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00:00:01.680 --> 00:00:07.109

ParticipantF: Hi guys I can go next. My name is ParticipantF I'm from XXXXX it just kind of

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00:00:07.350 --> 00:00:17.010

ParticipantF: in XXXXXXXXXX, and I am a XXXXX year XXXXXXXXXX major in the XXXXXXXXXXXXXXX concentration.

3

00:00:18.779 --> 00:00:19.080

ParticipantF: Yeah.

4

00:00:21.570 --> 00:00:25.350

Researcher2: Awesome also just so you guys know we started recording.

5

00:00:27.840 --> 00:00:28.290

Researcher2: Just to.

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00:00:29.460 --> 00:00:41.910

Researcher1: Introduce myself really quickly and Researcher1 I'm one of the researchers on this project, I'm XXXXXXXXXX in the XXXXX department, my hometown is XXXXX, but I've been in XXXXXXXXXX for XXXXX years and definitely consider it home.

7

00:00:44.490 --> 00:01:02.640

Researcher3: Also, also quickly introduce myself, so my name is Researcher3 I'm also another XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX communication and journalism concentrating in XXXXX and I'm from XXXXXXXXXX, and I also can call XXXXXXXXXX my hometown but I don't want to.

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00:01:08.100 --> 00:01:10.920

Researcher2: awesome nice to have you all here.

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00:01:12.060 --> 00:01:22.140

Researcher2: Just so just to let you know that we're keeping this very informal the participants, so please feel free to jump in at any point and add something.

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00:01:22.590 --> 00:01:29.880

Researcher2: If you want to add a even if it's not directly related to the question, please feel free to talk to each other. We're keeping this very informal.

11

00:01:31.290 --> 00:01:39.810

Researcher2: So I guess My next question is, we talked about the pandemic or ParticipantH mentioned that a little bit, so how has the COVID-19 pandemic affected you.

12

00:01:42.480 --> 00:01:43.740

Researcher2: ParticipantH do you want to talk about that?

13

00:01:44.910 --> 00:01:45.480

ParticipantH: Okay, so.

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00:01:46.230 --> 00:01:56.880

ParticipantH: How has it affected me on a personal level um so when it first started, at least on my end right, I was kind of.

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00:01:57.690 --> 00:02:11.790

ParticipantH: finishing my XXXXXXXXXX degree, right here in XXXXXXXXXXXXXXXX so from a personal level, for me, I was stacking on like eight classes, just to kind of get to the finish line, so I could get you guys sooner rather than later right so.

16

00:02:12.810 --> 00:02:17.400

ParticipantH: In the midst of that I kind of took a backseat in regards to.

17

00:02:17.850 --> 00:02:31.260

ParticipantH: employments I focus more on just kind of like XXXXXXXXXXXXXXXX, something that would kind of open me up to take those XXXXX classes online and then get to the finish line, but in the midst of that that's when we got hit.

18

00:02:31.890 --> 00:02:48.360

ParticipantH: Around the first quarter of last year and, on a personal note, for me it was kind of like you know just it was crazy because I had to kind of reassess regroup finished that semester, but at the same time figure out, okay, what is how long is this going.

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00:02:48.360 --> 00:02:50.010

ParticipantH: To kind of play itself out.

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00:02:50.280 --> 00:02:57.420

ParticipantH: And will you know what is it going to look like on the aftermath, because the income was starting to dry up and resources regarding.

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00:02:58.770 --> 00:03:04.080

ParticipantH: Like the cares act and stuff like that there was talks and rumblings right but there really wasn't.

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00:03:05.250 --> 00:03:16.650

ParticipantH: Much information, it was kinda like a slow drip from a social media standpoint and then from just a just from any medium right from any form of medium, whether it was news, it was.

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00:03:17.190 --> 00:03:21.900

ParticipantH: It was when I conjecture everyone was just speculating what could what could possibly happen, we were just waiting on our.

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00:03:23.370 --> 00:03:36.900

ParticipantH: You know, political officials to really come out and say okay what it was what's going to happen and then around March is when we start realizing on these down here on my end that things were getting really rough.

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00:03:38.220 --> 00:03:50.970

ParticipantH: I found out that one of my, my XXXXX who is significantly older than me, but she, she got XXXXXX and she had uh symptoms you know, like the XXXXXXXXXXXX and.

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00:03:51.690 --> 00:04:03.300

ParticipantH: And, just like a heavy fever and weakness in your whole body XXXX self quarantined we never really saw XXXX for the most part, but until after the fact, but umm just to check in and stuff like that.

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00:04:03.750 --> 00:04:11.010

ParticipantH: But if that's what, at least on my end it was like Oh, this is like real right because it's like there's that kind of separation.

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00:04:12.420 --> 00:04:16.740

ParticipantH: Unless it's like directly related to you in some like on a personal level.

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00:04:17.160 --> 00:04:25.530

ParticipantH: Because you see it on the news will COVID it it's, it's, it seems intense, but once you start noticing somewhere in your kind of vicinity.

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00:04:25.890 --> 00:04:41.430

ParticipantH: Or within your social circles, whether its family or friends that's when it really is like oh wow. This is like this is getting closer to me right, and my local community, so I think that was an eye opener.

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00:04:42.450 --> 00:04:46.710

ParticipantH: And just from a financial standpoint like trying to trying to finish school.

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00:04:47.730 --> 00:04:59.340

ParticipantH: The associates program luckily, thankfully, I graduated XXXXXXXXXXXXXXXXXX so I I got to the finish line, but it was it was like you know, at the end it was kind of like I was just like you know, on.

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00:04:59.970 --> 00:05:03.750

ParticipantH: On one leg trying to get to the finish line you know you felt like you know, given the.

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00:05:04.200 --> 00:05:14.610

ParticipantH: The context of everything around it and then, finally, we did graduation, it was an open ceremony, it was very eerie it was outdoors it was me and all my peers.

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00:05:15.570 --> 00:05:31.230

ParticipantH: With masks and all that stuff and it was great and socially distance, but you could tell that in that moment the snapshot of that moment, was just very, very, very awkward and just the conversations around that event and.

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00:05:32.610 --> 00:05:37.530

ParticipantH: That moment where, how much longer are we going to be in this right, I think.

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00:05:38.550 --> 00:05:40.920

ParticipantH: That was crazy but.

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00:05:42.180 --> 00:05:44.580

ParticipantH: Then, finally, just to wrap it up to them I'm rambling I'm so sorry.

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00:05:47.610 --> 00:06:02.280

ParticipantH: I think I think, from a financial standpoint, once the cures act kicked in I started um I think this will kind of lean in so what we're doing here now is that I had to rely on social media specifically Twitter and I'll.

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00:06:03.360 --> 00:06:08.070

ParticipantH: say why because representative, I forgot XXX name is XXXXXX.

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00:06:09.420 --> 00:06:15.180

ParticipantH: And XXXXXX in it XXXXXXXXXXXXXXXX me tell you I will pull up right now.

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00:06:16.920 --> 00:06:17.250

ParticipantH: and

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00:06:20.520 --> 00:06:28.200

ParticipantH: XXXXXXXXXXXXXXX yeah XXXXXX I'll put XXX name in the chat real quick.

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00:06:28.890 --> 00:06:32.490

ParticipantH: So yeah I actually tweeted once there was a long.

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00:06:32.910 --> 00:06:40.260

ParticipantH: process like you know when is the unemployment stuff going to kick in because I applied for the unemployment benefits, because I got furloughed right working for XXXXXXXX work was less.

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00:06:40.620 --> 00:06:47.820

ParticipantH: um and it was just it was it was destroying everybody right from a from a financial standpoint, so I actually I jumped on Twitter.

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00:06:48.540 --> 00:06:53.460

ParticipantH: Because I love Twitter and twitter's the best it's it's like instantaneous it's it's perfect.

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00:06:54.090 --> 00:07:04.200

ParticipantH: From a community like just like talking to somebody so I reached out to XXX and I sent XXX a tweet asked XXX you know hey I know you're not in my district I'm in XXXXXX but.

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00:07:04.890 --> 00:07:11.610

ParticipantH: I feel like you could actually because XXXX very like active on social media and I felt like if I reached out to XXX.

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00:07:12.630 --> 00:07:24.270

ParticipantH: XXX would at least give me some semblance of an answer that I could kind of run with and at least, it will kind of calmed me down a little bit from an emotional duress standpoint.

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00:07:24.870 --> 00:07:30.750

ParticipantH: in regards to the uncertainty of what was going on right, so I reached out to XXX and XXX actually was incredible XXX sent me

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00:07:31.320 --> 00:07:47.040

ParticipantH: XXX asked me for my email through DM on Twitter after I tweeted XXX and then XXX provided me a Google Doc page, where I filled out my information, and then it automatically directed it to the DEO website and I kid you not within 48 hours they.

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00:07:48.120 --> 00:07:52.320

ParticipantH: XXX and XXX team, and then the or the contact DEO that they had.

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00:07:52.830 --> 00:08:02.730

ParticipantH: got back to me jump they did something to my page and then boom I got started getting all those benefits, so I was like wow like you know, and then I mean that just reiterate the.

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00:08:03.180 --> 00:08:15.150

ParticipantH: That you know social media, you know it's a tool and there's a lot of negative connotations behind it and stuff like that, but if you use it accurately and with purpose and with kind of a

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00:08:16.320 --> 00:08:27.510

ParticipantH: sense of urgency and it's in a positive way right, it could put you know it pays it forward in many ways, so I really found that interesting, I think that example.

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00:08:29.040 --> 00:08:38.280

ParticipantH: Really kind of aligns with what we're doing here today right so yeah I mean, I think that was one of the, the biggest highlights, you know with Twitter specifically.

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00:08:43.200 --> 00:08:44.640

Researcher2: that's great I mean.

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00:08:44.670 --> 00:08:47.880

Researcher2: that's a wonderful story we don't get to hear many of those.

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00:08:47.940 --> 00:08:53.220

Researcher2: Especially around all the news that's around the pandemic and I hope your cousin's feeling better.

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00:08:55.230 --> 00:09:00.930

Researcher2: ParticipantG or ParticipantF any one of you wants to add to that how pandemic affected you.

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00:09:02.520 --> 00:09:19.140

ParticipantG: Yeah so I can go, oh, I feel like it didn't. If I was a senior in high school, so it kind of like messed up the end of my senior year, I didn't really get to like how prom or graduation or any of that stuff so it was kind of sad, but not.

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00:09:20.430 --> 00:09:31.830

ParticipantG: Those things aren't as big as, like other families like really struggling so like I wasn't I'm not I wasn't like selfish about it, like, I obviously knew other people were struggling way more.

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00:09:32.640 --> 00:09:38.190

ParticipantG: um but yeah so I ended up actually getting XXXXXX my whole XXXXXX did.

