Week 8:

Monday 20/02/2017:
- Feeling: Frustration
- Situation: Setting up and altering a database in mysql
- Reason: Exercises had not enough explanation. This irritated me, i felt like i was not

     going forward.
- Possible cause: Fear of failure. Not learning fast enough. Not asking for info fast enough

Tuesday 21/02/2017:
- Feeling: Relief
- Situation: Making a lot of mysql query searches
- Reason: Feeling of success, exercises were going good!
- Possible cause: Fear of failure went away

Wednesday 22/02/2017
- Feeling:
- Situation:
- Reason:
- Possible cause:

Thursday 23/02/2017:
- Feeling: Small frustration
- Situation: Group exercise and one teammate seemed not to care
- Reason: Team is supposed to work together, my pairing partner seemed uninterested
- Possible cause: Conflicts with my team-values

Friday 24/02/2017:
- Feeling: Succes
  Situation: Implementing stories. Working TDD. Pairing with Elise and switching each test + implementation.
- Reason: Pairing went really well, learned new things about mocking and stubbing
- Possible cause: Knowledge growing

- Feeling: Happyness
  Situation: Discusses a lot at retro.
- Reason: A lot of useful solutions came up during the retro!
- Possible cause: Feeling of positive growth, success

Monday: mysql ex
Tuesday: mysql queries with Frans
Wednesday: coupling databases to java with hibernate
Thursday: group ex: large ex with databases, dividing grps and setting up the db (Rodrigo)
Friday: group ex: beginning the first stories + retro (paired with Elise)

Week 9:

Monday 27/02/2017:
- Feeling: Annoyed
  Situation: Was pairing with Marijn, he has the tendency to do everything himself (always driving, never navigating)
- Reason: Something didn't work, he wanted to solve it himself instead of as a pair
- Possible cause: Don't like that kind of behaviour, should have said something tho!

Tuesday 28/02/2017:
- Feeling: Relief
- Situation: Pairing session
- Reason: Got really nice and positive feedback.
- Possible cause: I always doubt myself + diminish my accomplishments. Nice to hear that i'm doing fine even though it doesn't always feel like that to me.

Wednesday 1/03/2017
- Feeling: Annoyed
- Situation: We were doing a twitter exercise with elasticsearch.
- Reason: The twitter part got most of the group distracted and what they were doing had nothing to do with the exercise anymore + they were disturbing the ppl who were still working
- Possible cause: They were going a bit too far in my opinion. I disliked the fact that i got disturbed by it because i wanted to reach a certain goal. (Should have told the group how i felt, i keep it to myself to often…)

Thursday 2/03/2017
- Feeling: Frustration
- Situation: During the database ex a lot of stuff didn't work and i couldn't find out why
- Reason: Frustration because it didn't work with me but also because a lot of ppl were having the same problem and it took too long to get everyone started. The productivity of the exercise suffered massively under it!
- Possible cause: I felt that the day passed by without having worked decently on the exercise. For me this was a failed day because i wasn't able to do enough productive stuff. Didn't learn as much as I wanted.

Friday 3/03/2017:
- Feeling: Excitement
  Situation: During the workshop
- Reason: It was really interesting. I was amazed how a computer could be so spot on, based on only 25 questions.

- Possible cause: I tend to keep a lot of emotions, feelings and thoughts to myself. This workshop felt like an opportunity to let some people know how the inner me works. A lot of people don't know that.

Monday:	Group ex: last day, paired with Marijn
Tuesday:	No sql: working with graph databases (no4j) + pairing sessing in the evening
Wednesday:	No sql: working with elasticsearch
Thursday:	Solo database evaluation exercise + meeting asf
Friday:	Insight workshop (color personality profiles)

Possible points to work on:
- Should make an objective based on my color profile (see exercise during the workshop)
- I want to be more foreward, say what i think and feel more often. It would solve a lot of my problems/take away things that annoy/irritate me.
- Set clear goals for myself and work to them. I seem to need this!

Week 10:

Monday 6/03/2017:
- Feeling: Satisfaction
- Situation: We started learning HTML by just trying it ourselves (make a cv website)
- Reason: I liked the way of learning, it was on my own pace
- Possible cause: Situation was according to my own values

Tuesday 7/03/2017:
- Feeling: Happyness
- Situation: Second day working on my "cv website" and finally got a decent result
- Reason: Succes
- Possible cause: I had a feeling of knowledge gained on a relative short time

Wednesday 8/03/2017
- Feeling: Frustration
- Situation: We were learning Javascript. Lesson material was a cegeka ppt
- Reason: Presentation was made for more experienced programmers. Didn't cover the basics we needed.
- Possible cause: I did not give Tim the feedback. Felt back that he spent so much time on the ppt while it was still to "hard". Feedback could have solved my frustration

Thursday 9/03/2017
- Feeling: Frustration
- Situation: Presentation was made for more experienced programmers. Didn't cover the basics we needed.
- Reason: Presentation was made for more experienced programmers. Didn't cover the basics we needed.
- Possible cause: I did not give Tim the feedback. Felt back that he spent so much time on the ppt while it was still to "hard". Feedback could have solved my frustration

Friday 10/03/2017:
- Feeling: Frustration
  Situation: Experimenting with functional programming
- Reason: The combination of the way of thinking and not knowing the syntax well didn't work well
- Possible cause: Should learn typescript syntax better

Monday: HTML day 1
Tuesday: HTML day 2
Wednesday: Javascript day 1 with Tim
Thursday: Javascript day 2 with Tim
Friday: Typescript and angular with Tim

Possible points to work on (LAST WEEK):
- Should make an objective based on my color profile (see exercise during the workshop)
  => we got the pdf this week, need to import it here
- I want to be more foreward, say what i think and feel more often. It would solve a lot of my problems/take away things that annoy/irritate me.
  => Same this week. Seems to be easier to do to fellow students instead of to the teachers
- Set clear goals for myself and work to them. I seem to need this!

