

## **Back to Basics Parenting to raise Exceptional Children**

*Keynote, Breakout or 1/2 day workshop/class*

***Suitable for anyone raising children***

Valerie Felder presents winning and mettle-tested parenting programs to create positive change and direction for the family while building a family team. She shares parenting tools to help parents more successfully wade through critical phases of the parent-child relationship. Humorous real-life applications give parents realistic perspective while helping them see how to get back-to-the basics of their calling. Titles and Programs:



### **Tuff Mama Time: Raising Children without Losing Your Focus.**

Parenting is tough work that requires plenty of a parent's time, attention and energy. Often moms are in that key position to "be there" for their children. This program offers guidance to the mother who desires to parent with results while also meeting their own needs. Valerie, mother of 9, presents strategies she used and perfected to help mothers discover how to structure home with healthy balance that best serves everyone in the family.

**Getting Children to Help More at Home with Less Push-back.** There comes a time in the life of a family when the helpless infant transforms from one whose care requires total responsibility of others and into one who shares in carrying out family responsibilities. This process can be accomplished gradually, with minimal negative, if done with positive and purposeful parenting methods. Valerie, mother of 9, teaches parents key strategies that produce children who help more with less negative attitude.

**Table Talk for Closer Family Bonds.** A family with members who freely chat with one another is one with closer and more intimate bonds. Parents are challenged to learn how to "get there", even as they sometimes deal with varied and strained personalities within the home. Presenter Valerie Felder, a Toastmaster gold-level communicator and TI clubs past-president teaching keen communications techniques to business men and women, spent decades as a mother in the trenches effectively delivering the same to her 9 children. This program embodies her winning communications plan and tools she designed that produces a very engaging family.

**Keys to Manage your Home like a Fortune 500 Company.** Any successful Fortune 500 company boasts specific infrastructure and operational order. Every member is aware of business flow and objectives; they then have greater confidence in and expressed buy-in for that company. When a family is viewed similarly, parents must operate with utmost effectiveness for family success. This program, presented by a former military officer and mother of 9 exceptional children, presents strategy and tools to help parents discover ways to structure their home and life for greater results, much like any successful company would.

**Learning Objectives of all CKF Back to Basics Programs**

- Encourage the family as they encounter various struggles
- Highlighting and instilling family team work strategies that matter
- Minimizing impact on family sanity of confusing societal messages
- Manage and defuse counter-productive attitudes
- Accept reality of life's imperfections and learn ways to adjust the parenting process
- Manage family function in firm yet loving ways