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00:09:38.850 --> 00:09:59.730

ParticipantG: um but we weren't none of us got too XXXXXX but me and my XXXXXX lost our XXXXXXXXXXXX for like a couple of months actually so that was pretty crazy um and now it's still like my XXXXXX definitely isn't like normal like as it should be so that's pretty crazy um.

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00:10:00.840 --> 00:10:11.550

ParticipantG: And then yeah it's my XXXXXX year of college so obviously I'm taking all online classes, because of it and yeah I don't know I haven't.

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00:10:12.270 --> 00:10:31.980

ParticipantG: It definitely like didn't affect me as much as, like most people just because I feel like I'm very blessed and like where I live, it wasn't really like everything stayed pretty much open and all that stuff in XXXXXXXX is also great everything's open here so yeah.

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00:10:34.230 --> 00:10:37.200

Researcher2: that's crazy I hope your XXXXXX comes back.

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00:10:40.680 --> 00:10:41.430

Researcher2: I'm glad your XXXXXX recovered.

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00:10:41.490 --> 00:10:43.230

Researcher2: and you recovered. ParticipantF?

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00:10:47.940 --> 00:10:49.200

ParticipantF: yeah so um.

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00:10:49.560 --> 00:10:53.580

ParticipantF: I kind of had like a kind of unique situation, I was working.

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00:10:54.600 --> 00:11:16.200

ParticipantF: On a XXXXXX campaign like when COVID started and then obviously was not finished with it until XXXXXX so on I started the job before COVID was even like a twinkle in our eye on so I kind of battled from an HR standpoint from a PR standpoint from.

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00:11:17.820 --> 00:11:23.940

ParticipantF: A personal, social media standpoint from the XXXXXX social media standpoint that battle of like.

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00:11:24.690 --> 00:11:38.640

ParticipantF: What do you do, how do you handle this like what in going through that like beginning part where people were like Oh, we don't know if it's that bad, but people are getting sick like I remember, I was like I was sick and still having to work like.

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00:11:40.020 --> 00:11:43.620

ParticipantF: In like February. I just thought I had like a XXXXXX or something.

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00:11:44.400 --> 00:11:50.010

ParticipantF: And I went to the doctor and they had all these like posted signs that were like if you've travelled to.

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00:11:50.340 --> 00:11:54.990

ParticipantF: Outside of the United States, and I remember, I remember verbatim and they don't even talk about it anymore.

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00:11:55.350 --> 00:12:07.290

ParticipantF: But they were like if you have a skin rash, you might have COVID like it was so like much different than it is now, then, like the conversation that we're having now, and so I kind of saw from.

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00:12:08.460 --> 00:12:14.010

ParticipantF: Like a professional standpoint, because I was working in like in school, at the same time, just like that.

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00:12:15.330 --> 00:12:30.600

ParticipantF: How we handled COVID from an HR standpoint, in the sense of like what can you ask people to do what can you ask people to do at home, what like what is the what is our ability as like professionals to really keep.

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00:12:31.350 --> 00:12:39.960

ParticipantF: People working what, how can you provide oversight when people are working from home developing like those work from home strategies and then.

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00:12:40.590 --> 00:12:45.600

ParticipantF: When was the point where people could get back to work because that's the other thing about it is like.

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00:12:46.560 --> 00:12:52.020

ParticipantF: Obviously, working in XXXXXX has a very strict time limit, and you have to work.

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00:12:53.010 --> 00:12:58.350

ParticipantF: very hard up into a very specific hard deadline that you can't miss like there's just nothing.

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00:12:58.770 --> 00:13:04.560

ParticipantF: So it was very much like Oh well, when is it going to be safe enough to do this when is it going to end? it was never.

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00:13:05.040 --> 00:13:22.800

ParticipantF: And that was like the really interesting thing is it never really like we were always like, oh well, maybe in XXXXX, we can host an in-person event, maybe in XXXXXX, we can host an in-person event, and then we really never got to host an in person event that had any substance to it at all.

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00:13:24.300 --> 00:13:32.400

ParticipantF: So it was just really weird to kind of be in that waiting period with it on professionally and just trying to make plans and then having to cancel them.

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00:13:32.880 --> 00:13:45.750

ParticipantF: I think, is probably what affected like me most in like my daily life was like building structures for events and building like projects that never came to fruition.

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00:13:47.640 --> 00:13:54.300

ParticipantF: So that was definitely something that, like, I think that was probably the biggest effect was just seeing having like.

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00:13:55.440 --> 00:13:59.580

ParticipantF: projects and what not never happen, I think that that was like the first time in my.

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00:14:00.120 --> 00:14:12.690

ParticipantF: Like professional, educational life, where I would work on something that, just like ended up being either completely different or not at all happening um I think that that was that's probably like the most interesting thing about COVID to me.

93

00:14:14.250 --> 00:14:19.260

Researcher2: Right uncertainty, something that we've really had to deal with a lot during this time.

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00:14:20.640 --> 00:14:28.500

Researcher2: Other than the pandemic, are there any other social events that have affected your life, this year we had so much going on, so.

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00:14:30.270 --> 00:14:34.140

Researcher2: Any other social events that you felt had an impact on your life.

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00:14:37.830 --> 00:14:51.870

ParticipantF: um I can go, I have a lot of friends who work on Capitol Hill and when Capitol Hill got insurrected, I was like my phone was blowing up, I was watching everything as closely as I could, to make sure everybody was okay.

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00:14:52.440 --> 00:15:02.220

ParticipantF: I was talking to them, but I was also watching like representatives Twitter's and, like all the different news channels and all the photos and all that coming out of.

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00:15:03.270 --> 00:15:07.230

ParticipantF: The Capitol on the day that it the day of the riots and stuff like that.

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00:15:11.190 --> 00:15:11.610

Researcher2: yeah.

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00:15:13.320 --> 00:15:13.830

Researcher2: um.

101

00:15:15.030 --> 00:15:17.460

Researcher2: ParticipantG, ParticipantH anyone wants to jump in?

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00:15:19.980 --> 00:15:33.120

ParticipantG: yeah nothing, nothing really nothing else besides COVID really impacted me that that like March this year, obviously, like the election and all that stuff like very little but.

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00:15:34.320 --> 00:15:38.130

ParticipantG: there's nothing else that happened that really affected me.

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00:15:39.690 --> 00:15:40.050

ParticipantG: yeah.

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00:15:41.520 --> 00:15:46.170

ParticipantH: Umm on my end I mean aside, the only thing that I could think of.

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00:15:47.220 --> 00:15:52.230

ParticipantH: was during the black lives matter movement there was a lot of.

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00:15:53.670 --> 00:15:57.450

ParticipantH: There was again I live in XXXXXX which is.

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00:15:58.860 --> 00:16:11.850

ParticipantH: I would say, like maybe XX minutes away from where there was a huge protests it wasn't really a protest it was more like a riot they live, you know bunch of cars on fire and stuff like that from so from.

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00:16:12.690 --> 00:16:19.200

ParticipantH: In the sense of of the community and mean being within, within the this this area geographically speaking.

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00:16:20.430 --> 00:16:22.170

ParticipantH: Knowing that there was so much.

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00:16:23.340 --> 00:16:40.380

ParticipantH: discontent with with everything that was going on, and it was you know, there was a kind of the riots happening in such a close vicinity to where I live, that was a little bit jarring because you know I'm watching it on the news or watching it through Twitter.

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00:16:41.430 --> 00:16:49.530

ParticipantH: In the trending aspects of Twitter right, so I would go to Twitter hit trending and then look at the live feed of what people are saying on the ground.

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00:16:50.250 --> 00:17:01.020

ParticipantH: There in the moment because using the hashtags you know the hashtag BLM XXXXXX they were using the hashtags BLM in different cities and, as you all know, we.

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00:17:01.770 --> 00:17:12.660

ParticipantH: The, the news CNN and all the major outlets, they were covering it with multiple windows showing all the different cities were all the riots were happening simultaneously, so I think.

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00:17:12.960 --> 00:17:20.730

ParticipantH: When they showed XXXXXX I was like oh man I I know that's like XX minutes away from my house like that's crazy, so I think just knowing that.

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00:17:21.360 --> 00:17:33.270

ParticipantH: The coverage was you know you're watching it, you know all over the all over the country, but then you just having that subconsciously in your mind that oh wow it's also just a few minutes away from here.

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00:17:34.860 --> 00:17:43.290

ParticipantH: was a little bit jarring because you know, seeing all the looting and the violence and the cop cars being lit on fire, and all that stuff.

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00:17:44.550 --> 00:17:53.880

ParticipantH: I didn't partake in any of that you know, I was staying at home, you know locked up and just making sure that where I was safe, I was quarantined.

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00:17:54.930 --> 00:17:59.370

ParticipantH: not getting sick or anything like that, but just all that kind of.

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00:18:00.540 --> 00:18:09.690

ParticipantH: You know bundled up together the was a was a little bit jarring I guess you know you know and then and then also not only that, but.

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00:18:10.200 --> 00:18:24.540

ParticipantH: Then, seeing the numbers right because you would go, you would turn on the news or go on social media and specifically CNN they would on the top right corner, they would just show the numbers every day right like that that clock like that clicking.

122

00:18:25.890 --> 00:18:32.160

ParticipantH: Numbers going up right deaths the death toll and the number of cases.

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00:18:33.390 --> 00:18:44.850

ParticipantH: And, and then seeing the comparables with my county right, because it would show XXXXXX is you know they're not doing so well, and I think seeing those numbers constantly coming out.

124

00:18:45.960 --> 00:18:57.000

ParticipantH: And being exposed to it from a social media standpoint, also from a watching news after a while you there's days you get jaded you become jaded to it.

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00:18:57.690 --> 00:19:04.260

ParticipantH: And becomes like background noise but then, when you start seeing you know, like the BLM riots and stuff like that, and then you're like oh man, but they're.

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00:19:04.770 --> 00:19:13.020

ParticipantH: they're not socially distanced or rioting and they're rioting probably gonna make this you know the spread of the virus even worse right and you're just starting to think about things more.

127

00:19:13.770 --> 00:19:21.330

ParticipantH: Because of the fact so but um yeah I mean that's aside from that's all the only thing I can really draw from.

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00:19:23.520 --> 00:19:35.610

Researcher2: Right you mentioned staying at home alone and that's something that we've all been doing for the full year So what have you guys been doing at home, what has your average day been like now?

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00:19:37.170 --> 00:19:38.310

Researcher2: or during the pandemic.

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00:19:42.060 --> 00:19:55.950

ParticipantG: I can go oh I'm so I love working out so usually every morning I worked out and then will not during summer I didn't have school, but obviously now I have school, so I do my school work.

131

00:19:56.430 --> 00:20:18.720

ParticipantG: And I really have gotten into cooking so I love cooking and baking um so I've tried a bunch of like new recipes over quarantine and I also got into sewing because my mom has a sewing machine, so I learned how to use that so yeah just like indoor like crafts and just stuff like that.

