

# ONE. POWERFUL. WAY.



## TEAM PERFORMANCE PROGRAM

*Transform challenges into opportunities*

Experience transforming the problems your team is facing into solutions, **together**. Have the real conversations needed to **address and resolve** lingering blockages, recurring mistakes, or passive-aggressive behaviours and **truly perform** as a team.

Discover more programs at

[www.wearevia.co/programs/](http://www.wearevia.co/programs/)

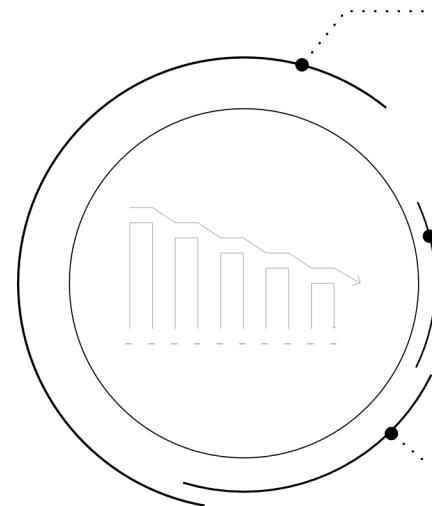
# The Way of Strength

## Team Performance Program

A truly performing team is defined by its ability to exude **strength** in the face of challenges and change. The best teams do this by intuitively understanding one another, anticipating needs, and maintaining a higher perspective that guides their decision-making.

But teams aren't always able to operate like this. In fact, it's quite common for teams to experience stagnation, blockages, or even conflict in the face of really big challenges. That's okay... what matters is the team's ability to bounce back in the face of these. That's where we can help.

### Common Sources of Blockages



#### **The team feels disconnected.**

Whether due to remote work or packed schedules, a sense of distance can creep in. Small misunderstandings grow into larger conflicts, and the feeling of being a cohesive unit starts to fade, leaving individuals feeling isolated.

#### **Productivity has hit a ceiling.**

Efficiency issues, such as failing to meet key targets or struggling with slow development cycles, slow a team down. These are typically felt on a day-to-day basis yet require deeper strategic conversations that are hard to have ad-hoc.

#### **Unforeseen Challenges.**

Be it a complex technical hurdle, a big market shift, or a resource constraint - it can't be solved by one or two of the team's members. Overcoming these hurdles requires the combined strength of the entire team.

Over time, we've developed incredible expertise helping teams navigate these tough issues, giving you the way to bring about a new and much **more powerful dynamic** within the team. We craft and facilitate top-tier experiences that address even the hardest challenges with ease.

We take special care to plan and orchestrate solutions with the team leader in which the participants, who also feel heard and acknowledged, become completely invested in letting go of the blockages, limitations and frustrations that they face.

### Your Path to a Stronger Team

The program is structured in three phases which increase in intensity as issues and challenges get uncovered. This is the way for you to create a powerful momentum when you get your team together.

01

02

03

**Discover the problem** - The first step is always to identify your biggest challenge. Now, it may seem like there are a few, but this is the time where you really need to dig deeper to get to the root-cause.

**Train your team** - Who are the most essential people to help solve this problem? Gather your group and provide them with the tools and skills necessary to tackle the deepest issues.

**Transform into solutions** - Select a specifically-designed environment and facilitation for those deep conversations. Give your team the time and space to transform the problem into a powerful, lasting solution.

