

## Medical Check Up (MCU) Result Report

### Patient Data

No \_\_\_\_\_ :  
Place and date of birth :  
Gender \_\_\_\_\_ :  
No. Medical Check Up :  
MCU date \_\_\_\_\_ :  
Company \_\_\_\_\_ :  
Department / Division \_\_\_\_\_ :

### Team Medical Check Up (MCU)

Dr. Cynthia Ariani, Sp.PK	( Clinical Pathology )
Dr. Maryati Ulfa	( General Practitioner )
Elis Susilawati, Am.Keb	(MCU Healthcare Coordinator)
Alfiat Indra Wibowo, STr. Kes	(MCU Coordinator)

# Medical Certificate

No

Date and place of birth

Department / Section :

MCU date: September 03, 2022

Female gender

MCU Number : 2209005

Based on the results of the Medical Check Up (MCU), it was concluded:

Healthy/Fit	<b>IN</b>
Healthy with medical records / Fit with medical records	
Temporarily Unhealthy / Temporarily Un-fit	
Unhealthy / Un-fit	

Notes :

Date	Signature
03 September 2022	

No

MCU date: September 03, 2022

Date and place of birth

Female gender

Department / Section :

MCU Number : 2209005

### CONCLUSION OF MEDICAL CHECK UP (MCU)

#### Conclusion

##### 1. Physical Examination

1.1. Blood Pressure : NORMAL

1.2. Body Mass Index: NORMAL

##### 2. Eye Examination

Vision : Normal

Color Blind : Normal

Notes : -

##### 3. Clinical Laboratory: RESULTS

#### Suggestion

Eat highly nutritious food, get enough exercise and don't smoke, live a healthy lifestyle.

Do regular health checks at least once a year.

## MEDICAL CHECK UP (MCU) RESULT REPORT

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Date and place of birth :

Female gender

Department / Section :

MCU Number : 2209005

### RESULTS OF PHYSICAL EXAMINATION

Medical history	
1.1. Current Complaints	THERE ISN'T ANY
1.2. History of previous illnesses 1.3.	THERE ISN'T ANY
History of Family Diseases 1.4. Habits	THERE ISN'T ANY
1.4.1. Sports 1.4.2.	NO EXERCISE
Smoke	NO
1.4.3. Drink Alcohol	NO
2.1. Body Height 2.2.	160 Cm
Body Weight 2.3. Body	54 Kg
Mass Index (BMI)	21
2.4. Resume BMI	NORMAL
2.5. Blood Pressure 3.1.	120 / 80 mmHg ( NORMAL )
Leather	NORMAL
3.2. Women	
3.2.1. Color-blind	NORMAL
3.2.2. Field of View 3.3. ENT	NORMAL
3.3.1. Ears 3.3.2.	NORMAL
Nose 3.3.3. Throat	NORMAL
3.4. Teeth and Mouth 3.5.	NORMAL
Head / Neck 3.6. Chest	WISDOM TEETH
	NORMAL
	NORMAL
3.7. Heart 3.8.	NORMAL
Lungs 3.9. Stomach	NORMAL
	NORMAL
3.10. Heart	NORMAL
3.11. Spleen	NORMAL
3.12. Muscle and skeleton	NORMAL
3.13. Tremor	NO TREMORS
3.14. Other others	THERE ISN'T ANY

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## CLINICAL LABORATORY EXAMINATION RESULTS

CHECKING TYPE	Results	Unit	Reference Value	Information
<b>HEMATOLOGY</b>				
Hemoglobin	12.9	g/dl	12.0-16.0	
Hematocrit	37	%	36-48	
Erythrocyte	4.4	10 <sup>6</sup> / $\mu$ l	3.5-5.5	
MCV	83	in	88-99	
MCH	29	pg	26-34	
MCHC	33	g/l	32-36	
Leukosit	5.46	10 <sup>3</sup> / $\mu$ l	4.0-11.0	
Platelets	199	10 <sup>3</sup> / $\mu$ l	150-450	
Blood Sedimentation Rate	16	mm/jam	<20	
<b>Differential Counting</b>				
Basophils	0	%	0-1	
Eosinophils	1	%	2-4	
Stem Neutrophils	2	%	2-6	
Segment Neutrophils	60	%	50-70	
Lymphocytes	35	%	20-40	
Monocytes	2	%	2-8	
<b>BLOOD CHEMISTRY</b>				
<b>Blood Sugar</b>				
Fasting Blood Sugar	89	mg/dl	70-110	
Blood Sugar 2 Hour PP	122	mg/dl	<140	
<b>LIPID TEST</b>				
Cholesterol	182	mg/dl	< 200	
Tryglyceridal	131	mg/dl	30-150	
HDL Cholesterol	45	mg/dl	> 35	
LDL Cholesterol	110	mg/dl	< 150	
<b>LIVER FUNCTION</b>				
SGOT	17	I/O	< 37	
SGPT	28	I/O	< 42	
<b>KIDNEY FUNCTION</b>				
Urea	19	mg/dl	10-50	

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 Jakarta, Prov. DKI Jakarta Tel. 0811-9806-366/0878-0997-7799

Creatinine	0.6	mg/dl	0.5-1.5
Uric Acid	5.7	mg/dl	3.4-7.0

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### CLINICAL LABORATORY EXAMINATION RESULTS

Inspection	Results	Unit	Reference Value	Information
<b>URINALYSIS</b>				
Color	YELLOW			
Clarity	A LITTLE CLOUDY		CLEAR	
Type Weight	1010		1.005 - 1.030	
pH	7.0		5.0 - 7.5	
Urobilin	Positive		POSITIVE	
Ketones	Negative		NEGATIVE	
Bilirubin	Negative		NEGATIVE	
Protein	Negative		NEGATIVE	
Glucose	Negative		NEGATIVE	
Nitrite	Negative		NEGATIVE	
Blood stick	Negative		NEGATIVE	
<b>sediment</b>				
Leukocytes	0-1	/LPB	0 – 5	
Erythrocyte	2-4	/LPB	0 – 2	
Epithelial Cell	Positive++		POSITIVE	
Cylinder	Negative	/LPK	NEGATIVE	
Crystal	Negative		NEGATIVE	
Bacteria	Negative		NEGATIVE	
Mold	Negative		NEGATIVE	

Doctor in Charge

Dr. Cynthia Ariani, Sp.PK

Clinical Pathology Clinical Laboratory