

Team

2024-12-08

# **Loading our Data**

```
library(readr)
train <- read_csv("~/Desktop/15.072_AAE/Project/tabular_data/train.csv")</pre>
```

```
## Rows: 3960 Columns: 82
## — Column specification —
## Delimiter: ","
## chr (12): id, Basic_Demos-Enroll_Season, CGAS-Season, Physical-Season, Fitne...
## dbl (70): Basic_Demos-Age, Basic_Demos-Sex, CGAS-CGAS_Score, Physical-BMI, P...
##
## i Use `spec()` to retrieve the full column specification for this data.
## i Specify the column types or set `show_col_types = FALSE` to quiet this message.
```

```
test <- read_csv("~/Desktop/15.072_AAE/Project/tabular_data/test.csv")
```

```
## Rows: 20 Columns: 59
## — Column specification —
## Delimiter: ","
## chr (11): id, Basic_Demos-Enroll_Season, CGAS-Season, Physical-Season, Fitne...
## dbl (48): Basic_Demos-Age, Basic_Demos-Sex, CGAS-CGAS_Score, Physical-BMI, P...
##
## i Use `spec()` to retrieve the full column specification for this data.
## i Specify the column types or set `show_col_types = FALSE` to quiet this message.
```

Here we aim to show some exploratory data analysis to further understand the tabular data that we have. There is a great deal of missing data in these data sets, which makes the problem we aim to solve both interesting and difficult. Recall that the subjects/observations in the model are indeed humans. Human nature is unpredictable and often the information that we have on human subjects is sporadic. This data displays this uncertainty regarding human behavior.

```
# Number of NA values in the training data:
total_NAs_train <- sum(is.na(train))
cat("Number of NAs in train: ", total_NAs_train, "\n")

## Number of NAs in train: 131717

# Number of NA values in the testing data:
total_NAs_test <- sum(is.na(test))
cat("Number of NAs in test: ", total_NAs_test, "\n")

## Number of NAs in test: 590

total_NAs <- total_NAs_test + total_NAs_train
cat("Total Number of NAs: ", total_NAs, "\n")

## Total Number of NAs: 132307</pre>
```

There are a total of 132307 NA values in the data.

