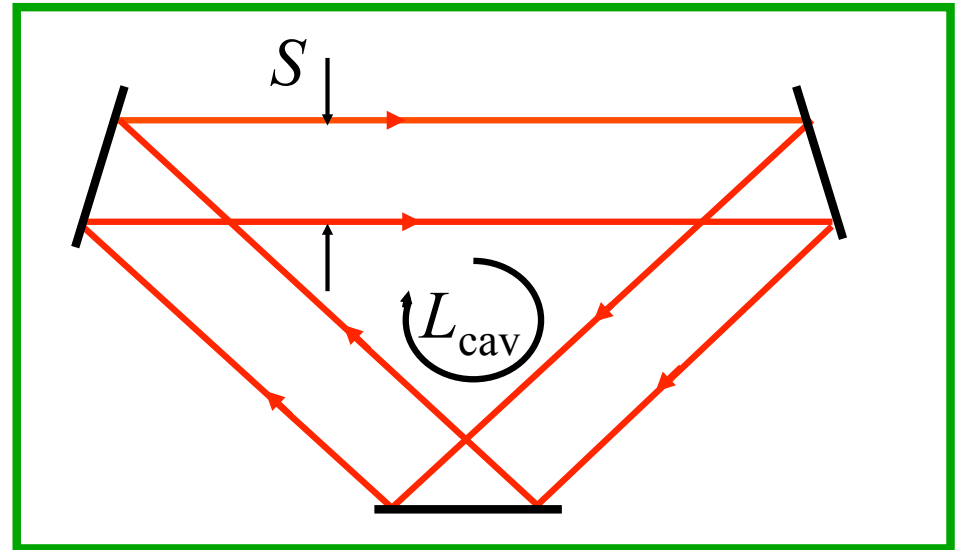
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⇒ no transverse structure

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⇒ Constant amplitude: simplified calculations



Top hat mode model: simplified calculations

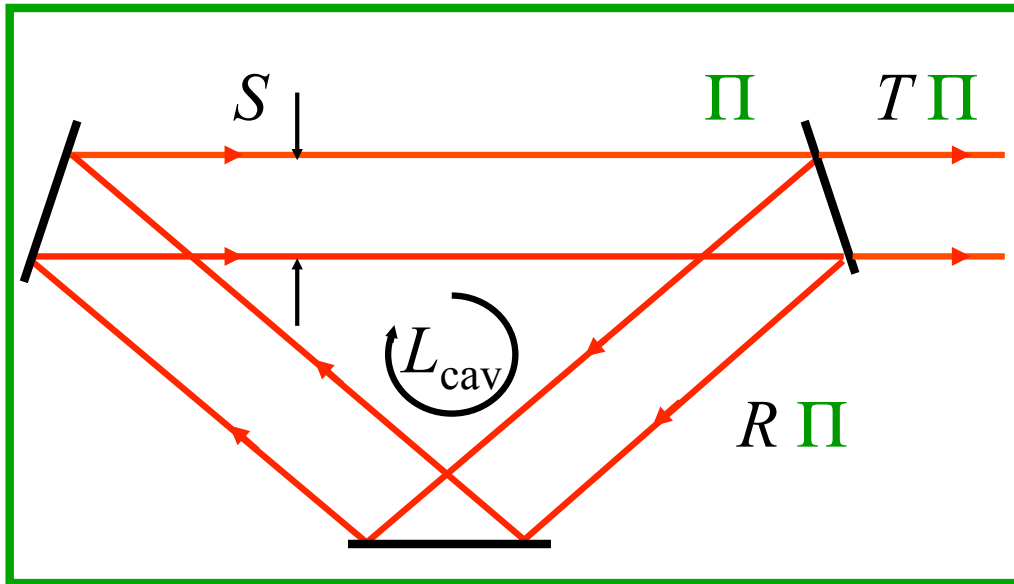
Finite transverse size: $S \Rightarrow V_{\text{cav}} = S L_{\text{cav}}$

Energy in the mode $U_p = \varepsilon_0 \overline{\mathbf{E}(\mathbf{r}, t)^2} V_{\text{cav}} = 2\varepsilon_0 |\mathcal{A}_p|^2 V_{\text{cav}} = \mathcal{N}_p \hbar \omega_p$

Poynting vector $\Pi_p = \varepsilon_0 c \overline{\mathbf{E}(\mathbf{r}, t)^2} = 2\varepsilon_0 c |\mathcal{A}_p|^2 = \frac{U_p}{V_{\text{cav}}} c = \frac{1}{S L_{\text{cav}} / c} U_p$

Round trip travel time

Lossy cavity: generalized modes



Weak losses ($T \ll 1$):
small over 1 turn ($= L_{\text{cav}} / c$)

$$\frac{dU_p}{dt} = -T \Pi_p S = -T \frac{c U_p}{S L_{\text{cav}}} S$$

$$\frac{dU_p}{dt} = -\gamma_{\text{cav}} U_p \quad \text{with} \quad \gamma_{\text{cav}} = T \frac{c}{L_{\text{cav}}}$$

Expansion over generalized modes

$$\left[\frac{d\mathcal{A}_p}{dt} \right]_{\text{losses}} = -\frac{\gamma_{\text{cav}}}{2} \mathcal{A}_p \quad \text{with} \quad \gamma_{\text{cav}} \ll \frac{c}{L_{\text{cav}}}$$

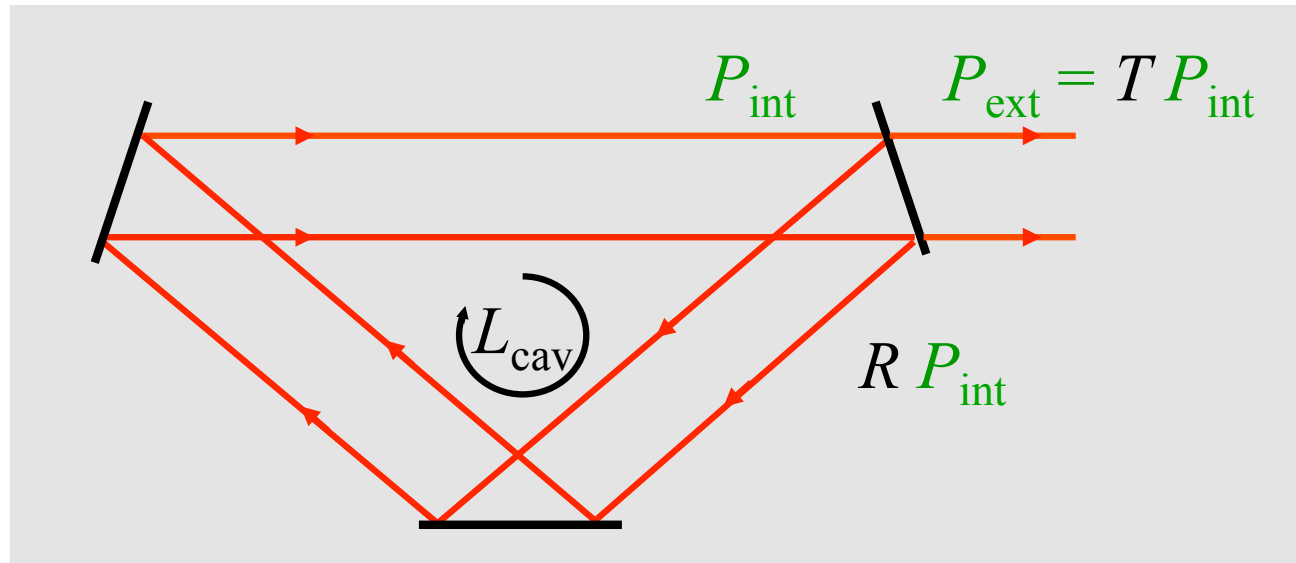
$$\vec{\mathcal{E}}(\mathbf{r}, t) = \sum_p \mathcal{A}_p(t) \mathbf{u}_p(\mathbf{r}) e^{-i\omega_p t}$$

$$\omega_p = p 2\pi \frac{c}{L_{\text{cav}}}$$

Damping due to output coupler (T) and losses (α for 1 turn): **lossless** $T = \alpha = 0$

$$\gamma_{\text{cav}} = (T + \alpha) \frac{c}{L_{\text{cav}}}$$

Number of photons in a cavity mode, output power



$$U = P_{\text{int}} \frac{L_{\text{cav}}}{c}$$

$$\Rightarrow \mathcal{N} = \frac{U}{\hbar\omega} = \frac{1}{T} \frac{P_{\text{ext}}}{\hbar\omega} \frac{L_{\text{cav}}}{c}$$

useful

Example: He-Ne laser ($\lambda = 0.633 \mu\text{m}$)

$$P_{\text{ext}} = 10 \text{ mW} ; T = 10^{-2} ; L_{\text{cav}} = 1.0 \text{ m}$$

$$\mathcal{N} = 10^{10}$$

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Cavity with laser amplifier: gain term