Possible points to work on (THIS WEEK):
- I want to be more foreward, say what i think and feel more often. It would solve a lot of my problems/take away things that annoy/irritate me.
  => Seems to be easier to do to fellow students instead of to the teachers
- Figure out the most optimal way for me to learn new things.

Week 11:

Monday 13/03/2017:
- Feeling: Desperation
- Situation: Learning typesript was really different than java
- Reason: Not my comfort zone and we had very limited time
- Possible cause: Knowing i needed more time for it and probably also a different approach.

Tuesday 14/03/2017:
- Feeling: Nothing special
- Situation: Learning about architecture and trying to apply it to an example project
- Reason:
- Possible cause:

Wednesday 15/03/2017
- Feeling: Same as tuesday
- Situation:
- Reason:
- Possible cause:

Thursday 16/03/2017
- Feeling: Excitement + little bit of fear + motiviation
- Situation: Our starterproject was finally there. The groups were divided and the project itself was explained.
- Reason: I like new challenges although i'm sometimes a little afraid of the "unknown"
- Possible cause: Adrenaline

Friday 17/03/2017:
- Feeling: Annoyed
  Situation: We were divided into the fixed groups of our project and from the start it became clear that Kevin wanted to oppose Rodrigo all the time out of principle.
- Reason: I don't' like this behaviour, it is very tiresome to deal with this.
- Possible cause: I prefer harmony within the group, not someone constantly opposing someone else just because he can

<u>Monday:</u>	Typescript with Tim
<u>Tuesday</u>:	Architecture with Frans
<u>Wednesday</u>:	Architecture with Frans
<u>Thursday:</u>	Presentation of the starterproject + setting teamrules etc
<u>Friday:</u>	Estimating the stories for the starterproject

Possible points to work on (LAST WEEK):
- I want to be more foreward, say what i think and feel more often. It would solve a lot of my problems/take away things that annoy/irritate me.
  => Seems to be easier to do to fellow students instead of to the
  teachers
- Figure out the most optimal way for me to learn new things.

Possible points to work on (THIS WEEK):
- Talk to people faster when i have "problems" with them. Solve things before they get dragged along for too long and escalate.

Week 12:

Monday 20/03/2017:
- Feeling: Frustration
- Situation: Pairing with Kevin
- Reason: Kevin seems to have a need to oppose everything i do while programming with at least 5 ideas of his own. Unfortunately those ideas are rarely well funded and therefore rarely can be used.
- Possible cause: It is very tiresome and annoying to keep having to explain your actions, especially if they keep being challenged by ideas that are at the point Useless. Probably the fact that the group was under some time pressure made me more "touchy".

Tuesday 21/03/2017:
- Feeling: Satisfaction
- Situation: Pairing with Paulien on backend
- Reason: Smooth day with a lot of progress
- Possible cause: I can get a lot of satisfaction of progress

Wednesday 22/03/2017
- Feeling: Satisfaction
- Situation: Pairing with Steven on frontend
- Reason: I have a good connection with Steven, we work really well together!
- Possible cause: Got a lot of work done, made a lot of progress which is really satisfying.

Thursday 23/03/2017
- Feeling: Joy
- Situation: Signed the contract for our new house
- Reason:
- Possible cause: Advancing in life!

Friday 24/03/2017:
- Feeling: Relief
- Situation: Told Kevin what bothered me during the retro
- Reason: I was bothered by it a lot! Should probably not have waited for the demo though!
- Possible cause: Feelings off my chest, communicated about the problem so we could move on.

<u>Monday:</u>	Starting on the first stories of our starterproject
<u>Tuesday</u>:	Starterproject + speeddating with portfoliomanagers
<u>Wednesday</u>:	Starterproject
<u>Thursday:</u>	Starterproject
<u>Friday:</u>	Demo + retro

Possible points to work on (LAST WEEK):
- Talk to people faster when i have "problems" with them. Solve things before they get dragged along for too long and escalate.

Possible points to work on (THIS WEEK):
- Talk to people faster when i have "problems" with them. Solve things before they get dragged along for too long and escalate. I'm sticking with this work point!

Week 13:

Monday 27/03/2017:
- ● Feeling: Determination
- ● Situation: One-to-one with Seppe
- ● Reason: Seppe pointed out to me that I should give faster feedback when things are bothering me. When going through this journal i realized I mention that a lot myself so I decided to take hard action on it and really focus on working on it! Keepin frustrations inside of me has ruined some things in my past and I am not going to let that happen again.
- ● Possible cause: Clear sense of where I should go!

Tuesday 28/03/2017:
- ● Feeling: Relieved
- ● Situation: Paired with Kevin
- ● Reason: After last weeks frustrations I decided to act on it and go pair with Kevin again. It went a lot better than last week! More open, no frustrations.
- ● Possible cause: I noticed that if i am more open about my feelings or steer people with questions, i can solve a lot of my frustrations!