We can now look at the number of NA values per column in this data.

```
NAs_per_column_train <- colSums(is.na(train))

for (col_name in names(NAs_per_column_train)) {
   cat("Number of NAs in column", col_name, ":", NAs_per_column_train[col_name], "\n")
}</pre>
```

```
## Number of NAs in column id : 0
## Number of NAs in column Basic_Demos-Enroll_Season: 0
## Number of NAs in column Basic_Demos-Age : 0
## Number of NAs in column Basic_Demos-Sex : 0
## Number of NAs in column CGAS-Season: 1405
## Number of NAs in column CGAS-CGAS_Score : 1539
## Number of NAs in column Physical-Season: 650
## Number of NAs in column Physical-BMI: 938
## Number of NAs in column Physical-Height: 933
## Number of NAs in column Physical-Weight: 884
## Number of NAs in column Physical-Waist_Circumference: 3062
## Number of NAs in column Physical-Diastolic_BP: 1006
## Number of NAs in column Physical-HeartRate: 993
## Number of NAs in column Physical-Systolic_BP: 1006
## Number of NAs in column Fitness_Endurance-Season : 2652
## Number of NAs in column Fitness_Endurance-Max_Stage : 3217
## Number of NAs in column Fitness Endurance-Time Mins: 3220
## Number of NAs in column Fitness_Endurance-Time_Sec : 3220
## Number of NAs in column FGC-Season: 614
## Number of NAs in column FGC-FGC_CU : 1638
## Number of NAs in column FGC-FGC_CU_Zone : 1678
## Number of NAs in column FGC-FGC_GSND : 2886
## Number of NAs in column FGC-FGC_GSND_Zone : 2898
## Number of NAs in column FGC-FGC_GSD : 2886
## Number of NAs in column FGC-FGC_GSD_Zone : 2897
## Number of NAs in column FGC-FGC_PU : 1650
## Number of NAs in column FGC-FGC_PU_Zone : 1689
## Number of NAs in column FGC-FGC SRL: 1655
## Number of NAs in column FGC-FGC_SRL_Zone : 1693
## Number of NAs in column FGC-FGC_SRR: 1653
## Number of NAs in column FGC-FGC SRR Zone : 1691
## Number of NAs in column FGC-FGC_TL : 1636
## Number of NAs in column FGC-FGC_TL_Zone : 1675
## Number of NAs in column BIA-Season : 1815
## Number of NAs in column BIA-BIA_Activity_Level_num : 1969
## Number of NAs in column BIA-BIA_BMC : 1969
## Number of NAs in column BIA-BIA BMI: 1969
## Number of NAs in column BIA-BIA_BMR: 1969
## Number of NAs in column BIA-BIA_DEE: 1969
## Number of NAs in column BIA-BIA_ECW : 1969
## Number of NAs in column BIA-BIA_FFM: 1969
## Number of NAs in column BIA-BIA_FFMI: 1969
## Number of NAs in column BIA-BIA_FMI : 1969
## Number of NAs in column BIA-BIA_Fat: 1969
## Number of NAs in column BIA-BIA_Frame_num : 1969
## Number of NAs in column BIA-BIA_ICW : 1969
## Number of NAs in column BIA-BIA_LDM : 1969
## Number of NAs in column BIA-BIA_LST : 1969
## Number of NAs in column BIA-BIA_SMM: 1969
## Number of NAs in column BIA-BIA_TBW : 1969
## Number of NAs in column PAQ_A-Season : 3485
## Number of NAs in column PAQ_A_PAQ_A_Total : 3485
## Number of NAs in column PAQ_C-Season: 2239
## Number of NAs in column PAQ_C_PAQ_C_Total : 2239
## Number of NAs in column PCIAT-Season: 1224
## Number of NAs in column PCIAT-PCIAT_01 : 1227
## Number of NAs in column PCIAT_PCIAT_02 : 1226
## Number of NAs in column PCIAT-PCIAT_03: 1229
## Number of NAs in column PCIAT-PCIAT_04 : 1229
## Number of NAs in column PCIAT-PCIAT_05: 1231
## Number of NAs in column PCIAT-PCIAT_06: 1228
## Number of NAs in column PCIAT-PCIAT_07 : 1231
## Number of NAs in column PCIAT-PCIAT_08 : 1230
## Number of NAs in column PCIAT_PCIAT_09 : 1230
## Number of NAs in column PCIAT_PCIAT_10 : 1227
## Number of NAs in column PCIAT_PCIAT_11 : 1226
## Number of NAs in column PCIAT_PCIAT_12 : 1229
## Number of NAs in column PCIAT_PCIAT_13 : 1231
## Number of NAs in column PCIAT_PCIAT_14: 1228
## Number of NAs in column PCIAT_PCIAT_15 : 1230
## Number of NAs in column PCIAT_PCIAT_16 : 1232
## Number of NAs in column PCIAT_PCIAT_17 : 1235
## Number of NAs in column PCIAT_PCIAT_18 : 1232
## Number of NAs in column PCIAT_PCIAT_19: 1230
## Number of NAs in column PCIAT_PCIAT_20 : 1227
## Number of NAs in column PCIAT_PCIAT_Total : 1224
## Number of NAs in column SDS-Season: 1342
## Number of NAs in column SDS-SDS_Total_Raw : 1351
## Number of NAs in column SDS-SDS_Total_T : 1354
## Number of NAs in column PreInt_EduHx-Season: 420
## Number of NAs in column PreInt EduHx-computerinternet hoursday: 659
## Number of NAs in column sii : 1224
```

NAs\_per\_column\_train\_df <- as.data.frame(NAs\_per\_column\_train)

