

Working at height

1. Purpose

To provide the employee with instructions on how to work safely at height.

2. General

Working at height is dangerous. Special rules apply to work performed at heights in excess of 2.5 metres. Safety measures are legally required in such situations. Climbing equipment must be used to work at height.

3. Risks

- Falling from a height
- Falling while climbing to height on a ladder or scaffolding
- Falling objects such as parts and tools

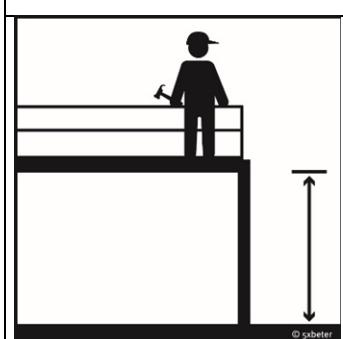
4. Measures

- Wearing personal climbing equipment (safety belt/harness)
- Securing ladders and/or scaffolding
- Check harness and fall protection before use
- Working at height only by certified personnel

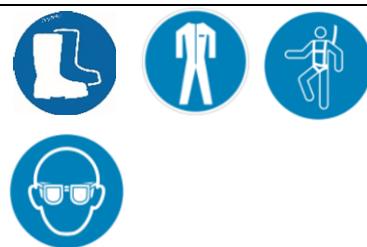
5. Picture



6. Pictograms



7. Required PPE



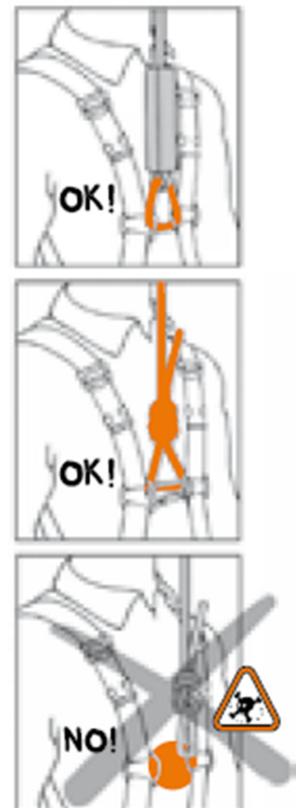
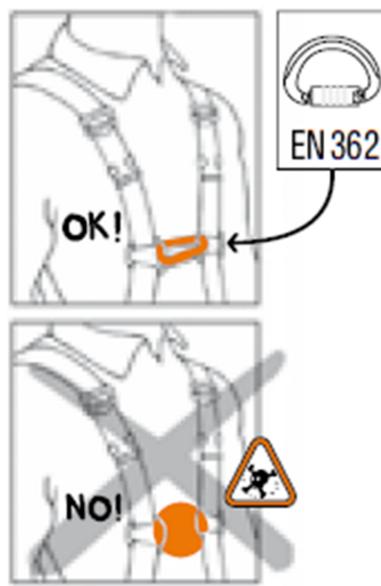
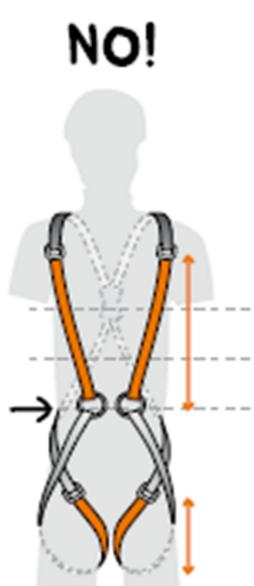
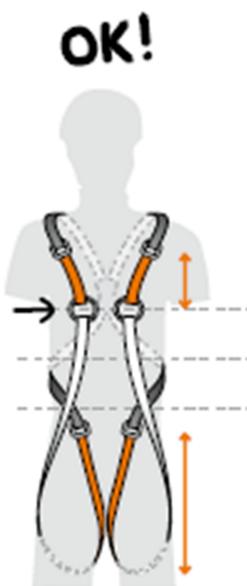
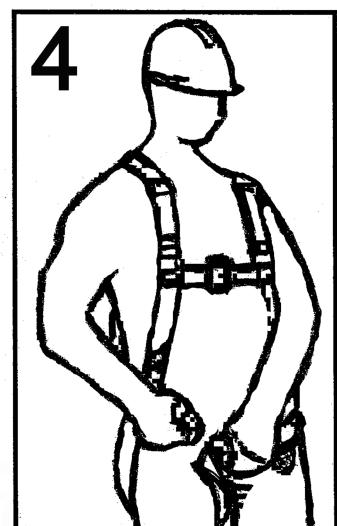
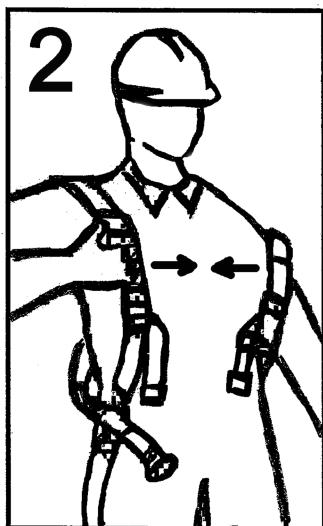
- Use approved fall protection
- Secure the climbing equipment such as ladders, step ladders or scaffolding
- Do not take unnecessary loose parts with you when working at height
- Use a safety harness to secure yourself when you are at working height
- Use the type of fall protection appropriate to the height at which you are working
- The total unrolled length is $2.0 + 0.3 + 0.4 = 2.7$ metres. Keep this in mind when attaching the carabiner



- Do not use damaged fall protection
- Once the protection has been subjected to a fall, do not use the fall protection again
- Do not use rejected material
- Use of fall protection that is too long
- Inspect the outer sheath of the shock absorber to make sure it is in good condition. There must not be any woven strapping sticking out of the sheath.

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