1. Create a very rough outline

If it's a new topic that you never learned before, this can be your notes on it as you learn it.

If it's a topic you know well, create a rough outline that breaks that topic down.

2. Make an example of it in use

Code things up! Create a simple example of whatever it is in action.

Having a starting template here can help, so that you aren't worrying about the basics and spending time on that, but you can focus only on the topic at hand.

3. Explain how it works

This can be written out or talked out loud, but you need to explain every single part of the code that you put together. This is the key here.

Whether it's a blog post, video, or you are just documenting it for yourself, you MUST explain the code you've written in as much detail as possible.

By explaining things, you move from applying to analyzing and comparing.

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Go into detail

When I say to explain everything, I mean explain every single last thing.

If you declare **display: block** don't just say that you did it, explain WHY you did it and WHAT it is doing.

This is where you will you will make connections you didn't make before, and how you'll find holes in your knowledge you didn't know about before.

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4. Go public with it (optional)

If you aren't sure about it, at least give it a try. Say that you'll share one thing that you learn each month and see how it goes.

You'll learn even more by sharing what you are learning, and others will benefit too.

Sure, you can get things wrong and make a mistake. That's fine, and it just helps you learn even more.