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00:20:22.710 --> 00:20:24.120

Researcher2: Nice some sourdoughs.

133

00:20:29.070 --> 00:20:29.400

Researcher2: ParticipantF?

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00:20:31.560 --> 00:20:43.320

ParticipantF: um so yeah basically pretty similar I'm doing a lot of activity us like learning a lot of new things which has actually been really nice cooking a lot of like baked goods.

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00:20:44.430 --> 00:20:48.780

ParticipantF: zoom classes, I do have like a couple in person classes.

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00:20:50.220 --> 00:20:56.850

ParticipantF: So going to those getting COVID tests, which is like very regular um.

137

00:20:58.440 --> 00:21:09.600

ParticipantF: yeah going and getting food from my sorority house stuff like that I'm not very exciting but watching movies going on social media.

138

00:21:10.770 --> 00:21:15.900

ParticipantF: I would say that's pretty much what, what our lives have consistent over like the past year.

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00:21:19.140 --> 00:21:19.710

ParticipantH: yeah for me.

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00:21:21.420 --> 00:21:28.230

ParticipantH: I haven't I haven't gone out gone on a date I haven't done anything my social life has been obsolete ever since March.

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00:21:29.820 --> 00:21:38.070

ParticipantH: just been quarantined, but I think for me personally, the only thing you know, putting school aside that I've kind of.

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00:21:39.810 --> 00:21:52.680

ParticipantH: You know just been trying to do just to kind of keep my mental health alive and just make sure that I'm mentally, okay, and just active in a proactive, positive way, I love to create music I love to write songs.

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00:21:53.850 --> 00:21:56.970

ParticipantH: and produce on so I've been working on logic.

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00:21:58.020 --> 00:22:10.380

ParticipantH: The software logic pro creating songs and I've written about five songs and three of them I'm actually going to submit to the XXXXXXXXXXXX, I was, I met their manager.

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00:22:11.340 --> 00:22:19.830

ParticipantH: Through another friend of mine and I tested the songs with them and they're like wow this is, these are pretty good they're actually recording a new album.

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00:22:20.580 --> 00:22:30.780

ParticipantH: In the first quarter of 2021 so once you think they're ready send it to us so I'm like putting the final touches on those three songs and then hopefully submitted to them and.

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00:22:31.440 --> 00:22:36.180

ParticipantH: See, if they like it so but yeah just just just trying to be creative trying to be positive.

148

00:22:37.020 --> 00:22:50.970

ParticipantH: and know that there's light at the end of the tunnel, though, you know, this is just kind of a blip on the radar in regards to the difficulty of it and just kind of navigating those waters but eventually things will turn around and.

149

00:22:52.170 --> 00:22:57.330

ParticipantH: Everything will become normal once again on some form or fashion absolutely.

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00:22:58.140 --> 00:23:00.990

Researcher2: there's no thing and that's awesome we'll keep an eye out.

151

00:23:01.020 --> 00:23:03.360

Researcher2: For XXXXXXXXXXXX songs.

152

00:23:04.650 --> 00:23:13.590

Researcher2: What kind of smartphones do you guys use, and do you use social media and other devices, other than your phone.

153

00:23:17.070 --> 00:23:25.290

ParticipantF: I can go first um I have an iPhone and I also use social media on my computer and I have a Mac.

154

00:23:30.060 --> 00:23:32.160

ParticipantG: um yeah I also have an iPhone.

155

00:23:32.220 --> 00:23:40.260

ParticipantG: And I use all my social media on my phone I don't really use it on my computer or any other devices so yeah.

156

00:23:41.340 --> 00:23:44.700

ParticipantH: yeah, this is the part where everyone's gonna hate me, I am an android XXX.

157

00:23:46.320 --> 00:23:49.500

ParticipantH: I have a Samsung galaxy phone so.

158

00:23:50.700 --> 00:24:03.600

ParticipantH: But I have it's weird I have android and android phone I like android phones, but I love Mac you know computer products and from editing and all that good stuff but yeah so that's what I mostly use yeah.

159

00:24:06.330 --> 00:24:08.250

Researcher2: I'm an android XXX too so.

160

00:24:08.670 --> 00:24:19.470

Researcher2: we'll take the heat together. what kind of social media platforms or apps do you guys use, I know you mentioned a little bit of Twitter, but what what else.

161

00:24:22.020 --> 00:24:24.600

ParticipantG: um I use mainly.

162

00:24:24.630 --> 00:24:42.870

ParticipantG: Instagram and then over quarantine I kind of got into TikTok, because that was like the thing, and then I use like Snapchat but that's all I have a Facebook account just for things like school, but I don't really use it for like on the daily so yeah.

163

00:24:45.690 --> 00:24:46.710

ParticipantF: yeah I use.

164

00:24:47.430 --> 00:24:51.330

ParticipantF: Facebook, Twitter, Instagram, LinkedIn.

165

00:24:52.470 --> 00:24:55.380

ParticipantF: A lot of Facebook messenger, TikTok.

166

00:24:58.260 --> 00:25:02.370

ParticipantF: Yeah that's, that's probably about it for like daily usage.

167

00:25:03.840 --> 00:25:11.220

ParticipantH: Yeah I guess I previously mentioned, I love Twitter I just love to see everyone in real time just conversing talking.

168

00:25:12.360 --> 00:25:20.190

ParticipantH: engaging with one another, is it just feels more streamlined, I guess, from a conversation standpoint I tried TikTok.

169

00:25:21.690 --> 00:25:29.160

ParticipantH: I can't get behind it, I just don't I mean I think Gordon Ramsay is the only one that's figured out a way to make TikTok kind of.

170

00:25:29.940 --> 00:25:48.180

ParticipantH: creatively different, aside from the dancing and stuff like that using it in a different aspect that leans into you're your, your, your kind of your wheelhouse of what you're good at, but yeah I, aside from Twitter I usually gravitate also more towards towards Instagram as well.

171

00:25:51.990 --> 00:25:53.580

Researcher2: gotcha and.

172

00:25:54.840 --> 00:26:06.450

Researcher2: When you guys use social media, do you have an idea of how long you use it for in a day or if you can describe your daily social media routines for me if you have any.

173

00:26:11.310 --> 00:26:13.590

Researcher2: Anyone can feel free to go first.

174

00:26:14.970 --> 00:26:33.450

ParticipantF: I can go first, I know that my usual social media usage, like the one that my phone gives me as between seven and eight hours per week, so that probably means I'm on

it about an hour every single day, I would say that's probably about like 30 to 45 minutes in the morning.

175

00:26:34.500 --> 00:26:47.850

ParticipantF: and probably the remaining bit of time, so like 30 to 40 in the evening time, I think that I use I usually am too busy to use social media during the day it's more of like.

176

00:26:48.300 --> 00:26:55.740

ParticipantF: Just a necessity, like if I need to get something off of a Facebook or out of a Facebook group or post something for work or if I need to.

177

00:26:57.000 --> 00:27:05.520

ParticipantF: If I need to like keep updated on something that's occurring all use Twitter or something like that, but I usually only use it for browsing in the morning and in the evening.

178

00:27:10.560 --> 00:27:11.340

ParticipantG: um.

179

00:27:11.730 --> 00:27:28.050

ParticipantG: I honestly use my phone and social media a lot um I don't really keep track or I haven't really looked at, like the settings that tells me my screen time, but if I had to estimate I probably spend like five hours.

180

00:27:29.160 --> 00:27:35.550

ParticipantG: of my day on social media, which is definitely a lot I would definitely like to cut down on it.

181

00:27:36.900 --> 00:27:38.790

ParticipantG: crazy but yeah.

182

00:27:41.370 --> 00:27:44.430

Researcher2: Is there a specific platform that you spend a lot of time on ParticipantG?

183

00:27:45.150 --> 00:27:49.110

ParticipantG: yeah I definitely spend it most on Instagram and TikTok.

184

00:27:49.650 --> 00:27:50.820

ParticipantG: Just like scrolling.

185

00:27:54.630 --> 00:27:59.520

ParticipantH: And yeah I mean I don't really keep tabs on on the amount of time.

186

00:28:01.260 --> 00:28:07.020

ParticipantH: I'm on social media I don't even know how to even navigate that information through my android phone I don't know.

187

00:28:07.920 --> 00:28:16.110

ParticipantH: Maybe Researcher2 can kind of walk me through the logistical aspects of how to I guess going through the app settings you're going through there, possibly but.

188

00:28:16.470 --> 00:28:33.090

ParticipantH: I'm honestly I'm thinking eight classes, right now, so I don't really have that pleasure to kinda to to kind of be able to sit down, I will admit, though I don't know if we're if we're kind of classifying YouTube as a form of social media for this kind of.

189

00:28:34.770 --> 00:28:41.370

ParticipantH: Research that we're that you guys are conducting so but I, you know went out when I'm not when I'm trying to get away from.

190

00:28:42.480 --> 00:28:48.270

ParticipantH: schoolwork and just kind of decompress a little bit I'll go to YouTube and I'll look at my.

191

00:28:49.380 --> 00:28:54.150

ParticipantH: subscribers subscriber list and the videos and content creators, that I subscribed to.

192

00:28:55.560 --> 00:28:58.170

ParticipantH: Like, like John Campion who's like a movie critic.

193

00:28:58.620 --> 00:29:07.830

ParticipantH: And just kind of just decompress by watching their reviews and stuff like that, or maybe the movies or TV shows I'm kind of missing out on so I then I could kind of write it down and say.

194

00:29:08.130 --> 00:29:27.060

ParticipantH: Look, when I kind of get through the Semester, maybe have a little bit of time to catch up on all those shows and movies, that I missed out on while I was kind of bunkering down during the Semester, but yeah if it's not YouTube it's most likely usually predominantly Twitter absolutely.

195

00:29:28.920 --> 00:29:36.540

Researcher2: That that makes sense. Are there any ways in which you use social media that is not typical so.

196

00:29:37.260 --> 00:29:43.860

Researcher2: I mean feel free to define typical the way you want, but if there's something like ParticipantH you mentioned you reached out to the representative which.

197

00:29:44.370 --> 00:29:56.040

Researcher2: I can say is the purpose of Twitter, but not many people use it that way, so is there any way or any instance that you have used social media, which is not the like a typical usage.

198

00:29:57.450 --> 00:30:03.780

ParticipantH: yeah I mean I just, just to kind of piggyback off what you just said, I mean I I've always kind of looked at.

199

00:30:05.190 --> 00:30:13.440

ParticipantH: You know Twitter kind of like that conversation piece like you know, and at the same time I've always used Twitter.

200

00:30:14.880 --> 00:30:24.900

ParticipantH: More as a way to, to resolve either an issue I have at hand, or to continue having a conversation over something that I.

