# Medical Symptom Assessment Report

## Symptom Responses

- Is the pain constant or intermittent?: Severe

- How would you rate the intensity of the pain at its worst?: Severe

- Does the pain radiate to other areas, such as your legs or lower back?: Severe

- Does sitting worsen the pain?: Severe

- Does standing worsen the pain?: Severe

- Does the pain improve with rest?: Severe

- Is there any numbness or tingling associated with the pain?: No

## Additional Symptoms

- Butt pain

## Predicted Diseases

- 🧠 Sciatica - High Probability

📝 Sciatica is characterized by pain that radiates from the lower back down the leg, often including the buttock. Butt pain is a common and primary symptom.

⚠️ Precautions: Maintain good posture, avoid prolonged sitting or standing, engage in regular low-impact exercise like swimming or walking, and maintain a healthy weight.

🛠️ Remedies: Over-the-counter pain relievers (like ibuprofen or naproxen), physical therapy, stretching exercises, hot or cold compresses, and in some cases, cortisone injections or surgery.

- 🧠 Piriformis Syndrome - Medium Probability

📝 The piriformis muscle, located in the buttock, can compress the sciatic nerve, causing buttock pain that may radiate down the leg. This is less common than Sciatica but shares similar symptoms.

⚠️ Precautions: Avoid prolonged sitting, stretching the piriformis muscle regularly, proper warm-up before exercise.

🛠️ Remedies: Physical therapy, stretching exercises targeting the piriformis muscle, massage therapy, and in some cases, steroid injections.

- 🧠 Ischial Bursitis - Medium Probability

📝 Ischial bursitis is inflammation of the bursae (fluid-filled sacs) located near the sit bones. This can cause localized pain in the buttocks, particularly when sitting.

⚠️ Precautions: Avoid prolonged sitting on hard surfaces, use cushions for support, maintain a healthy weight.

🛠️ Remedies: Rest, ice or heat packs, over-the-counter pain relievers, physical therapy, and in some cases, corticosteroid injections.

⚠️ This is not a diagnosis. Please consult a doctor.