Propagation in amplifying medium

$$\mathcal{E}_{\text{output}} = \mathcal{E}_{\text{input}} \exp \frac{gL_A}{2} \exp \{ ik' L_A \}$$

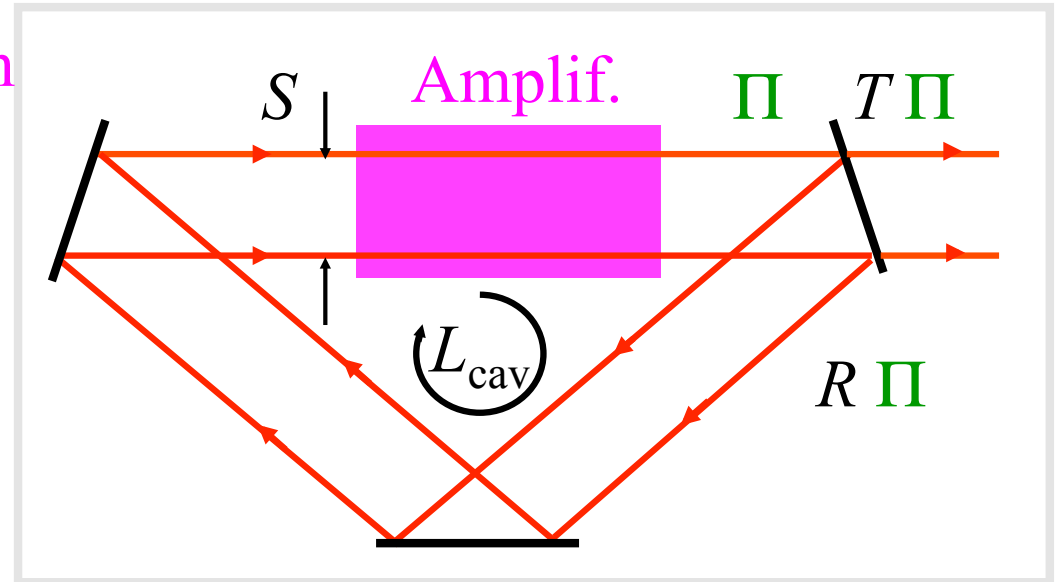
Expansion on generalized modes:

$$\vec{\mathcal{E}}(\mathbf{r}, t) = \sum_p \mathcal{A}_p(t) \mathbf{u}_p(\mathbf{r}) e^{-i\omega_p t}$$

Evolution of a mode
amplitude $\mathcal{A}_p(t)$

- Phase terms incorporated into $L_{\text{cav}} = L_{\text{geo}} + (n_A - 1)L_A$

- Gain per pass $\delta \mathcal{A}_p \simeq \frac{gL_A}{2} \mathcal{A}_p \Rightarrow \left[\frac{d\mathcal{A}_p}{dt} \right]_{\text{gain}} = \frac{gL_A}{2} \frac{c}{L_{\text{cav}}} \mathcal{A}_p$



Validity of this approach: atoms in a steady state (forced by the light field in the cavity) $\gamma_{\text{cav}} \ll \Gamma_{\text{atoms}}$

Gain saturation (reminder)

General expression
(steady state)

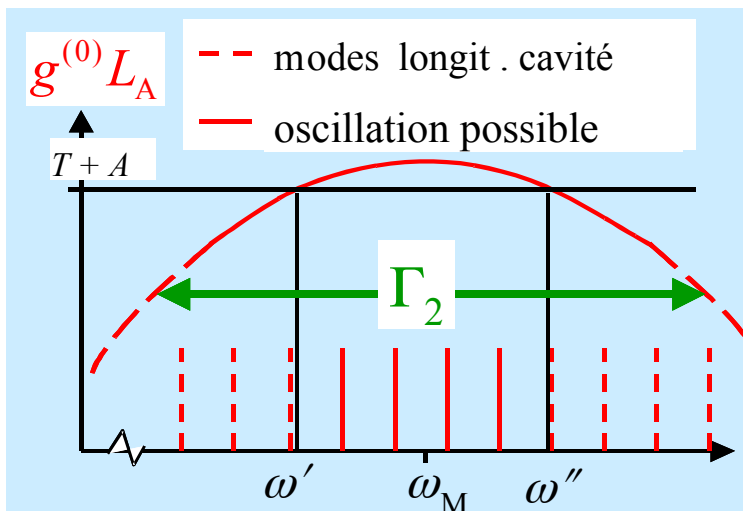
$$g(\omega) = \frac{g^{(0)}(\omega)}{1+s}$$

Lorentzian
variation

with $g^{(0)}(\omega) = \sigma(\omega) [n_b - n_a]^{(0)}$

Non
saturated
gain

Non
saturated
population
inversion



$$g^{(0)}(\omega) = g^{(0)}(\omega_M) \frac{1}{1 + \frac{4(\omega - \omega_M)^2}{\Gamma_2^2}}$$

Mode p

$$g = \frac{g^{(0)}}{1 + \frac{I}{I_{\text{sat}}}} = \frac{g^{(0)}}{1 + \frac{2|\mathcal{A}|^2}{I_{\text{sat}}}}$$

$$\left[\frac{d\mathcal{A}_p}{dt} \right]_{\text{gain}} = \frac{g^{(0)}L_A}{2} \frac{c}{L_{\text{cav}}} \frac{\mathcal{A}_p}{1 + \frac{2|\mathcal{A}_p|^2}{I_{\text{sat}}}}$$

Evolution equation of a laser mode

(amplifier in a steady state)

$$\frac{d\mathcal{A}}{dt} = \left[\frac{d\mathcal{A}}{dt} \right]_{\text{losses}} + \left[\frac{d\mathcal{A}}{dt} \right]_{\text{gain}} = \left\{ \underbrace{-\frac{T+\alpha}{2} \frac{c}{L_{\text{cav}}}}_{\gamma_{\text{cav}}/2} + \underbrace{\frac{g^{(0)} L_{\text{A}}}{2} \frac{c}{L_{\text{cav}}}}_{r \gamma_{\text{cav}}/2} \frac{1}{1 + \frac{2|\mathcal{A}|^2}{I_{\text{sat}}}} \right\} \mathcal{A}$$

$$r = \frac{g^{(0)} L_{\text{A}}}{T + \alpha} \quad \text{Non saturated gain (normalized by losses)}$$

$$\frac{d\mathcal{A}}{dt} = \frac{\gamma_{\text{cav}}}{2} \left\{ -1 + \frac{r}{1 + \frac{2|\mathcal{A}|^2}{I_{\text{sat}}}} \right\} \mathcal{A}$$

Evolution equation of the intensity

$$\frac{d\mathcal{A}}{dt} = \frac{\gamma_{\text{cav}}}{2} \left\{ -1 + \frac{r}{1 + 2|\mathcal{A}|^2 / I_{\text{sat}}} \right\} \mathcal{A}$$

Amplitude and phase: $\mathcal{A} = A e^{i\phi}$

no equation for the phase

$$\frac{dA}{dt} = \frac{\gamma_{\text{cav}}}{2} \left\{ -1 + \frac{r}{1 + 2A^2 / I_{\text{sat}}} \right\} A$$

Intensity

$$\frac{dI}{dt} = \gamma_{\text{cav}} \left\{ -1 + \frac{r}{1 + I / I_{\text{sat}}} \right\} I$$

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Steady state (stationnary) intensity

$$\frac{dI}{dt} = \gamma_{\text{cav}} \left\{ -1 + \frac{r}{1 + I / I_{\text{sat}}} \right\} I = 0$$



$$\begin{aligned} I_{\text{OFF}} &= 0 \\ I_{\text{ON}} &= (r - 1) I_{\text{sat}} \end{aligned}$$

Non zero solution only if

$$r = \frac{g_0 L_A}{T + \alpha} > 1$$

Non saturated gain > losses

If $r > 1$: There exists two solutions!

Which of the two is selected by the laser?

