



DOCUMENTATION OF E-PROJECT

Acknowledgement

Warm Welcome to Our Website

We are delighted to welcome you to our website, which is a part of my first-semester project at Aptech Gulshan, developed under the guidance of Sir Ali Baig. This project shows my learning journey and incorporates a variety of technologies including HTML, CSS, JavaScript, AOS library, Swiper.js, Animate.css, and Wow.js. We hope you enjoy exploring our website and find it informative and engaging.

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INTRODUCTION



Welcome to a World of Holistic Healing

Zara's Therapy offers a sanctuary for those seeking professional care and holistic healing. Our team of highly skilled therapists is dedicated to providing exceptional services tailored to meet the unique needs of each individual. From massage therapy to acupuncture, physical rehabilitation to aromatherapy, we offer a range of services aimed at promoting well-being and restoring balance.

Our Mission

Our mission is to provide the highest quality care and support to our clients on their journey to optimal health and wellness. We believe in the power of holistic healing and strive to create a nurturing environment where healing can flourish.

Why Choose Zara's Therapy?

- Experienced Professionals:** Our therapists are certified and licensed professionals with years of clinical experience.
- Personalized Care:** We offer personalized treatment plans tailored to meet the specific needs of each client.
- Comprehensive Services:** From massage therapy to acupuncture, we offer a wide range of services to address various health concerns.
- Compassionate Approach:** We provide compassionate and empathetic care to support our clients on their healing journey.

Contact Us

For more information about our services or to schedule an appointment, please contact us at contact@therapy.com or call us at 0029129102320. Visit our website at [www.zaratherapy.com] to learn more about our services and therapists.

Follow Us

Stay connected with us on social media for the latest updates and wellness tips. Follow us on [Facebook], [Twitter], [Instagram], and [LinkedIn].

At Zara's Therapy, your well-being is our priority. Experience the healing power of holistic therapy and embark on a journey to a healthier, happier you.

Hardware/ Software Requirements

Hardware

- A minimum computer system that will help you access all the tools in the courses is a Pentium 166 or better
- 64 Megabytes of RAM or better

Software [Either or Combination as per Course/Sem]

- Notepad/HTML editor/CoffeeCup
- Angular / Angular JS / React / BootStrap
- Dreamweaver / Figma
- MS IE / Chrome / FireFox / Netscape /MS Edge

Problem Statement

Zara's Therapy Clinic specializes in providing relief from stress, improving relaxation, enhancing circulation, and alleviating pain through muscle and tissue manipulation. Their therapists also aid in injury rehabilitation and overall wellness.

The clinic recognizes the importance of having a strong online presence, particularly through a well-designed website, to attract new clients and expand their practice. A website serves as a crucial platform for showcasing services, engaging with potential clients, and establishing credibility in the digital space.

Requirement Specification

The website for Zara's Therapy Clinic needs to meet the following requirements:

- 1. Home Page:** The home page should feature sections with a suitable logo and images of therapies or demo sessions to engage visitors.
- 2. Navigation Links:** The site must have clear navigation links to help users easily access different categories of information.
- 3. Menu:** A menu should be included to provide a brief introduction about the therapists available, contact details, and other relevant information.
- 4. Products and Services:** The site should include a list of related products and services, such as essential oils, lotions, and therapy accessories.
- 5. Service Categorization:** Services should be categorized based on technique, medical aid, beauty aids, etc., for easy browsing.
- 6. Additional Sections:**

- **Gallery:** High-quality images to enhance the website's visual appeal and showcase products or services.

- **Client Testimonials/Reviews:** Text and video testimonials to build trust and credibility.

- **About Us Page:** Information about the clinic and its team to establish credibility.

7. Contact Us Page: This page should include the clinic's address displayed using Geo-Location API (e.g., Google Maps) and an email address that links to the local mail client for inquiries.

8. Appointment Page: This page should allow users to schedule appointments online. It should include a form where users can select their preferred date, time, and type of therapy they are interested in. The form should also collect basic contact information such as name, email, and phone number.

9. Doctors/Therapists Page: This page should provide detailed information about the therapists available at the clinic. Each therapist's profile should include their name, photo, qualifications, specialties, and years of experience. This page can help potential clients learn more about the therapists and choose the one that best suits their needs.

Conclusion:

A well-designed website for Zara Therapy Clinic will not only enhance their online presence but also help them attract new clients and establish themselves as a reputable therapy clinic. By incorporating the above requirements, the website can effectively showcase their services, engage with potential clients, and ultimately drive business growth.