Wednesday 29/03/2017
- ● Feeling: Annoyed
- ● Situation: Paring with Dieter. He wanted to navigate but said nothing. Instead he just

    watched his screen(had teamviewer open) and acted like he was watching a tutorial.
- ● Reason: I was annoyed by the fact that this is not how we were supposed to pair and the fact that Dieter always seems to bring everything down to the same thing, watching tutorials instead of trying something and actually doing something.
- ● Possible cause: It annoyed me that out of the two of us i was the only one doing something to contribute to the project. I tried to get him more involved but without success.

Thursday 30/03/2017
- ● Feeling: More annoyance
- ● Situation: Day 2 of pairing with Dieter. I decided to change things to get him more involved. I would navigate and he would drive. We used teamviewer.
- ● Reason: My intention did not have the hoped effect. Instead of being more involved Dieter just sat behind his keyboard, waiting for me to tell him what to do. Here aswell i tried to push him into taking some initiative and to try some code instead of waiting for me to dictate. I ended up taking over his laptop and writing all the code while he went back into tutorial-watching mode.

- Possible cause: I was annoyed because my intentions did not have the desired effect and I could not steer him into doing something out of his own.

Friday 31/03/2017:
- Feeling: Irritation
- Situation: During the no-estimation game the group was very loud and in that way unrespectful to the facilitators of the game.
- Reason: I don't like it if people are unrespectful
- Possible cause: My parents raised me like this i guess

Monday: Starterproject + one-to-one with Seppes
Tuesday: Starterproject
Wednesday: Starterproject
Thursday: Starterproject + fun evening
Friday: No-estimation game + demo + retro

Possible points to work on (LAST WEEK):
- Talk to people faster when i have "problems" with them. Solve things before they get dragged along for too long and escalate. I'm sticking with this work point!

Possible points to work on (THIS WEEK):
-

TURNING POINT:

I decided to rework this journal from this point on to a journal where I can note down the times where I gave successful feedback, steered someone, asked for help or did something about my frustrations or should have done all mentioned before. This will cause small alterations in the format of the journal.

Week 14:

Monday 3/04/2017:
- Success/failure: No problems occurred
- Situation: Last week of the project, we were all focussed on getting as far as Possible + i already accepted some things that led to frustrations with me.
- Action taken: None
- Improvements: Instead of accepting the frustrations i could have tried to make the people responsible for them aware of their behavior.

Tuesday 4/04/2017:
- Success/failure: No problems occurred
- Situation: Last week of the project, we were all focussed on getting as far as Possible + i already accepted some things that led to frustrations with me.
- Action taken: None
- Improvements:

Wednesday 5/04/2017
- Success/failure: No problems occurred
- Situation: Last week of the project, we were all focussed on getting as far as Possible + i already accepted some things that led to frustrations with me.
- Action taken: None
- Improvements:

Thursday 6/04/2017
- Success/failure: No problems occurred
- Situation: Last week of the project, we were all focussed on getting as far as Possible + i already accepted some things that led to frustrations with me.
- Action taken: None
- Improvements:

Friday 7/04/2017:
- Success/failure: **Success**
- Situation: We had a photoshoot with the entire group. And instead of occasionally doing what the photographer asked the bigger part of the group just treated the whole thing as a joke which prolonged the entire thing.
- Action taken: I made the way i was feeling clear to the group and asked them to take it more seriously.

- Improvements: Unfortunately my action itself had very little impact on the group but atleast i took action on my frustration and tried to change it.

<u>Monday:</u>	Starterproject
<u>Tuesday</u>:	Starterproject + ASF organising meeting
<u>Wednesday</u>:	Starterproject
<u>Thursday:</u>	Starterproject
<u>Friday:</u>	Demo + retro + closing event cegekaschool

What have I learned this week:
- Telling people how you feel about something that annoys you really helps. Even though the result is not there. I should definitely do this more!

Week 15:

Monday 10/04/2017:
- On vacation

Tuesday 11/04/2017:
- On vacation

Wednesday 12/04/2017
- On vacation

Thursday 13/04/2017
- On vacation

Friday 14/04/2017:
- On vacation

Monday: VACATION
Tuesday: VACATION
Wednesday: VACATION
Thursday: VACATION
Friday: VACATION

Week 16:

Monday 17/04/2017:
- Vacation

Tuesday 18/04/2017:
- Success/failure: No "problem" occured this day
- Situation:
- Action taken:
- Improvements:

Wednesday 19/04/2017
- Success/failure: **Failure**
- Situation: I was pairing with Marijn. He had a hard time letting go of the keyboard.
- Action taken: None, didn't say anything about switching the keyboard.
- Improvements: I should have said something

Thursday 20/04/2017
- Success/failure: **Success**
- Situation: During the demo i presented and defended my idea to/against Jan and Katrien (ASF leads)
- Action taken: Stepped forward and told them how i thought the program could be improved
- Improvements: Have it better prepared

Friday 21/04/2017:
- Success/failure: **Success**
- Situation: After an entire day of wording Dieter had only changed the color of two buttons. He was asked to also change a background color of a row in the program instead of the textcolor. At the end of the day it became clear he had not done it at all. All he had done was watching tutorials about angular.
- Action taken: When it bacame clear he was not even working on it i asked him how far he stood. When he told me he had not done it yet i asked him why not. He did not have an answer to that. I hope that this will make him more conscious about what he is and isn't contributing.
- Improvements: Instead of only making him aware he was doing nothing i could have gone further and tell him it annoyed other people. Not sure if this was needed or not. We will know on monday ...

