***PSEUDOCODE***

Creating an entire fitness website involves a considerable amount of code and complexity. I'll provide you with a simplified example to get you started. This example will include a basic structure, routing, and placeholder content. Please note that for a real-world fitness website, you would need to integrate databases, user authentication, and other features.

npx create-react-app fitness-website

cd fitness-website

npm install react-router-dom

import React from 'react';

import { BrowserRouter as Router, Route, Switch } from 'react-router-dom';

import Header from './components/Header';

import Home from './components/Home';

import Workouts from './components/Workouts';

import Nutrition from './components/Nutrition';

import UserProfile from './components/UserProfile';

const App = () => {

return (

<Router>

<div>

<Header />

<Switch>

<Route path="/workouts" component={Workouts} />

<Route path="/nutrition" component={Nutrition} />

<Route path="/profile" component={UserProfile} />

<Route path="/" component={Home} />

</Switch>

</div>

</Router>

);

};

export default App;

// src/components/Workouts.js

import React from 'react';

const Workouts = () => {

return (

<div>

<h2>Workouts</h2>

<p>Explore our workout routines and stay fit!</p>

</div>

);

};

export default Workouts;

npm start

This example sets up a simple fitness website with basic routing. For a complete and functional fitness website, you would need to integrate more advanced features, user authentication, database storage, and possibly third-party APIs for workout and nutrition data.