

## 5. Dance

### 5.1 Different types of Movements (Rhythmic Movements of hands and feet)



**Churning of Buttermilk**



**Pendulum of a wall clock**



**Movement of the Elehpant's Trunk**



**Forward and Backward  
movement of a Swing**

- ◆ Children should be asked to observe the different movements like churning of buttermilk, pendulum of a wall clock, elephant's trunk, a swing etc.
- ◆ Ask the children to move their hands and feet in a rhythmic motion.

## 5.2 Walk



**Horse trot**



**Slow leisurely  
walk**



**Soldiers March**



**Smart Walk**



**Hurried Walk**

## 5.3 Greeting Gestures



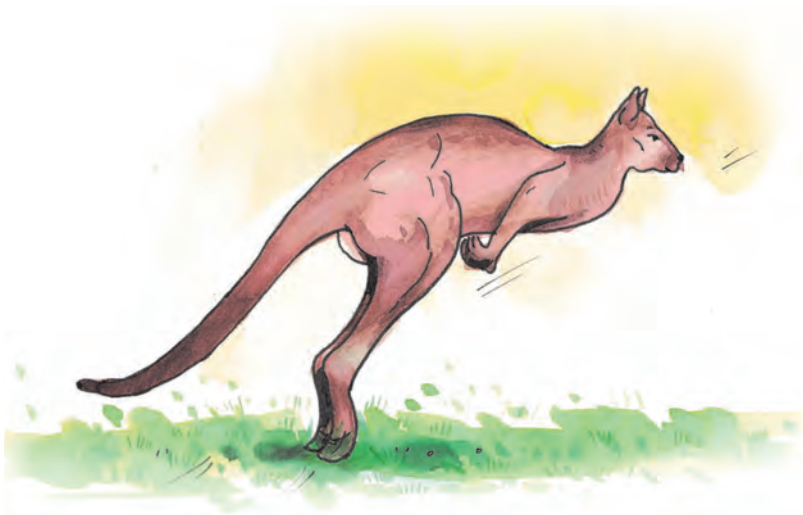
**Joining your hands**



**Salute**

- ◆ Ask the children to observe the different styles of walking and the different greeting gestures. Make the children practise them.

## 5.4 Jump



**Kangaroo Jump**



**Kangaroo Jump**



**Bird's Jump**



**Jumping on one leg**

- ◆ Children should be made to observe different movements like kangaroo jump, birds' jump etc. Make them perform the same movements in a rhythmic pattern.



## 5.5 Dance Drama

- Dramatic Performance of the song

All the birds in a certain bower  
Chose to go for a complete make over  
So they just decided to exchange  
Clothes with each other for a change  
The snow white cloak of the crane  
Was put on the crow's body frame



He looked really smarter  
And walked around like a doctor  
The cock felt he was very strong  
And grabbed the peacock's feathers long  
But the poor fellow found it tough  
To walk around with the heavy stuff



The poor little sparrow  
Was filled with sorrow  
Exchanging with partner was hard to  
decide  
She wore her brown feathers all with  
pride



◆ Make the children perform the song with the help of dramatic performances.