201

00:30:25.200 --> 00:30:31.770

ParticipantH: That I love right, so if it's like right after the game of thrones finale I jumped on Twitter and I was like man, what does everyone saying and then kind of.

202

00:30:32.070 --> 00:30:43.860

ParticipantH: Sharing the memes and the pictures and the gifts and we're all just kind of laughing and talking about what we liked and what we didn't like and what we were hoping to see, and what we didn't get to see, and at the same time.

203

00:30:45.300 --> 00:30:46.080

ParticipantH: Just to kind of.

204

00:30:47.490 --> 00:30:52.050

ParticipantH: shed another story there was one time my XXXXXX TV, this is about two years ago.

205

00:30:53.190 --> 00:31:07.560

ParticipantH: I had a XXXXXX TV and it was like I think was like a 32-inch smart TV nothing too crazy pretty straightforward, but I was watching a House of Cards, and it was like two in the morning I fell asleep and.

206

00:31:08.850 --> 00:31:15.180

ParticipantH: I woke up and I smell like this smell of like burned plastic, so I was a man with a smell it smells, smells weird.

207

00:31:15.540 --> 00:31:29.760

ParticipantH: And when I turn the lights on, I realized that the back of my TV was like releasing this gray smoke behind like the with the power cord was so I was like oh my God, this is horrible so I took a picture of it and a video and I tweeted Samsung customer service.

208

00:31:30.330 --> 00:31:32.940

ParticipantH: And I said in the beginning, and I go and I put in the tweet.

209

00:31:34.140 --> 00:31:45.960

ParticipantH: Is it normal for my TV to catch on fire hashtag customer service at XXXXXXXXXXXX support whatever, whatever it was, and for the video of the picture and then someone immediately responded.

210

00:31:46.230 --> 00:31:56.940

ParticipantH: Within like less than five minutes saying no imagery that's not normal DM us, we could talk about this further and DM them I gave them my contact information and I kid you not like two days later.

211

00:31:57.990 --> 00:32:09.570

ParticipantH: The door knocks and these two guys showed up with a XXXXXX like white van and they are you ParticipantH? I oh yeah I am I going to help you they go yeah we're here, for your TV and what.

212

00:32:09.960 --> 00:32:17.190

ParticipantH: They were yeah we need you to sign this release form and I go what is it and I looked at the form and it's basically saying that I'll take down my tweet if I.

213

00:32:17.730 --> 00:32:24.990

ParticipantH: Give them and I sent out a release form saying that they're not liable for any any damage to the property it's kinda like a waiver form.

214

00:32:25.350 --> 00:32:38.850

ParticipantH: And at the same time that they're going to resolve the issue, so I was like Okay, so I signed the paper and he came inside the took the TV off the wall and then they put it in a box and then they just put it in the back of their truck and I go.

215

00:32:39.870 --> 00:32:45.870

ParticipantH: What am I going to watch and they go, oh no don't worry about it, like and they open the other side of the door of the van.

216

00:32:46.290 --> 00:32:52.620

ParticipantH: And then they pulled out a 65-inch TV, I was like oh my God like I got a major upgrade it was amazing I was so happy.

217

00:32:53.070 --> 00:33:01.890

ParticipantH: And then they installed they installed it and everything and it was super super Nice, and then they asked me to take a picture, with the TV and tweets.

218

00:33:02.220 --> 00:33:14.130

ParticipantH: At XXXXXX saying look, I had a poor customer experience issue, but thank thankfully XXXXXX turn it around and I tweeted a positive outcome right and I guess this kind of just reinforces.

219

00:33:15.630 --> 00:33:24.450

ParticipantH: How how I kind of navigate social media right I I go about it in a kind of a different route, you know, obviously, you could use it.

220

00:33:25.590 --> 00:33:30.450

ParticipantH: To either spread misinformation right or you could use it to to.

221

00:33:31.710 --> 00:33:40.320

ParticipantH: You know, create forms of hate speech and, and all this crazy stuff but there's also people that exist that are out there, like myself who just.

222

00:33:40.710 --> 00:33:49.050

ParticipantH: Trying to put their best foot forward and try to either highlight a really fun awesome outcome or

223

00:33:49.500 --> 00:34:01.020

ParticipantH: Try to resolve an issue at hand by directly reaching out to the to the brands and the company and seeing if there's a resolution that's, that's optional or on the table right like the representative.

224

00:34:01.950 --> 00:34:07.200

ParticipantH: In in XXXXXX and then also like the story I just mentioned, with XXXXXX so yeah.

225

00:34:08.280 --> 00:34:13.770

Researcher2: that's a that's a great story that's also like good branding for XXXXXX.

226

00:34:15.000 --> 00:34:18.480

Researcher2: anyone else wants to jump in and add on to this.

227

00:34:20.550 --> 00:34:29.280

ParticipantF: yeah I can um I am, it was kind of silly um but I was a social media base of professional I did.

228

00:34:30.840 --> 00:34:45.870

ParticipantF: Like press for a XXXXXX on in kind of similar to what ParticipantH was saying about keeping that using your brand to like build bridges and stuff like that that's what I did a lot with.

229

00:34:46.710 --> 00:34:57.900

ParticipantF: My XXXXXX accounts and stuff like that I think that's kind of an extraordinary circumstance, because you're literally operating an account for someone and you are like it's nearly an alias.

230

00:34:58.320 --> 00:35:09.960

ParticipantF: it's your job to understand what the audience is looking for and stuff like that, so I think that that's kind of a different circumstance, but what a lot of what ParticipantH was saying about.

231

00:35:11.160 --> 00:35:20.130

ParticipantF: Using social media, in a sense of everybody's watching you, and especially when you're a brand or you're an individual with a following.

232

00:35:20.520 --> 00:35:30.570

ParticipantF: You have to be so careful about what people see what people hear about you what people are talking about you on social media whether it's a TV or a candidate or.

233

00:35:31.080 --> 00:35:37.560

ParticipantF: an organization or something like that you it's such an important PR tool and I think that that's really probably.

234

00:35:38.130 --> 00:35:50.220

ParticipantF: What it why it's a little bit different to me, just like in the industry I've been in then to some other people who might just use it for fun or for their personal necessity for me it was about.

235

00:35:50.790 --> 00:36:01.470

ParticipantF: Keeping a brand healthy and, and making sure that we're spreading a message that was aligning with what we needed to be doing to win an election so.

236

00:36:02.640 --> 00:36:04.350

Researcher2: Definitely definitely.

237

00:36:09.030 --> 00:36:24.960

Researcher2: So I guess my next question is about news because we've been mentioning news a couple of times let's get to that, how do you guys get the news, do you go search for it or do you think the news finds you? Where do you get your news from?

238

00:36:27.150 --> 00:36:40.830

ParticipantG: I'll go first yeah I don't really like I don't I live in a dorm so I don't have a TV but usually at home, I, like my parents would have the news on so sometimes I like watch it, but here I actually I mainly yeah like.

239

00:36:41.880 --> 00:36:47.970

ParticipantG: I just get news from like social media because, like the big things are usually like posted and stuff.

240

00:36:48.390 --> 00:36:50.490

ParticipantG: that's usually where I do get my news from.

241

00:36:50.910 --> 00:36:58.020

ParticipantG: Just like scrolling and just through also through like friends, just like sharing stuff so yeah.

242

00:36:58.410 --> 00:37:00.600

Researcher2: Do you search for us on social media.

243

00:37:01.200 --> 00:37:03.060

ParticipantG: No, no, I don't.

244

00:37:03.630 --> 00:37:05.370

Researcher2: So it just kind of pops up.

245

00:37:05.520 --> 00:37:07.620

ParticipantG: yeah yeah.

246

00:37:10.440 --> 00:37:12.030

ParticipantG: What about ParticipantF?

247

00:37:13.260 --> 00:37:25.170

ParticipantF: I think what I think is the most advantageous when it comes to social media and news for me is push notifications, I would not be.

248

00:37:25.740 --> 00:37:36.120

ParticipantF: The person that's looking at what's trending on Twitter, sometimes I do and I'm like wow people are talking about like the number one thing, people are calling you out is like.

249

00:37:36.720 --> 00:37:45.030

ParticipantF: Jeffree Star's relationship with Kanye like I've never going to look at hashtags ever again um so yeah I would definitely say my like.

250

00:37:45.720 --> 00:37:55.920

ParticipantF: Number One way of receiving news is basically through push notifications, and then, if something entertains me I'll let go and open the APP but I usually just use like

251

00:37:56.880 --> 00:38:10.320

ParticipantF: AP's app or obviously Twitter will push and give you push notifications for like dramatic events but I'm pretty much trying to say like out of the weeds unless something like really bad is happening and they're sending me a push notification.

252

00:38:11.580 --> 00:38:12.450

Researcher2: That makes sense.

253

00:38:12.510 --> 00:38:14.520

Researcher2: So AP's a news app?

254

00:38:15.030 --> 00:38:17.190

ParticipantF: um yeah it's like Associated Press's.

255

00:38:17.250 --> 00:38:19.380

ParticipantF: yeah right.

256

00:38:22.320 --> 00:38:28.410

ParticipantH: So yeah I actually I tried doing the push notifications, then I was getting swarms.

257

00:38:29.430 --> 00:38:32.220

ParticipantH: I was getting attacked and bombarded by so many different Apps and.

258

00:38:33.330 --> 00:38:37.290

ParticipantH: Especially in the midst of the pandemic when it was the kind of at the.

259

00:38:38.520 --> 00:38:47.490

ParticipantH: Very you know inception stage of it in the beginning it was so much I just turned it all off I turned off all my notifications.

260

00:38:48.210 --> 00:39:05.430

ParticipantH: So, at that point, even up to now, given that I'm you know I'm in school now I'm not I basically seek out information at this point, and, to be honest with you, I think it's actually from a mental health standpoint it's actually call it it's calmed me down.

261

00:39:05.700 --> 00:39:07.320

ParticipantH: Not knowing that.

262

00:39:09.450 --> 00:39:27.060

ParticipantH: I don't have to feel overwhelmed getting just bombarded with all the notifications of all the craziness that's that's that could be happening because I feel personally ever since the pandemic started and even maybe a little bit before again that's just my opinion.

263

00:39:28.200 --> 00:39:39.300

ParticipantH: A lot of the news has been sensationalized and it's been it's been feeling more and more that it's just more about Okay, what can we do or say.

264

00:39:39.960 --> 00:39:52.170

ParticipantH: To make it feel more intense so people could read our articles and kind of see what we have to say, from a news outlet standpoint and then cover that that.

265

00:39:52.920 --> 00:40:00.630

ParticipantH: That story as as it as it plays out, so I just turned it off, so now, at this point I just basically seek everything out I mostly, though.

266

00:40:01.770 --> 00:40:04.020

ParticipantH: seek it out through through YouTube.

267

00:40:05.280 --> 00:40:13.260

ParticipantH: And if it's something if it's something that's really that's like playing out in real time I will go to at that point I'll just jump on Twitter.

