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App Name: Gym Partner

Motivation/Background:

Whether it's a New Year's resolution or a new semester goal, more and more people are trying to exercise in order to live a healthier lifestyle. For many, this means committing to an exercise routine and joining their local gym. Most people, however, fall short of their fitness goals because of a lack of commitment to exercising. Studies have shown that having a workout buddy incentivizes you, motivates you, and provides you with the much support system to stick to your fitness goals. Many times finding a workout partner can be difficult. Our app provides you with a way to find one.

How It Works:

- Users will create a profile and add their name, age, some biometrics, contact details, experience level and etc.
- Users will list gyms they want to workout at (essentially all the gyms their membership allows them to go to)
- Users will input their schedule of when they would want to go to the gym
- Users will select if they want to exercise for a specific type of targeted exercise (legs, shoulders, core, cardio, yoga, etc.). It's okay if they don't have anything specific.
- Based on the list of gyms, schedule, experience level, and/or type of exercise, a pairing algorithm will display potential gym partners
- If two users select one and other, the app will supply them with their contact information and times when their schedules match up.
- Users can contact other and figure out the rest of the details