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<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8" />
  <meta name="viewport" content="width=device-width, initial-scale=1.0" />
  <title>Sound Space</title>
  <link rel="stylesheet" href="styles.css" />
</head>
<body>
  <header>
    <div class="logo">Sound Space</div>
    <nav>
      <a href="#home">Home</a>
      <a href="#about">About</a>
      <a href="#research">Research</a>
      <a href="#songs">Songs</a>
      <a href="#conclusion">Conclusion</a>
    </nav>
  </header>

  <section id="home" class="hero">
    <h1>Welcome to Sound Space</h1>
    <p>Exploring how music impacts teenagers' emotions, identity, and mental health.</p>
  </section>

  <section id="about">
    <h2>About the Project</h2>
    <p>
      I created Sound Space to explore how music affects teenagers like me. Music is more than
      entertainment—
      it influences our emotions, shapes our identity, and helps us cope with stress or celebrate
      life.
    </p>
  </section>

  <section id="research">
    <h2>What Research Says</h2>
    <p>
      Studies show that music can boost mood, improve focus, and even help manage anxiety.
      However, certain genres
      or lyrics can also increase negative emotions if not balanced. Teenagers often use music as
      a coping tool, a way
      to express themselves, or to feel understood.
    </p>
  </section>

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</section>

<section id="songs" class="songs">
<h2>Curated Songs for Teens</h2>
<div class="song-list">

<div class="song">

<h3>"drivers license" – Olivia Rodrigo</h3>
<p>Note: Good for emotional release, but may deepen sadness in sensitive listeners.</p>
</div>

<div class="song">

<h3>"As It Was" – Harry Styles</h3>
<p>Note: Reflective and catchy. Good balance of melancholy and upbeat vibes.</p>
</div>

<div class="song">

<h3>"Die For You (Remix)" – The Weeknd & Ariana Grande</h3>
<p>Note: Deep and emotional. Great for expressing feelings, but heavy for some.</p>
</div>

<div class="song">

<h3>"Better Now" – Post Malone</h3>
<p>Note: Relatable and cathartic. Can be intense during emotional times.</p>
</div>

<div class="song">

<h3>"Blinding Lights" – The Weeknd</h3>
<p>Note: Energetic and mood-boosting. Great for workouts and motivation!</p>

</div>

</div>

</section>

<section id="conclusion">

<h2>Conclusion</h2>

<p>

Music is powerful. It helps teens feel heard, express emotions, and find comfort. But it's important to choose

songs that uplift and don't harm our mental health. Sound Space is a reminder to use music wisely — and let it

empower us.

</p>

</section>

<footer>

<p>© 2025 Sound Space | Created for my Passion Project</p>

</footer>

</body>

</html>