



MGM College of Engineering and Technology
kamothe,Navi Mumbai



STUDENT COUNCIL PRESENTS

MANGALAM SPORTS



DAY 1

01.03.2025



- BADMINTON
- BOX CRICKET
- CARROM
- CHESS

DAY 2

02.03.2025



- BADMINTON
- BOX CRICKET
- CARROM
- CHESS
- KHO-KHO

DAY 3

04.03.2025



- SKIPPING
- FULL LENGTH FOOTBALL
- KABADDI



DAY 4

05.03.2025



- RING FOOTBALL
- THROW BALL
- TABLE TENNIS

DAY 5

06.03.2025



- BASKETBALL
- TUG OF WAR
- GIRLS PENALTY

SHOUTOUT

DAY 6

07.03.2025



- OPEN CRICKET
- TABLE TENNIS



DAY 7

08.03.2025



- VOLLEY BALL
- ATHELETICS

DAY 8

09.03.2025



- OPEN CRICKET
- KABADDI
- BASKET BALL





CARROM B&G

DATE & TIME



01/03/2025



9:00 am - 6:00 pm



Second Floor, Near Mech. Dept



Aditya - 7498414572

Ayush - 9326696009





CARROM

RULES AND REGULATION

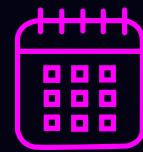
- 01** 2 breaks game will be played.
- 02** Two breaks will be played in the match and the one with the highest number of points will be declared the winner.
- 03** None of the player is allowed to talk in between the running game.
- 04** For the first turn of the player to attempt the break, the player must have to speak the word 'Break'.
- 05** If player fail to break correctly on 3 attempts, player will be eliminated.
- 05** No re-entry is allowed for the students who are eliminated.





CHESS B&G

DATE & TIME



01/03/2025



9:00 am - 6:00 pm



Second Floor, Near Mech. Dept



Sarthak - 75884 97123





CHESS

RULES AND REGULATION

- 01** 10 mins game will be played
- 02** No re entry is allowed
- 03** None of the player is allowed to talk in between the running game.
- 04** The players must have to bring their college I'd as well as fee receipt and give it to the respective coordinator before the start of game.
- 05** IPlayer have to reach 10 minutes before the game
- 05** The player who will try to make violence or cheating will direct disqualified and strict action will take on it.





BADMINTON (B,G,M,D)

DATE & TIME



01/03/2025 - 02/03/2025



9:00 am - 6:00 pm



Ground Floor Quadrangle



Sahil Yadav - 9834424389

Shruti Gaikwad - 9209354253





BADMINTON

RULES AND REGULATION

- 01** You must strike the cork, not the feather.
- 02** Your feet must not be touching any of the court lines.
- 03** If a player or their racket touches the net then they lose that point
- 04** Both feet must be in contact with the floor when striking the shuttle.
- 05** The whole shuttle must be struck below 1.15m.
- 05** The serve must be delivered in a forward continuous motion.





BOX CRICKET



RULES AND REGULATION



01/03/2025 - 02/03/2025



9:00 am - 6:00 pm



Cricket Ground



Bhavesh Patil - 8655782449
Sarthak Patil - 9960065778



BOX CRICKET



RULES AND REGULATION

01

10 players in one team and 3 substitutes.
(7 on the field+ 3 substitute.)

02

Total 10 players must be registered before playing.

03

No player should be repeated in other team, other wise both the teams will be disqualified.

04

Each match will be of 2 overs.

05

Each bowler can bowl only 1 over of the total match.

06

Every team should come with their college ID card and fee receipt of current year while registering the team, And if provisional than bring provisional fee receipt.

07

No player is allowed without the college ID card and fee receipt of current year.

08

Overthrows are allowed. Declared runs will be awarded as extra runs if the overthrow goes outside the playing area.

09

No LBW.

10

If the decision is not in the conclusive state, then both the umpires can discuss and change the decision and give the final decision.

11

If there is an issue than only the captains can talk to the umpire, not the whole team will interfere with the captains, if this happens than we will take strict action against whole team.



KHO-KHO

DATE & TIME



02/03/2025



9:00 am - 6:00 pm



Main Ground



Parag Patil - 9594711267

Ruchesh Patil - 8286655225





KHO-KHO

RULES AND REGULATION



01

The decision of chasing/running is decided by toss. The referee calls the captain of both teams and tosses the coin by tossing it and the team that wins the toss is asked whether he will take running or chasing.

02

There are 12 players in this game, out of which 9 play these 9 players have 1 player active chaser who stands on the pole to start the game. The remaining 8 players sit facing the sideline in the sitting box and the two players face one side and the player sitting between them faces the other side. 8 players sit in this order.

03

No part of the body of the active chaser touches the centerline. Fouls on touching. Also, it cannot cross the center line because it fouls.

04

The sitting chaser cannot move from his place until he has got the "KHO" "KHO" foul when it arises before the meeting, or foul even when touch and "KHO" are not together.

05

If the first step of the active chaser touches the center line after taking the right "KHO", it is not a foul. If it crosses the centerline, it will be considered a foul.

06

If the active chaser goes out of the cross line of the box where a chaser is sitting, then the active chaser will not give him "KHO", if he gives it then it is considered a foul. To cover the foul has to do with the sign of the whistle of a decider. In such a situation, if the foul is not covered in the meantime, if the runner is dismissed then the runner will not be considered out.

07

The active chaser will go in the direction towards which his / her mouth is, on which sides his /her shoulder was bent.

08

The ACTIVE CHASER goes straight to the cross line and the direction that his shoulder or his foot turns towards, then the active chaser has to go in the same direction and foul when going in the opposite direction.

09

The active chaser will go in the same direction after taking its direction towards anyone pole until "KHO"

10

The ACTIVE CHASER goes straight to the cross line and the direction that his shoulder or his foot turns towards, then the active chaser has to go in the same direction and foul when going in the opposite direction.