NAs\_per\_column\_train\_df

	##	NAs_per_column_train
	## id ## Basic_Demos—Enroll_Season	0
	## Basic_Demos-Enroll_Season ## Basic_Demos-Age	0
#	## Basic_Demos-Sex	0
	## CGAS-Season ## CGAS-CGAS_Score	1405 1539
#	## Physical—Season	650
	## Physical-BMI ## Physical-Height	938 933
	## Physical-Height ## Physical-Weight	884
#	## Physical-Waist_Circumference	3062
	## Physical-Diastolic_BP ## Physical-HeartRate	1006 993
	## Physical-ReartRate ## Physical-Systolic_BP	1006
#	## Fitness_Endurance-Season	2652
	## Fitness_Endurance-Max_Stage ## Fitness_Endurance-Time_Mins	3217 3220
	## Fitness_Endurance=Time_Fills ## Fitness_Endurance=Time_Sec	3220
#	## FGC-Season	614
	## FGC-FGC_CU ## FGC-FGC_CU_Zone	1638 1678
	## FGC_FGC_CO_ZONE ## FGC_FGC_GSND	2886
#	## FGC-FGC_GSND_Zone	2898
	## FGC_FGC_GSD	2886
	## FGC–FGC_GSD_Zone ## FGC–FGC_PU	2897 1650
	## FGC_FGC_PU_Zone	1689
#	## FGC-FGC_SRL	1655
	## FGC–FGC_SRL_Zone ## FGC–FGC_SRR	1693 1653
	## FGC-FGC_SRR_Zone	1691
	## FGC_FGC_TL	1636
	## FGC-FGC_TL_Zone	1675
	## BIA-Season ## BIA-BIA_Activity_Level_num	1815 1969
	## BIA-BIA_ACTIVITY_Levet_num ## BIA-BIA_BMC	1969
#	## BIA-BIA_BMI	1969
	## BIA-BIA_BMR	1969
	## BIA-BIA_DEE ## BIA-BIA_ECW	1969 1969
	## BIA-BIA_ECW	1969
#	## BIA-BIA_FFMI	1969
	## BIA-BIA_FMI ## BIA-BIA Fat	1969
	## BIA-BIA_Fat ## BIA-BIA_Frame_num	1969 1969
	## BIA_BIA_ICW	1969
	## BIA-BIA_LDM	1969
	## BIA-BIA_LST ## BIA-BIA SMM	1969 1969
	## BIA-BIA_SMM ## BIA-BIA_TBW	1969
	## PAQ_A-Season	3485
	## PAQ_A-PAQ_A_Total	3485
	## PAQ_C-Season ## PAQ_C-PAQ_C_Total	2239 2239
	## PAQ_C_PAQ_C_TOTAT ## PCIAT-Season	1224
	## PCIAT_01	1227
	## PCIAT_PCIAT_02	1226
	## PCIAT-PCIAT_03 ## PCIAT-PCIAT_04	1229 1229
	## PCIAT_PCIAT_04 ## PCIAT_PCIAT_05	1231
#	## PCIAT-PCIAT_06	1228
	## PCIAT_PCIAT_07	1231
	## PCIAT-PCIAT_08 ## PCIAT-PCIAT_09	1230 1230
	## PCIAT_PCIAT_09 ## PCIAT_PCIAT_10	1227
#	## PCIAT_PCIAT_11	1226
	## PCIAT_PCIAT_12	1229
	## PCIAT-PCIAT_13 ## PCIAT-PCIAT_14	1231 1228
	## PCIAT_PCIAT_15	1230
	## PCIAT_PCIAT_16	1232
	## PCIAT_PCIAT_17 ## PCIAT_PCIAT 18	1235
	## PCIAT-PCIAT_18 ## PCIAT-PCIAT_19	1232 1230
	## PCIAT_PCIAT_20	1227
	## PCIAT_PCIAT_Total	1224
	## SDS-Season ## SDS-SDS_Total_Raw	1342 1351
	## SDS_SDS_TOtat_Naw ## SDS_SDS_Total_T	1354
#	## PreInt_EduHx-Season	420
	## PreInt_EduHx-computerinternet_hoursday	659
#	## sii	1224

```
NAs_per_column_test <- colSums(is.na(test))

for (col_name in names(NAs_per_column_test)) {
   cat("Number of NAs in column", col_name, ":", NAs_per_column_test[col_name], "\n")
}</pre>
```

```
## Number of NAs in column id : 0
## Number of NAs in column Basic_Demos-Enroll_Season: 0
## Number of NAs in column Basic Demos-Age: 0
## Number of NAs in column Basic_Demos-Sex : 0
## Number of NAs in column CGAS-Season: 10
## Number of NAs in column CGAS-CGAS_Score : 12
## Number of NAs in column Physical-Season : 6
## Number of NAs in column Physical-BMI : 7
## Number of NAs in column Physical-Height: 7
## Number of NAs in column Physical-Weight: 7
## Number of NAs in column Physical-Waist Circumference: 15
## Number of NAs in column Physical-Diastolic_BP: 9
## Number of NAs in column Physical-HeartRate : 8
## Number of NAs in column Physical-Systolic_BP: 9
## Number of NAs in column Fitness_Endurance-Season : 16
## Number of NAs in column Fitness_Endurance-Max_Stage : 17
## Number of NAs in column Fitness_Endurance-Time_Mins : 17
## Number of NAs in column Fitness_Endurance-Time_Sec : 17
## Number of NAs in column FGC-Season : 3
## Number of NAs in column FGC-FGC_CU : 7
## Number of NAs in column FGC-FGC_CU_Zone : 7
## Number of NAs in column FGC-FGC_GSND : 15
## Number of NAs in column FGC-FGC GSND Zone : 15
## Number of NAs in column FGC-FGC_GSD: 15
## Number of NAs in column FGC-FGC_GSD_Zone : 15
## Number of NAs in column FGC-FGC_PU: 7
## Number of NAs in column FGC-FGC_PU_Zone : 7
## Number of NAs in column FGC-FGC_SRL : 7
## Number of NAs in column FGC-FGC_SRL_Zone : 7
## Number of NAs in column FGC-FGC SRR: 7
## Number of NAs in column FGC-FGC_SRR_Zone : 7
## Number of NAs in column FGC-FGC_TL: 7
## Number of NAs in column FGC-FGC_TL_Zone : 7
## Number of NAs in column BIA-Season: 12
## Number of NAs in column BIA-BIA_Activity_Level_num : 12
## Number of NAs in column BIA-BIA_BMC: 12
## Number of NAs in column BIA-BIA_BMI : 12
## Number of NAs in column BIA-BIA_BMR : 12
## Number of NAs in column BIA-BIA_DEE: 12
## Number of NAs in column BIA-BIA_ECW : 12
## Number of NAs in column BIA-BIA_FFM : 12
## Number of NAs in column BIA-BIA_FFMI : 12
## Number of NAs in column BIA-BIA_FMI : 12
## Number of NAs in column BIA-BIA_Fat : 12
## Number of NAs in column BIA-BIA_Frame_num : 12
## Number of NAs in column BIA-BIA_ICW : 12
## Number of NAs in column BIA-BIA_LDM : 12
## Number of NAs in column BIA-BIA_LST : 12
## Number of NAs in column BIA-BIA_SMM : 12
## Number of NAs in column BIA-BIA_TBW : 12
## Number of NAs in column PAQ_A-Season: 19
## Number of NAs in column PAQ_A_PAQ_A_Total: 19
## Number of NAs in column PAQ_C-Season: 11
## Number of NAs in column PAQ_C-PAQ_C_Total: 11
## Number of NAs in column SDS-Season: 10
## Number of NAs in column SDS-SDS_Total_Raw : 10
## Number of NAs in column SDS-SDS_Total_T : 10
## Number of NAs in column PreInt_EduHx-Season : 2
## Number of NAs in column PreInt_EduHx-computerinternet_hoursday : 4
```

```
NAs_per_column_test_df <- as.data.frame(NAs_per_column_test)
NAs_per_column_test_df</pre>
```