Stability of the stationary solutions

Linearization of $\frac{dI}{dt} = \gamma_{\text{cav}} \left\{ -1 + \frac{r}{1 + I / I_{\text{sat}}} \right\} I$ in the vicinity of solutions

- Stability of $I_{\text{ON}} = (r - 1)I_{\text{sat}}$

Noting $I = I_{\text{ON}} + i$

one expands at 1st order in i / I_{ON}

- Order 0 is automatically satisfied (stationnary solution)

- Order 1: $\frac{di}{dt} \sim -\gamma_{\text{cav}} \left(\frac{r-1}{r} \right) i$

Case $r > 1$ ($I_{\text{ON}} \neq 0$), stable solution: $I = I_{\text{ON}} + \delta I \exp \left\{ -\gamma_{\text{cav}} \left(\frac{r-1}{r} \right) t \right\}$

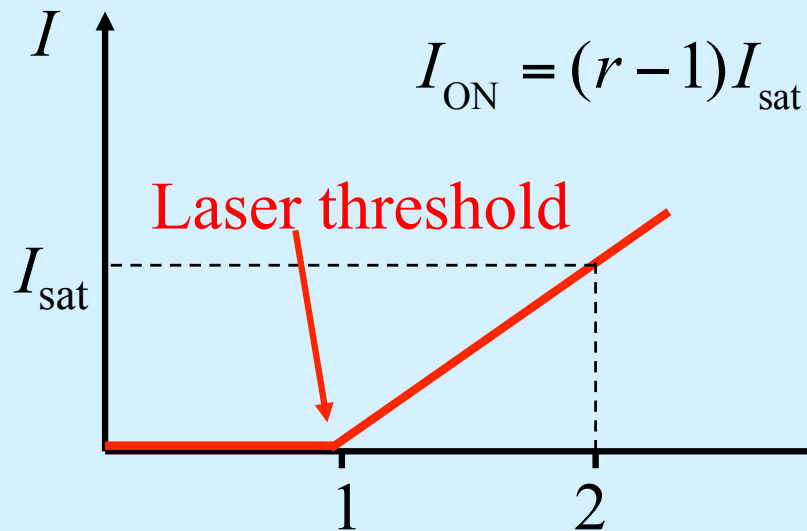
- Stability of $I_{\text{OFF}} = 0$
 - stable if $r < 1$
 - unstable $r > 1$

Above threshold, non zero solution!
Starts on a spontaneous photon

Stable stationnary solutions

- $r < 1$: $I_{\text{OFF}} = 0$
- $r > 1$: $I_{\text{ON}} = (r - 1)I_{\text{sat}}$

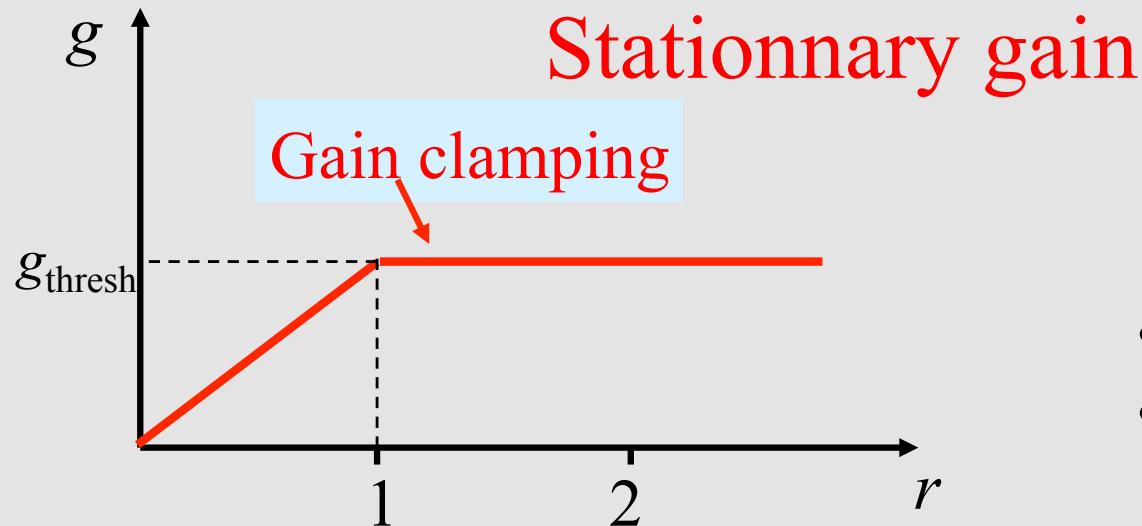
Stationnary intensity and gain



$$r = \frac{g^{(0)} L_A}{T + \alpha} \quad \text{« Relative excitation » of the laser}$$

Gain at threshold
(non saturated)

$$g_{\text{thresh}} = \frac{T + \alpha}{L_A}$$

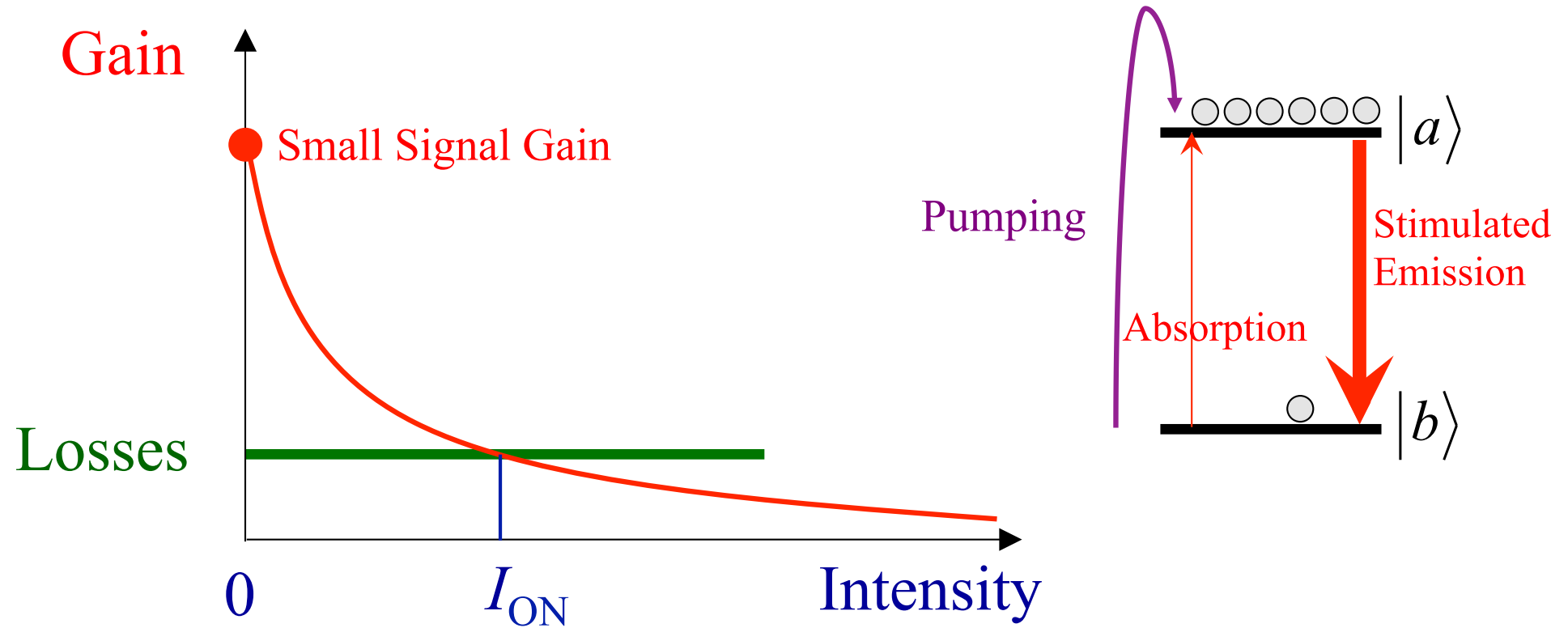


$$g = \frac{g^{(0)}}{1 + I / I_{\text{sat}}}$$

- $r < 1$: $I = 0$
- $r > 1$: $I = (r - 1)I_{\text{sat}}$

Saturation prevents gain from exceeding losses, in order to fulfill the steady state condition $gain = losses$