11

During the match, the ACTIVE CHASER can go outside the boundary of the ground and outside the ground, the CHASER does not have to follow the rules of taking directions and turning his face.

12

No runner can touch a seated CHASER. When doing so, he is warned and on doing it again for the second time, he is off the ground and declared out.



SKIPPING

RULES AND REGULATION



04/03/2025



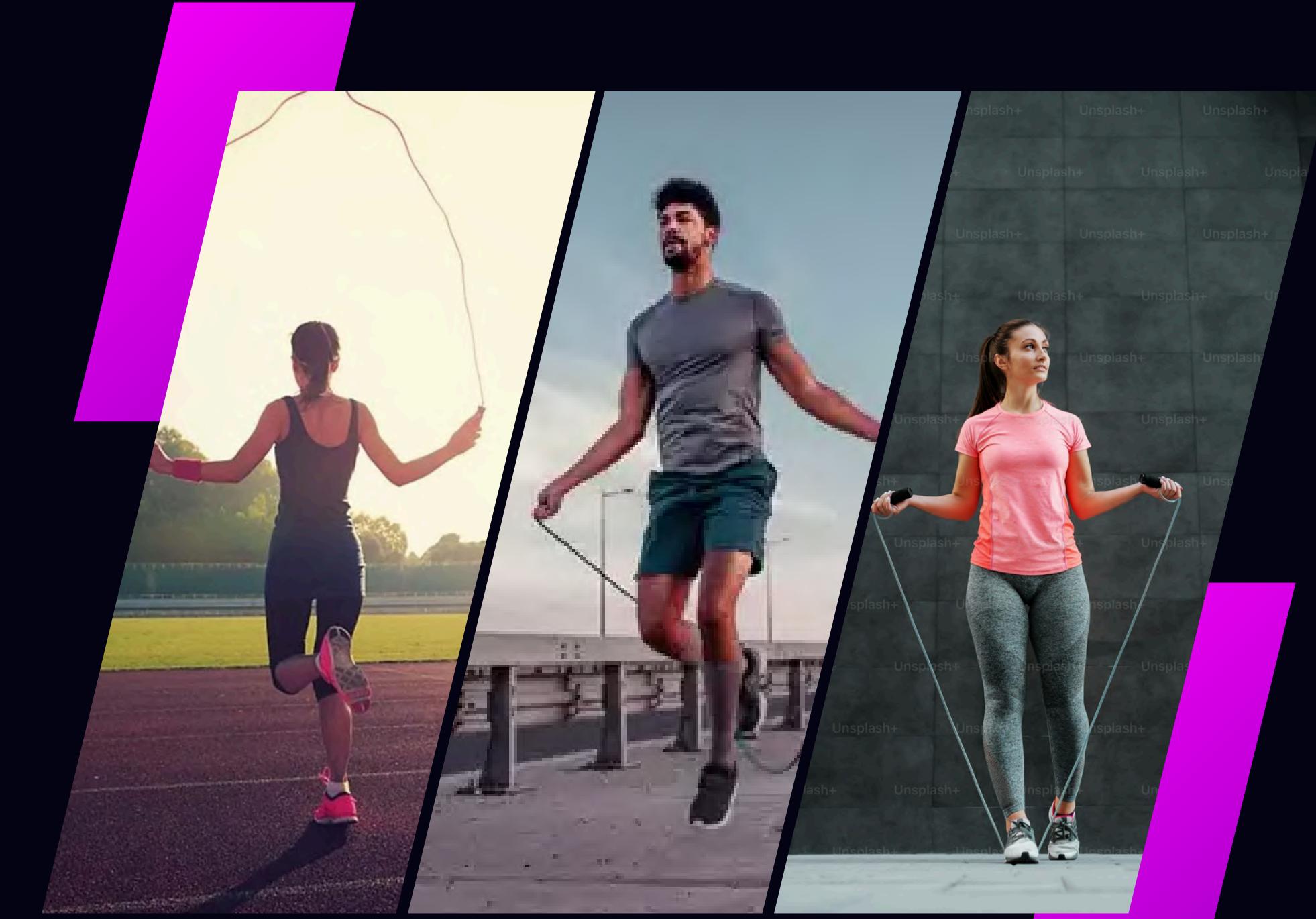
3:30 am - 6:00 pm



Second Floor, Near Mech. Dept



Hemangi Adhikari - 8928569750
Anjali Jujari - 7219178099





SKIPPING

RULES AND REGULATION

01

Both Men and Women will be given a timespan of 30 secs for skipping.

02

Personal skipping ropes are not allowed.

03

Participants needs to fill the registration google form before the due date and no spot registrations would be accepted.