Monday: Easter monday
Tuesday: First day back on the starterproject
Wednesday: Starterproject + graduation party
Thursday: Starterproject + demo
Friday: Starterproject

What have I learned this week:
- It is a difficult line between making people aware about their behaviour and mixing your personal emotions and feelings into it. It is best to make them aware of the problem and of how you feel about that.

Week 17:

Monday 24/04/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 25/04/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 26/04/2017
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 27/04/2017
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 28/04/2017:
- Success/failure: **Success**
- Situation: During the retro of our sprint i finally wrote down what i thought of Dieters tutorial watching while the rest was working.
- Action taken: I tried to use proper feedback techniques to tell Dieter how i felt.
- Improvements: Together with the rest of the group we figured out how we could tackle this problem and we found a mutual solution.

Monday:
Tuesday:
Wednesday: Recruiting cegeka school v2 + brainstorming exploratory testing project
Thursday: ASF meeting, knowledge sharing recruiters + factory festival
Friday: Retro + remaking C4 model of our application

What have I learned this week:
- I finally got the nerve to bring the issue up during the retro. I found out that using the proper way of giving feedback this really pays off! This was a great motivational moment that encouraged me to keep this up!!!

Week 18:

Monday 1/05/2017:
- Dag van de arbeid

Tuesday 2/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 3/05/2017
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 4/05/2017
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 5/05/2017:
- Success/failure: **Success**
- Situation: During one of the labs of the course i had a different opinion on what class should have some responsibilities then Kevin. I tried to use questions to "steer" him into seeing why i thought my idea was better.
- Action taken: Eventually we got up to the whiteboard and drew both situations out. We ended up with a mix of both of our ideas.
- Improvements: Should go to the whiteboard first before trying to convince him I was right.

Monday: Laybour day
Tuesday: Interviews cegeka school 2.0
Wednesday:
Thursday: Agile software engineering course
Friday: Agile software engineering course

What have I learned this week:
- Using a whiteboard to draw you're ideas really works. If you have different ideas this can be used to see which is the most valuable one.

Week 19:

Monday 8/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 9/05/2017:
- Success/failure: **Failure**
- Situation: During the testing we received a lot of post-its with negative items on them. I took it too personal and too negative instead of realising those post-its were what we needed to advance our application!
- Action taken: Nothing
- Improvements: Dont take things personal/negative and try to use them to my advantage

Wednesday 10/05/2017
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 11/05/2017
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 12/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Code review Tim
Tuesday: Exploratory testing
Wednesday: 3x interview cegekaschool 2.0
Thursday: ASF meeting + 2x interview cegekaschool 2.0
Friday: Story estimation after exploratory testing

What have I learned this week:
- Try to see how i can use things that seems negative to my advantage.
- Realise you need feedback on things you are NOT doing well to improve them.

Week 20:

Monday 15/05/2017:
- Success/failure: Succes
- Situation: Interview for cegekaschool 2.0 with an applicant who was to experienced for the school.
- Action taken: Together with Marlies we gave her honest feedback on her situation. Told her that we thought she wouldn't find in the school what she was looking for and offered other alternatives for her to get where she wanted.
- Improvements: I wanted to guide her to the conclusion herself but the language barrier made that very difficult (she was from India and did not always understand the questions that well).

Tuesday 16/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 17/05/2017
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 18/05/2017
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 19/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday:	2x intervieuw cegekaschool 2.0 + meeting Katrien for deadline Evaluation app
Tuesday:	Revamp team scrumboard
Wednesday:	working on evaluation app
Thursday:	Devops sandbox
Friday:	Devops sandbox + event storming new evaluations app

What have I learned this week:
Guiding people into certain conclusions isn't easy!

Week 21:

Monday 22/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 23/05/2017:
- Success/failure: Succes
- Situation: Talking with my girlfriend about things that weren't going well at her job
- Action taken: I suggested she took initiative in solving the problem herself
- Improvements: It's hard to tell/suggest things she could/should do without being sounding like a know-it-all.

Wednesday 24/05/2017
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 25/05/2017
- O.L.H. Hemelvaart

Friday 26/05/2017:
- Success/failure: Succes
- Situation: Sanne gave us a presentation of her thesis defence during lunch.
- Action taken: After the presentation I gave her feedback and some points where she could improve her presentation.
- Improvements:

Monday:	C4 model + NFR new evaluation app
Tuesday:	Interview @ VDAB + brainstorming evaluation app
Wednesday:	Brainstorming new evaluation app, mocking screens
Thursday:	O.L.H. Hemelvaart
Friday:	Eventsourcing + meeting afs knowledgesharing

What have I learned this week:
- Giving feedback that conveys everything you feel/think isn't easy. I need to search for the line between giving correct feedback and hurting ppls feelings.

Week 22:

Monday 29/05/2017:
- Success/failure: **Failure**
- Situation: During the interview with maarten i did not fully agree with Arlette. I valued him less on certain criteria then she did. This resulted in him getting a higher
score then I agreed with.
- Action taken: None
- Improvements : Should have communicated better with Arlette. In the end the score didn't matter because the candidate dropped out.

Tuesday 30/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 31/05/2017
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 1/06/2017
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 2/06/2017
- Success/failure: Failure
- Situation: Day after the knowledge sharing afternoon we organized
- Action taken: Should have asked for/organized a retro but didn't do that
- Improvements: Make sure that there is a retro next time!