268

00:40:13.590 --> 00:40:29.970

ParticipantH: And I'll look at what's trending and what hashtags are being used on the ground, to see if what's being reported on YouTube is kind of at some on some level aligning with what I'm seeing on the ground right a good example of that is.

269

00:40:30.810 --> 00:40:40.440

ParticipantH: The the caravan that's happening of all these families that are trying to trying to come to the United States right there's so much erratic reporting.

270

00:40:41.520 --> 00:40:50.970

ParticipantH: Internationally, that it's kind of been like okay, because you know it feels like there's some censorship on summons on an international coverage, but then, when you go and you go to.

271

00:40:52.140 --> 00:41:01.530

ParticipantH: Twitter, for example in real time and you see the reporters that are they're wearing like body armor and they're like trying to show really what's happening.

272

00:41:02.730 --> 00:41:05.940

ParticipantH: it's like wow they're not even talking about this or that.

273

00:41:07.860 --> 00:41:16.320

ParticipantH: it's it's it's eye opening and really, really is so I think I kind of use both of those mediums.

274

00:41:17.100 --> 00:41:29.250

ParticipantH: in regards to now me having to seek it out, because, again I don't I don't I just don't the push notifications over the last 16 months it's just been it's been too much man it's been too much, and then the capital riots, I was with a friend of mine.

275

00:41:31.080 --> 00:41:39.720

ParticipantH: who came over just to say hi and when he showed up he was like oh my God I still can't believe I was like what? and.

276

00:41:40.470 --> 00:41:49.920

ParticipantH: You know, in real time just seeing what was happening on you on Twitter and then comparing doing a comparable with a live broadcast with a major outlets and then jumping a.

277

00:41:51.750 --> 00:41:54.150

ParticipantH: Different outlets, like the Young Turks or.

278

00:41:54.450 --> 00:41:57.120

ParticipantH: Daily Wire or different because I always like to look at.

279

00:41:57.660 --> 00:42:13.500

ParticipantH: different sides to really how it's kind of playing on on on both spectrums and I think that's very, very important to have an open mind going into anything so I'm just seeing how that that and he was getting bombarded with push notification, I was a man good thing I'm not.

280

00:42:14.670 --> 00:42:24.840

ParticipantH: good thing I turned mine off so yeah at this point I basically seek it out, comparing Twitter with YouTube and other mediums but I usually now just basically I seek it all out at this point.

281

00:42:25.860 --> 00:42:30.360

Researcher2: that's great so you kind of do like your own checking in comparisons.

282

00:42:31.260 --> 00:42:40.200

Researcher2: Speaking of overwhelming and too much, what are your guys's thoughts about the balance of good and bad news in the last year in 2020 do you think.

283

00:42:41.070 --> 00:42:52.860

Researcher2: There is a balance between good and bad news, how it's covered and how it appears on social media and what do you think are the topics that you're most seeing when it comes to news.

284

00:42:59.760 --> 00:43:01.830

ParticipantH: yeah I'll just I'll just jump in real quick.

285

00:43:03.660 --> 00:43:05.610

ParticipantH: in regards to topics it's just mostly been.

286

00:43:06.990 --> 00:43:08.160

ParticipantH: You know, regarding to.

287

00:43:09.510 --> 00:43:19.770

ParticipantH: Assistance right, you know the what are they going to do from stimulus to help sustain the economy, to make sure that we don't fall into a depression, economically speaking.

288

00:43:21.930 --> 00:43:32.130

ParticipantH: But in regards to your your first half of your question that has the media and the media has been just mostly dark man it's very eerie very gloom.

289

00:43:32.940 --> 00:43:43.770

ParticipantH: very dark, so much so that a perfect counter counter to that argument and proving what I'm saying is true is John Krasinski started.

290

00:43:44.100 --> 00:43:56.370

ParticipantH: You know, some good news and that thing popped off on YouTube because it was just nothing but positivity right talking about the first line workers working at the hospitals talking about families celebrating.

291

00:43:57.210 --> 00:44:07.920

ParticipantH: birthdays at socially distance you know visiting the elderly people celebrating I ParticipantG mentioned how she couldn't go to prom is some good news.

292

00:44:08.340 --> 00:44:19.320

ParticipantH: John Krasinski the actor, he did a prom episode, where he was celebrating everyone in the class of 2020 and He threw like a live prom for everyone that was.

293

00:44:20.010 --> 00:44:38.190

ParticipantH: Of the class of 2020 so I feel like that everyone kind of flock to that and drove towards that, because we were we were creating something of positivity in the midst of all this chaos right, and I think I think that's incredibly important to just kind of highlight absolutely.

294

00:44:40.230 --> 00:44:42.570

Researcher2: yeah his channel wasn't welcome change for.

295

00:44:42.570 --> 00:44:43.080

sure.

296

00:44:45.750 --> 00:44:50.700

Researcher2: ParticipantF or ParticipantG, do you want to add to that do you think there has been a balance of good and bad news.

297

00:44:52.770 --> 00:45:08.070

ParticipantF: um I don't know that they're like was ever a balance of good and bad news, in my opinion, I just think that overwhelmingly people are more interested in more devastating ask news.

298

00:45:09.390 --> 00:45:12.930

ParticipantF: There it gruesome headlines and.

299

00:45:14.190 --> 00:45:18.030

ParticipantF: sad stories and stuff like that have always attracted more clicks.

300

00:45:19.500 --> 00:45:32.700

ParticipantF: And a lot of the news channels really now or just operating their social media in order to keep advertisers with clicks, so I think that.

301

00:45:33.420 --> 00:45:43.230

ParticipantF: There are a lot of motivated reasons to keep the news at least somewhat negative in a little jarring I do think that in that same vein, people.

302

00:45:43.740 --> 00:46:00.510

ParticipantF: on social media individuals, just like regular average people spent a lot more time trying to find in trying to share positive news articles and also they were being newsmakers themselves and sharing positive information about themselves or people would post like pictures of.

303

00:46:01.530 --> 00:46:13.020

ParticipantF: them like seeing their grandma through the glass or see at the nursing home or how they adopted a quarantine cat or stuff like that yeah like ParticipantH said, if it bleeds it leads, but I think that.

304

00:46:13.470 --> 00:46:20.130

ParticipantF: In the sense we almost got so desperate as a society that people started to make their own happy news and share it on Facebook and.

305

00:46:20.550 --> 00:46:28.230

ParticipantF: People would be like oh hey like I know everything is like really bad so here's this like video of my quarantine cat I adopted from the XXXXXX county.

306

00:46:29.010 --> 00:46:40.530

ParticipantF: Animal rescue and stuff like that, so I think that we almost became little newsmakers ourselves in this sense of trying to fight the negativity because that's just for most people, not a natural response.

307

00:46:41.700 --> 00:46:42.570

ParticipantF: So yeah.

308

00:46:43.230 --> 00:46:44.220

Researcher2: that's a good point.

309

00:46:45.690 --> 00:46:45.900

Researcher2: ParticipantG do you want to add something?

310

00:46:46.020 --> 00:46:54.870

ParticipantG: yeah so I yeah, as I said before, I don't really like check the news a lot and stuff like that, but I definitely.

311

00:46:55.230 --> 00:47:09.450

ParticipantG: Like when I do, or like when I see things I definitely think it's more negative and bad crazy stories for sure you don't really see a lot of like positive or good happy uplifting like new stories anymore.

312

00:47:09.900 --> 00:47:11.910

ParticipantG: So yeah.

313

00:47:14.520 --> 00:47:22.260

Researcher2: So, how does it make you feel when you see bad news on social media like physically mentally, how do you respond to that.

314

00:47:23.640 --> 00:47:38.730

ParticipantG: yeah I feel like it's it's really upsetting like it it's sad for sure um yeah It makes me definitely want to like help like certain causes and like change things for sure yeah.

315

00:47:46.110 --> 00:47:53.370

ParticipantH: yeah I mean it's um, at least for me, it makes it makes me kind of feels like a like it's sucking the air the room.

316

00:47:54.390 --> 00:47:56.730

ParticipantH: You know it's like it's like a vacuum within itself.

317

00:47:58.440 --> 00:48:13.230

ParticipantH: Because it just it it's it's showing it showing first you know, in the in the most exasperated way the the worst of humanity, and I think.

318

00:48:13.980 --> 00:48:20.850

ParticipantH: In seeing that, like the, just like the what happened on January six I was like that was awful right and then seeing the rights and the looting and then.

319

00:48:22.020 --> 00:48:26.850

ParticipantH: Seeing the video that went viral of the man this man who was in the hospital.

320

00:48:27.990 --> 00:48:39.780

ParticipantH: The first Friday was one of the first few patients who died from COVID and they were filming it to see as a you know kinda like a case study like what how How does this, how does this affect the human body, and you can see him.

321

00:48:40.080 --> 00:48:43.890

ParticipantH: Just his chest going in and out it's like I was like man that's horrifying.

322

00:48:44.340 --> 00:48:46.200

ParticipantH: I mean putting this out on the Internet right.

323

00:48:47.640 --> 00:48:53.340

ParticipantH: it's just like there's certain things that that should be released, but at the same time.

324

00:48:54.750 --> 00:49:01.320

ParticipantH: I'm kind of from the mindset that I think that there needs to be disclaimers for some of these videos and some of these images.

325

00:49:02.220 --> 00:49:03.990

ParticipantH: Just specifically on Twitter and.

326

00:49:04.860 --> 00:49:10.980

ParticipantH: and other platforms um because there's some things that are just they're just too intense.

327

00:49:12.180 --> 00:49:21.810

ParticipantH: they're just too intense to because you again, you could be it could be 13 years old, on Twitter, you know talking about you know talking about you know your favorite basketball player your favorite.

328

00:49:22.950 --> 00:49:32.010

ParticipantH: You know, TikToker, influencer, or content creator, for whatever reason, then suddenly you jumped on the wrong hashtag and then boom there's a guy dying in front of you, so I mean like it's a.

329

00:49:32.970 --> 00:49:38.040

ParticipantH: it's it's pretty crazy, so I feel like I feel like in some aspects, there does need to be some kind of.

330

00:49:39.240 --> 00:49:41.730

ParticipantH: I don't know if it's regulation, but something needs to be.

331

00:49:42.330 --> 00:49:54.810

ParticipantH: Something does need to be done or regards to at least putting a disclaimer you know, like right before something happens, or something like on the bottom of a post saying hey look this this we're we're about to you know this video or this picture.

332

00:49:55.980 --> 00:50:02.730

ParticipantH: Is a very graphic and nature or or anything of that of that sort, but yeah.

333

00:50:03.210 --> 00:50:03.660

ParticipantH: yeah.

334

00:50:03.840 --> 00:50:05.640

Researcher2: I think Instagram does that.