04

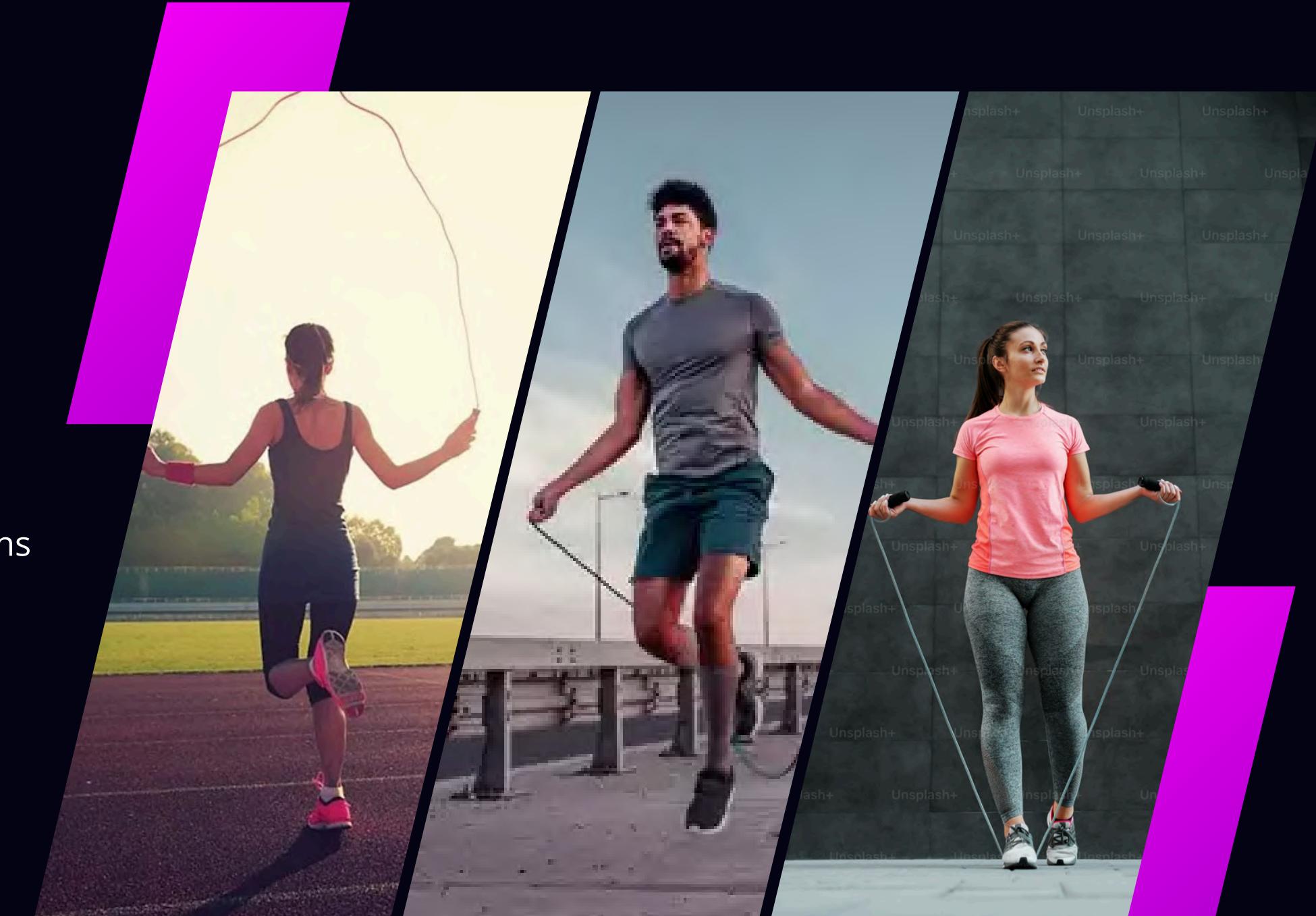
Participants needs to submit fee receipt xerox and bring original id card at time of competition.

05

The final decision will be of the official spotters only.

05

The core coordinators can disqualify a player in case he or she misbehaves or tries to create trouble during the tournament.

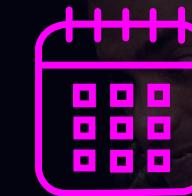




KABADDI B & G



DATE & TIME



04/03/2025 & 09/03/2025



9:00 am - 6:00 pm



Kabaddi Ground



Shivratna Shitole - 93225 83424

Payal Mahatre - 8999867343

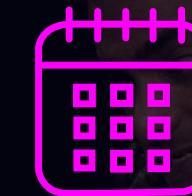
Rashmi - 9421144154



KABADDI B & G



DATE & TIME



04/03/2025 & 09/03/2025



9:00 am - 6:00 pm



Kabaddi Ground



Shivratna Shitole - 93225 83424

Payal Mahatre - 8999867343

Rashmi - 9421144154



01

Every department can have only 1 team for each Male and Female category. The team will be of 7 players + 5 substitutions.

02

In the second half of the match, the team that did not raid first shall begin the second half with a raid.

03

To win a point when raiding, the raider must take a breath and run into the opposition's half and tag one or more members of the opposing team and then return to their own half of the pitch before inhaling again.

04

Raiders may only be grabbed by their limbs or torso, not by their hair, clothes or anywhere else, and defenders are not permitted to cross the centre line.

05

The team being raided is defending, and the players must prevent the raiders from tagging them and returning back over the halfway line. Whilst in defence, a team may score a point by successfully preventing the raider returning to their own half after tagging them.

06

The game time for Male will be 10 minutes each for 2 halves and for Female it will be 7 minutes each for 2 halves. At the start of a Kabaddi match, there is a coin toss with the winner having the choice as to whether to have the first raid or not.

KABADDI

RULES AND REGULATION

07

A raid attempt in which the raider scores three or more points is known as a 'Super Raid' in kabaddi.

08

Tackling a raider and stopping him from escaping to the midline amounts to one point in kabaddi, however, if a team is reduced to three or fewer players, executing the same earns them an extra point, therefore a total of two points for a single tackle. Such a tackle is known as a 'Super Tackle'.

09

The decisions of the referee regarding facts connected with play, including whether or not a point/goal is to be awarded/scored and the result of the match, are final.

10

Any type of misbehaving with opposite team, refree or other coordinator will result that the respective team will be 'disqualified'.

11

One department one jersey is compulsory, if any player is wearing different jersey then the player are not allowed to play.

12

To prove that another breath hasn't been taken, the rider must continue to repeatedly yell the word 'Kabaddi'. Failure to do this, even for just a moment means that the raider must return to their own side of the court without points and the opposite team is awarded a point for a successful defence play.



ATHLETICS (B & G)



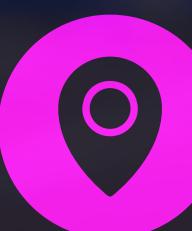
DATE & TIME



09/03/2025



9:00 am - 6:00 pm



Main Ground



Neeraj :- 91676 76272

Ashirwad :- 8928456982



LIST OF EVENTS IN ATHLETICS



01

100m (mens & womens)

03

400m (mens & womens)

05

shotput (mens & womens)

07

relay (mens , womens & mixed)

02

200m (mens & womens)

04

javelin throw (mens & womens)

06

disc throw (mens & womens)

NOTE:

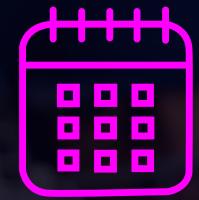
Only one relay team each from every department will be accepted i.e 1 team for mens , 1 team for womens and 1 team for mixed (2 boys & 2 girls)relay from each department .