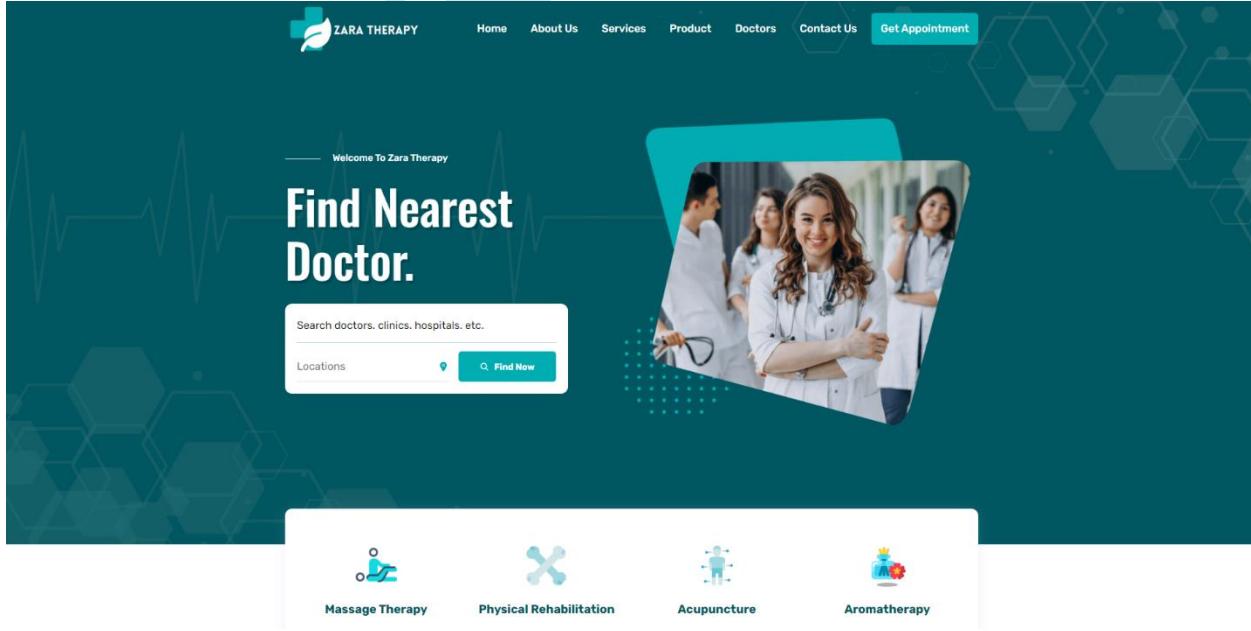
CODE VIEW

The image shows two side-by-side code editors from the Blackbox IDE. The left editor displays the `index.html` file, which contains the HTML structure for the website, including meta tags, links to CSS and JS files, and various script blocks. The right editor displays the `style.css` file, which contains the CSS styles for the website, including color definitions and typography rules.

```
Zara-Therapy > index.html > head > head
1  <!DOCTYPE html>
2  <html lang="en">
3
4  <head>
5    <meta charset="UTF-8">
6    <meta http-equiv="X-UA-Compatible" content="IE=edge">
7    <meta name="viewport" content="width=device-width, initial-scale=1.0">
8
9    <!--
10   | - primary meta tags
11   |
12   <title>Zara Therapy - home</title>
13   <meta name="title" content="DocLab - home">
14   <meta name="description" content="This is a medical html template made by codewithsadee">
15
16   <!--
17   | - favicon
18   --
19   <link rel="shortcut icon" href=".//favicon.svg" type="image/svg+xml"> -->
20   <link rel="shortcut icon" href="assets/images/ZARA_LOGO.png" type="image/x-icon">
21
22   <!--
23   | - google font link
24   --
25   <link rel="preconnect" href="https://fonts.googleapis.com">
26   <link rel="preconnect" href="https://fonts.gstatic.com" crossorigin>
27   <link href="https://fonts.googleapis.com/css2?family=Oswald:wght@400;700&family=Rubik:wght@400;600;700;900" rel="stylesheet">
28
29   <!--
30   | - custom css link
31   --
32   <link rel="stylesheet" href="assets/css/style.css">
33
34   <!--
35   | - preload images
36   --
37   <link rel="preload" as="image" href="assets/images/hero-banner.png">
38   <link rel="preload" as="image" href="assets/images/hero-bg.png">
39
40
41 </head>
42
43 <body id="top">
44
45   <!--
46   | - #PRELOADER
47   -->
```

```
Zara-Therapy > assets > css > style.css
1  :root {
2
3    --rich-black-fogia-29: hsl(222, 44%, 8%);
4    --middle-blue-green-40: hsla(174, 64%, 71%, 0.4);
5    --midnight-green: hsl(186, 100%, 19%);
6    --midnight-green-a2: hsla(186, 100%, 19%, 0.25);
7    --independece: hsl(236, 14%, 30%);
8    --verdigris: hsla(182, 100%, 35%);
9    --ming: hsl(186, 72%, 24%);
10   --space-cadet: hsla(226, 45%, 24%);
11   --eerie-black: hsl(0, 0%, 13%);
12   --alice-blue: hsl(187, 25%, 94%);
13   --gray-web: hsl(0, 0%, 50%);
14   --gainsboro: hsl(0, 0%, 87%);
15   --white: hsl(0, 0%, 100%);
16   --white-a2: hsla(0, 0%, 100%, 0.2);
17   --white-a10: hsla(0, 0%, 100%, 0.1);
18   --black: hsl(0, 0%, 0%);
19   --green: #16a085;
20   --black: #444;
21   --light-color: #777;
22   --box-shadow: 4rem .5rem 0 rgba(22, 168, 133, .2);
23   --text-shadow: 4rem .4rem 0 rgba(0, 0, 0, .2);
24   --border: 2rem solid var(--green);
25   --dark-cyan: hsl(158, 36%, 37%);
26   --cream: hsl(25, 38%, 94%);
27   --very-dark-blue: hsl(157, 30%, 24%);
28   --dark-greyish-blue: hsl(20, 12%, 48%);
29   --white: hsl(0, 0%, 100%);
30
31 /**
32  * typography
33 */
34
35
36 --ff-oswald: 'Oswald', sans-serif;
37 --ff-rubik: 'Rubik', sans-serif;
38
39 --headline-lg: 5rem;
40 --headline-md: 3rem;
41 --headline-sm: 2rem;
42 --title-lg: 1.8rem;
43 --title-md: 1.8rem;
44 --title-sm: 1.4rem;
45
46 --fw-500: 500;
47 --fw-700: 700;
```