01

02

03

#### **Discovery**

- Initial consultations
- Introductory meeting
- Online course

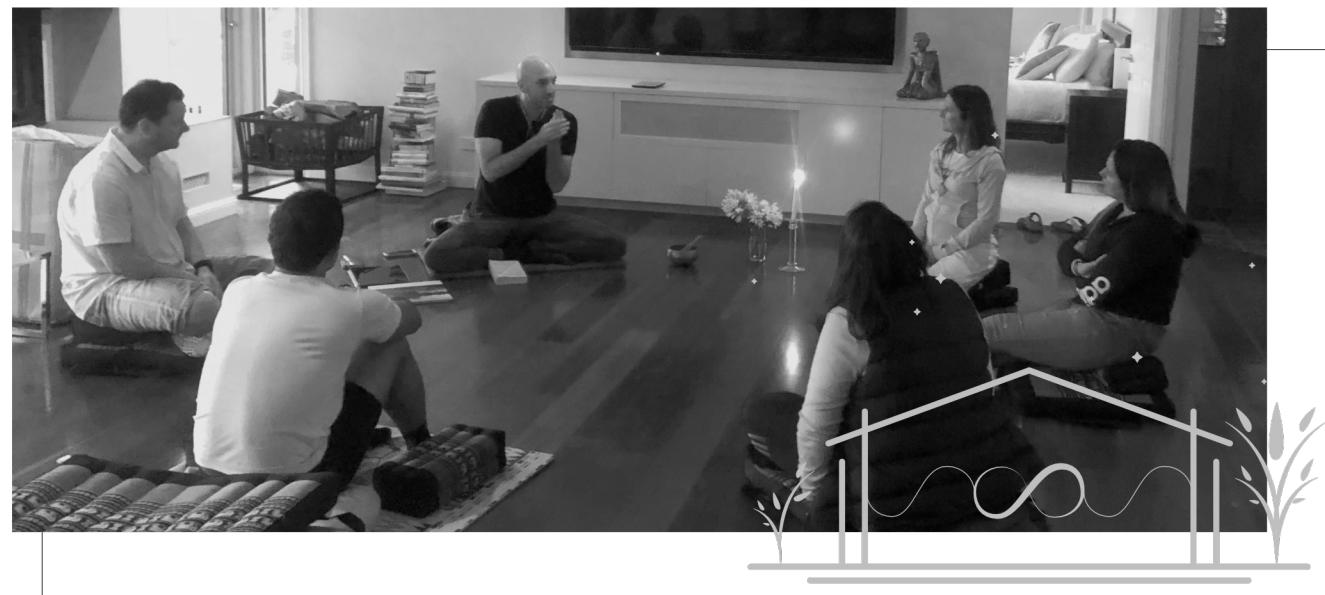
#### **Training**

- Individual sessions
- Leader briefing
- Team protocols

#### **Transformation**

- Workshop
- Leader debriefing
- Ongoing support

This program is designed specifically for high-end executive teams and has online and in-person components leading up to a face-to-face gathering (workshop) for the key participants in the team. The total duration from beginning to end typically averages over a three month period with short bursts of activity over each phase. We recommend starting two months in advance of your desired workshop date.

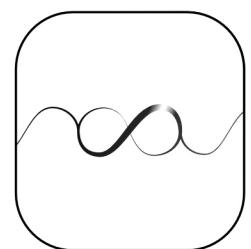


## Working in Flow State

Problems cannot be solved in the same state they were created in. That's why **experiencing flow state as a team** is the secret sauce of the Team Performance Program.

Flow state, characterised by deep immersion, focused attention, and a sense of energised focus, is often associated with peak individual performance. Extending this to a team results in a synchronised and highly productive state where collective problem-solving abilities are amplified.

We've spent years researching, trialling, and perfecting a way to bring you consistent access to **your team's full problem-solving potential**. We apply this technique in the workshop to truly transform your team's biggest blockers, resulting in higher performance.



## About VIA Co

Via Co creates alignment of vision, strategy, and execution across any number of people and sustained through time. We are a top-tier firm deploying infrastructure that merges the latest science with ancient wisdom to create massive increases in performance.

We operate from Sydney Australia and service inspired leaders at every stage of their journey. To learn more you can visit our website [wearevia.co](http://wearevia.co)

### Get in Touch

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## Activate Human Intelligence

People and, ultimately, their decisions are at the core of your organisation. All the other variables - technology, internal systems and processes - are secondary; their effectiveness is determined by the quality of your people's decisions.

This layer of human intelligence is the true operating system of your business. It is the collective capacity for perception, creativity, and problem-solving that dictates every outcome. Most team development is inefficient. It addresses surface-level behaviours while ignoring the operating system itself.

We work at this core level. We have developed a state-of-the-art framework that mirrors the brain's natural decision-making process and deploy it across the entire team. This provides a unified structure for articulating and orchestrating ideas, producing huge optimisation in your team's decision-making and unlocking its collective human intelligence.

*Become an elite athlete of leadership*