OPEN CRICKET



DATE AND TIME



07/03/2025 & 08/03/2025



9:00 am - 6:00 pm



Main Ground



Sachin Jadhav - 78752 57461
Tushar Jale - 9372927339



OPEN CRICKET



RULES AND REGULATION

01

All overarm cricket rules will be followed (except LBW) .

02

Hard tennis ball to be used . Incase the ball is lost during the match or gets wets or damaged , then previously used balls will be used

03

It will be a 4 overs match (first over to be powerplay) .

04

Only proper legal bowling action is allowed (no throwballs allowed) .

05

Compulsory 4 bowlers for 4 overs i.e one over for one bowler each.

06

Total squad should be of 13 players i.e playing 11 + 2 substitutes. Incase of substitution the captain needs to inform the umpire.

07

In case of any objections in the match , only the captain is allowed to appeal to the umpires and rest players need to stay in their dugout.

08

Compulsory chase for qualifying match. Super overs to be held in case scores are level only in semifinals and final match.

09

Umpires decision will be final decision.

10

One department one jersey is compulsory, if any player is wearing different jersey then the player are not allowed to play.

11

In case of any changes required in rules and regulations, only the core committee members for open cricket can take the respective actions.

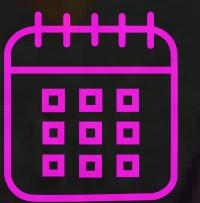
12

It will be a 3 overs match. No powerplay (**FOR WOMENS OPEN CRICKET**)



TUG OF WAR

DATE AND TIME



06/03/2025



3:30 pm - 6:00 pm



Main Ground



Sagar Chauhan - 9136375227

Rohit Mankar - 9867114047





TUG OF WAR

RULES AND REGULATION

- 01** Maximum 8 Player in a Team.
- 02** Maximum 3 tries
- 03** 1 min game.
- 04** Straight hand pulling.
- 05** Rope Should Not be Round with body
- 06** All player has to submit their fee receipt before match.
- 07** Player has carry there id cards during match





BASKETBALL

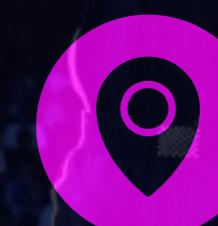
DATE AND TIME



06/03/2025 & 09/03/2025



3:30 pm - 6:00 pm



Basketball Court



Ashirwad - 8928456982

Priyanshu Jangam - 8625848850



BASKETBALL

RULES AND REGULATION

01

The tournament committee makes all final decisions concerning all grievances; i.e. eligibility, rules etc.
(A player with provisional admission will only be allowed to play when he has a written permission letter with the signature of his department HOD, Sports incharge prof. Nishant Patil and sports Secretary Pratham Tamboli)

02

Every player Must submit his/her college ID and SBI FeeReceipt to the committee before the match day.

03

No team shall have a player roster of more than 12 players.
All teams should have a minimum of 9 player roster.
Knock out matches will be conducted.

04

Roster must be submitted to the tournament committee before the date/time given by the committee, No adding or deleting of roster on game day and after registration.

05

A team will be charged with a forfeit if it uses an ineligible player that is not on the roster. The team manager/captain is responsible for ensuring the eligibility of all players on the team. To avoid unnecessary forfeit please make sure to include player of the same Branch with college ID and SBI fee receipt proof.

06

Destruction or damage of college property will be severely punished by proper authorities. The player and team will pay for damages and will automatically be eliminated from the tournament.

07

Team captains/managers are the voice of their team and are responsible for their team's conduct. If any player or spectator appears to be under the influence of alcohol or drugs, the tournament committee/game officials have the right to expel them from any game and tournament. This rule will be strictly enforced.

08

No player shall play for more than one team during the tournament. If this rule is violated, all relevant games will be forfeited and will result in a loss for any team associated with this player. If teams are seeking temporary substitutes for roster players who are in transit, please speak with the tournament committee.

09

Any Use of foul language to teammates or to anyone will result in a penalty and if this mistake is repeated multiple times even after warnings then the opposite team will be given a direct win.

10

Game Time & Time Outs: Games time = 20 minutes, divided into four quarters of 4 minutes each.
Time out = 2 timeouts per half. The clock will be stopped for time outs, which will be 30 seconds in duration. Half time will be one minute long. Time will run continuously throughout, except for the last two minutes of the last quarter. During the final two minutes of the second half, the clock will be stopped for all fouls and ball out situations.

11

Each game will start with a jump ball at center court. Each possession thereafter will be alternated. The official scorekeeper will keep track of the possession arrow.

12

Players will be given 5 intentional fouls. If it exceeds the player will be forced to substitute.
Game time is forfeit time! (A two minute grace period will be given). Official scorekeeper must be notified before a substitution can be made, which will be allowed on all dead ball situations.

BASKETBALL

RULES AND REGULATION

13

Players wearing glasses are advised to wear a protector or have shatterproof lenses.

14

Removable jewelry may not be worn during the game, nor hats or headgear that hangs below the collar (officials' discretion).

15

All players must wear shoes and matching colored T Shirts/jerseys when playing.
A technical foul will be assessed if team players do not obey officials(referee & scoring officials). After 5 technical fouls team will be penalized
A three point shot rule is in effect. On the line does not count as a three pointer.

16

If you choose to dunk then it is your responsibility to pay for the rim or backboard if it is broken or shattered. The basketball committee will not be held responsible for the damage cost. Dunking will be allowed during play only.

17

Referee's Decision will be the last decision. Any type of arguments during the game will not be accepted
Fighting by any individual (either on or off the court) will result in the individuals involved being ejected from the game and an altercation from any team member from the previously penalized team(s) will result in that team's removal from the tournament.

