# Goldilocks Food Summary Nov 29 2022 through Apr 30 2023

# Total Foods Tried and Unique Foods Eaten by Year and Month



# Filter by:

- ☐ Breakfast
- Dinner
- Lunch
- Snack

# Meal

- **⊞** Snack
- **⊞** Lunch
- **□** Dinner

Swedish meatballs with cream or white sauce Peas and carrots, frozen, cooked, fat added

- Pasta, cooked
- Enchilada, no meat
- Corn, frozen, cooked with butter or margarine

#### Total

☐ Ask a question about your data



### Try one of these to get started

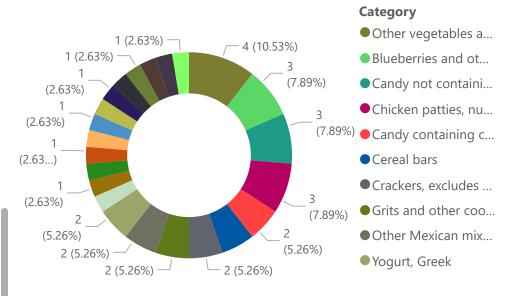
what is the total foods tried by food nutrient value category

top meals by total foods tried

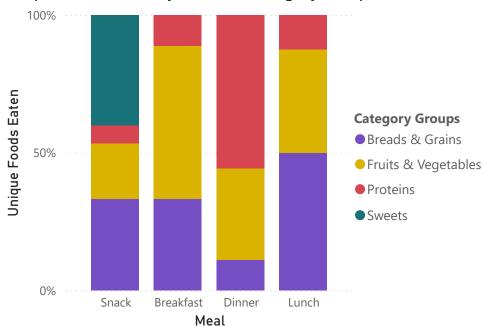
what is the total foods tried by meal

Show all suggestions

## Unique Foods Eaten by Category



### Unique Foods Eaten by Meal and Category Groups





Category	Foods
Cakes and pies	Snack cake, white
Candy containing chocolate	Chocolate candy, candy shell
Candy containing chocolate	Chocolate candy, peanut butter filled
Candy not containing chocolar	te Candy, fruit leather
Candy not containing chocola	te Candy, fruit snacks
Candy not containing chocolar	te Candy, gummy