335

00:50:06.150 --> 00:50:10.380

Researcher2: ParticipantF, how do you feel when you see bad news and social media.

336

00:50:11.310 --> 00:50:14.010

ParticipantF: yeah so um I think that.

337

00:50:16.560 --> 00:50:27.150

ParticipantF: There are certain things that we obviously as people like are very much jarred by like a lot of the things ParticipantH was talking about people dying and.

338

00:50:28.290 --> 00:50:45.870

ParticipantF: Sick people and animal abuse and stuff like that, and I know that Facebook and Instagram and Twitter work really hard with their with their moderators to try to keep that stuff a little lower in counts, but I think that I'm bad news in general, like.

339

00:50:47.010 --> 00:50:58.500

ParticipantF: Moderate bad news like oh six more weeks of quarantine stuff like that, I think that we're pretty much desensitized as a society, in my opinion, to moderately bad news, I think.

340

00:50:59.400 --> 00:51:05.040

ParticipantF: I think strenuous and difficult things for people to look out I think that's always going to be hard because we're human.

341

00:51:06.270 --> 00:51:25.350

ParticipantF: But I think that we've become pretty saturated with things and it's very, very rare that a headline catches enough of an interest to be alive for more than you know, three three or four days, and if they are there, there are big ones, and they cause massive social change, like.

342

00:51:26.520 --> 00:51:32.940

ParticipantF: When George Floyd was murdered and stuff like that, like that holds in that grips the country, but a lot of things don't grab like that.

343

00:51:36.660 --> 00:51:42.720

Researcher2: So how do you then deal with with your feelings about news like that.

344

00:51:48.900 --> 00:51:52.410

ParticipantF: I'm sorry you broke up for like just one second I didn't hear your question.

345

00:51:52.710 --> 00:51:53.520

Researcher2: Sure I'm sorry.

346

00:51:54.060 --> 00:51:58.770

Researcher2: I was asking how do you then deal with the feelings with your feelings about news.

347

00:51:59.550 --> 00:52:03.690

ParticipantF: Oh yeah I think that sometimes you just kind of have to disconnect and.

348

00:52:04.920 --> 00:52:19.320

ParticipantF: I think we have so much more of a brilliant understanding of the new the 24-hour news cycle and oversaturation we have a really good understanding of what media can do to us physically, I think.

349

00:52:19.830 --> 00:52:29.190

ParticipantF: As you get older, you have a pretty good understanding of what your limit is in regards to consumption of negative content stuff like that, so I think that.

350

00:52:31.530 --> 00:52:51.270

ParticipantF: The best you can basically do when there's nothing else to do because you're in COVID is just trying to provide yourself a distraction, whether that be Netflix or going on a walk or something like that um, but I think that we're so desensitized that at least in, from my perspective, I.

351

00:52:52.470 --> 00:52:54.090

ParticipantF: don't necessarily.

352

00:52:55.140 --> 00:53:01.800

ParticipantF: think that I think that media has to be pretty, pretty severe for us to have a physical response that would be enough to.

353

00:53:02.280 --> 00:53:05.610

ParticipantF: kind of change our body chemistry out of being.

354

00:53:06.660 --> 00:53:10.950

ParticipantF: Like into a into a state where we had to like go on a walk really turn off our phones, I think.

355

00:53:11.430 --> 00:53:18.210

ParticipantF: we're pretty desensitized to reading about things, and as long as we're safe in our homes we're not too nervous about what's going on outside.

356

00:53:18.810 --> 00:53:23.820

ParticipantF: And I think that COVID just perpetuated that because it kind of created this thought bubble that.

357

00:53:24.570 --> 00:53:29.730

ParticipantF: Like if you're in your home you're safe and whatever's going on outside it's not really your concern, unless you want it to be.

358

00:53:30.360 --> 00:53:36.960

ParticipantF: And I think that we were already kind of like that, as a society, we were like very isolation, as people and social media made us like.

359

00:53:37.410 --> 00:53:44.700

ParticipantF: very much like well as long as we're good like we're fine and I think COVID even further back because it kind of broke the fiber of our Community so.

360

00:53:45.210 --> 00:53:52.500

ParticipantF: so desperately that now we're just really focused on what's going on in our friends circle or in our friendship circles in our family circles.

361

00:53:52.920 --> 00:54:01.500

ParticipantF: In our smaller community circles and a lot less focused on even what's going on in our own backyards or in the nation or let alone in the world, so.

362

00:54:03.600 --> 00:54:04.020

Researcher2: uh huh.

363

00:54:06.240 --> 00:54:07.650

ParticipantH: yeah I usually just try to.

364

00:54:08.730 --> 00:54:09.690

ParticipantH: counter it by.

365

00:54:11.700 --> 00:54:21.480

ParticipantH: watching something or doing something that's kind of on a different on the opposite spectrum of it, so if it's something just you know politically draining.

366

00:54:22.410 --> 00:54:41.460

ParticipantH: You know, just like political theatre at its finest but it's just exaggerator exasperated and dialed up just to kind of offset that all either write a song or I'll listen to music or I'll try to watch something that's more entertainment centric like I was mentioning earlier like watching.

367

00:54:42.630 --> 00:54:48.270

ParticipantH: You know, one of my favorite film critics and just kind of just taking it all I got to watch that movie and you know just kind of.

368

00:54:48.720 --> 00:54:59.010

ParticipantH: have something that will just kind of decompress from all that sensationalism which of the global news media and what's happening around the world, because at the end of the day and look.

369

00:55:01.080 --> 00:55:07.890

ParticipantH: there's a love for as much good as we try to put out there's a lot of bad that's out there, so I think sometimes there's a little bit of.

370

00:55:08.580 --> 00:55:17.940

ParticipantH: apprehension and trying to seek it out, because you're afraid it's kind of like what am I going to get right it's but we already know it's not going to be good it's gonna it's gonna be somewhat dark.

371

00:55:18.360 --> 00:55:29.010

ParticipantH: When you open Pandora's box right, you know it's not going to be like you know kind of going off with what ParticipantF said the 24-hour news cycle it's it's beholden to.

372

00:55:29.790 --> 00:55:42.480

ParticipantH: To those darker stories because they know it's it's more captivating to kind of watch on that episodic type of mindset, where it feels like you're watching okay what's the next episode right okay.

373

00:55:42.960 --> 00:55:51.360

ParticipantH: It was a two is all Cares Act 2.0 and literally they called a Cares Act X 2.0 they even call it like you know, a different name right, so it has this like.

374

00:55:51.750 --> 00:55:59.700

ParticipantH: it's kind of like their training the, the general audience in the, in the masses where it comes off the media, at least.

375

00:56:00.240 --> 00:56:06.360

ParticipantH: on that side as they kind of this episodic thing so it's like usually for me I just try to counter it.

376

00:56:07.320 --> 00:56:19.290

ParticipantH: By watching, something that has nothing to do with, with that subject or that particular thing about was hard to watch and just kind of offset that in some form of positivity in some way possible.

377

00:56:22.320 --> 00:56:24.390

Researcher2: that's really interesting.

378

00:56:25.650 --> 00:56:41.010

Researcher2: What I get is you guys are in some way mentioning like a kind of self-control and that the moment is it starts getting overwhelming like ParticipantF mentioned going to distractions like Netflix and stuff like that so.

379

00:56:42.330 --> 00:56:51.060

Researcher2: Do you do you do that consciously where you want to put a stop to consuming more news because you mentioned 24 hour cycle, so that continues to go on.

380

00:56:52.500 --> 00:56:54.360

Researcher2: Do you guys make a conscious decision.

381

00:56:56.700 --> 00:56:57.780

Researcher2: Of like switching.

382

00:57:01.560 --> 00:57:05.190

ParticipantH: yeah we're just real quick, I mean kind of going back on what I said earlier.

383

00:57:05.520 --> 00:57:11.850

ParticipantH: That the one of the quickest ways for me to feel that I was, I was at least in control when this all this whole thing started last year.

384

00:57:12.030 --> 00:57:27.060

ParticipantH: Again, was just turning off those push notifications That was one step right at least subconsciously for me was over here, this is there's a way for me to practice self-control and and a form of restraint in regards to.

385

00:57:28.830 --> 00:57:30.930

ParticipantH: The media, the media and just.

386

00:57:32.850 --> 00:57:43.770

ParticipantH: The whole parameter and everything not taking control of me, but more so me regaining some some semblance of control within the chaos right.

387

00:57:43.980 --> 00:57:44.250

Right.

388

00:57:45.270 --> 00:57:52.200

ParticipantH: I just felt like okay I gotta do something to kind of maybe dial this down a little bit, even though I know it's going to still continue out there and I know.

389

00:57:52.620 --> 00:57:59.190

ParticipantH: Many aspects, some people can say well that's a horrible way of thinking, because that's like saying you know the everything around us burning but you're inside your House.

390

00:57:59.460 --> 00:58:07.560

ParticipantH: And you're pretending like nothing's going on well no I'm I'm very much conscious and aware that it's out there and it's going on, and I will check in but.

391

00:58:08.880 --> 00:58:23.340

ParticipantH: From a mental standpoint, a mental health standpoint I think being wrapped up in it too much and on a daily basis is it's not going to do any good for you, I just a good example of that my mom during the election cycle.

392

00:58:25.800 --> 00:58:29.580

ParticipantH: You know down here in XXXXXXXXXXXX, a lot of people are predominantly conservative right so.

393

00:58:30.810 --> 00:58:39.690

ParticipantH: She is a trump supporter, but not but not based on the person himself more so on on the fiscal policies and the way he was kind of conducting certain things.

394

00:58:39.960 --> 00:58:48.600

ParticipantH: She she kind of I guess it aligned with her, for whatever reason, but more so than anything when things were not working out in the election, the way she thought they were right.

395

00:58:49.710 --> 00:58:52.470

ParticipantH: She was watching the news like every day like.

396

00:58:52.530 --> 00:58:58.290

ParticipantH: Not a minute I was like man you're watching this like it's a soap opera like and I had to tell her mom you need to like.

397

00:58:58.530 --> 00:59:12.120

ParticipantH: get into like watch a movie like watch a concert, you know watch something else right, I think it you got to have this kind of like this libra scale of sorts where it's like a little bit of a balance.

398

00:59:13.080 --> 00:59:19.800

ParticipantH: You know and it's just it's it's, it's I felt like it was just in there's a saying right there's that saying too much of anything is never good for you.

399

00:59:20.160 --> 00:59:21.150

ParticipantH: Right so it's like.

400

00:59:21.630 --> 00:59:27.270

ParticipantH: I I felt that that was very applicable, so I think one of the ways for me to get control was just the first step, like I said earlier, was just.

401

00:59:27.570 --> 00:59:37.080

ParticipantH: turning off those push notifications and then whenever I felt the need to be aware of something that was happening seek it out, on my own accord, you know.