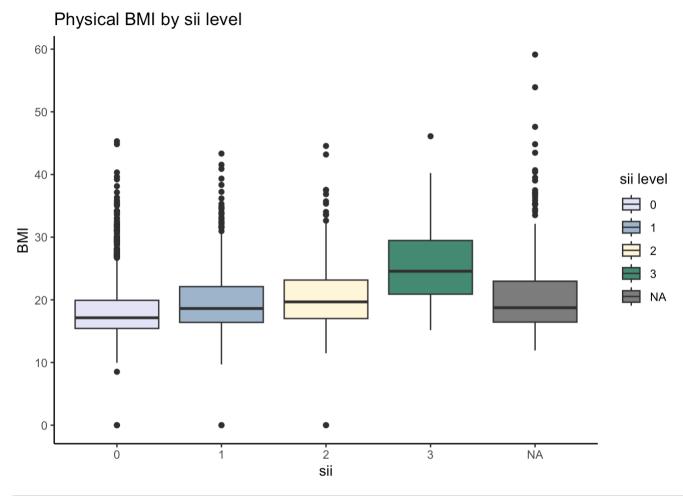
##	#	NAs_per_column_test
	# id	_, 0
##	# Basic_Demos-Enroll_Season	0
	# Basic_Demos-Age	0
	# Basic_Demos-Sex	0
	# CGAS-Season	10
	# CGAS-CGAS_Score	12
	# Physical—Season	6
	# Physical-BMI	7
	# Physical-Height	7
	# Physical-Weight	7
	# Physical-Waist_Circumference	15
	# Physical-Diastolic_BP	9
	# Physical-HeartRate	8
	# Physical-Systolic_BP	9
	# Fitness_Endurance-Season	16
	# Fitness_Endurance-Max_Stage	17
	# Fitness_Endurance-Time_Mins	17
	# Fitness_Endurance-Time_Sec	17
	# FGC-Season	3
	# FGC-FGC_CU	7
	# FGC-FGC_CU_Zone	7
	# FGC-FGC_GSND	15
	# FGC-FGC_GSND_Zone	15
	# FGC-FGC_GSD	15
	# FGC-FGC_GSD_Zone	15
	# FGC-FGC_PU	7
	# FGC-FGC_PU_Zone	7
	# FGC-FGC_SRL	7
	# FGC-FGC_SRL_Zone	7
	# FGC-FGC_SRR	7
	# FGC-FGC_SRR_Zone	7
	# FGC-FGC_TL	7
##	# FGC-FGC_TL_Zone	7
##	# BIA-Season	12
##	# BIA-BIA_Activity_Level_num	12
##	# BIA-BIA_BMC	12
##	# BIA-BIA_BMI	12
##	# BIA-BIA_BMR	12
##	# BIA-BIA_DEE	12
##	# BIA-BIA_ECW	12
##	# BIA-BIA_FFM	12
	# BIA-BIA_FFMI	12
##	# BIA-BIA_FMI	12
	# BIA-BIA_Fat	12
	# BIA-BIA_Frame_num	12
	# BIA_BIA_ICW	12
	# BIA-BIA_LDM	12
	# BIA-BIA_LST	12
	# BIA-BIA_SMM	12
	# BIA-BIA_TBW	12
	# PAQ_A-Season	19
	# PAQ_A-PAQ_A_Total	19
	# PAQ_C-Season	11
	# PAQ_C-PAQ_C_Total	11
	# SDS-Season	10
	# SDS-SDS_Total_Raw	10
	# SDS-SDS_Total_T	10
	# PreInt_EduHx-Season	2
	# Preint_EduHx-computerinternet_hoursda	
###	" I TETHT_EQUITY COMPUTED THEET HET HOUT SUA	у 4

