Her office -late night

                    HER
          welcome back.

                    ME
          thanks

                    HER
          This meeting has been a while in the
          making. How have you been

                    ME (reluctantly)
          as good as usual, I guess

Her smile turned to worry

                    HER
          We had a very unique experience
          together, it's been a few weeks
          since. How well do you remember..
          what happened that day?

                    ME
          Uhm, very clearly. Actually

She nodded, still showing concern

                    HER
          are you hopeful, that a similar
          experience will happen today?

I hesitated to respond, unprepared

                    HER (CONT'D)
          please, honesty is the path to self
          awareness.   It's healthy.

                    ME
          I don't know about hopeful. I just
          feel deserving. I guess.

                    HER
          Because you have been getting high,
          on life, we can assume.?

I nodded

                    HER (CONT'D)
          I think that the drugs give you the
          courage to seek, and the capacity to
          endure the abuse...

I held my forehead, covering my eyes

                    HER (CONT'D)
          if I am correct, then we must explore
          a path to remove the harmful drug
          from the equation completely.

I nodded, still hiding my eyes.

                    HER (CONT'D)
          Obviously, one needs the other. It
          will be   challenging, but I think I
          have a plan, a strategy. A way to
          separate the two participants,
          permanently.

She leaned in, commanding attention

                    HER (CONT'D)
          Basically, we will approach the
          problem, as you presented it. You
          need consequence, for self
          destructive decisions. Agreed.

I nodded

I am not qualified, unfortunately. To decide for you, what
the consequences are. How harsh, how long, or far. It
cannot be up to me.

                    ME
          I understand.   It's alot to ask I
          know

She leaned in again

                    HER
          It's just not for me to decide. Or
          you either.

                    HER (CONT'D)
          we simplify things. Two questions.
          you accept the consequence, once
          determined. No exceptions. And
          adjust your behavior before the next
          evaluation.

Nod

                    HER (CONT'D)
          your answers will either increase, or
          decrease a number. We will call it
          your behavior mod.

She picked up a notepad

                    HER (CONT'D)
          Today, round 1. Your behavior mod is
          at zero.

                    HER (CONT'D)
          Question one. Did you use any drugs,
          since your last visit?

nod

                    HER (CONT'D)
          yes. Your behavior mod is now 5.
          Question two. Did you use any drugs
          today, specifically today?

nod

                    HER (CONT'D)
          yes. You intentionally used, before
          going to a therapy session to help
          with drug use. Your behavior mod is
          now 10.

She puts a set of dice on the table.

                    HER (CONT'D)
          you will roll these dice, 15 times,
          and I will list the results.

I picked them up.

                    HER (CONT'D)
          wait, let me finish explaining first.

she took the dice

                    HER (CONT'D)
          since we last met, I have acquired 15
          items of, well, persuasion. We will
          assign a random number to each item,
          with the dice. And add the behavior
          mod.

She handed the dice back to me

                    HER (CONT'D)
          here, 15 rolls. Wait for me to write
          them down before rolling again.

I rolled all 15 times, the dice were 6 sided, so between 2
and 12 each time.

                         HER (CONT'D)
          if you roll a 12, and we add your
          behavior mod, which is currently 10,
          then you will get 22 with that item.
          All 15 items will be used. Your mod
          is 10 now, and will remain 10 until
          your next visit. If in the next
          visit, you answer the two questions
          again with yes, it becomes 20. If
          you are able to say no to either, it
          decreases by 5 each.

She sat back in her chair

                         HER (CONT'D)
          You will be forced to choose between
          using drugs in the days between
          sessions, or using the day of.
          Question one is a yes, if question
          two is a yes. But if question 1 is a
          no, then question two can be either.
          The goal is to bring the behavior mod
          back to zero, and be sober for the
          activity.

                         HER (CONT'D)
          If you lie, I will know, and a very
          unpleasant final round Will be added.
          This plan will succeed, but only with
          full commitment.

Rules for success

1. The next visit will be scheduled, not TBD.

2. Once things start, you are committed, as am I, mercy has
no benefit, therefore no role.

3. Restraint - yes

4. Each item amount will be given completely with no
pauses, and counted silently. This gives more relevance to
the behavior mod, and the need to minimize.

5. She chooses the items, they are not bound to the mod
numbers specifically, but can only be used once.

This is a draft. Feel free to edit.