



Level 1 - Essentials of River Safety

Evaluation of American Canoe Association

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Level of License Issued	1
Month and Year Issued	2/9/2024
Month and Year Expiration	2/9/2026

Safety Module Evaluation

Topic	Needs Improvement	Good	Excellent
Catching and Exiting Eddies	X		
Ferry Glides	X		
Setting off/ Landing	X		
Throw Rope Rescue	X		
Lining/Portaging	X		
Knots (Figure 8, Bowline, Butterfly, No-knot, Water Knot, etc.)	X		
Belaying	X		
Mechanical Advance Systems (2-Line and Pig-Rig)	X		
Mechanical Advance (4:1, 5:1)	X		
Transfer Hitch	X		
Vector Pulls	X		
Anchor Use	X		
Shallow Water Crossing	X		
Swimming in Current (45 degree angle)	X		
Swift Water Entry/Exit	X		
Swim Rapids	X		
Swim Rapids with Active and Passive Victim	X		
Combat Rescue	X		
Pins/Wraps/High sides	X		
Foot Entrapment	X		
Tag Line	X		
Rescue Strong Swimmer	X		
Rescue Use of Rescue PFD	X		

Topic	Needs Improvement	Good	Excellent
Teathered Raft Rescue	X		
Proper Use of Audible and Visual Signals	X		
Water Hazards and Hydrology	X		
Entrapment	X		
Scenarios	X		
Boat Based Rescue	X		
Scene Management	X		
Equipment Evaluation	X		
Medical Issues	X		
Personal Preparation and Ability	X		





The above of ACA Essentials of River Safety Evaluation (consisted of 40 hours) and level granted, is completed by an instructor from the ACA Costa Rica, reviewed and approved by the President of the ACA Costa Rica.

Instructor of the ACA Costa Rica:

Name: Stanley Esquivel Mesen

Date: 2/9/2024

Signature: _____

If you have any questions, please contact the President of the Costa Rica Rafting Federation at:

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