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POE TASK 1

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Project Overview:

The website that I have envisioned is a platform for a non-profit organization that is focused on providing education and resources for mental health awareness and support. The organization is called "Mental Health Matters" and its primary objective is to educate individuals, families, and communities about the importance of mental health and the impact it has on our overall well-being. The website will serve as a central hub for accessing resources, engaging in discussions, and learning more about mental health-related topics.

Slogan: Taking care of your mind is a matter of the heart.

Purpose:

The purpose of this website is to bridge the gap between people who are seeking help with mental health-related issues and the resources they need to address their concerns. It will provide a safe space for individuals to ask questions, connect with others who may be going through similar experiences, and access resources such as therapy services, support groups, and educational material.

Target Audience:

The target audience for this website is broad and includes individuals from all walks of life who are interested in learning more about mental health and wellness. This includes people who are struggling with mental health issues themselves, family members and friends of those with mental health concerns, mental health professionals, educators, and community leaders.

Features:

The website will have a range of features including:

A resource hub - This will be a section of the website that will provide information on mental health-related topics such as anxiety, depression, trauma, and self-care. This section will include articles, videos, podcasts, and other relevant materials.

A support group - This feature will allow individuals to connect with others who are going through similar experiences. The support group will be moderated by mental health professionals to ensure that it remains a safe and supportive space.

A directory of mental health professionals - This will be a directory of mental health professionals that users can search through to find a therapist or counsellor in their area.

Events calendar - This section will provide information about upcoming mental health-related events such as conferences, workshops, and webinars.

Discussion forums - This feature will allow users to engage in discussions with others about mental health-related topics.

Conclusion/Reason:

Mental health is an important topic that affects all of us in some way. Unfortunately, there is still a stigma attached to mental health issues, and many people are reluctant to seek help. The "Mental Health Matters" website aims to break down these barriers by providing a safe and supportive space for individuals to access resources and connect with others. By providing education, support, and resources, this website will help to improve the overall mental health and well-being of individuals, families, and communities.

WEBSITE ASSETS











WEBSITE PAGES AND CONTENTS

- 1. HOME PAGE**
- 2. ABOUT US PAGE**
- 3. OUR PROGRAMS PAGE**
- 4. GET INVOLVED PAGE**
- 5. CONTACT US PAGE**

LIST OF REFERENCES

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1 image sourced from unsplash.com

1 image sourced/made from logomakr.com

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