402

00:59:39.990 --> 00:59:41.220

Researcher2: same thing ParticipantG.

403

00:59:41.790 --> 00:59:48.780

ParticipantF: I think that ParticipantH said something like hit the nail on the head when he said that his mom was watching the news like it was a soap opera.

404

00:59:49.830 --> 01:00:04.290

ParticipantF: I think, unfortunately I'm a combination of sensationalism and like really surreal world events and.

405

01:00:05.400 --> 01:00:09.540

ParticipantF: Pretty perverse distractions of technology and.

406

01:00:11.250 --> 01:00:21.810

ParticipantF: New integrations of things that like people have not dealt with in the past have kind of led to this like misunderstanding about what reality is and what it isn't and I think that.

407

01:00:23.040 --> 01:00:33.360

ParticipantF: Especially with COVID it was so hard to differ us to define what reality was like are in in it even still is now, the reality is people who live in XXXXXX.

408

01:00:33.750 --> 01:00:40.590

ParticipantF: Is far, far different from the reality of, say, people who live in XXXXXX who still haven't sent their children back to school.

409

01:00:40.950 --> 01:00:49.920

ParticipantF: They're still trying to work from home in their houses with their young children on zoom with that are like seven trying to use computers.

410

01:00:50.610 --> 01:01:00.690

ParticipantF: And so, our reality is far different from that one we see an open Academy, there are people in XXXXXX, who just walked out of their front door for the first time and literally like nine months.

411

01:01:01.200 --> 01:01:10.110

ParticipantF: And so I think that we had this really we went from having this really nationalistic idea of this is what it means to be American, this is what it means to have an American like life.

412

01:01:10.440 --> 01:01:18.390

ParticipantF: This is what it means to engage in consumption and family and religion and vote and do all these American things and then all of a sudden, like.

413

01:01:18.840 --> 01:01:30.330

ParticipantF: COVID protocols and, and society and geopolitical structure kind of broke up the country in a sense that in there was no semblance of this am American reality.

414

01:01:30.900 --> 01:01:36.810

ParticipantF: And so, everybody was watching the news, but they all had a different filter on how they were watching it.

415

01:01:37.200 --> 01:01:45.000

ParticipantF: And so you had people from XXXXXX watching the news being like oh my God this COVID stuff is crazy because XXXXXXXXXXXXXXX said I could literally go out and have a drink if I wanted.

416

01:01:45.390 --> 01:01:50.730

ParticipantF: And then people in XXXXXXXXXXXXXXX are watching people in XXXXXX and they're like oh my God they're crazy like, why are they staying inside.

417

01:01:51.180 --> 01:02:07.830

ParticipantF: And so there was no semblance of like a singular reality and it did kind of become everybody was living in this kind of one like I kind of said before, like this kind of personal bubble, just like what their COVID choices were and what the people around them, so the choices were.

418

01:02:08.910 --> 01:02:19.830

ParticipantF: And so anything else really seemed odd because it was different than what people are choosing to do so, I do think the news kind of became like a soap opera and then also just like.

419

01:02:20.880 --> 01:02:24.750

ParticipantF: The political climate of the country like in all of the ridiculous.

420

01:02:25.410 --> 01:02:33.630

ParticipantF: stuff that happens in Washington, I think that that it all became kind of interesting and almost like insane we became insatiable we were like oh my God what is.

421

01:02:33.990 --> 01:02:43.980

ParticipantF: Donald trump going to tweet what is he going to say like how is Nancy Pelosi going to respond is she going to do something is she going to end so it will there be another impeachment trial and like.

422

01:02:44.730 --> 01:03:03.150

ParticipantF: I think that we became like nobody cares now about like what Joe Biden is tweeting because he's tweeting very presidential like things he's not scaring us and saying things go storm the capital and stuff like that, I think that that has changed everything a little bit and made it more.

423

01:03:05.250 --> 01:03:13.800

ParticipantF: Easier for us to kind of accept what reality is instead of always be on our toes like and wondering what reality is.

424

01:03:14.520 --> 01:03:15.570

Researcher2: Yeah for sure.

425

01:03:16.380 --> 01:03:19.260

Researcher2: ParticipantG, would you like to add something.

426

01:03:20.100 --> 01:03:27.780

ParticipantG: Yeah I definitely agree with everything you guys have been saying I kind of have gotten off track with the original question.

427

01:03:29.880 --> 01:03:34.650

Researcher2: Oh, we can bring you back to track or me switch topics, a little bit what.

428

01:03:35.820 --> 01:03:38.610

Researcher2: What kind of accounts, do you follow on social media.

429

01:03:39.480 --> 01:03:55.080

ParticipantG: hmm I mainly follow like friends and family, but then other accounts I follow like fitness accounts are like accounts with like food like food blogs, or like fashion blogs um but I don't really follow like.

430

01:03:56.190 --> 01:04:08.130

ParticipantG: News accounts or anything like that, or like political yeah or I don't really I also don't really follow like a lot of Famous people I just not that interested in that stuff.

431

01:04:09.360 --> 01:04:10.080

ParticipantG: yeah.

432

01:04:11.130 --> 01:04:13.530

Researcher2: ParticipantF, What kind of accounts, do you follow on social media.

433

01:04:14.160 --> 01:04:20.010

ParticipantF: I follow a lot of people in politics, a lot of.

434

01:04:22.200 --> 01:04:36.270

ParticipantF: Political influencers a lot of media political politicized media, polarized media media, I consider centralized a lot of international media.

435

01:04:37.980 --> 01:04:40.170

ParticipantF: Obviously my family and my friends.

436

01:04:41.490 --> 01:04:44.460

ParticipantF: A lot of famous political influencers I think.

437

01:04:46.140 --> 01:04:55.770

ParticipantF: Getting to see what they have to say is really interesting, it also kind of gives us a view into what the rest of the countries kind of focusing on because those are the people who are setting.

438

01:04:56.640 --> 01:05:07.470

ParticipantF: The agenda for the country so they're kind of it's a good bird's eye view into how we're feeling as a country, based on what they're talking about they're kind of dictating voting patterns via social media so.

439

01:05:08.070 --> 01:05:09.840

Researcher2: Great, ParticipantH?

440

01:05:10.950 --> 01:05:12.000

ParticipantH: So, like for me it's kind of.

441

01:05:13.380 --> 01:05:21.900

ParticipantH: it's weird right so like I've used social me like I mentioned earlier, I use social media and at least each platform very differently than than I would.

442

01:05:22.350 --> 01:05:30.360

ParticipantH: Another platform so like with Twitter, for instance, like I kind of going off XXXXXX and the representative, an economy from XXXXXX.

443

01:05:31.080 --> 01:05:44.730

ParticipantH: I follow mostly accounts of brands like for Twitter I follow brands that I that I support, you know that just as find out what's what's going on with their new products, new technology, I follow.

444

01:05:45.840 --> 01:05:57.780

ParticipantH: On Twitter again I follow a lot of movie critics so when they since they get to see press screenings a week or two months before the movie comes out if they say it sucks.

445

01:05:58.200 --> 01:06:03.180

ParticipantH: I'm not gonna, I'm not gonna go give them my money and paid at the movie theatre to go support a movie that if.

446

01:06:03.840 --> 01:06:23.880

ParticipantH: A movie critic, for instance, that has a viewpoints and their taste is aligned with my taste and I trust them and have that kind of kind of confidence in them as a as a film critic and they say it's not very good, I will instead go see something else that those critics kind of.

447

01:06:25.440 --> 01:06:41.040

ParticipantH: You know, suggest that it's probably a better a better movie um and then, when it comes to Instagram for free as a counterpart for Instagram I mostly just because it's picture driven I mostly just follow inspirational accounts, you know, like history daily plaque pics.

448

01:06:41.280 --> 01:06:42.720

ParticipantH: Which is pictures of.

449

01:06:43.380 --> 01:06:46.260

ParticipantH: Historical moments throughout history.

450

01:06:47.310 --> 01:06:48.300

ParticipantH: Like just very.

451

01:06:49.680 --> 01:07:08.100

ParticipantH: Just inspiring photos and then I also follow on Instagram the rock the rock is always you seeing him workout at three in the morning is inspirational within itself, but then again just try to focus on videos and pictures on Instagram of things that are.

452

01:07:09.240 --> 01:07:15.690

ParticipantH: Just kind of just refreshing right it's not it's not it's not all gloomy I guess you would say kind of.

453

01:07:16.260 --> 01:07:23.400

ParticipantH: When as opposed to what I'm seeking out the media of on a global and national level, where I already kind of know going in.

454

01:07:23.730 --> 01:07:36.240

ParticipantH: it's going to be it's going to be heavy handed so I use Instagram for that Twitter mostly for to support the brands, I do support and then, if I have an issue I could reach out to them immediately right and it's accessible.

455

01:07:36.990 --> 01:07:45.690

ParticipantH: I tried TikTok once I discovered okay I gotta, I gotta actually dance a lot, and so I was like yeah I got over it real quick after two videos was over.

456

01:07:46.680 --> 01:08:03.630

ParticipantH: But yeah and then Facebook I mostly use Facebook, just to kind of keep connected with family and friends high school friends and and stuff like that, for the most part yeah so I kind of use each platform and just kind of a different different ways, so to speak.

457

01:08:04.860 --> 01:08:05.280

ParticipantH: Right.

458

01:08:08.370 --> 01:08:12.030

Researcher2: Are you guys familiar with the term doomscrolling?

459

01:08:14.460 --> 01:08:14.760

ParticipantH: You said.

460

01:08:18.870 --> 01:08:19.590

ParticipantH: doomscrolling

461

01:08:19.890 --> 01:08:21.120

Researcher2: Did someone say yeah?

462

01:08:23.490 --> 01:08:23.970

ParticipantG: No.

463

01:08:26.970 --> 01:08:39.810

Researcher2: Okay, so doomscrolling is when you like we discussed a lot in today's discussion about you know overwhelmingly negative news and how it just keeps prompting on our newest fees.

464

01:08:40.890 --> 01:08:44.760

Researcher2: So doomscrolling is a term that came about and became very popular in 2020.

465

01:08:46.230 --> 01:08:57.540

Researcher2: It's basically when we just keep scrolling and looking for more and more news or information that's that can be termed as negative and we just like get into that rabbit hole.

466

01:08:58.800 --> 01:09:03.570

Researcher2: So do you think do you do it, or any of your friends do that.

467

01:09:05.010 --> 01:09:18.060

ParticipantG: hmm I definitely like keep scrolling on Instagram but not like I guess not like in with negative and like bad stuff like that I feel like but yeah.

468

01:09:18.360 --> 01:09:26.910

ParticipantH: yeah I think I think I can't wait to show her mom like a mom you're really hip and cool you were actually doing a thing called doomscrolling.