Steady-State Laser Power



Laser threshold and phase transition

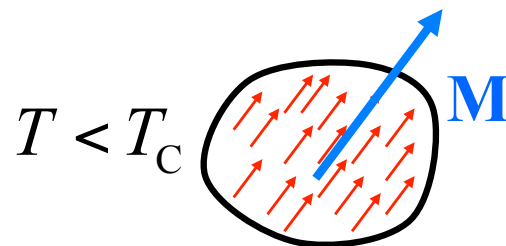
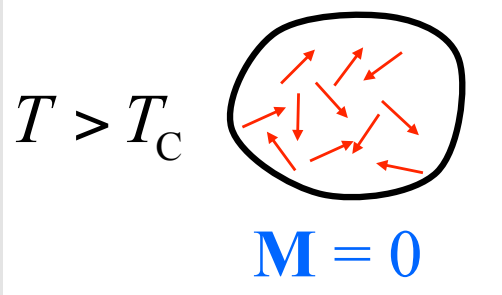
$$\left(-1 + \frac{r}{1 + 2|\mathcal{A}|^2 / I_{\text{sat}}} \right) \mathcal{A} = 0 \quad \text{has non zero solutions only if } r > 1$$

A complex field (order parameter) appears at $r = 0$

Analogy with a phase transition

Ferromagnetic medium at Curie point: spontaneous magnetization appears at Curie temperature T_C

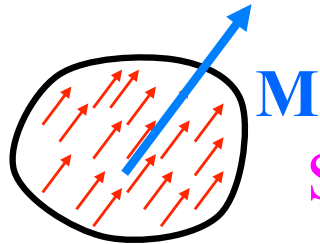
$$c(T - T_C)\mathbf{M} + gT|\mathbf{M}|^2\mathbf{M} = 0 \quad \text{has non zero solutions only if } T < T_C$$



$$|\mathbf{M}|^2 = \frac{c(T_C - T)}{gT}$$

Spontaneous symmetry breaking

$T < T_C$: appearing of a magnetization \mathbf{M} (order parameter)



$$|\mathbf{M}|^2 = \frac{c(T - T_C)}{gT}$$

does not determine the direction of \mathbf{M} ! ??

Spontaneous symmetry breaking : a direction is chosen

All elementary dipoles take the same orientation

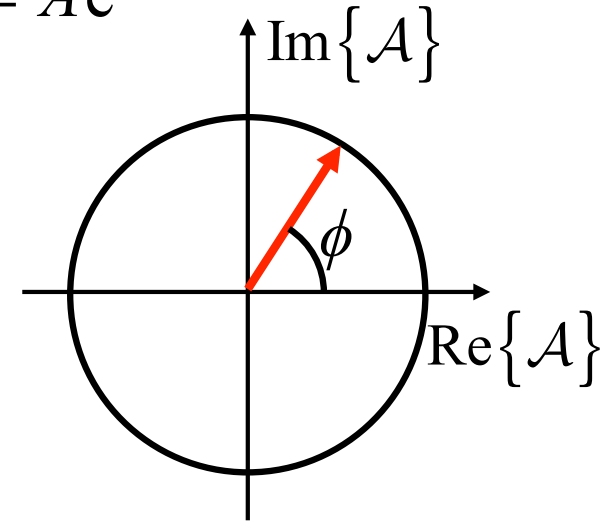
$r > 1$: appearing of a complex laser field $\mathcal{A} = A e^{i\phi}$

$$|\mathcal{A}|^2 = (r - 1) \frac{I_{\text{sat}}}{2}$$

does not determine the phase of the field

Spontaneous symmetry breaking: a phase is chosen

All emitters locked at the same phase



Violation of the Curie principle?

- Curie principle
- Effects have the same symmetry as causes
 - Solutions of a problem have the same symmetry as the physical situation (equations, boundary conditions)

Magnetization : *a priori* invariant by rotation in space

The solution picks up a direction !

Laser field: problem invariant in the Fresnel plane (phasor plane)

The solution picks up a phase

A catalogue of possible reactions to the conflict

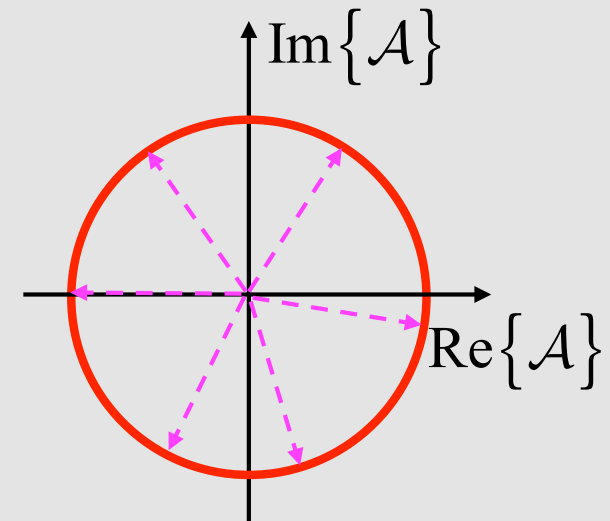
1. Theoretical : Spontaneous symmetry breakings do exist (and it is a useful and fruitful concept!)
2. Pragmatic: an initial residual field breaks the symmetry
3. Formal: search a solution as a random variable respecting the symmetry

The complex amplitude of the laser mode as a random variable

We look for a solution of $2|\mathcal{A}|^2 / I_{\text{sat}} = r - 1$ as a **complex random variable**.

$\mathcal{A} = A_1 e^{i\phi}$ = **random variable** such as

- $A_1 = \sqrt{(r-1) \frac{I_{\text{sat}}}{2}}$
- ϕ uniformly distributed over $[0, 2\pi]$
- is a solution
- does not break the symmetry



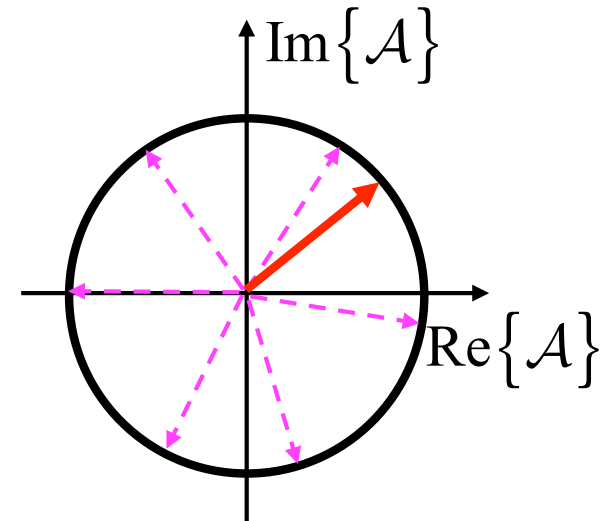
What happens for a specific situation? (one laser has been turned on).

Complex amplitude of the laser mode in a particular experiment: a realization (a sample) of the random variable

$\mathcal{A} = A_1 e^{i\phi}$ = random variable such as

$$\bullet A_1 = \sqrt{(r-1) \frac{I_{\text{sat}}}{2}} \quad \bullet \phi \text{ uniform over } [0, 2\pi]$$

A particular state of operation: a particular realization of the random variable (a sample drawn from a statistical ensemble)



Powerful method: ensemble averages allow one to obtain results on a specific situation! (cf. lectures on statistical optics)

Description in the spirit of full quantum optics formalism: quantum state without a specific phase; measurement determines the phase.

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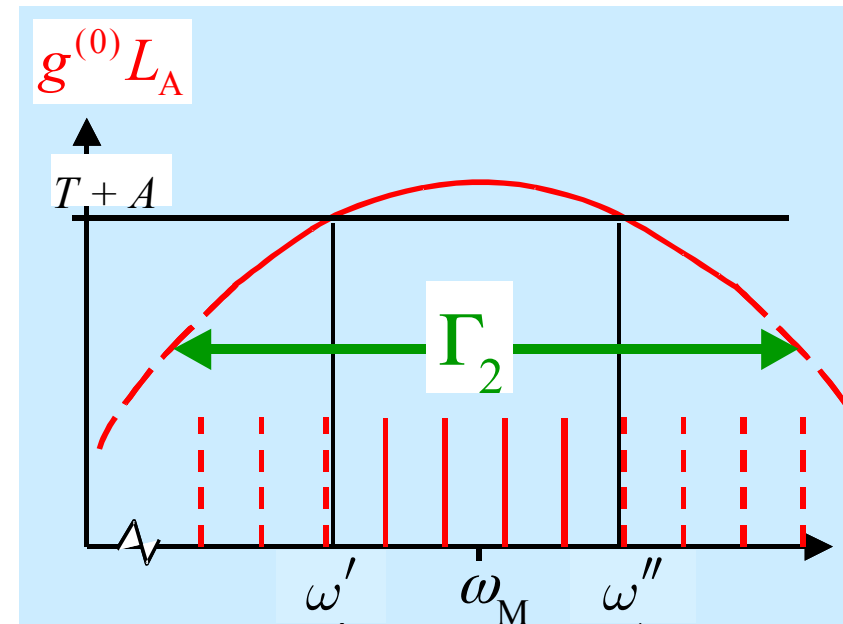
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Saturation in a multimode laser?

