# Medical Symptom Assessment Report

## Symptom Responses

- How severe are the chills?: Mild

- Are the chills accompanied by shaking?: No

- Do the chills cause you significant discomfort?: Mild

- How long have you been experiencing these chills?: Severe

- Do the chills make your teeth chatter?: Mild

- Are the chills accompanied by fever?: Severe

- Are the chills interfering with your daily activities?: Severe

## Additional Symptoms

- chills

## Predicted Diseases

- 🧠 Influenza (Flu) - High Probability

📝 Chills are a common symptom of influenza, often accompanied by fever, body aches, and fatigue.

⚠️ Precautions: Get vaccinated annually, practice good hygiene (frequent handwashing), avoid close contact with sick individuals, and stay home when sick.

🛠️ Remedies: Rest, drink plenty of fluids, take over-the-counter pain relievers (like ibuprofen or acetaminophen) to reduce fever and aches. See a doctor if symptoms worsen or persist.

- 🧠 Common Cold - Medium Probability

📝 While chills aren't as prominent as in the flu, they can occur, especially in the early stages, along with a runny nose, sore throat, and cough.

⚠️ Precautions: Similar to influenza prevention: good hygiene, avoid close contact with sick individuals.

🛠️ Remedies: Rest, drink plenty of fluids, use saline nasal spray or rinse, and consider over-the-counter cold medications for symptom relief. See a doctor if symptoms are severe or prolonged.

- 🧠 COVID-19 - Medium Probability

📝 Chills can be an early symptom of COVID-19, often appearing alongside fever, cough, and shortness of breath. However, many individuals are asymptomatic or have very mild symptoms.

⚠️ Precautions: Vaccination, wearing a mask in public indoor settings when community levels are high, practicing social distancing when appropriate, and good hygiene. Get tested if you suspect infection.

🛠️ Remedies: Rest, drink plenty of fluids, and follow medical advice. Seek medical attention if you have difficulty breathing or other serious symptoms. Treatment may involve antiviral medications in certain cases.

⚠️ This is not a diagnosis. Please consult a doctor.