# Medical Symptom Assessment Report

## Symptom Responses

- Is the pain constant or intermittent?: Mild

- How would you rate the intensity of the pain at its worst?: Severe

- Does the pain radiate to other areas, such as your legs or lower back?: Severe

- Does sitting worsen the pain?: Severe

- Does standing worsen the pain?: Severe

- Does the pain improve with rest?: Severe

- Is there any numbness or tingling associated with the pain?: Mild

## Additional Symptoms

- Butt pain

## Predicted Diseases

- 🧠 Sciatica - High Probability

📝 Sciatica is characterized by pain that radiates from the lower back down the buttock and leg. Butt pain is a primary symptom.

⚠️ Precautions: Maintain good posture, avoid prolonged sitting or standing, strengthen core muscles, maintain a healthy weight.

🛠️ Remedies: Over-the-counter pain relievers (NSAIDs like ibuprofen), physical therapy, stretching exercises, heat or ice packs, corticosteroid injections (in severe cases), surgery (in rare cases).

- 🧠 Piriformis Syndrome - Medium Probability

📝 Piriformis syndrome involves compression of the sciatic nerve by the piriformis muscle in the buttock, leading to buttock pain that may radiate down the leg. The pain is often aggravated by sitting or prolonged activity.

⚠️ Precautions: Stretching exercises focusing on the piriformis and hip muscles, avoid prolonged sitting, proper posture.

🛠️ Remedies: Physical therapy, stretching, massage, pain relievers, corticosteroid injections (in severe cases).

- 🧠 Ischial Bursitis - Medium Probability

📝 Ischial bursitis is inflammation of the bursae (fluid-filled sacs) located near the ischial tuberosity (sit bone), resulting in localized buttock pain, often worsened by sitting.

⚠️ Precautions: Avoid prolonged sitting on hard surfaces, use cushions for support, maintain a healthy weight.

🛠️ Remedies: Rest, ice or heat packs, over-the-counter pain relievers, corticosteroid injections (in severe cases).

⚠️ This is not a diagnosis. Please consult a doctor.