HOME PAGE





About Our Therapists

Highly Skilled Professionals

Our team of therapists comprises highly skilled professionals dedicated to providing exceptional care and holistic healing to our clients. Each therapist brings a wealth of knowledge and expertise to our practice, ensuring that every individual receives personalized treatment tailored to their specific needs.

[Qualifications](#)[Experience](#)[Specialties](#)

Our therapists hold advanced degrees and certifications in various modalities of therapy, including massage therapy, physical rehabilitation, acupuncture, and aromatherapy. They stay updated with the latest advancements in their field and continuously expand their skills to provide the highest quality care to our clients.

- Certified and Licensed Years of Clinical Experience
- Expertise in Specialized Techniques Compassionate and Empathetic Care



Therapists Directory

Explore Our Therapists

**Massage Therapist**

Specializes in various massage techniques for relaxation and pain relief.

**Physical Therapist**

Expert in rehabilitation exercises and restoring mobility after injuries.

**Acupuncturist**

Specializes in traditional Chinese medicine techniques for pain management and wellness.

**Aromatherapist**

Utilizes essential oils and aromatherapy techniques to promote relaxation and improve mood.

**Holistic Therapist**

Employs holistic approach to wellness, integrating mind & body for comprehensive healing.

**Chiropractor**

Specializes in spinal adjustments and manipulations to alleviate pain and improve mobility.

The screenshot shows the homepage of Zara Therapy. At the top, there's a dark header with the logo 'ZARA THERAPY' and a navigation menu with links for Home, About Us, Services, Product, Doctors, Contact Us, and a prominent 'Get Appointment' button. Below the header, a section titled 'Therapist Insights' features a heading 'Latest Articles'. Three articles are listed in cards:

- The Importance of Self-Care for Therapists** (By Therapist, Health Tips, 09-02-2024) - Exploring strategies for maintaining physical and emotional well-being while providing quality care to clients. [Read More](#)
- Mindfulness Techniques for Therapists** (By Therapist, Wellness Tips, 09-02-2024) - Exploring mindfulness practices to enhance focus, reduce stress, and improve client interactions. [Read More](#)
- Navigating Boundaries in Therapeutic Relationships** (By Therapist, Prof-Dev, 09-02-2024) - Exploring ethical considerations and practical strategies for establishing and maintaining boundaries with clients. [Read More](#)

The screenshot shows the footer section of the Zara Therapy website. It has a dark teal background with a hexagonal pattern. On the left, there's a contact form with fields for Name, Email, and Message. In the center, there's a 'Contact Us' section with links for Main Email (contact@therapy.com), Inquiries (Info@therapy.com), Office Telephone (0029129102320), and Mobile (000 2324 39493). On the right, there's a 'Subscribe' section with an input field for Email and a 'Subscribe' button. A small circular arrow icon is in the bottom right corner.

This screenshot shows the same footer section as above, but with more detailed content under the 'About Us', 'Services', 'Useful Links', and 'Subscribe' sections. The 'About Us' section contains placeholder text about the company's history. The 'Services' section lists various therapy types like Counseling, Therapy Sessions, Workshops, Group Therapy, Teletherapy, and Mindfulness Training. The 'Useful Links' section includes Privacy Policy, Terms of Service, Client Testimonials, and FAQs. The 'Subscribe' section now includes a note: 'Get the latest updates via email. Any time you may unsubscribe.' There are also social media icons at the bottom right.

NOTE:

The complete website is available on GitHub, where I deployed it using Netlify. You can view the entire codebase and the deployed site on GitHub.

GitHub Account : <https://github.com/zahidrahimoon>

ZARA'S THERAPY