469

01:09:27.510 --> 01:09:35.970

ParticipantH: I'm just gonna drop the mic and walk away she's gonna like what is that and then, watch her start you know doomscrolling in the midst of finding out what doom scrolling is it'll be like a

470

01:09:36.810 --> 01:09:37.140

Researcher2: doomscrolling about doomscrolling

471

01:09:39.060 --> 01:09:42.090

ParticipantH: All right, but no, I had no idea what it was.

472

01:09:43.620 --> 01:09:53.760

ParticipantH: It sounds like basically she was doing that you know, aside from making fun of her that she was basically doing that, but through video consumption as opposed to actually scrolling.

473

01:09:55.770 --> 01:10:10.410

ParticipantH: Through her feet sort of speak she was you know kind of scrolling through channels to find more information about the the, the kind of the context of what was happening in real time right.

474

01:10:10.980 --> 01:10:12.870

ParticipantH: because she is she is tech savvy would.

475

01:10:13.170 --> 01:10:19.890

ParticipantH: um she doesn't she doesn't she's not on social media whatsoever, she doesn't like social media but it's interesting to hear that term yeah.

476

01:10:22.410 --> 01:10:22.800

Researcher2: ParticipantF?

477

01:10:24.420 --> 01:10:42.480

ParticipantF: yeah, I guess, I never really thought about it like that, or in a sense that it's kind of like I what I think of when I hear the word doomscrolling is that we kind of become addicted to that type of just like negativity become really dependent on how it regulates our mood.

478

01:10:43.620 --> 01:10:56.310

ParticipantF: And I think that that is definitely something that a lot of people battle through COVID 19 and will continue to battle and it's something that we do have to work on actively combating and talking I think really to young people.

479

01:10:57.360 --> 01:11:03.930

ParticipantF: Time to work it's a preventative when before people even go out into the real world, because it can become pretty pervasive.

480

01:11:06.810 --> 01:11:10.170

Researcher2: Right. ParticipantG?

481

01:11:13.050 --> 01:11:17.160

ParticipantG: On yeah I definitely, as I said before, oh.

482

01:11:18.210 --> 01:11:19.020

ParticipantG: yeah I don't.

483

01:11:20.250 --> 01:11:20.850

Researcher2: know you know.

484

01:11:20.910 --> 01:11:23.700

Researcher2: What you mentioned you scroll through Instagram.

485

01:11:23.730 --> 01:11:25.080

ParticipantG: yeah I definitely.

486

01:11:25.440 --> 01:11:31.380

ParticipantG: Like do that but I don't think I like try to get into like a negative like place.

487

01:11:31.890 --> 01:11:33.750

ParticipantH: I think I think we all do, that but.

488

01:11:34.740 --> 01:11:35.850

ParticipantH: On a positive level.

489

01:11:36.030 --> 01:11:36.420

ParticipantG: yeah.

490

01:11:36.630 --> 01:11:46.770

ParticipantH: I can't speak for everybody else, but in regards to consuming content when it's things you know, like oh it's a puppy dog or it's like it's a cute cat or you know when it's.

491

01:11:47.460 --> 01:11:59.880

ParticipantH: When it's appeasing to, to the to the to the viewer it's you know and before you know it you're like oh my God had mental social media for like an hour I haven't done anything productive all day, I think, on the positive, positive spectrum.

492

01:12:00.750 --> 01:12:09.930

ParticipantH: it's easy it's easy to let time get away from you, but at least I can speak for you guys, but, for me, I can't be doomscrolling.

493

01:12:10.920 --> 01:12:21.990

ParticipantH: For more than like two minutes that I would even put it up to a minute, and if I if I'm getting nothing but just craziness after like 40 - 50 seconds without me, you know what that's enough for today, let.

494

01:12:23.280 --> 01:12:31.080

ParticipantH: It just is you know, at least for me it is I can't I can't endure that much intense intensity I guess you would say.

495

01:12:31.860 --> 01:12:34.320

Researcher2: yeah it sounds like you guys are cognizant of.

496

01:12:34.650 --> 01:12:36.750

Researcher2: What you can do man, how long for.

497

01:12:37.830 --> 01:12:38.520

Researcher2: So I guess.

498

01:12:40.260 --> 01:12:45.270

Researcher2: final question which I would like to ask is how would you.

499

01:12:46.350 --> 01:12:58.980

Researcher2: How do you think the social media experience would improve or how it would change in 2021 or what would you want for social media experience for it to be better.

500

01:13:03.120 --> 01:13:13.740

ParticipantG: um I definitely think that APP should like work on like limiting like content like that's that should not be posted on the Internet.

501

01:13:14.640 --> 01:13:25.980

ParticipantG: Especially like yeah TikTok it's crazy cuz I know like there's like so many like little kids that go on it and there's like some crazy stuff that's posted and I know that, like.

502

01:13:26.940 --> 01:13:40.170

ParticipantG: They like there are like rules to like posting videos and stuff and like, but I think there definitely could be more in depth now and Instagram and other things like that so right yeah.

503

01:13:41.850 --> 01:13:53.970

ParticipantF: yeah I think that I'm in a in addition to just like dangerous content, I think, dangerous ideas are definitely something we need to be careful with I think we saw a lot of that during the election.

504

01:13:55.230 --> 01:14:04.680

ParticipantF: A lot of conflicting just crazy ideas dissipating around, and I know that the Facebook moderators are always they were recently talking about how.

505

01:14:05.190 --> 01:14:17.250

ParticipantF: They added clauses and stuff to deal with conspiracy theories and conspiracy theories that would be dangerous people I think that's definitely something we have to watch as a community and make sure we restrict that mm hmm.

506

01:14:18.540 --> 01:14:21.990

ParticipantH: I think what was what was most eye opening to me was.

507

01:14:23.040 --> 01:14:28.170

ParticipantH: my XXXXXX she has a XXXXXX right
XXXXXXXXXXXXXXXXXXXXXXXXXXXXXX about to be XX actually and.

508

01:14:29.460 --> 01:14:34.320

ParticipantH: XXXX on TikTok XXXX like loves putting videos and TikTok and.

509

01:14:35.040 --> 01:14:41.100

ParticipantH: Last year, like in the summer, XXX was XXX launched after only being on TikTok for like five months.

510

01:14:41.490 --> 01:14:50.610

ParticipantH: XXX amassed after only putting like I think like XXXXXX videos of XXX dancing XXX got like 10,000 followers and I was like really disturbed by that like.

511

01:14:51.570 --> 01:14:59.490

ParticipantH: I told my XXXXX I was like this is crazy how you have all this chaos on like people spreading mis, miscommunication, misinformation.

512

01:14:59.910 --> 01:15:09.240

ParticipantH: And then my my XXXXXX who's like XX years old XXXX amassing a huge following and then TikTok shuts down XXXX account because they realize that XXXX a minor.

513

01:15:09.720 --> 01:15:12.300

ParticipantH: may pass I don't know the passing some terms or.

514

01:15:12.630 --> 01:15:22.530

ParticipantH: Conditions or something if you're like a minor and it isn't specifying the bio that your account is monitored by, by your parents or something that your account could get flagged.

515

01:15:22.830 --> 01:15:22.980

ParticipantH: I.

516

01:15:23.640 --> 01:15:27.870

ParticipantH: don't really know much of the logistics, maybe Researcher1 can kind of shed some light on that, but.

517

01:15:29.610 --> 01:15:44.070

ParticipantH: I just found it really shocking that she woke up one day, and she was crying and she called me she was like I can't believe the the band my account and I work so hard at building my fan base, I was like back up your fan base.

518

01:15:44.910 --> 01:16:00.360

ParticipantH: So I just I just I was really shocked, because you know kind of going on with what ParticipantF and ParticipantG we're talking about, we have all this stuff that's going on right where there's kind of more important things to kind of sensor and and regulates and kind of make sure that.

519

01:16:02.160 --> 01:16:07.110

ParticipantH: it's that that stuff is not happening, but then instead the gatekeepers are focusing on a.

520

01:16:07.860 --> 01:16:14.790

ParticipantH: XXXXXXXX who just got a huge following and just because XXXXXX bio doesn't mention that XXXXXX is also monitoring the account.

521

01:16:15.180 --> 01:16:23.340

ParticipantH: they're gonna they're they're going to close so they're they're focusing their attention on closing that account rather than going through with a fine tooth comb all the craziness.

522

01:16:23.730 --> 01:16:28.350

ParticipantH: That is being spread on social media I just that's what I realized man like.

523

01:16:28.800 --> 01:16:38.580

ParticipantH: Just reinforces my reasoning, to have a little bit more control and turn off the notifications I kind of check out a little bit right because it feels like a lot of those priorities are misguided.

524

01:16:39.180 --> 01:16:50.580

ParticipantH: And they're not being allocated appropriately right where a lot of the certain things are not taking more precedent over others and, again, maybe Researcher1 can just jump in and kind of weigh in on that a little bit.

525

01:16:51.300 --> 01:16:54.870

Researcher1: And they may have more legal obligation to protect.

526

01:16:55.980 --> 01:16:59.970

Researcher1: minors from posting content online just given some of the.

527

01:17:02.430 --> 01:17:12.630

Researcher1: I can't think of the name of the law, but I think it wasn't update to the 96 telecommunications act so it's more, I think, protecting themselves in terms of their legal liability.

528

01:17:15.210 --> 01:17:17.430

ParticipantH: I'll be I'll be sure to let XXX know that when I say.

529

01:17:18.150 --> 01:17:22.890

ParticipantH: Like yeah in 1996 here's the telecommunications act and XXXX like what are you talking about.

530

01:17:22.920 --> 01:17:23.310

Researcher1: I think.

531

01:17:23.730 --> 01:17:27.060

Researcher1: I think their team is when most of the platforms that sort of been made.

532

01:17:27.300 --> 01:17:31.590

ParticipantH: So there's like a threshold and age where I guess that's probably another reason why a lot of.

533

01:17:33.750 --> 01:17:44.490

ParticipantH: You know XXXXXX are XXXXXX, they have their, their age, stated in their bio is it's a form of protection from probably getting flagged as it kind of piggybacking off what you're saying.

534

01:17:45.780 --> 01:17:46.140

Researcher1: yeah.

535

01:17:48.300 --> 01:18:02.700

Researcher2: Well, that brings us to wrap up this very insightful conversation I'm so grateful for all of your comments and feedback, and this has been very insightful if you guys have any question for me or Researcher1.

536

01:18:03.690 --> 01:18:09.450

Researcher2: please feel free to ask me, you can also email me and something comes up later on about your credit and stuff like that.

537

01:18:13.290 --> 01:18:14.280

ParticipantH: Thank you, Researcher1.

538

01:18:14.550 --> 01:18:15.930

ParticipantF: Thank you guys have a great night.

539

01:18:16.140 --> 01:18:18.720

ParticipantH: And I know if you ever want a new TV.

540

01:18:19.050 --> 01:18:21.030

ParticipantH: Just tweet XXXXXX right just.