# Medical Symptom Assessment Report

## Symptom Responses

- Is the pain constant or intermittent?: Severe

- How would you rate the intensity of the pain at its worst?: Severe

- Does the pain radiate to other areas, such as your legs or lower back?: Severe

- Does sitting worsen the pain?: Severe

- Does standing worsen the pain?: Severe

- Does the pain improve with rest?: Severe

- Is there any numbness or tingling associated with the pain?: Mild

## Additional Symptoms

- Butt pain

## Predicted Diseases

- 🧠 Sciatica - High Probability

📝 Sciatica is characterized by pain that radiates from the lower back down the buttock and leg. Butt pain is a primary symptom.

⚠️ Precautions: Maintain good posture, avoid prolonged sitting or standing, engage in regular low-impact exercise (like walking or swimming), and maintain a healthy weight.

🛠️ Remedies: Over-the-counter pain relievers (like ibuprofen or naproxen), physical therapy, stretching exercises, and in some cases, corticosteroid injections or surgery.

- 🧠 Piriformis Syndrome - Medium Probability

📝 Piriformis syndrome involves the piriformis muscle, located in the buttock, compressing the sciatic nerve. This can cause buttock pain, often radiating down the leg.

⚠️ Precautions: Avoid activities that aggravate the pain, stretch the piriformis muscle regularly, and maintain good posture.

🛠️ Remedies: Physical therapy, stretching exercises targeting the piriformis muscle, massage therapy, and in some cases, injections or surgery.

- 🧠 Ischial Bursitis - Medium Probability

📝 Ischial bursitis is inflammation of the bursae (fluid-filled sacs) located near the ischial tuberosity (sit bone). This causes localized pain in the buttock area.

⚠️ Precautions: Avoid activities that put pressure on the buttocks, use cushions for sitting, and maintain a healthy weight.

🛠️ Remedies: Rest, ice packs, over-the-counter pain relievers, physical therapy, and in some cases, corticosteroid injections.

⚠️ This is not a diagnosis. Please consult a doctor.