**Deployment**

**Frontend Deployment:**

* **Platform:** [Netlify](https://www.netlify.com/) or [Vercel](https://vercel.com/)
* **Steps:**
  1. Navigate to the frontend directory.
  2. Build the frontend app:

bash

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npm run build

* 1. Upload the build folder to Netlify or Vercel using their dashboards.

**Backend Deployment:**

* **Platform:** [Heroku](https://www.heroku.com/) or [Render](https://render.com/)
* **Steps for Heroku:**