Monday: 4x interviews cegekaschool (Luiz, Kathleen, Celeste, Maarten)
Tuesday: Meeting on knowledge sharing afternoon
Wednesday: Preparing knowledge sharing afternoon
Thursday: Knowledge sharing afternoon
Friday: Exploration day

What have I learned this week:
- Don't be intimidated by a person's role/status when giving feedback.
- Make sure to organise a closing event / retro after a long time of organising an event!

Week 23:

Monday 5/06/2017: Pinkstermaandag

Tuesday 6/06/2017:
- Success/failure: **Succes**
- Situation: First day on the new team
- Action taken: Fast integration
- Improvements:

Wednesday 7/06/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 8/06/2017:
- Success/failure: **Failure**
- Situation: After three days of working on the development scripts I barely had any help from my pair-partner.
- Action taken: since i was new in the team i didn't say anything about it.
- Improvements: speak up even if it's a new team!

Friday 9/06/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Pinkstermaandag
Tuesday: First day @ VDAB Brussel
Wednesday: Hip sprint
Thursday: Hip sprint
Friday: Hip sprint + beginnen verven in ons huis

What have I learned this week:

Speak up!

Week 24:

Monday 12/06/2017:
- Success/failure: failure
- Situation: first week on the new team was mostly solo work
- Action taken:
- Improvements:

Tuesday 13/06/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 14/06/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 15/06/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 16/06/2017:
- Success/failure: **failure**
- Situation: Rafael was explaining me the context of master vac and i didn't interrupt him to tell him he was going to fast and he lost me.
- Action taken: None
- Improvements: I should blow the whistle faster when stuff is going to fast!

Monday: Hip sprint: chocolatey
Tuesday: Hip sprint: Init script
Wednesday: Hip sprint: Init script + docker
Thursday: Hip sprint: Init script + docker
Friday: Hip sprint: Init Vac

What have I learned this week:

Be honest when i can't follow. Not telling doesn't help!

Week 25:

Monday 19/06/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 20/06/2017:
- Success/failure: **Failure**
- Situation: Pairing with Niels J, he was going incredibly fast and lost me after a while.
- Action taken: It was my first time working with Niels and I didnt give him any feedback about his speed.
- Improvements: Give feedback even though I dont know the person very well.

Wednesday 21/06/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 22/06/2017:
- Success/failure: **Succes**
- Situation: While pairing with Maarten we really past the keyboard around very often, making sure we were really pairprogramming.
- Action taken: We tried to pass the keyboard around after every test/implementation
- Improvements: We could have asked a more senior dev sooner when we had some small problems

Friday 23/06/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Hip sprint: Init Vac
Tuesday: First day on the team in leuven + first story with Niels J
Wednesday: futurespective + story with niels J
Thursday: story with maarten
Friday: Planning cegekaschool 2 + retro recruitment cegekschool 2 +story with maarten

What have I learned this week:

- Try to make a habit of asking/giving feedback after every pair-session.
- Ask for help faster. Dare to admit when I don't know something

Week 26:

Monday 26/06/2017:
- Success/failure: **Failure**
- Situation: Pairing with Niels. I was sitting along side of him untill there were tests that needed fixing. Niels didnt want to fix them and only then I got the keyboard.
- Action taken: Nothing
- Improvements: Should have spoken about not getting the keyboard sooner

Tuesday 27/06/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 28/06/2017:
- Success/failure: **Failure**
- Situation: Pairing with Maarten. I was certain of something and Maarten was sure of something else. I could not explain him why i believed my option was the right one.
- Action taken: Tried to reason with maarten
- Improvements: I should have let maarten explain his thought and asked more why's

Thursday 29/06/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 30/06/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Story with Niels J
Tuesday: Story with Niels J
Wednesday: Story with Maarten
Thursday: Story with Maarten
Friday: Story with Maarten

What have I learned this week:
- I should speek up when pairing is not going the way it should
- Ask more why's when pairing

Week 27:

Monday 3/07/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 4/07/2017:
- VACATION

Wednesday 5/07/2017:
- Success/failure: **Succes**
- Situation: Pairing with niels d.
- Action taken: Asked when I didn't understand stuff and it payed off. Niels always explains things very well!
- Improvements: Ask even more

Thursday 6/07/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 7/07/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Story with Maarten
Tuesday: VACATION
Wednesday: Story with Niels D
Thursday: Story with Niels J
Friday: Data migration with rafael

What have I learned this week:
- Asking questions is the best thing I can do when pairing with a more experiences ppl

Week 28:

Monday 10/07/2017:
- VACATION

Tuesday 11/07/2017:
- Success/failure: **Succes**
- Situation: Pairing on data migration with Rafael. While pairing I got a lot of explanation on streams from Rafael.
- Action taken: Listened
- Improvements: When sitting next to a senior ask more

Wednesday 12/07/2017:
- Success/failure: **Failure**
- Situation: When pairing with Rafael I didn't touch the keyboard for an entire day
- Action taken: None
- Improvements: Tell my pair when i can no longer focuss because i can't type

Thursday 13/07/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 14/07/2017:
- Success/failure: **Succes**
- Situation: I got to implement a lot while pairing with Rafael
- Action taken: Told him I hadn't touched the keyboard much the last few days
- Improvements: I spoke up. Should make this a habit

Monday: VACATION
Tuesday: Data migration with Rafael
Wednesday: Data migration with Rafael
Thursday: Data migration with Rafael
Friday: Data migration with Rafael

What have I learned this week:
- When pairing with seniors ask questions and listen to what they have to say
- Make "rules" at the start of a pairing session

Week 29:

Monday 17/07/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 18/07/2017:
- Success/failure: **Failure**
- Situation: Working with Rafael we were using a lot of Streams (basicly for everything). At a certain point wer had to flatmap something and I didnt understand what of why. Rafael explained it to me but i didnt understand it even after his explanation. I didnt ask any further because i planned to look it up at home.
- Action taken: Didnt ask further and eventually didnt have the time at home to do further research
- Improvements: Should not have been afraid to admit i still didnt understand and should have asked further!!