Monomode laser gain

$$g(\omega_p) = \frac{g^{(0)}(\omega_p)}{1 + \frac{I_p}{I_{\text{sat}}(\omega_p)}}$$



Multimode laser

How to write the saturation term **relative to mode p when several modes are active?**

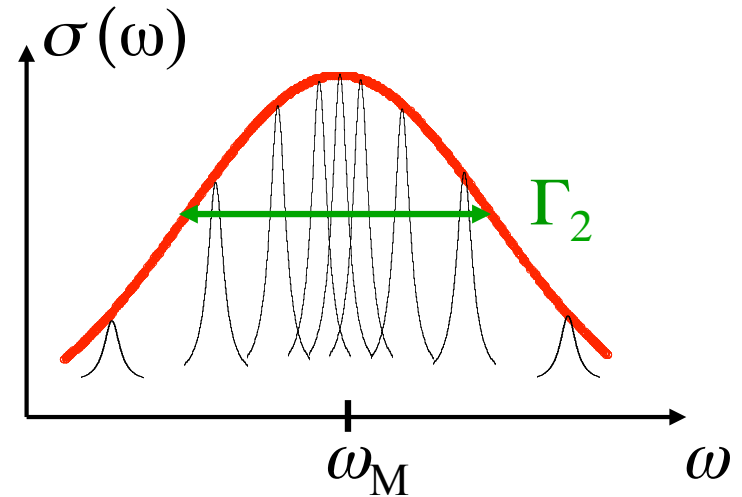
$$\frac{I_p}{I_{\text{sat}}} \quad ? \quad \frac{\sum_q I_q}{I_{\text{sat}}} \quad ??$$

Depends on the nature of the broadening of the laser line, of width Γ_2 :

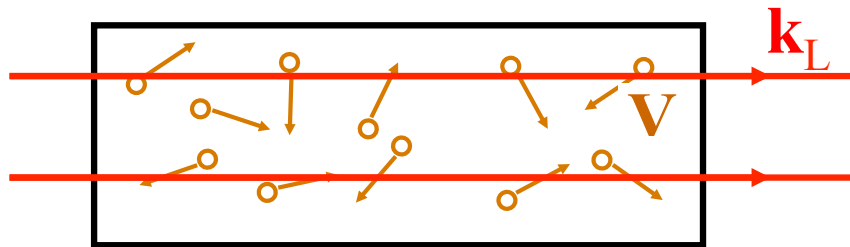
- Homogeneous broadening (same for all atoms)
- Inhomogeneous broadening (atoms with different properties)

Inhomogeneous broadening

The **overall line width** results from the addition of **individual lines** centered at different frequencies



Example: Doppler broadening in a gas laser (eg He-Ne)



Doppler shift for **an atom** at velocity **V** interacting with a light wave with wave vector **k_L**

$$\delta\omega = \mathbf{k} \cdot \mathbf{V} = \omega_L \frac{V_{\mathbf{k}_L}}{c}$$

Doppler broadening:

⇒ $\Gamma_2 \simeq \Delta\omega_D$

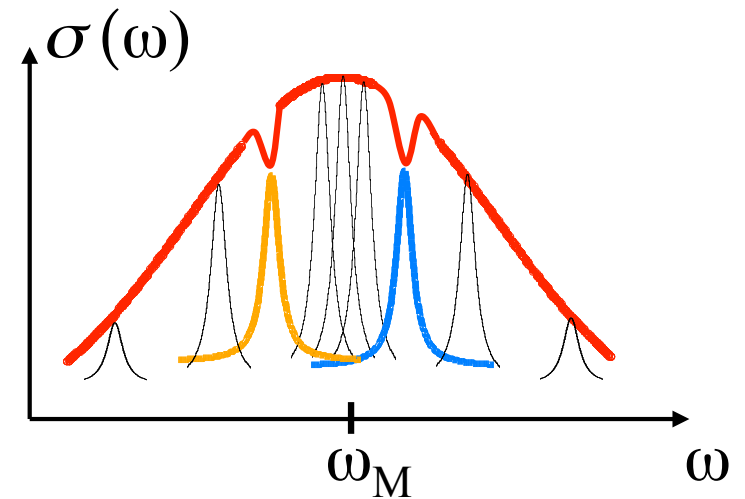
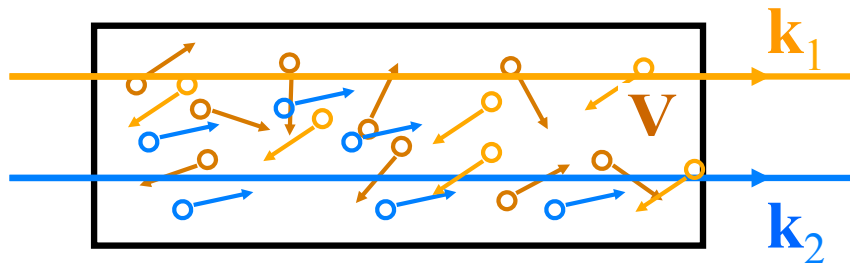
$$\Delta\omega_D = \omega_L \frac{\Delta V_T}{c} \gg \text{individual broadening}$$

≈ GHz ($\Delta V_T \approx 10^3 \text{ m/s}$)

Saturation in the inhomogeneous broadening case

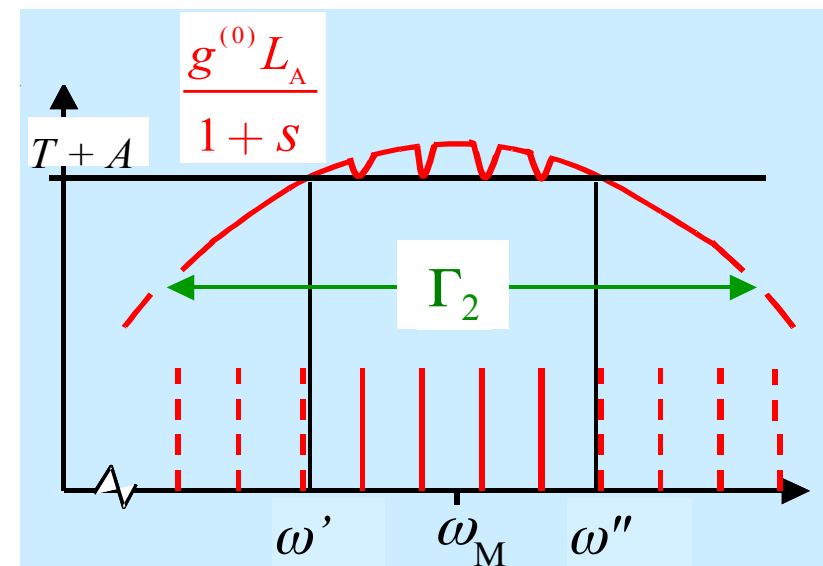
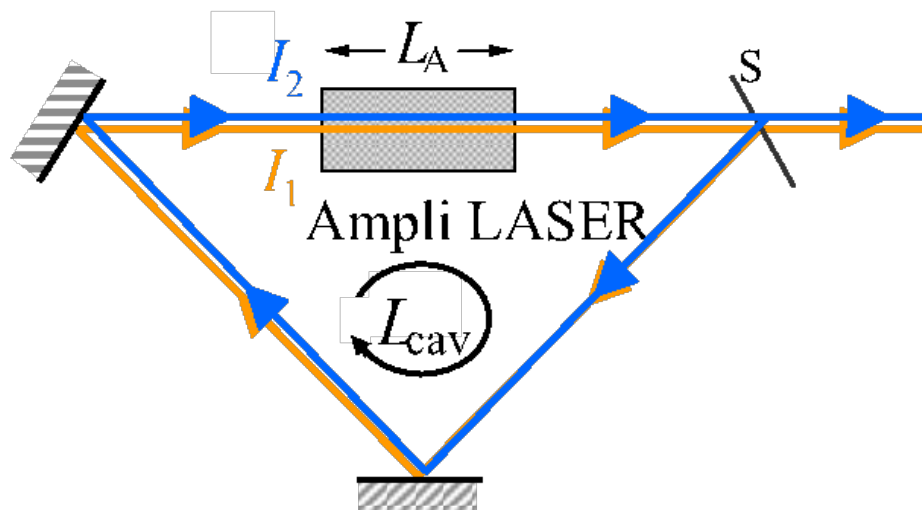
Waves with different frequencies ω_1 , ω_2

Interact with different atoms



No cross saturation: each mode behaves as an independant laser.

