

Contributor	
id	int (Primary key)
firstname	text
surname	text

Recipes	
id	int (Primary key)
recipetitle	text
recipetext	text

ingredients-junction	
contributor-id	int (Foreign key)
recipe-id	int (Foreign key)

Ingredients
id (foreign)
cabbage
salt
gochugaru
flour
daikon
spring onions
fish sauce
sugar
garlic
ginger
carrot
chillis
red pepper
onion

stretch - filter
by Country:
id (foreign)
Germany
Korea
Mexico

Recipes to
populate with at
start:
sauerkraut
kimchi
kkakdugi
chillis...

Ingredients	
id	int (Primary key)
ingredient	text