Wednesday 19/07/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 20/07/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 21/07/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Data migration with Rafael
Tuesday: Data migration with Rafael
Wednesday: Data migration with Rafael
Thursday: Data migration with Rafael
Friday: Data migration with Rafael

What have I learned this week:
- Dont be afraid to admit to not knowing something! Keep asking questions if needed!

Week 30:

Monday 24/07/2017:
- VACATION

Tuesday 25/07/2017:
- VACATION

Wednesday 26/07/2017:
- VACATION

Thursday 27/07/2017:
- VACATION

Friday 28/07/2017:
- VACATION

Monday: VACATION
Tuesday: VACATION
Wednesday: VACATION
Thursday: VACATION
Friday: VACATION

What have I learned this week:

Week 31:

Monday 31/07/2017:
- VACATION

Tuesday 1/08/2017:
- VACATION

Wednesday 2/08/2017:
- VACATION

Thursday 3/08/2017:
- VACATION

Friday 4/08/2017:
- VACATION

Monday: VACATION
Tuesday: VACATION
Wednesday: VACATION
Thursday: VACATION
Friday: VACATION

What have I learned this week:

Week 32:

Monday 7/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 8/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 9/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 10/08/2017:
- Success/failure: **Failure**
- Situation: Pairing with Niels. We had to implement something that had already been implemented before so while Niels was gone he told me to look at it and use it as a reference. After a while Kevin came to explain because he had helped implementing the example. He didnt find the problem i was having either but started doing random changes in the code. Instead of admitting he didnt know he just pretended to know and that frustrated me a bit.
- Action taken: Nothing
- Improvements: Should have given feedback to Kevin and told him how I felt instead of taking the frustration home with me.

Friday 11/08/2017:
- Success/failure: **Succes**
- Situation: Entire day of pairing with Niels D. He gave me a lot of explanations and I asked a lot of questions.
- Action taken: Asked questions
- Improvements: I notice there are pll where i asked questions more frequently and others where i dont. I should try to ask no matter who is pairing with me at the given time.

Monday: Pairing with Maarten
Tuesday: Pairing with Rafael
Wednesday: Pairing with Rafael
Thursday: Pairing with Niels D
Friday: Pairing with Niels D

What have I learned this week:
- Dont take my frustrations home. Dare to give feedback/confront ppl!!
- Ask no matter who is sitting next to me.

Week 33:

Monday 14/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 15/08/2017:
- Success/failure: **Succes**
- Situation: My last day in Leuven pairing with Niels D. Was able to ask a lot of questions. He explained the way we work with commands very well!
- Action taken: Ask when i didnt understand something. Plus gave Niels feedback and told him I really liked the way he explains things.
- Improvements:

Wednesday 16/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 17/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 18/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:
-

Monday: Thuiswerk
Tuesday: Story with Niels D
Wednesday: Back to brussel, story on pvc with Sylvie
Thursday: Story on pvc with Sylvie
Friday: Story on pvc with Sylvie

What have I learned this week:
- Give ppl positive feedback when you can. Its nice to hear what you are doing well from time to time!

Week 34:

Monday 21/08/2017:
- Success/failure: **Failure**
- Situation: Pairing with Sylvie while i was too tired and a little sick
- Action taken: I didnt participate as much as i should have during the pairing
- Improvements: Tell my pair in advance of how im feeling and do the best i can

Tuesday 22/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 23/08/2017:
- Success/failure: **Succes**
- Situation: I told sylvie in advance how i was feeling and the pairing was better. She took more her time to explain things to me, being even more patient knowing i wasnt feeling a 100 %.
- Action taken: Open communication to my pair
- Improvements:

Thursday 24/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 25/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Story on pvc with Sylvie
Tuesday: Story on pvc with Sylvie
Wednesday: Story on pvc with Sylvie
Thursday: Story on pvc with Sylvie
Friday: Story on pvc with Sylvie

What have I learned this week:
- Have good communication with your pair before and during the session/day

Week 35:

Monday 28/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 29/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 30/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 31/08/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 1/09/2017:
- Success/failure: **Failure**
- Situation: During the standup Karolien asked for someone to do a technical analysis of a vac story. I didn't speak up to volunteer because i assumed i wasn't capable of doing the analysis.
- Action taken: Eventually i did the analysis together witch Sylvie and ended up learning a lot about vac
- Improvements: Don't be afraid to say yes and take initiative. I can always ask for help later!

Monday: Story on pvc with Sylvie
Tuesday: Story on pvc with Sylvie
Wednesday: Story on pvc with Sylvie
Thursday: Story on pvc with Sylvie
Friday: Story on pvc with Sylvie + technical analysis of vac issue

What have I learned this week:
- Dont be afraid to take initiative and say yes to something you dont know

Week 36:

Monday 4/09/2017:
- VACATION

Tuesday 5/09/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 6/09/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 7/09/2017:
- Success/failure: **Succes**
- Situation: When Karolien asked me to do a technical analysis of a vac story I kept the previous time in consideration and started on it with the idea of doing as much as i could on my own and ask for help when i got stuck.
- Action taken: Accepted the fact that i would get stuck and simply would need to ask for help then.
- Improvements: Do this more! I really learned a lot from doing so!

