

Letter of Introduction (Proposal)

I would like to introduce our group, Women Advocacy Healthy Initiative (WAHI). We conduct home visits to know the basic health care needs among the pregnant and nursing mothers living in the rural communities in Abuja. We render a voluntary and charitable services in order to promote health for all rural communities.

Our findings(Problem):

We all know that the development of any rural community is a positive indicator for the development of a nation. The problem we identified in health Sector in Nigeria particularly here in Abuja has been the neglect over the health of the rural communities especially among the pregnant and nursing mothers and the consequences of these neglect has resulted to rural communities lacking access to basic needs like health care and other amenities leading to low life expectancy and high infant mortality. As we render voluntary and charitable services, delivering our value to them is the most important thing we always wanted since we know the problems they pass through before accessing health services and we aim making at Health For All Rural People.

What we do (Solutions):

WAHI provides a framework for which library and health reports can be sustained and convey to the health centres/sectors and government to foster rural community development. We aim at building a strong relationship between the rural areas and health sectors with our feedback health reports to close the long gap in accessing health services in rural areas and to be provided with contextual help needed. We also provide a model for improving postnatal care in the community and linking them to the health facilities and with the permission of “HOD” Amac health Abuja ,we achieve all these by doing the following;

- ▶ WAHI conduct home visits to pregnant and nursing mothers in the rural areas that lack health centres in Abuja.
- ▶ Get their means of acquiring health care
- ▶ Record the number of casualties encountered.
- ▶ Give them health education they need .
- ▶ Conduct health outreach where necessary.
- ▶ Tend to build health centres if supported.
- ▶ Refer patients to health centres for further examination and treatment.
- ▶ During this COVID 19 pandemic, we have been conducting our home visits to give people some palliatives.

Our progress so far;

- ▶ WAHI were able to visit 75 pregnant and nursing mothers in 2 different communities namely Wumba and Dogogada villages in Abuja having their pictures and phone numbers with them as an evidence of our work .
- ▶ We are able to refer some to the closest health centres precisely Apo health centre Resettlement Abuja where some of our team work as volunteers for further examination and treatment.
- ▶ We also met with the Chiefs of these communities to get more reports on people’s health needs which one of them has promised to release his land for building health centre if we’re ready.
- ▶ For Wumba village, there's a health centre built by an individual but it's not equipped with facilities which they asked us to come to their aid.

unique value our solution has offered are as follows;

- ▶ Giving hope to the rural communities that no matter how far they live from the urban area, government still think about their well-being and assuring them that notwithstanding their colour, caste, sex, area, religion and money etc. that health services and resources should be equally distributed.
- ▶ Rural reports and problems can easily be accessible and ways to tackle them will be made.
- ▶ From our findings so far, rural people are always happy to receive our services in their homes, hoping that their lack on health services will be communicated to the necessary authorities for contextual help to be rendered. We make our company as a centre to access rural health reports .

Our Team:

We are multi -disciplinary team of medical doctors, microbiologist, community health extension workers, statisticians, nurses , biochemist participating in a systematic review and looking forward to building a stronger team in all states in Nigeria who are so passionate in enhancing and improving health care services to underserved rural areas especially among the pregnant and nursing mothers by creating awareness through provision of solid (valid) rural health reports to the necessary authorities (government, health sectors, Ngos, individuals) to foster rural development which is our mission.

Our Needs and why:

We are trying to build a mobile app that will enable doctors to gain real-time access to a patient's vital signs from anywhere in the country . The mobile solution should allow doctors to gauge a patient's condition to determine whether hospitalization is necessary. The solution can also provide general medical assistance and will be especially useful in cases of emergencies.

As we aware of your past achievements in promoting the lives of rural communities both in health and otherwise , we wish to solicit for your assistance towards our findings which are the problems encountered by the rural communities we visited so far. These assistance will enable to

- a. consistently and constantly make home visit to know the well being of the pregnant and nursing mothers and take the report back to the health centres where we do our volunteer work for them to act on it.
- b. Buy the necessary materials to conduct health outreach in the rural community.
- c. Help in equipping the necessary needs in the health centres so far the one in Wumba village.
- d. Building of health centres particularly in Dogogada village we have visited.

We will also acknowledge your moral support and if possible a collaboration in order to achieve our aim in promoting the health of the rural communities among pregnant and nursing mothers which will reduce Nigeria having the highest maternal mortality rate in the world reason being that many women, particularly in rural areas, do not have access to the primary health centres for antenatal care, post-natal care or child birth .

We look forward to working with you in eliminating heath disparities in the rural community and achieving health equity.

We look forward to an appointment with you to discuss our services and relationship with you.

Please call us for a meeting to enable us to provide you more information about us and our services.

Respectively,

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Thank You

God Bless My Country, Nigeria.