18

Team captains/managers are the voice of their team and are responsible for their team's conduct. If any player or spectator appears to be under the influence of alcohol or drugs, the tournament committee/game officials have the right to expel them from any game and tournament. This rule will be strictly enforced.

19

The committee will only refer to the official scorekeepers and timekeepers of the game at hand.

20

Scorekeepers, timekeepers(volunteers) and/or committee are allowed to give out technical fouls for any taunting or foul language by members of the team or their respective spectators

21

Calling any of the officials, timekeepers, scorekeepers, or any member of the basketball committee insulting names will not be tolerated and will result in a technical foul.

22

All the teams should report on the basketball Court at given reporting time. 10 mins of waiting time will be given to the team if not present. After that the team will be directly Disqualified from the tournament.



VOLLEYBALL

DATE AND TIME



08/03/2025



9:00 am - 6:00 pm



Kabaddi Ground



Adesh Mokal - 9987386599

Pratik - 90217 01243

Sanika Mahatre - 89997 89812





VOLLEYBALL

RULES AND REGULATION



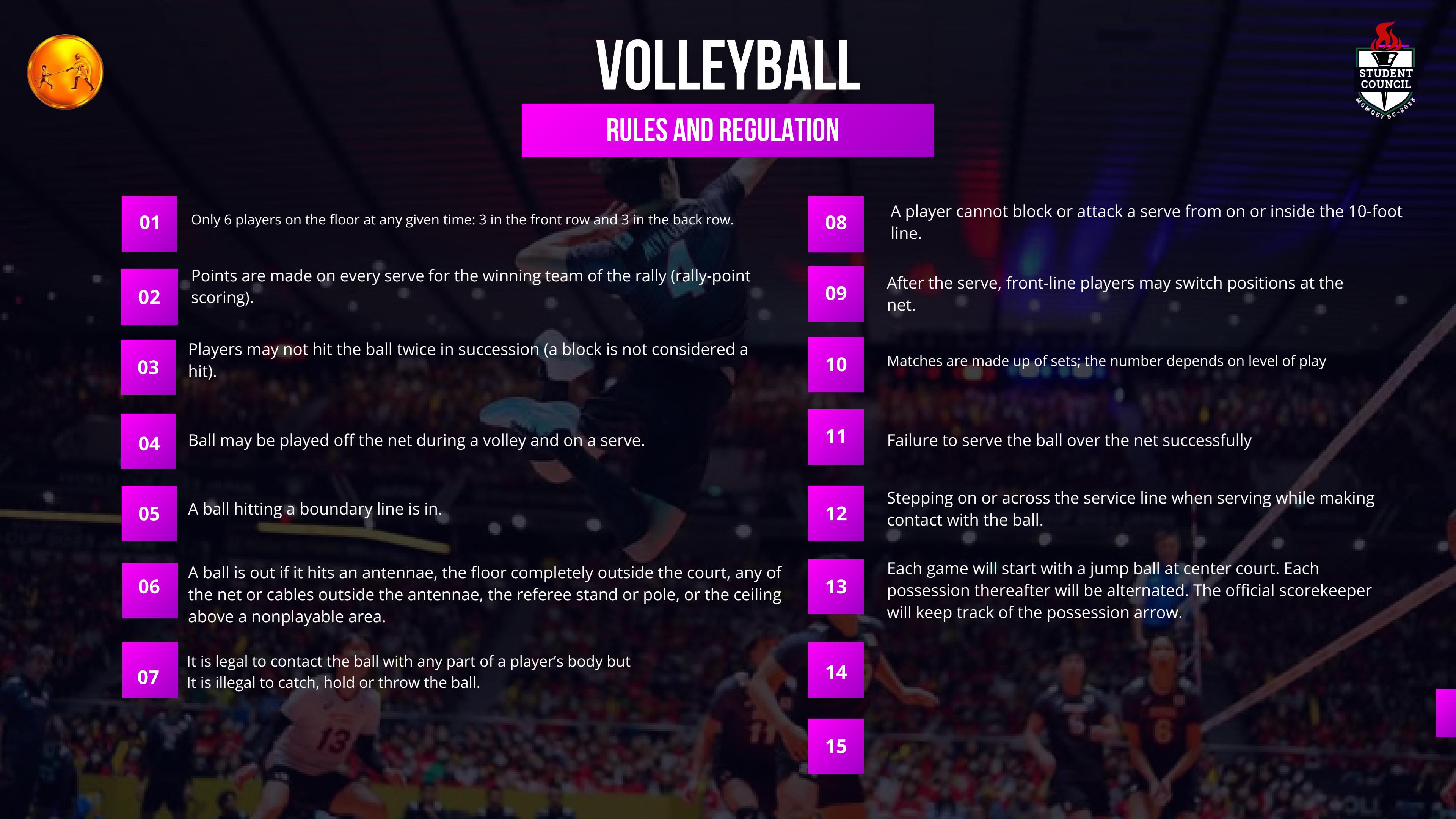
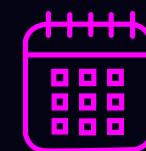
- 
- 01** Only 6 players on the floor at any given time: 3 in the front row and 3 in the back row.
- 02** Points are made on every serve for the winning team of the rally (rally-point scoring).
- 03** Players may not hit the ball twice in succession (a block is not considered a hit).
- 04** Ball may be played off the net during a volley and on a serve.
- 05** A ball hitting a boundary line is in.
- 06** A ball is out if it hits an antennae, the floor completely outside the court, any of the net or cables outside the antennae, the referee stand or pole, or the ceiling above a nonplayable area.
- 07** It is legal to contact the ball with any part of a player's body but It is illegal to catch, hold or throw the ball.
- 08** A player cannot block or attack a serve from on or inside the 10-foot line.
- 09** After the serve, front-line players may switch positions at the net.
- 10** Matches are made up of sets; the number depends on level of play
- 11** Failure to serve the ball over the net successfully
- 12** Stepping on or across the service line when serving while making contact with the ball.
- 13** Each game will start with a jump ball at center court. Each possession thereafter will be alternated. The official scorekeeper will keep track of the possession arrow.
- 14**
- 15**