Multimode behaviour



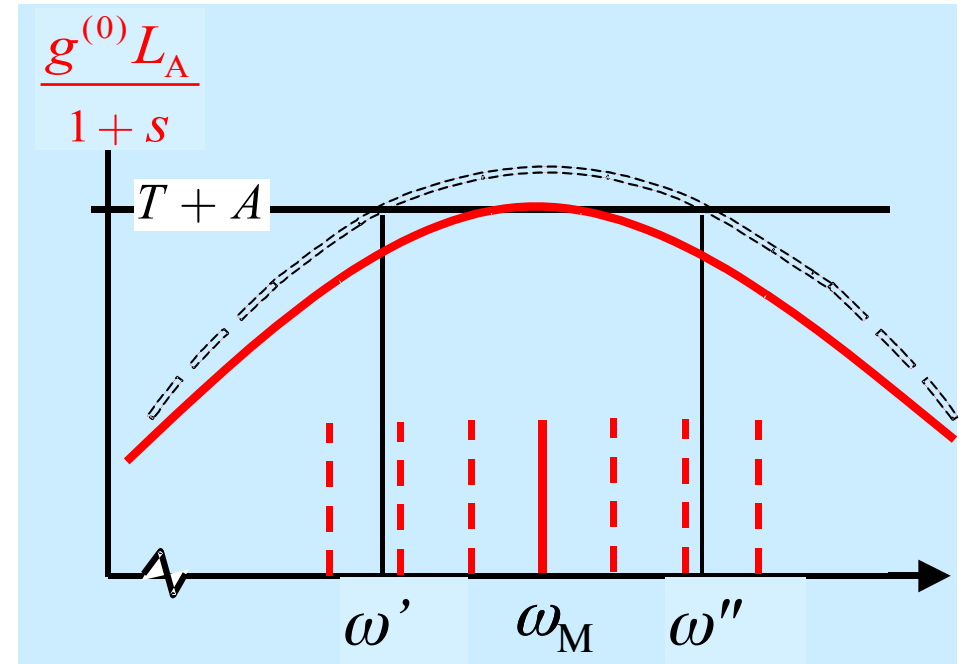
Saturation in the homogeneous broadening case

All atoms behave the same way.
The total line is identical to individual lines.

Each atom is saturated
by the total intensity

$$\sum_q I_q$$

Because of saturation, **one mode only can be active**



Mode competition: 1 mode only survives; monomode behaviour

Examples : Nd:YAG; high pressure CO₂; semiconductor lasers

Mixed situation

Most often, intermediate situation: some degree of cross saturation

$$g(\omega_p) = \frac{g^{(0)}(\omega_p)}{1 + \sum_q \frac{\beta_{pq} I_q}{I_{\text{sat}}}}$$

- Pure inhomogeneous case: $\beta_{pq} = \delta_{pq}$
- Pure homogeneous case: $\beta_{pq} = 1$

Evolution of each mode

$$\frac{dI_p}{dt} = \gamma_{\text{cav},p} \left(-1 + \frac{r_p}{1 + \sum_q \frac{\xi_{pq} I_q}{I_{\text{sat}}}} \right) I_p$$

⇒ General saturation regime

$$\frac{dI_p}{dt} = \gamma_{\text{cav},p} \left(-1 + \frac{r_p}{1 + \frac{I_p}{I_{\text{sat}}} + \sum_{q \neq p} \frac{\xi_{pq} I_q}{I_{\text{sat}}}} \right) I_p$$

losses

Self saturation

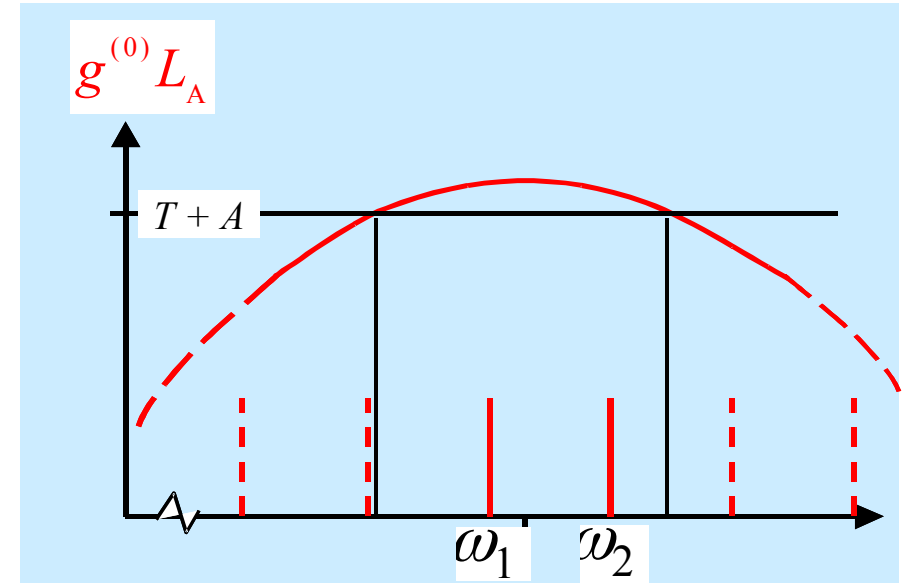
Cross saturation

Example of two partially coupled modes

$$\frac{dI_1}{dt} = \gamma_{\text{cav1}} \left(-1 + \frac{r_1}{1 + (I_1 + \xi_{12} I_2) / I_{\text{sat}}} \right) I_1$$

$$\frac{dI_2}{dt} = \gamma_{\text{cav2}} \left(-1 + \frac{r_2}{1 + (I_2 + \xi_{21} I_1) / I_{\text{sat}}} \right) I_2$$

losses Self saturation Cross saturation



Stationnary solutions

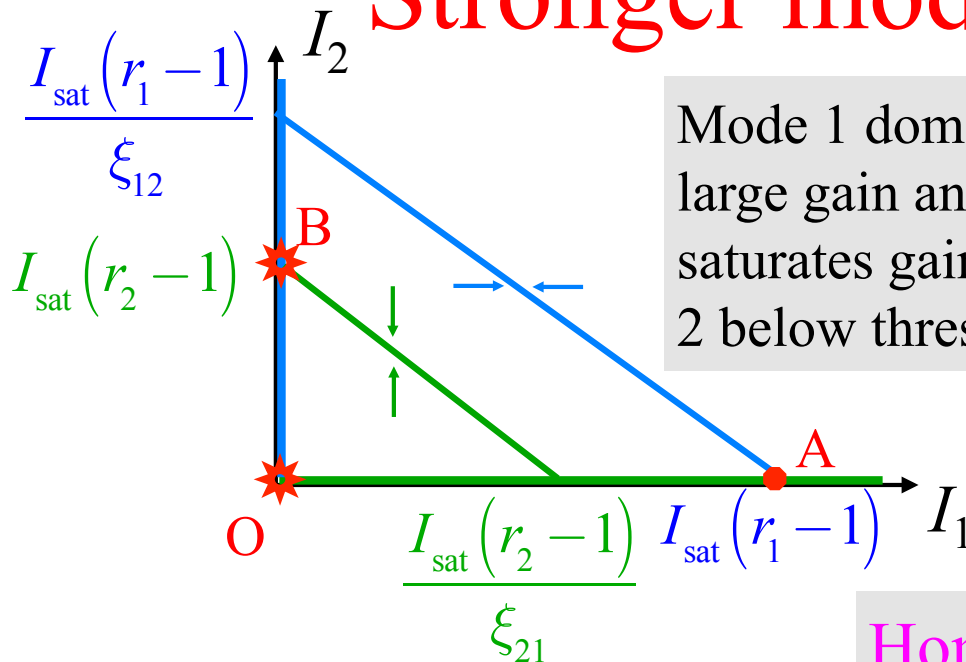
$$\frac{dI_1}{dt} = 0 \Rightarrow \begin{cases} I_1 = 0 \\ I_1 + \xi_{12} I_2 = (r_1 - 1) I_{\text{sat}} \end{cases} \quad (1)$$

$$\frac{dI_2}{dt} = 0 \Rightarrow \begin{cases} I_2 = 0 \\ I_2 + \xi_{21} I_1 = (r_2 - 1) I_{\text{sat}} \end{cases} \quad (2)$$

