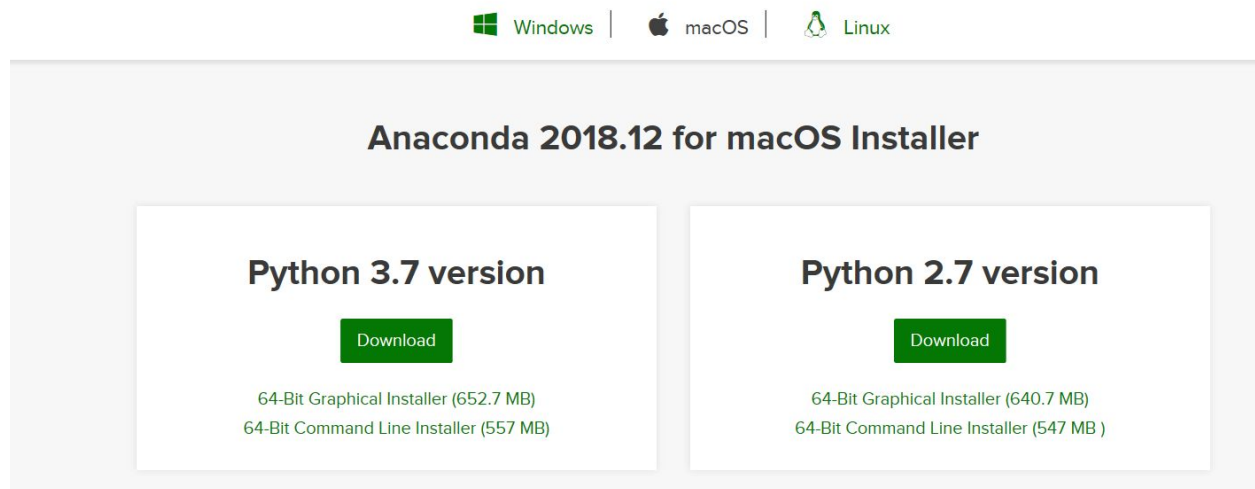


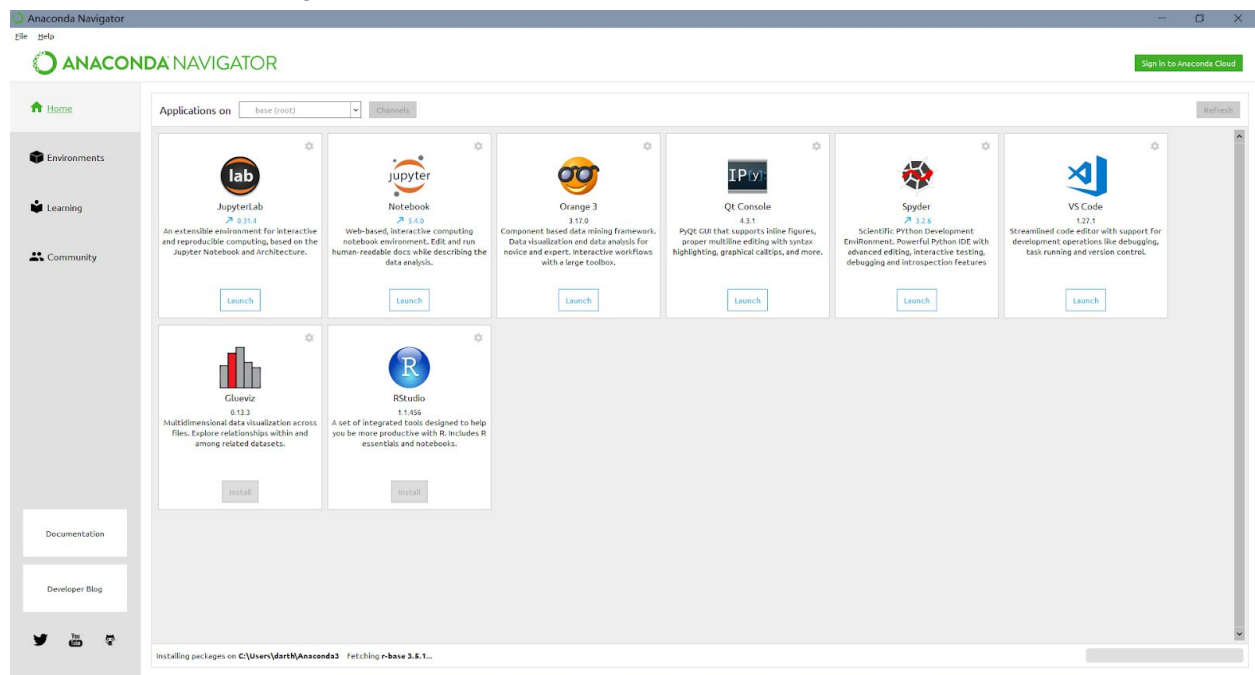
1. Install Anaconda

<https://www.anaconda.com/distribution/#download-section>



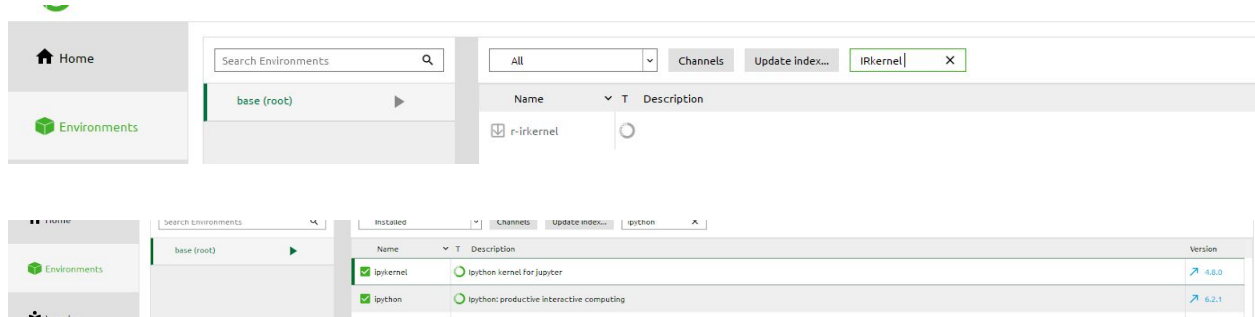
Select **Python 3.7** version, press the download button, choose according to your OS.

2. Run Anaconda Navigator



Install **Jupyter Notebook**

3. On the left tab, select **"Environments"**, Select **"All"** packages, and search **"irkernel"** AND **"ipython"**



Select to install the package

This could take a while, so it is expected to wait for 10 minutes or more.

4. Launch Jupyter Notebook



You may create notebooks in Python or R

5. IF you are not seeing this, please install the environments of R and python independently.

R: <https://cran.r-project.org/mirrors.html>

Python: <https://www.python.org/downloads/>