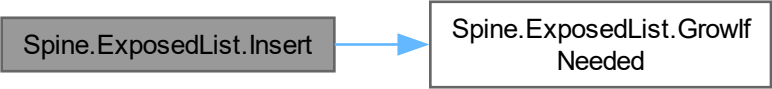


Spine.ExposedList.Insert



```
graph LR; A[Spine.ExposedList.Insert] --> B[Spine.ExposedList.GrowIf Needed]
```

Spine.ExposedList.GrowIf
Needed