We look for solutions common to (1) and (2)

Graphic method
 \Rightarrow several cases to be distinguished

Stronger mode takes all (simple)



$$(1) \begin{cases} I_1 = 0 \\ I_1 + \xi_{12} I_2 = (r_1 - 1) I_{\text{sat}} \end{cases}$$

$$(2) \begin{cases} I_2 = 0 \\ I_2 + \xi_{21} I_1 = (r_2 - 1) I_{\text{sat}} \end{cases}$$

Homogeneous case with dominating mode

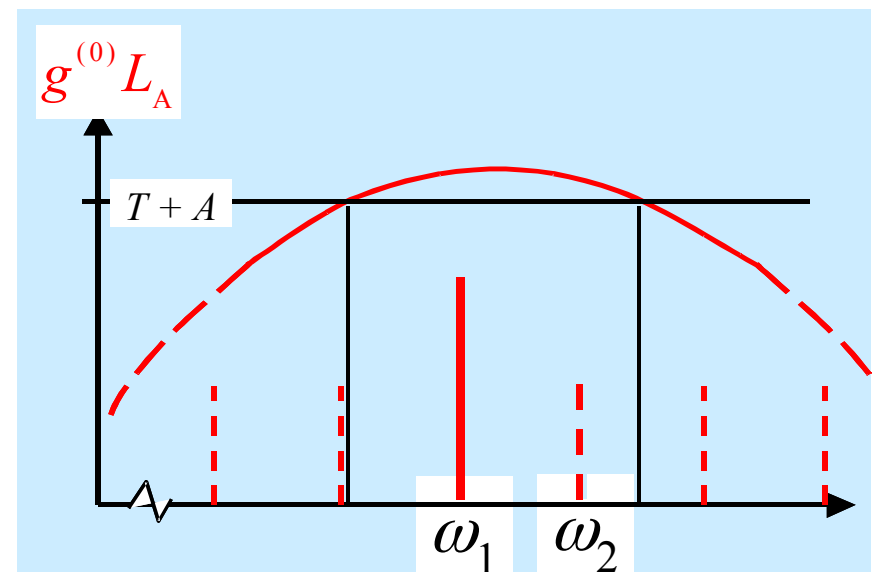
Solutions belonging to (1) and (2) : blue-green intersections O, A, B

Stability studies (see notes)

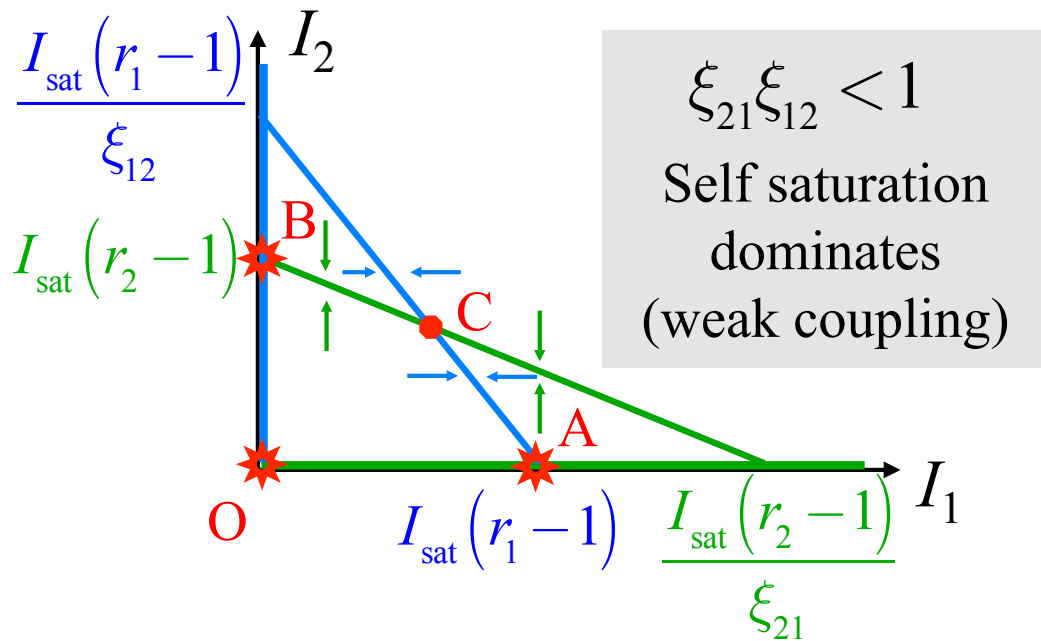
★ O, B are unstable

- A is stable: only mode ω_1 is active

The more favored mode 'kills' the less favored mode: simple mode competition



Simultaneous oscillation



$$(1) \begin{cases} I_1 = 0 \\ I_1 + \xi_{12} I_2 = (r_1 - 1) I_{\text{sat}} \end{cases}$$

$$(2) \begin{cases} I_2 = 0 \\ I_2 + \xi_{21} I_1 = (r_2 - 1) I_{\text{sat}} \end{cases}$$