TABLE TENNIS



DATE AND TIME



05/03/2025 - 07/03/2025



9:00 am - 6:00 pm



Second Floor, Near
Mech.Dept



Neeraj - 9167676272
Jhavi - 9326509443





TABLE TENNIS

RULES AND REGULATION

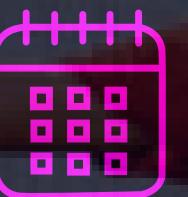
- 01** The game is played as singles.
- 02** Matches follow the best-of-three or best-of-five format, depending on the tournament rules.
- 03** Players must alternate serves every 2 points.
- 04** After 10-10, serves alternate every point.
- 05** A player loses a point if they fail to return the ball properly.
- 06** Touching the table with the non-playing hand results in a point for the opponent.
- 06** Obstructing the ball before it bounces on the table is a fault.
- 06** A walkover is given if a player fails to report within 5 minutes of the scheduled time





PENALTY SHOOTOUT

DATE AND TIME



06/03/2025



3:30 pm - 6:00 pm



Main Ground



Prachi Wagh - 7261986078

Sanidya Shetty - 8108552482

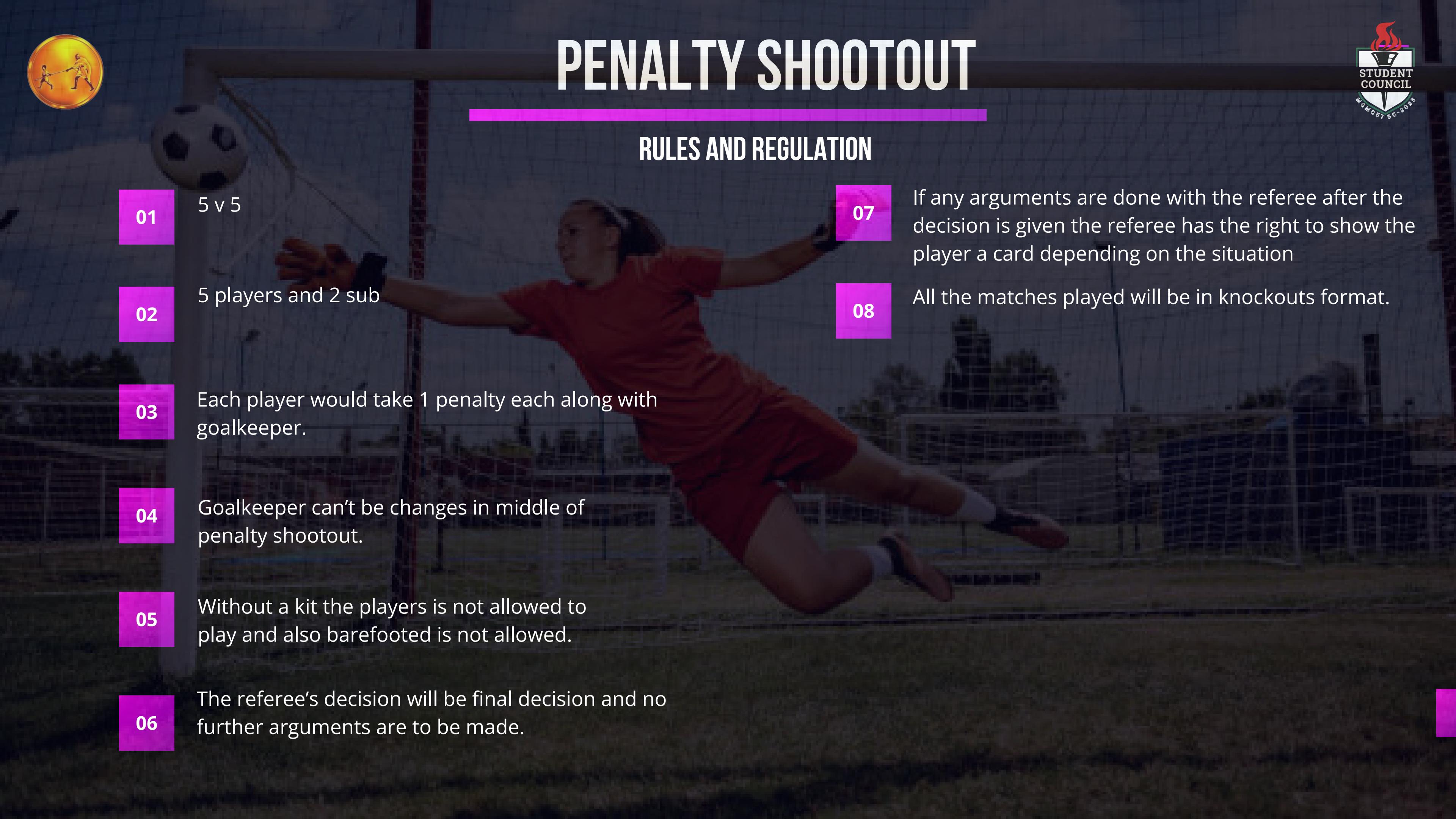




PENALTY SHOOTOUT



RULES AND REGULATION

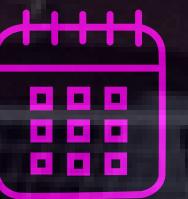
- 
- 01 5 v 5
- 02 5 players and 2 sub
- 03 Each player would take 1 penalty each along with goalkeeper.
- 04 Goalkeeper can't be changes in middle of penalty shootout.
- 05 Without a kit the players is not allowed to play and also barefooted is not allowed.
- 06 The referee's decision will be final decision and no further arguments are to be made.

- 07 If any arguments are done with the referee after the decision is given the referee has the right to show the player a card depending on the situation
- 08 All the matches played will be in knockouts format.



