# NAME-VANSHIKA SINGH SAP ID-500107391 BTECH CSE

1.Illustrate the premise for the emergence of the rights-based approach.

#### ANS:-

The rights-based approach emerged as a framework to address social justice and human rights issues by shifting focus from merely fulfilling needs to ensuring that individuals' rights are recognized and protected. The premise for this approach includes several key factors:

- 1. **Historical Context**: Over time, many development and aid strategies were criticized for treating individuals as passive recipients of aid rather than active participants with inherent rights. This led to a shift toward recognizing and addressing the root causes of inequality and injustice.
- 2. Human Rights Framework: The rights-based approach draws on international human rights laws and conventions, which emphasize that certain rights are universal and inalienable. This framework advocates that all individuals, regardless of their background, are entitled to specific rights, such as the right to education, health, and freedom from discrimination.
- 3. **Empowerment and Agency**: By focusing on rights, the approach aims to empower individuals and communities to claim their entitlements and participate actively in decision-making processes. This contrasts with approaches that might only address immediate needs without considering the underlying power dynamics and systemic issues.

- 4. **Accountability**: The rights-based approach emphasizes the role of duty-bearers (such as governments and institutions) in fulfilling their obligations to respect, protect, and fullfill human rights. This adds a layer of accountability to ensure that rights are not just theoretical but are actively implemented and upheld.
- 5. **Holistic and Inclusive**: This approach seeks to address various aspects of individuals' lives and ensures that marginalized and vulnerable groups receive the attention and protection they need. It promotes an inclusive strategy that takes into account the diverse needs and rights of different groups within society.

### 2) Define the rights-based approach and explain its meaning

#### Ans:-

The rights-based approach is a framework that focuses on ensuring that individuals' human rights are respected, protected, and fulfilled. Unlike traditional approaches that may concentrate solely on addressing immediate needs or improving welfare, the rights-based approach emphasizes the importance of recognizing and implementing legal and moral entitlements that every person possesses.

The rights-based approach is a strategy that integrates human rights principles into development and social policies, aiming to empower individuals and communities by guaranteeing their rights as enshrined in international and national laws.

### **Explanation:**

- 1. Principle of Rights: At its core, this approach is built on the idea that all individuals have inherent rights that must be recognized and upheld. These rights include civil, political, economic, social, and cultural rights, which are deemed universal and inalienable.
- 2. Focus on Duty-Bearers: The approach assigns responsibilities to various duty-bearers, such as governments, institutions, and organizations, to respect, protect, and fulfill these rights. It shifts the focus from charity or

- welfare-based assistance to holding duty-bearers accountable for their role in safeguarding rights.
- 3. Empowerment and Participation: It emphasizes empowering individuals and communities to actively participate in decisions that affect their lives. By recognizing their rights, people are encouraged to be proactive in claiming and advocating for their entitlements.
- 4. Addressing Root Causes: The rights-based approach aims to tackle the underlying causes of inequality and injustice rather than just addressing surface-level symptoms. This involves understanding and addressing systemic issues that contribute to rights violations.
- 5. Holistic Perspective: It promotes a comprehensive view of development and social justice that considers the interconnectedness of various rights and their impact on individuals' overall well-being.

In essence, the rights-based approach transforms the perspective on development and social policies by prioritizing the protection and realization of human rights, thereby aiming for more equitable and sustainable outcomes.

# 3)State the principles and salient features of the rights-based approach.

#### Ans:-

The rights-based approach is guided by several principles and features that shape its application in development and social policies. Here's a breakdown:

### **Principles:**

- 1. **Universality and Inalienability**: Human rights are universal, meaning they apply to all people regardless of their circumstances, and inalienable, meaning they cannot be surrendered or taken away.
- 2. **Equality and Non-Discrimination**: Everyone is entitled to their rights without discrimination. The approach seeks to address and rectify inequalities and ensure equal access to rights for all individuals.
- 3. **Accountability and Rule of Law**: Duty-bearers, such as governments and institutions, are accountable for upholding human rights. This principle

- emphasizes the importance of legal frameworks and mechanisms to ensure rights are protected and enforced.
- 4. **Participation and Inclusion**: Individuals and communities should have the opportunity to participate in decisions that affect their lives. This principle underscores the importance of including diverse voices and perspectives in decision-making processes.
- 5. **Empowerment**: The approach aims to empower individuals and communities by recognizing their rights and providing them with the tools and support needed to claim and defend these rights.
- 6. **Transparency and Openness**: Processes related to the realization of rights should be transparent and open, allowing for public scrutiny and involvement.

#### **Salient Features:**

- 1. **Rights as Entitlements**: Rights are viewed as entitlements that individuals possess by virtue of their humanity, rather than as benefits or services provided by others.
- 2. **Focus on Duty-Bearers**: The approach highlights the obligations of duty-bearers to respect, protect, and fulfill rights. This includes creating and enforcing policies that uphold human rights standards.
- 3. **Holistic Approach**: It considers the interconnectedness of various rights and the need for a comprehensive approach to address multiple aspects of individuals' lives, such as health, education, and housing.
- 4. **Redress Mechanisms**: The approach provides mechanisms for individuals to seek redress if their rights are violated. This includes legal avenues, advocacy, and support services.
- 5. **Systemic Change**: Rather than focusing on short-term solutions, the rights-based approach aims to address underlying systemic issues that lead to rights violations and inequalities.
- 6. **Sustainability**: It promotes sustainable development by ensuring that rights are integrated into all aspects of policy and practice, leading to long-term improvements in human well-being.

These principles and features collectively guide the rights-based approach in promoting justice, equality, and respect for human dignity.

## 4) Discuss the rights-based approach to (development) program planning.

#### Ans:-

The rights-based approach to development program planning focuses on integrating human rights principles into all stages of program design and implementation. Here's a brief overview:

- 1. **Identify Rights and Needs**: Assess the human rights issues and specific needs of the target population.
- 2. **Engage Stakeholders**: Involve affected communities and rights experts to ensure the program addresses their rights and needs.
- 3. **Set Objectives**: Formulate goals that promote and protect human rights, and use indicators to measure progress.
- 4. **Design Interventions**: Align interventions with legal standards and include strategies to empower individuals and communities.
- 5. **Implement and Monitor**: Ensure the program respects human rights during implementation and establish mechanisms for accountability and monitoring.
- 6. **Evaluate and Learn**: Assess the program's impact on human rights, gather feedback, and make adjustments as needed.
- 7. **Ensure Sustainability**: Design for long-term impact and explore opportunities for scaling successful interventions while maintaining a focus on human rights.