

Outpatient Therapist Outpatient Therapist Outpatient Therapist Lexington, KY Work Experience

Outpatient Therapist New Vista Behavioral Health - Lexington, KY July 2017 to August 2018 As an

outpatient clinician, I provided clinical services for individuals and families that presented for treatment. In collaboration with a treatment team, I provided services including, but not limited to, crisis intervention and risk assessment, treatment planning and ongoing assessment, client education, individual/family/group collateral therapy, referrals, and advocacy. My caseloads included diverse populations with a variety of clinical needs. I was part of the training staff for the organization and provided training on Trauma Informed Care (TIC) to all new employees who worked for the organization within the Commonwealth. I led the intensive outpatient program 3 nights a week for court-mandated substance offenders in recovery as an alternative to harsher sentencing. My caseload was, on average, 90+ clients and I often maintained the highest return rate for clients (>2.5 sessions) and clients/week ratio of any clinician in our Lexington office. I worked closely with young adults and late adults alike, and maintained close relationships with my clients' caseworkers, community advocates, and medical professionals such as psychiatrists, primary care providers, and specialists. I presented my clinical findings to our clinic's treatment team once per month including treatment planning, clinical history, diagnostic measures, current goals, and future expected outcomes. I am currently near the halfway mark to obtaining independent licensure as an LCSW.

Therapist Child and Adolescent Trauma Treatment and Training Institute May 2016 to May 2017 I

conducted trauma-focused cognitive behavioral therapy (TF-CBT) with clients during my yearlong practicum at CTAC. I had my own caseload working with children who had been referred to us with posttraumatic stress symptoms, and am currently 3 months away from being eligible for TF-CBT certification. My duties as a therapist included:

- Conducting intake assessments
- Writing intake reports
- Providing psychoeducation on parenting skills to caregivers
- Conducting TF-CBT from start to finish with my clients
- Providing Psychoeducation on Trauma, abuse, and neglect
- Providing affective modulation and cognitive coping skills for clients
- Moderating the creation of written trauma narratives by clients and processing cognitive distortions
- Hosting caregiver-child conjoint sessions
- Creating and applying exposure therapy to enhance in vivo mastery of trauma

reminders -Education on enhancing safety -Client documentation in the form of treatment notes, non-treatment notes, and discharge summaries -Weekly attendance of treatment team meetings, scientific journal clubs, and conference calls for TF-CBT certification -Multiple case presentations to other licensed professionals regarding my work -Extensive trainings regarding therapy and trauma-informed care -Communication with other community agencies such as DCBS KVC

Kentucky August 2015 to December 2015 As my final undergraduate practicum placement, I joined KVC Kentucky's Family Preservation and Reunification services team. At KVC I accomplished many tasks which were at a work level higher than what I believe to be typical undergraduate experiences. Although I primarily worked with children and families, I compiled a spreadsheet and chart of Critical Client incident forms for the year of 2015 for the entire state of Kentucky, about 300 incident forms, I organized two major donation events for KVC and handled clinician forms for Christmas and Thanksgiving donations, I helped put together and organize training materials for organization wide required trainings, and I also attended many in-home visits with actual clients, and worked as part of the helping process alongside social workers.

Sales Associate Staples January 2015 to May 2015 As part of a self-initiative to further develop and hone interpersonal communication skills as well as an interest in commercial persuasion, I took a job at Staples as a certified Easy Tech associate. I communicated with customers in an effort to identify their reasons for entering the store, provided information on the products they intended to purchase, offered suggestions as to products that might better suit their personal needs, and worked to make them feel comfortable and supported while in the store. I also successfully worked with computers and other technology, running diagnostics and repairs for both hardware and software, performing virus removal, program setup, computer and printer hardware setup, and providing educational services to clients who wished to better understand their technologies.

Standing Down project coordinator Kentucky Humanities Council September 2014 to December 2014 James Haggie organized and moderated a support group for veterans in Lexington that received funding from the Kentucky Humanities Council as part of a flagship research project being conducted by New York University. The aim of the group was to connect younger veterans with older ones, to share experiences, to build comraderies, to help

stimulate the healing process in younger veterans by allowing older veterans to share their own healing processes, and fostering an environment where veterans can open up and share their struggles returning to civilian life. The project was an overwhelming success, and a large amount of data was collected, returned to NYU for analysis, and talks are in the work of implementing a more long-term commitment towards the group in Lexington.

Outreach Worker Catholic Action Center - Lexington, KY September 2014 to December 2014 The Catholic Action Center of Lexington, KY, provides "last stop" social services for homeless and low-income populations in need of shelter and basic living supplies. My position there was as a practicum student for the University of Kentucky College of Social Work, and I performed a variety of duties. I engaged individuals seeking assistance in person, completed intake and intake forms for individuals using the CAC homeless shelter Community Inn, returned phone calls to clients to set up meetings and arrange facilitation of resources, performed in-home visits for veterans in the CAC's transitional housing units, conducted financial matters in the transport of rent checks, helped clients set up food bank accounts and clothing drives, manually transported donations from donator houses in Lexington to the CAC warehouses, and moderated City Voice Council meetings in Downtown Lexington to connect homeless individuals with members of Housing Urban Development and other services in Lexington.

The Canaan House August 2013 to December 2013 The Canaan House is an assisted living facility for people with severe mental illness who are in danger of becoming homeless. My position there was to interact with the tenants, develop relationships with them and provide social interaction to help remedy their day to day struggle with mental illness.

Manager Donatos Pizzeria June 2011 to June 2013 I worked at Donato's as a manager, and was responsible for a wide array of tasks, from scheduling, inventory, and mediating employee and customer conflicts. People skills were definitely a must!

IT Specialist Donatos Pizzeria August 2011 to August 2012 I worked at the University of Kentucky Architecture Lab in Pence Hall, assisting students and professors alike with computer-related tasks as well as a large professional printing lab.

IT Specialist Lexington Public Library January 2011 to August 2011 At the Lexington Public Library I worked as a computer lab tech, assisting and educating the general public on everything from E-mail to Resume Building.

Education MASTER OF SOCIAL WORK in SOCIAL WORK UNIVERSITY OF KENTUCKY 2017
MASTER OF SOCIAL WORK in SOCIAL WORK UNIVERSITY OF KENTUCKY 2017 Bachelor of
Arts in social work in social work university of kentucky 2015 Bachelor of Arts in social work in social
work university of kentucky 2015 Skills Counseling, Mental Health, Case Management,
Documentation, Therapy Additional Information Trauma-focused Cognitive Behavioral Therapy
(TF-CBT) -Individual Therapy & Group Therapy -Risk assessment, intake assessment, &
processing -Psychometric assessment and analysis -DSM-V compliant diagnosing -Treatment
Planning -Training others -Billing notes and record-keeping -Evidence-based evaluation of
interventions -Strong and experienced writing abilities with a focus on client documentation
-Appraising research literature -Natural and nuanced interpersonal communication skills
-Professional appearance & demeanor -Strong ethical reasoning and decision making -Grant
writing -High comfortability making public presentations, attending conferences, organizing and
presenting training materials, and working with the public -Appreciation for continuing education
-Excellent defensive driving skills

Name: Robert Bartlett

Email: zjohnson@example.com

Phone: 838-855-3875