THROWBALL

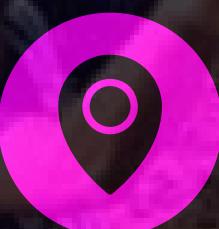
DATE AND TIME



05/03/2025



3:30 pm - 6:00 pm



Kabaddi Ground

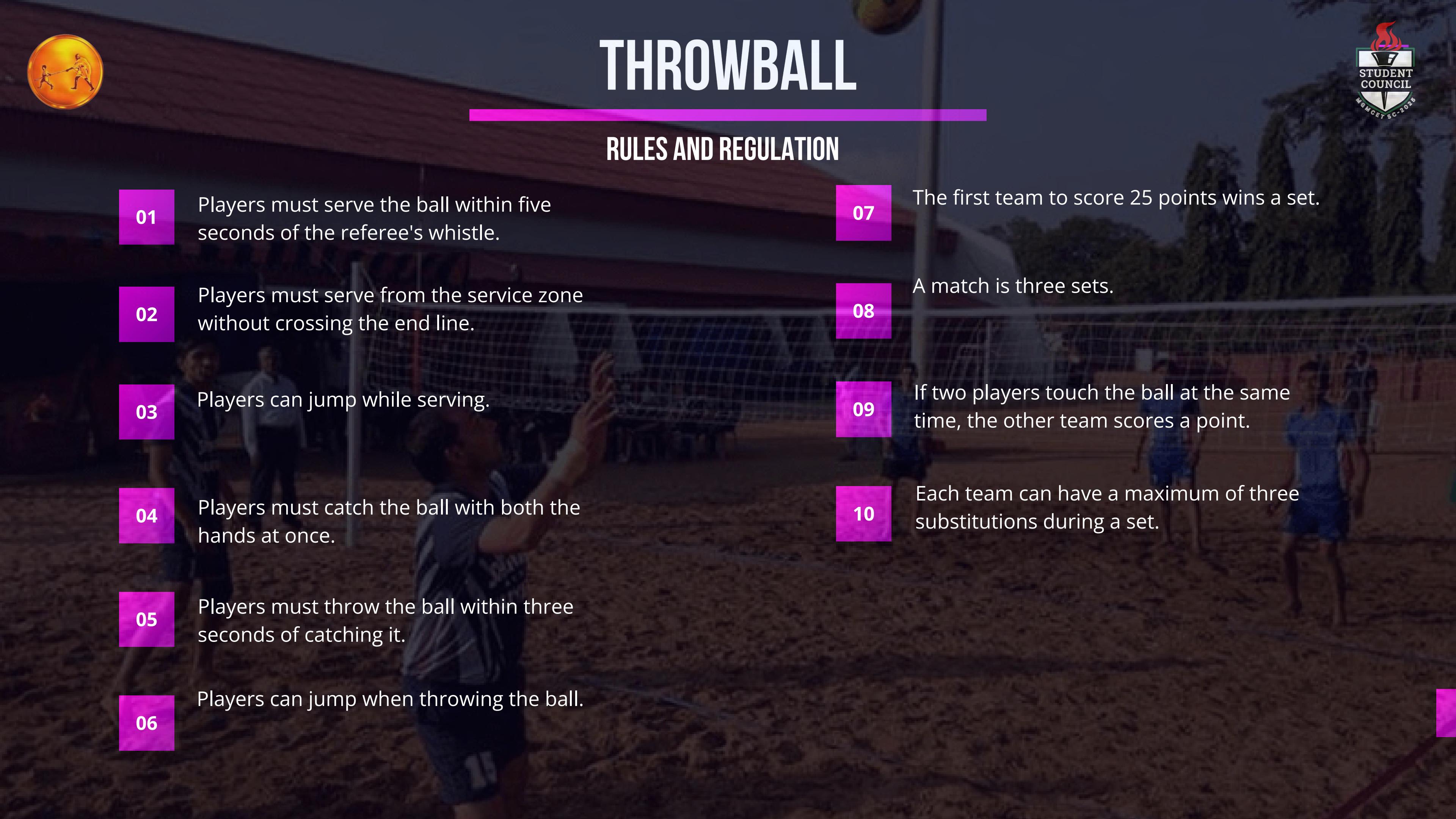


Sanjana Tikone - 93728 50474
Aniket Pingle - 9324323166



THROWBALL

RULES AND REGULATION

- 
- 01 Players must serve the ball within five seconds of the referee's whistle.
- 02 Players must serve from the service zone without crossing the end line.
- 03 Players can jump while serving.
- 04 Players must catch the ball with both the hands at once.
- 05 Players must throw the ball within three seconds of catching it.
- 06 Players can jump when throwing the ball.
- 07 The first team to score 25 points wins a set.
- 08 A match is three sets.
- 09 If two players touch the ball at the same time, the other team scores a point.
- 10 Each team can have a maximum of three substitutions during a set.



FULL LENGTH FOOTBALL

DATE AND TIME



04/03/2025



3:30 pm - 6:00 pm



Main Ground



Kunal More - 87792 24938
Siddhesh Patil - 88560 68999



FULL LENGTH FOOTBALL



RULES AND REGULATION

01

9v9 (9 on field & 5 sub) 7 min each half
Rolling subs are allowed

02

1 yellow card will result in warning for the player.

03

2 yellow cards will result in the player being sent off
for (3min) from the match

04

A direct red card will result in the player being sent off
from the current match

05

Any foul committed outside the penalty area
will result in a free kick.

06

Any foul committed inside the penalty area will result in
a penalty
Kick.

07

If the match ends in a tie the result will be decided on
penalties. 3 penalties each team

08

Penalty will be standing penalty in which base-foot should
not move

09

Without a kit the player is not allowed to play.
(barefooted) is not
allowed

10

The referees' decision will be the final decision and no
further arguments are to be made

11

If any arguments are done with the referee after the decision is given
the referee has the right to show the player a card depending on the
situation.