Friday 8/09/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: VACATION
Tuesday: Story on pvc with Sylvie
Wednesday: Story on pvc with Sylvie
Thursday: Analysing vac security issue with Matthias
Friday: Story on pvc with Sylvie

What have I learned this week:

Week 37:

Monday 11/09/2017:
- Success/failure: **Failure**
- Situation: Pairing with Roel on a hip sprint issue he really knew everything about. We ended up with him typing all the time and me watching all the time. I lost focus pretty fast.
- Action taken: Nothing
- Improvements: Should have made him aware that i lost focus because i wast actively contributing to the problem at hand.

Tuesday 12/09/2017:
- Success/failure: **Failure**
- Situation: Day two of pairing with Roel. Same situation as the day before but on top of that i was sick. This only made everything worse.
- Action taken: None
- Improvements: Should have said something to Roel + should have gone home

Wednesday 13/09/2017:
- VACATION

Thursday 14/09/2017:
- Success/failure: **Succes**
- Situation: Pairing with Sylvie on improving local build times.
- Action taken: When we noticed the H2 in memory database idea was not fit for our current situation, we quickly went searching for other alternatives that we could use to achieve our goal.
- Improvements: Do this all the time. Also when implementing regular stories.

Friday 15/09/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday:
Tuesday: Hip sprint, paired with Roel
Wednesday: Hip sprint, paired with Roel
Thursday: Hip sprint, paired with Sylvie on improving build times
Friday: Oca opleiding @ Leuven

What have I learned this week:
- Learn to tell my pair im losing focus after not being able to type for the entire time.
- Quickly change to other alternatives on fixing a solution when somethig doesnt work out.

Week 38:

Monday 18/09/2017:
- Success/failure: **Succes**
- Situation: Pairing with Sylvie on improving local build times.
- Action taken: Even though it was a story were we had to figure a lot of new stuff out, we were doing a pretty good job of pairing on the problems at hand.
- Improvements: Maybe we could have improved some more by getting more structure into our story/idea

Tuesday 19/09/2017:
- Success/failure: **Failure**
- Situation: More alternatives didnt seem to work for us.
- Action taken: We started using two pc's to each do some research
- Improvements: Timebox this individual searches

Wednesday 20/09/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 21/09/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 22/09/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Hip sprint, paired with Sylvie on improving build times
Tuesday: Hip sprint, paired with Sylvie on improving build times
Wednesday: Hip sprint, paired with Sylvie on improving build times
Thursday: Hip sprint, paired with Sylvie on improving build times
Friday: Hip sprint, paired with Sylvie on improving build times

What have I learned this week:
- I can easily pair with sylvie. We seem to get along very well on that front.
- When splitting the pair up to start an individual search on a problem I/we should try to timebox this. Otherwise this tends to take to long.

Week 39:

Monday 25/09/2017:
- Success/failure: **Succes**
- Situation: After implementing our hip idea i made a doc containing everything we learned during the hip sprint
- Action taken: Documenting
- Improvements: Do this whenever needed

Tuesday 26/09/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 27/09/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 28/09/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 29/09/2017:
- Success/failure: **Succes**
- Situation: Vac story with Sylvie. We had to implement a story by modifying some jsp files. Since i dont know any jsp i asked sylvie about it.
- Action taken: Asked for explanations about JSP
- Improvements: Keep doing this whenever something is new/unfamiliar

Monday: Hip sprint
Tuesday: Sprint kickoff
Wednesday: Vac story with Sylvie
Thursday: Knowledge sharing afternoon at cegeka
Friday: Vac story with Sylvie

What have I learned this week:
- Document new thins. Both for the team as for myself!
- Ask things when i need more context or need something explained!!

Week 40:

Monday 2/10/2017:
- Success/failure: **Failure**
- Situation: After finishing our vac story we started analysing the next pvc story on the board. It became quickly clear we needed a kickoff with the entire team for this story. This meant we were stuck.
- Action taken: None
- Improvements: Should have found something useful to do like start code reviewing or something else that could be done quickly instead of not doing anything because we were stuck on our current story.

Tuesday 3/10/2017:
- Success/failure: **Neutral**
- Situation: Starting the new story with Sylvie.
- Action taken: I wrote down my todo list on paper.
- Improvements: Put it in Jira so the entire todo list stays available there

Wednesday 4/10/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 5/10/2017:
- Success/failure: **Succes**
- Situation: As a story leader i got a new pair (Maarten)
- Action taken: Took him to the board and explained the context of the story
- Improvements: Make a better drawing!!!

Friday 6/10/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Pvc introduction for the pll from Leuven + analysis of PVC55 with Sylvie
Tuesday: Pairing with Sylvie on PVC55 + story kickoff
Wednesday: Pairing with Sylvie on PVC55
Thursday: Pairing with Maarten on PVC55
Friday: Pairing with Kevin on PVC55

What have I learned this week:
- Make better use of the time that i have in a day. If you have to wait for someone before you can continiou on your story, find something else to do like doing a codereview!!!
- Make better use of jira to keep track of the todos on a story.

Week 41:

Monday 9/10/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 10/10/2017:
- Success/failure: **Failure**
- Situation: Pairing with Kevin. Every time we got stuck he was sure he knew the reason why. He was wrong time after time and didnt want to listen to the reason why even though i knew why.
- Action taken: Tried to work with him
- Improvements: Should have been more steering, ask him why he was so sure untill he figured out he was wrong.