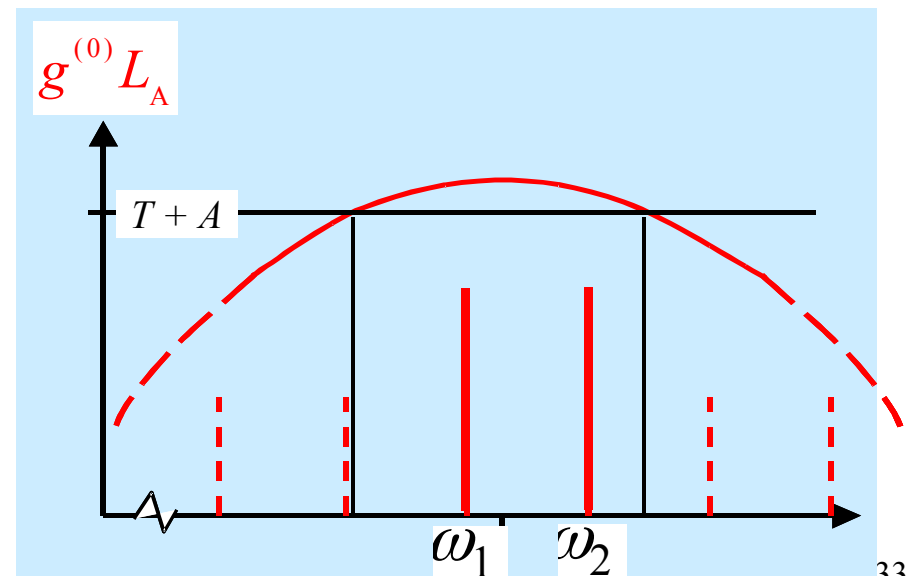
Inhomogeneous broadening case

Solutions belonging to (1) and (2): blue-green intersections

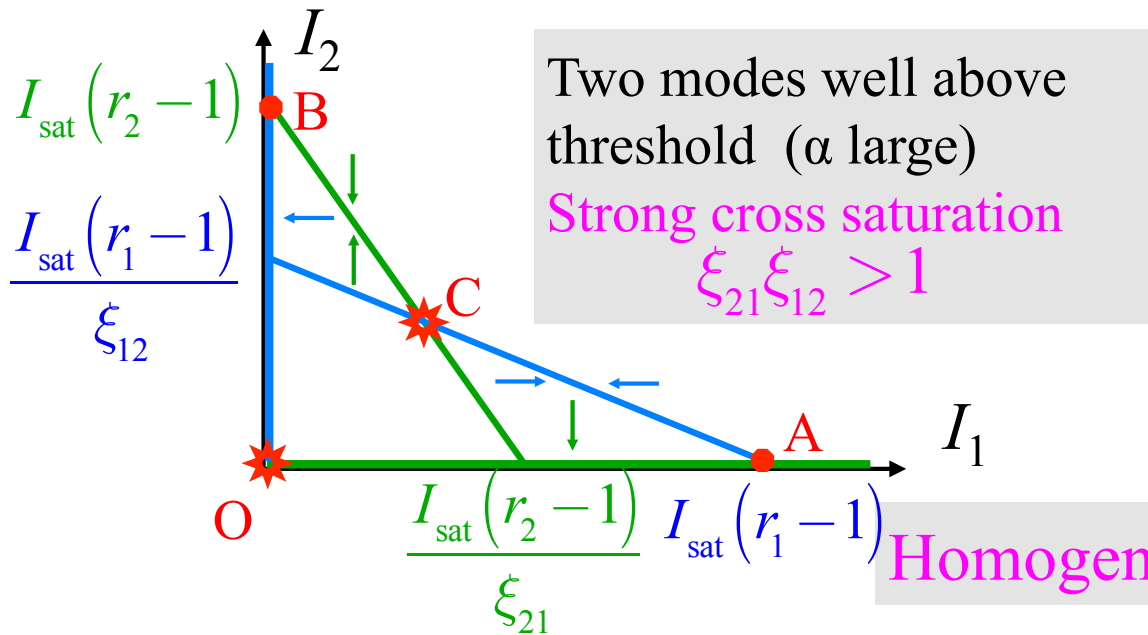
Stability study: symbols indicate

the result

- ✱ O, A, B are unstable
- C is stable: $I_1 \neq 0$; $I_2 \neq 0$
two-mode behaviour



Mode competition: bistable behaviour



$$(1) \begin{cases} I_1 = 0 \\ I_1 + \xi_{12} I_2 = (r_1 - 1) I_{\text{sat}} \end{cases}$$

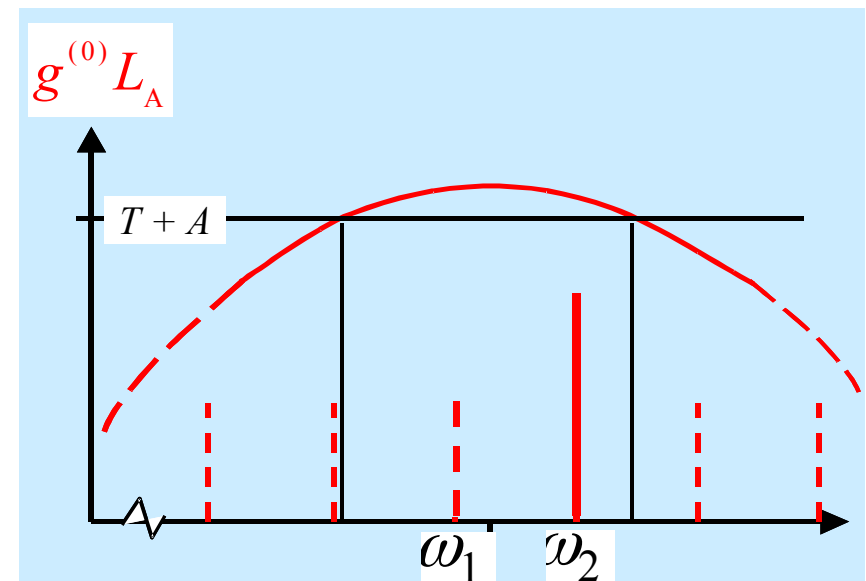
$$(2) \begin{cases} I_2 = 0 \\ I_2 + \xi_{21} I_1 = (r_2 - 1) I_{\text{sat}} \end{cases}$$

Homogeneous case with dominant mode

Stability study (cf notes) :
2 stable points! Two distinct solutions are possible.

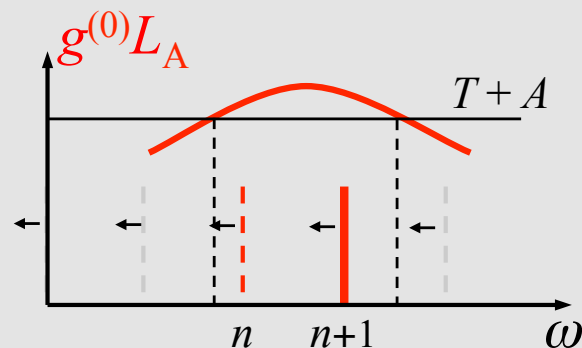
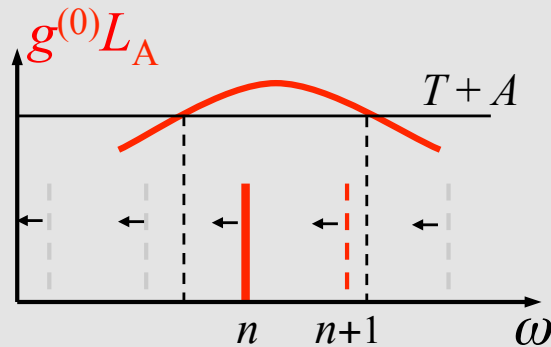
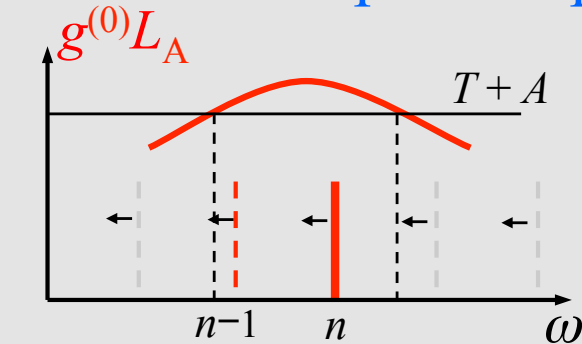
What is the choice of the system?
Depends on previous situation:
system with a memory.

Bistability



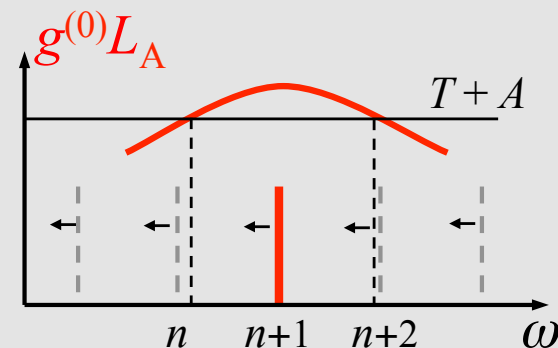
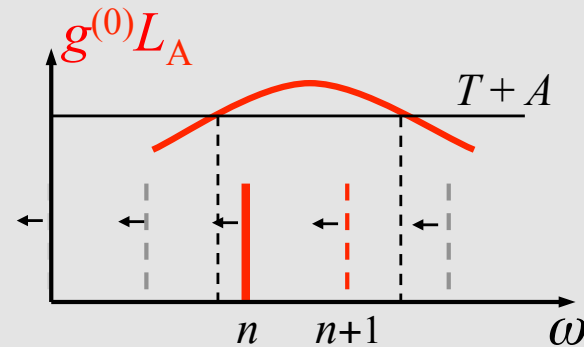
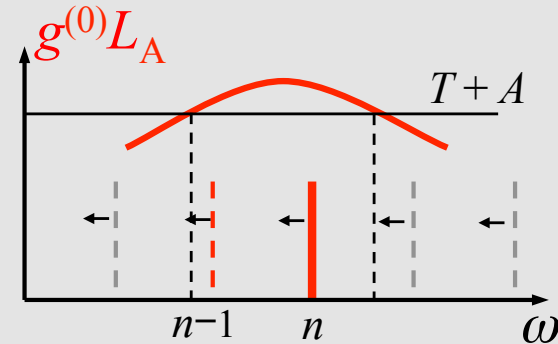
Mode competition: simple vs. bistable

Simple competition



The most
favoured
mode
always
wins

Bistable competition



The already
established
mode is still
dominant
even when it
becomes less
favoured
(provided
gain larger
than losses:
hysteresis)

Robust:
applications

Scenario with mode comb drifting to the left (cavity expansion)

Conclusion

In that lecture

- Mode expansion: remarkable simplification
- Mode evolution with saturation term
- Stationary state (single mode): threshold, gain saturation, spontaneous symmetry breaking
- Two modes: mode competition, bistability

Non trivial behaviour due to non-linear terms

- Saturation; threshold; clamping; spontaneous symmetry breaking
- Cross terms: competition; bistability, hysteresis

General phenomena

- Analogous behaviors (Volterra equations) in mechanics, biology, chemistry, economy
- Laser physics: a remarkable play ground to study non-linear dynamics (transition to chaos).