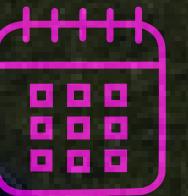
12

All matches played will be in knockouts format.



RING FOOTBALL

DATE AND TIME



05/03/2025



3:30 pm - 6:00 pm



Main Ground



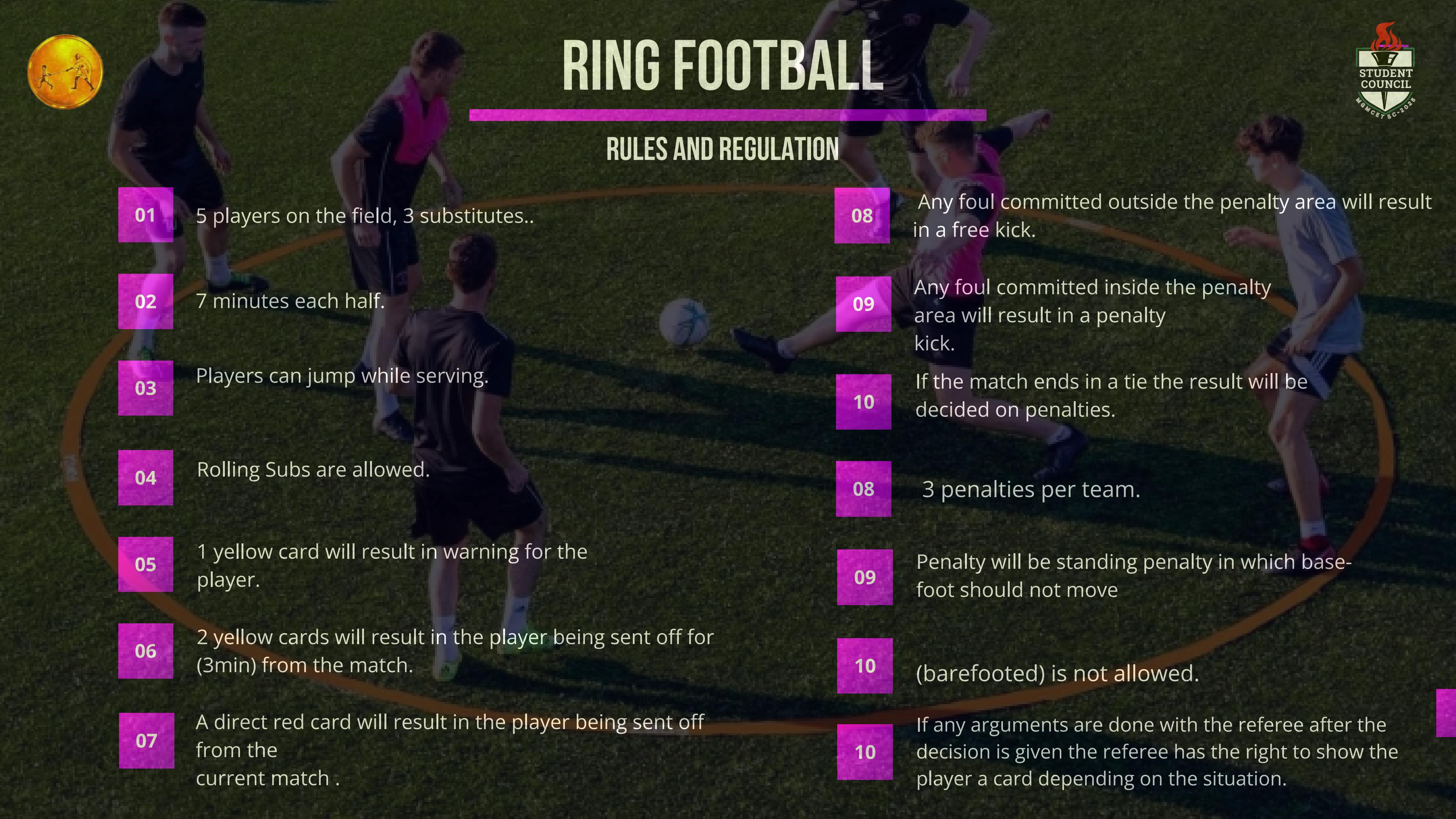
Neeraj - 91676 76272

Siddhesh Nalawde - 8652314016



RING FOOTBALL

RULES AND REGULATION

- 
- 01 5 players on the field, 3 substitutes..
 - 02 7 minutes each half.
 - 03 Players can jump while serving.
 - 04 Rolling Subs are allowed.
 - 05 1 yellow card will result in warning for the player.
 - 06 2 yellow cards will result in the player being sent off for (3min) from the match.
 - 07 A direct red card will result in the player being sent off from the current match .
 - 08 Any foul committed outside the penalty area will result in a free kick.
 - 09 Any foul committed inside the penalty area will result in a penalty kick.
 - 10 If the match ends in a tie the result will be decided on penalties.
 - 10 3 penalties per team.
 - 09 Penalty will be standing penalty in which base-foot should not move
 - 10 (barefooted) is not allowed.
 - 10 If any arguments are done with the referee after the decision is given the referee has the right to show the player a card depending on the situation.



MEET SPORTS SECRETARY



Pratham Tamboli
(Sports Secretary)

As a passionate football player, I believe in the power of sports to bring people together and inspire greatness. Looking forward to organizing exciting events and fostering a strong sports culture. Let's make this year full of energy and achievements!



Shreya Jangam
(Jt Sports Secretary)

As a passionate Kabaddi player, I believe in teamwork, discipline, and determination. I'm here to encourage and uplift the sports culture in our college. Let's work together to make this year full of energy, sportsmanship, and victories!



Swaraj Rathod
(Jt Sports Secretary)

I'm a passionate cricket player excited to bring more energy and enthusiasm to sports on campus. I am looking forward to organizing some great events and making sports more fun for all. Let's play, compete, and grow together!



CONTACT US



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