



Access, aggregate and track your medical records.

Import your medical, dental and vision history from your various health providers. Your data is always stored safely and securely on your computer.

Build one consolidated health record of your full health history, supports multiple users, create accounts for your whole family

[LEARN MORE](#)



It's your health. Own it.

Create an account, and get started.

Firstname & Lastname

Enter your firstname and lastname



Email

Enter your email



Password

Enter your password



Create Account

Already have an account? [Sign In](#)

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- Hospital Networks/Clinics
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- Insurers
- Laboratoreies
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- INDUSTRY
- Medical
- Dental
- Vision
- Mental

MEDICAL SOURCES

Connected Sources



Medical Record Sources

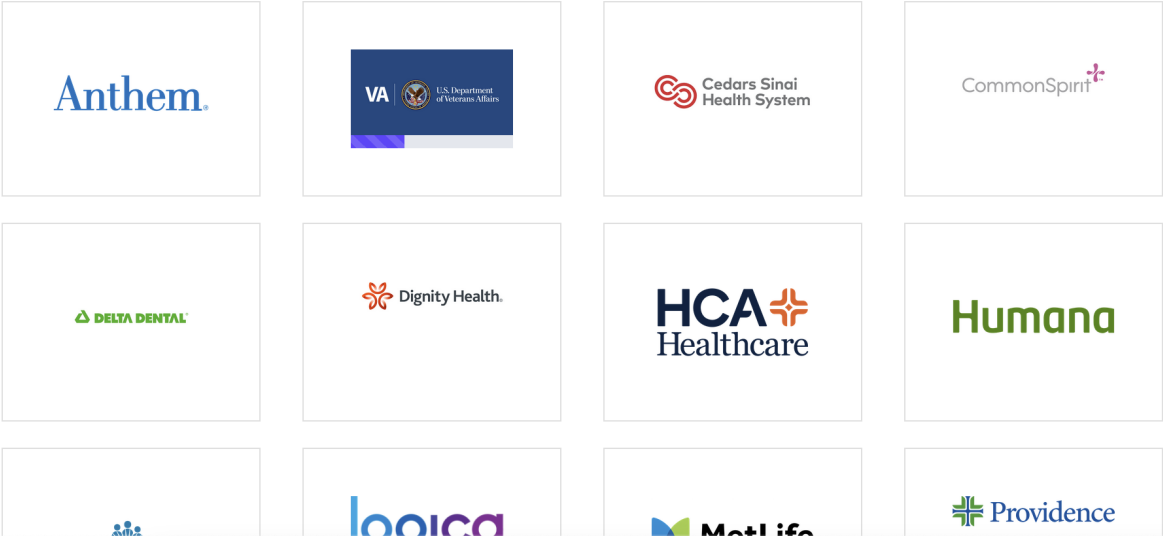
MANUAL UPLOAD

Fasten also supports manually uploaded electronic medical records (EMR). Click below to upload.

Select your EMR bundle

HEALTHCARE COMPANIES

The following medical companies have API's which Fasten can use to retrieve your medical history. Please click the logos below to initiate the connection.





Your CIGNA account has been securely connected to FASTEN.

This window will close automatically...

Close

Welcome back!

Your **personal** electronic medical record

LAST UPDATED
Oct 10, 2018

SELECTED SOURCES
All Sources

Add Source

📄 Save Report

📄 Export to PDF

✉ Send to Email

Medical Records

Summary of medical encounters and records stored in Fasten



Sources

A source is a medical provider, hospital or insurance company that Fasten can import your data from



📅 Start Date
Sept 01, 2018 ▾

📅 End Date
Sept 30, 2018 ▾

🏥 Source Type
All ▾

	Aetna DEMOETOECAAMPION, JOHN	status: active	last updated: Sep 25, 2022	expires: 1664149495	>
	Athena (Sandbox) Medlock, John	status: expired	last updated: Sep 25, 2022	expires: 16641462273600	>
	Medicare/VA Health (BlueButton) Doe, Jane X	status: active	last updated: Sep 25, 2022	expires: 1664146244	>
	CareEvolution (Sandbox) Demoski, Helen	status: active	last updated: Sep 25, 2022	expires: 1664147295	>

CarePlan	5
CareTeam	5
Claim	92
Condition	11
DiagnosticReport	42
Encounter	58
ExplanationOfBenefit	58
Goal	8
ImagingStudy	4
Immunization	12
MedicationRequest	34
Observation	455
Organization	2
Patient	1
Practitioner	2
Procedure	14

[SOURCES](#) [MANUAL](#) [DETAILS](#)

CarePlan

Category ↕	Reason ↕	Period ↕	Status ↕
735984001: Heart failure self management plan	low salt diet education,in-progress,physical exercise,in-progress	2015-12-30 - 11:16:14 pm -> 2022-09-19 - 12:37:37 pm	active
408869004: Musculoskeletal care	Joint mobility exercises,in-progress,Heat therapy,in-progress	1990-12-03 - 11:16:14 pm -> 2022-09-19 - 12:37:37 pm	active
698360004: Diabetes self management plan	Diabetic diet,in-progress,Exercise therapy,in-progress	1974-12-28 - 11:16:14 pm -> 2022-09-19 - 12:37:37 pm	active
736353004: Inpatient care plan (record artifact)	Cardiac care (regime/therapy),in-progress,Low sodium diet (finding),in-progress	2016-12-24 - 11:16:14 pm -> 2022-09-19 - 12:37:37 pm	active
736285004: Hyperlipidemia clinical management plan	low salt diet education,in-progress,physical exercise,in-progress	1989-02-11 - 11:16:14 pm -> 2022-09-19 - 12:37:37 pm	active
5 total			

Security Manager

Before you use Fasten you'll need to import or generate a new encryption key.

Fasten uses [zero-knowledge encryption](#) to secure your medical data. This means that your medical records are encrypted on your device, before they are stored in the Fasten database. The encrypted data stored in the database is worthless without your encryption key.

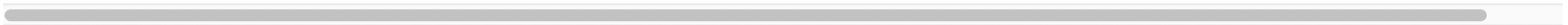
You must safely store your encryption key as you would a username & password, as it's the only thing that will allow you to access your records.

- 1 Download
- 2 Validate

Generate an encryption key

Fasten has generated an encryption key for you. You can use this encryption key to decode your medical records on this browser, and other devices. This is the only time the encryption key will be available to view, copy or download. We recommend downloading this key and storing the file in a secure location. You can reset your encryption key at any time, however any previously encrypted data will no longer be accessible.

```
{
  "username": "testuser2",
  "key": "a548f754-fd1f-4ceb-b021-ec428e3a1bd0",
  "config": "WyJTCXZmZW56WVksMjQWc4UG5ZRDZHS1BnPT0iLHsic2FsdExlbmd0aCI6MTYsIm1lbW9yeVNpemUiOjQwOTYsIm10ZXJhdGlvbnMiOjEwMCwicGFyYWxsZWxpc20iOjF!
```



Download Encryption Key

Next

Security Manager

Before you use Fasten you'll need to import or generate a new encryption key.

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You must safely store your encryption key as you would a username & password, as it's the only thing that will allow you to access your records.

- 1

Import
- 2

Validate

Import existing encryption key

Fasten was unable to find your encryption key on this device, and has detected encrypted data in your database. You will need to provide your encryption key to access your health records.

Choose file

Browse