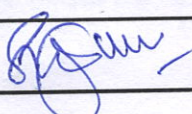
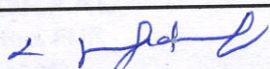
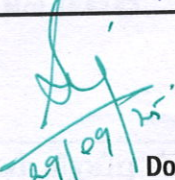


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**MEDICAL CERTIFICATE OF FITNESS TO RETURN DUTY**

Employee Name: Sundar Rayan.		Age / Sex: 51/m	Date: 29/9/25
Emp No: 1033292		Department	Civil.
		Nature of work	Am.
JSW / Contract		Covid Vaccination: Yes / No	
Diagnosis: Rt distal fibula fracture			
Leave From 19/8/25		Leave up to 28/9/25	
Number of days leave: 40 day.			
Re-joining Duty on ; 29/9/25 - 9. shifts.			
BP: 120/80	PR: 62/nt	SP02: 97% <del>98%</del>	Temp: 97°F
Certificate issued from:			
Govt Hospital			
ESI Hospital			
Private Hospital London Ortho Hospital - Salem.			
Note: Medical documents copy attached			
OHC Staff Signature: 		Individual Signature: 	
<div style="display: flex; justify-content: space-between;"> <div> <p>FIT ✓</p> <p>Can resume duties.</p> </div> <div> <p></p> <p>29/09/25</p> </div> </div>			

Doctor's Signature with Seal

Dr. S. SAKTHIVELRAJ

Reg. No. 120568

Deputy Factory Medical Officer

JSW STEEL LIMITED

Pottaneri, Mottur-636453



# LONDON ORTHO SPECIALITY HOSPITAL



(A Unit of Adhi Speciality Hospital Pvt. Ltd.)  
Opp. to Anna Park, Omalur Main Road, Salem - 636 009.  
Tel : 0427 - 2353033, 2353040, 98427-04849  
E-mail : drsugavanam@gmail.com



## FITNESS CERTIFICATE

Mr. Master N. Sundarajan. ----- Employed

Studying in AGM - Civil, Tsal Steel Ltd, Mochei Salem.

He has taken treatment for (R) Distal fibula fracture

----- He is fit to joint duty From 29/09/2025

Signature of the patient -----

Date: 26/9/25

Place: Salem.

LONDON ORTHO SPECIALITY HOSPITAL  
(Unit of Adhi Speciality Hospital Pvt. Ltd.)  
Opp to Anna Park, Omalur Main Road,  
SALEM 636 009. Ph: 0427 - 2353033

Signature of Doctor/ Seal

**Dr. AVINASH GORKAL**  
M.B.B.S., M.S. Ortho, FIJR  
Reg. No: 164285

எனும்பு முறிவு, மூட்டு வலி, மூட்டு தேய்மானம், தகை, தண்டுவடம் சிறப்பு சிகிச்சை மையம்

**லண்டன் ஆர்த்தோ ஸ்பெஷாலிட்டி மருத்துவமனை**

அண்ணா பாரக் எதிரில், தினத்தந்தி அருகில், சேலம்-9. ஃ 0427 - 2353033, 98427-04849, Fax : 0427 - 2353040



# SARA SCANS AND LABS

PREMIUM TECHNOLOGY \* PRECISE DIAGNOSIS

55/2, Rathinasamipuram, Opp. Anna Park, Omalur Main Road, Salem-636 009, Tamilnadu  
Email - salemsarascans@gmail.com | Mobile : 9894537628

Patient Name: **MR.SUNDARARAJAN**

Date: **18/08/2025**

Patient Id: **10551**

Age/Sex: **56 Years / MALE**

Ref Phy: **DR.C.SUGAVANAM.,MS.,DNB.,FRCS(ORTHO).**

## HIGH FIELD 1.5T MRI – RIGHT ANKLE

**Sequences:** Axial - PDFS, T2, Sagittal - PDFS, T1, STIR, Coronal - PDFS.

### Observation:

**Bones:** Fractures with marrow edema noted involving lateral malleolus, lateral cortex of neck & medial process of talus, inferior aspect of anterior tuberosity of calcaneum (facet for cuboid), anterosuperolateral aspect of cuboid, superior, medial & inferior cortices of navicular, superior cortex of intermediate cuneiform, and base of 4<sup>th</sup> metatarsal bones.

**Joints:** Normal.

**Ligaments:** Partial thickness tear noted involving the fibular attachment sites of anterior talofibular (ATFL) and calcaneofibular ligaments.

Thickening with increased intrasubstance signal intensity and few interstitial tears noted involving mid fibres of plantar calcaneo-navicular ligament - Grade II sprain.

Rest of the components of medial and lateral collateral and tibiofibular ligaments are normal.

**Tendons:** The Achilles tendon and preachilles fat pad are normal.

The tendons of the flexor hallucis longus, flexor digitorum longus, digit extensors and peronei are normal.

**Sinus tarsi:** Normal.

**Plantar fascia:** Normal.

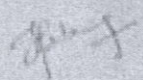
**Nerves and vessels:** The anterior and posterior tibial neurovascular bundles are grossly normal.

**Others:** Minimal talocrural and subtalar joint effusion seen.

Diffuse subcutaneous edema noted involving lateral & medial aspects of ankle and dorsum of foot.

### Impression:

- Medial malleolus, talus, calcaneum, tarsal and metatarsal bones fractures as detailed above.
- Partial thickness tear involving the fibular attachment sites of anterior talofibular (ATFL) and calcaneofibular ligaments.
- Grade II sprain with few interstitial tears involving mid fibres of plantar calcaneo-navicular ligament.
- Minimal talocrural and subtalar joint effusion.
- Diffuse subcutaneous edema involving lateral & medial aspects of ankle and dorsum of foot.

  
Dr. J. Premkumar MD (RD)  
Consultant Radiologist

## SERVICES AVAILABLE

- 1.5T Advanced Silent MRI across all protocols with dedicated coils from head to toe
- Advanced multislice (80) CT with AI integrated reformats
- 3D&4D Ultrasound, Color Doppler • Digital X-Ray • ECG & ECHO, EEG
- Whole Body Bone Mineral density (DEXA Scan) • Advanced Lab Services • Master Health Check-up