According to the output above, we can see that there is a substantial amount of NA values in nearly every column included in both the training and testing set of data relative to the total number of observations included in either data set. This high amount of missing data again is a major challenge, which is also a main point of this project. Data imputation could be important in order to appropriately predict the target variable, ssi. Furthermore, it is important to note that the target variable and the variables that are used to calculate the target variable, which begin with PCIAT all have a very high amount of NA values as well.

Let's try to glean some information about the target variable, ssi.

**Box Plot series** 

```
## Warning: Removed 938 rows containing non-finite outside the scale range
## (`stat_boxplot()`).
```



## Warning: Removed 938 rows containing non-finite outside the scale range
## (`stat\_ydensity()`).

# Physical BMI by ssi level Sii level 20 10

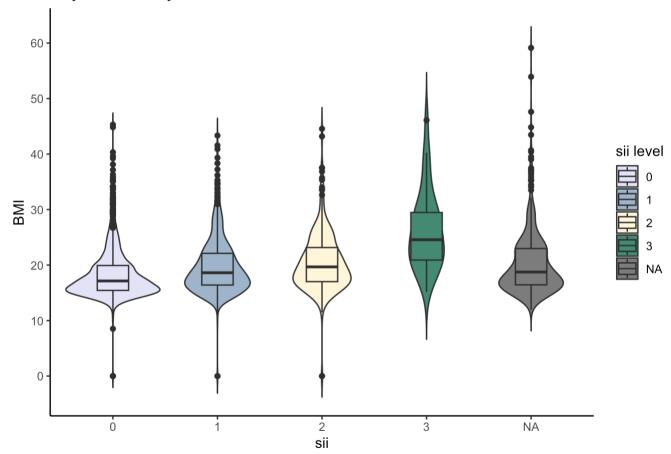
sii

NΑ

```
## Warning: Removed 938 rows containing non-finite outside the scale range
## (`stat_ydensity()`).
## Removed 938 rows containing non-finite outside the scale range
## (`stat_boxplot()`).
```