Wednesday 11/10/2017:
- Success/failure: **Succes**
- Situation: First time pairing with Sander. Asked him for feedback at the end of the day.
- Action taken: Asked for feedback
- Improvements: Do this after every pairing session with all of my pairs

Thursday 12/10/2017:
- Success/failure: **Succes**
- Situation: Pairing with Sander. Had a great pairing session where we pingpongd the keyboard back and forth after implementing the code necessary to fix the test the other wrote.
- Action taken: Focussed on good XP practices
- Improvements: Do this with every pair I work with, suggest it at the start of every session

Friday 13/10/2017:
- VACATION

Monday:	PVC story with Kevin
Tuesday:	PVC story with Kevin @ Leuven
Wednesday:	Pairing with Sander on my pvc story + retro and sprint kickoff
Thursday:	Pairing with Sander
Friday:	VACATION

What have I learned this week:
- Ask for feedback more frequently
- Set pairing rules at the start of each day
- Steer kevin with questions

Week 42:

Monday 16/10/2017:
- VACATION

Tuesday 17/10/2017:
- VACATION

Wednesday 18/10/2017:
- VACATION

Thursday 19/10/2017:
- VACATION

Friday 20/10/2017:
- Success/failure: **Neutral**
- Situation: Working with Rafael on a story which was difficult for him as well made it very difficult to really pair on the story. It resulted in us both sitting behind the computer trying to figure out what was wrong. I had no chance to type the entire day.
- Action taken: Nothing since I don't know how I could improve these kind of situations.
- Improvements: Figure out how I can be productive in these kind of situations

Monday: VACATION
Tuesday: VACATION
Wednesday: VACATION
Thursday: VACATION voor Certificaat
Friday: Vac multiple sessions with Rafael

What have I learned this week:
- I need to find a way to make Vac stories productive for myself instead of being a fifth wheel on the car.

Week 43:

Monday 23/10/2017:
- Success/failure: **Neutral**
- Situation: Another day of pairing on Vac with Rafael. Unable to do anything
- Action taken: None
- Improvements: See the action of previous week

Tuesday 24/10/2017:
- Success/failure: **Succes**
- Situation: Mentor talk with Sander. He seems to take his job seriously. I have

  been able to tell him what was on my mind.
- Action taken:
- Improvements: Time the talks more in advance so I can prepare them a bit.

Wednesday 25/10/2017:
- Success/failure: **Succes**
- Situation: Working with Stijn on Devops
- Action taken: Asked frequently for explanations when I didnt' understand something.
- Improvements: Take better notes when I get explenations

Thursday 26/10/2017:
- Success/failure: **Succes**
- Situation: Working on a Devops story while Stijn was gone. I got stuck and asked for the help from Dieter.
- Action taken: Asked help when I got stuck instead of waiting to long for it
- Improvements:

Friday 27/10/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Vac multiple sessions with Rafael
Tuesday: Sprint kickof, retro, code review, mentor talk with Sander
Wednesday: Devops with Stijn
Thursday: Devops with Stijn (alone in the afternoon, got help from Sander and Dieter)
Friday: voormiddag devop in leuven. Namiddag verlof

What have I learned this week:
- Ask for help when I dont understand
- Take better notes when I get an explanation

Week 44:

Monday 30/10/2017:
- Success/failure: **Succes**
- Situation: Pairing on devops with Stijn. I asked when i didnt fully understand something and admitted when i didnt fully understand something.
- Action taken: Asked questions and admitted when i didnt understand something
- Improvements: Try to do this with all my pairs + make good documentation about the things i learn

Tuesday 31/10/2017:
- Success/failure: **Succes**
- Situation: During the 360 feedback session i gave a lot of honest and supportive feedback to ppl who i believed could use it
- Action taken: Feedback given
- Improvements: Dont wait for a fixed feedback session. Think about this more often and give ppl faster feedback !

Wednesday 1/11/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 2/11/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 3/11/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Pairing with Stijn on devops
Tuesday: Pairing with Stijn on devops + 360evaluations
Wednesday: Holliday
Thursday: Selfstudy @ cegeka
Friday: Selfstudy @ cegeka

What have I learned this week:
- ● Dare to ask questions and give honest feedback

Week 45:

Monday 6/16/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 7/11/2017:
- Success/failure: **Succes**
- Situation: Pairing with Matthias. During the session Matthias had to get me up to speed with the story. I asked a lot of questions to make sure i fully understood + before coding we agreed on a pingpong way of pairing
- Action taken: Asked questions and set pairing rules at the start of the session
- Improvements:

Wednesday 8/11/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 9/11/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 10/11/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday: Last day dedicated pairing with Stijn on devops
Tuesday: Pairing with Matthias on pcv
Wednesday: Retro by Jan van Reusel + story kickoff
Thursday: Working @ Leuven + evaluation talk
Friday: Vacation

What have I learned this week:
- Setting rules at the start of a pairing session works. All you have to do afterwards is make sure to follow them.

-----------------TEMPLATE-------------

Week 18:

Monday 8/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Tuesday 9/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Wednesday 10/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Thursday 11/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Friday 12/05/2017:
- Success/failure:
- Situation:
- Action taken:
- Improvements:

Monday:
Tuesday:

<u>Wednesday</u>:
<u>Thursday:</u>
<u>Friday:</u>

<u>What have I learned this week:</u>