## Physical BMI by ssi level

0



```
favstats(`Physical-BMI` ~ sii, data = train)
```

```
Q1 median
                                         Q3
    sii
             min
                                                 max
                                                         mean
## 1
      0 0.00000 15.43632 17.13579 19.92165 45.30603 18.32955 4.450628 1467
      1 0.00000 16.39930 18.61484 22.11088 43.33770 19.78944 5.045417 676
      2 0.00000 17.01367 19.67327 23.15733 44.55410 20.50330 5.203170
      3 15.16685 20.90048 24.56353 29.47007 46.10291 26.26632 7.084858
    missing
        127
## 1
## 2
         54
## 3
         27
## 4
```

According to the box plot overlayed with a violin plot shown, we can learn from some important observations. Namely, the wider width of the lavender plot for an sii level of 0 shown that a lot of values in the data fall within the range of about a BMI of 15 and 19 for an sii level of 0, which suggests that many observations in the sii level 0 group have lower BMIs. On the other hand, when observing the aquamarine colored plot for an sii level of 3, we can see that the width of the violin is much narrower than the other sii values included in the plot. However, from BMI values of about 20 to 29, it appears most of the data falls within this range for observations in the sii level of 3. We can also note that according to the box plots there does not appear to be meaningful differences in the BMI between the ssi levels; however, we can notice a slight increase in the BMI distributions as the sii level increases. Namely, it appears that an sii level of 0 includes mostly observations with lower BMIs, while an sii level of 3 includes more observations with higher BMIs. Perhaps these observations may provide indications about the habits of individual subjects.

Recall that sii refers to "Severe Impairment Index" and higher values mean that an observation has more of a problem pertaining to problematic internet usage. It could be the case that the physical attributes of the observations can allow for inferences to be made regarding how problematic their internet usage might be. This plot tends to make some sense under a managerial lens as children who exercise less as a result of a high amount of interaction with the internet may develop higher BMIs. However, at this point, this is simply an inference, and should not be taken as a ground truth. Moving forward into modeling processes, we should however remember to consider the Physical-BMI as a potential variable of importance for predicting sii.

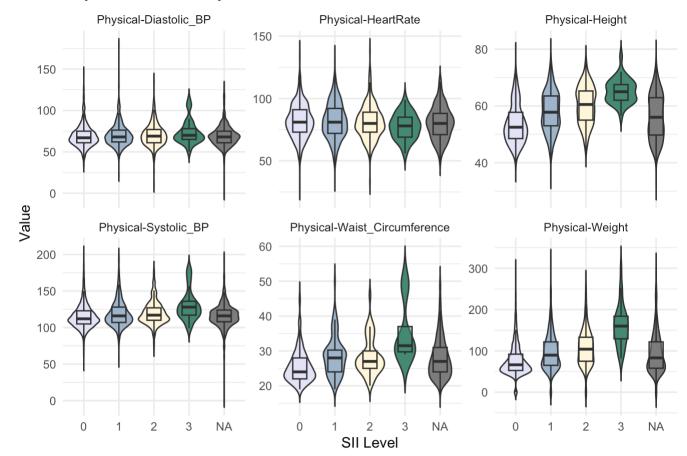
We can create similar plots for all of the variables that pertain to physical features in the data:

```
ggplot(df_physical_train, aes(x = as.factor(sii), y = Value, fill = as.factor(sii))) +
  geom_violin(trim = FALSE) +
  geom_boxplot(width = 0.4, outlier.shape = NA, alpha = 0.5) +
  scale_fill_manual(values = c("lavender","slategray3","cornsilk", "aquamarine4", "dimgrey")) +
  facet_wrap(~Feature, scales = "free_y") +
  labs(title = "Physical Features by SII Level", x = "SII Level", y = "Value") +
  theme_minimal() +
  theme(legend.position = "none")
```

```
## Warning: Removed 7884 rows containing non-finite outside the scale range
## (`stat_ydensity()`).
```

```
## Warning: Removed 7884 rows containing non-finite outside the scale range
## (`stat_boxplot()`).
```

## Physical Features by SII Level



The boxplots shown here can be interpreted in a very similar fashion as the box plot shown previously that relates Physical-BMI to sii. Overall, of the physical features included in the data set, it appears that the diastolic blood pressures, heart rates, and systolic blood pressures are fairly similar across all sii groups. However, we do see some differences in the distributions for weight, waist circumference, and BMI, which may be important features to consider when we move into modeling.

# We can now investigate the variable,

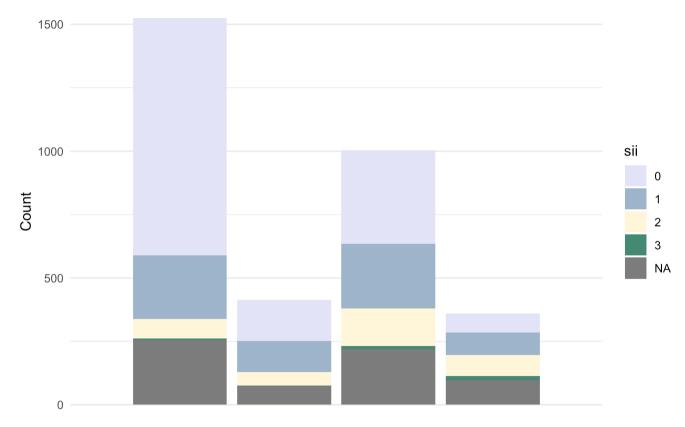
PreInt\_EduHx-computerinternet\_hoursday, which is closely related to the target variable sii.

PreInt\_EduHx-computerinternet\_hoursday refers to the number of hours that an observation spends using the compute or being engaged with the internet. This is a categorical variable where 0=Less than 1h/day, 1=Around 1h/day, 2=Around 2hs/day, and 3=More than 3hs/day.

```
x_true_labels <- c(</pre>
  "0" = "Less than 1 hour",
 "1" = "Around 1 hour",
 "2" = "Around 2 hours",
  "3" = "More than 3 hours"
plot <- ggplot(train, aes(x = `PreInt_EduHx-computerinternet_hoursday`, fill = sii)) +</pre>
 geom_bar(position = "stack") +
 labs(
    title = "Stacked Bar Plot",
   x = "Hours spent on the internet per day",
   y = "Count",
   fill = "sii",
 ) + scale_fill_manual(values = c("lavender","slategray3","cornsilk", "aquamarine4", "dimgrey")) +
 scale_x_discrete(labels = x_true_labels)+
 theme(axis.text.x = element text(angle = 90, vjust = 0.5, hjust=1))+ # Rotate x-axis
 theme_minimal()
plot + theme(axis.text.x = element_text(angle = 90, vjust = 0.5, hjust=1))
```

```
## Warning: Removed 659 rows containing non-finite outside the scale range
## (`stat_count()`).
```

### Stacked Bar Plot



Hours spent on the internet per day

According to the stacked bar plot, it is again noticeable that there are many NA values for  $\mathtt{sii}$  across the various different levels of hours that a subject spends on the internet per day. However, we do notice that there is an abundance of observations that fall into a  $\mathtt{sii}$  level of 0 that also use the internet for less than 1 hour per day. This observation is interesting and may be useful moving forward. It is reasonable to infer that a child that spends less time on the internet per day has less of a chance to develop bad habits pertaining to over usage and reliance on the internet. Again, thinking about the observations from our EDA under a managerial lens is important in moving to the next steps regarding what features may be important predictors of the  $\mathtt{sii}$ , which is our target variable.

# Other important features to consider moving forward:

There is a wide array of features in the data set that pertain to various features regarding a child's physical health and fitness. These features include information about a child's test performance on a series of fitness tests as well information on a child's bio electrical impedance analysis, which refers to body composition data.

Moving forward into the modeling process, we aim to use as many of the important features as possible in an effort to predict sii. It should be noted that from a managerial perspective it makes good sense to use all of the data included as these metrics largely give insight into a child's physical health and fitness, which may allow us to make inferences on the child's time spent using the internet. It follows that children who are more fit and healthy may be exercising more and spending less time interacting with the internet. However, the nature of this problem is inherently difficult because typically, information regarding problematic internet usage is self-reported. In this case, we aim to leverage physical fitness data as well, which is clearly measured and less susceptible to bias than self-reported data.