

Trekkerpedia Presents

Dudhsagar Falls Trek Guide Book

A complete Dudhsagar Falls
Trek Guide

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Dudhsagar falls trek, Goa, India

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Dudhsagar Falls is situated on the Mandovi river in the Bhagwan Mahaveer Sanctuary And Mollem National Park near Goa. The name Dudhsagar translates to the 'Sea of Milk' in English. This waterfall is situated at the altitude of almost 600 meters and falls majestically from there.

Dudhsagar waterfalls are situated at the border of Karnataka and Goa. After the exposure of this waterfalls in the movie Chennai Express, it gained a huge popularity the same year and became very famous among the people of south India.



Dudhsagar Falls Travel guide: How To Reach Dudhsagar Falls?

As mentioned before, this waterfall got famous among the people of South India, many people still wonder how to reach Dudhsagar falls.

There are three ways by which you can reach the Dudhsagar waterfalls:

- By Foot
- By Train
- By Jeep

Reaching Dudhsagar by Train:

If you do not want to experience Dudhsagar and you are short of time, then you can also enjoy seeing the waterfall from the train. The train passes through a lot of tunnels and also it crosses from the Dudhsagar falls. There is also a sharp U-turn near the Dudhsagar falls so you also get to see the full view of the Dudhsagar falls.

More information about the trains to Dudhsagar has been given in the Dudhsagar Trains Information Towards Kulem/ Castle rock on weekends.

Reaching Dudhsagar by Jeep from Kulem:

You can also reach Dudhsagar by a Jeep from Kulem railway station. However, this facility is not open throughout the year. Just outside the Kulem railway station, a taxi stand is there also known as "**Dudhsagar Jeep taxi stand**". You can go there book a Jeep to the Dudhsagar falls.

Also, please note that the **Jeep services to Dudhsagar falls are closed during the monsoon** because of the flooded river and very muddy jeep trail.

Kulem **is around 20 Km from Goa** and it also lies in the state of Goa. To reach Kulem, you can book a taxi from Goa and that should not cost you more than Rupees 500 else go for bargaining. You can also reach Kulem by train from Madgao railway. It's a 45-minute train ride.

Note that no other Jeeps are allowed other than the Jeeps from the taxi stand. So if you are planning to reach Dudhsagar falls in your own four by four, you might have to park your vehicle in the stand and then take a jeep from there.



Jeep can be hired for an entire group or on the individual basis, they charge **Rupees 450 per person. A jeep can accommodate around 6-8 persons** You will also have to pay extra costs for the still camera as well as the video camera. **For a still camera, the charge is Rupees 50 and Rupees 150 for the video camera.**

But do take these cameras because the Jeep ride worths it. The Jeep ride to Dudhsagar falls is not lesser than a wildlife safari. The jeep ride is little rough and **takes around 40 minutes to reach the waterfalls.**The Jeep trail passes through the river stream and deep forest.

If you want you can also take the life jacket if you do not know swimming **A lifejacket costs around Rupees 30** and is available at the jeep stand. There is also a small market there where you can buy extra clothes if you are planning to take a dip in the falls.

Since the waterfall is, at some places, around 8 feet deep, it is advisable to take the lifejacket if you do not know swimming. It is also advisable to **start early morning around 8-9 so that you can avoid the afternoon sun.**

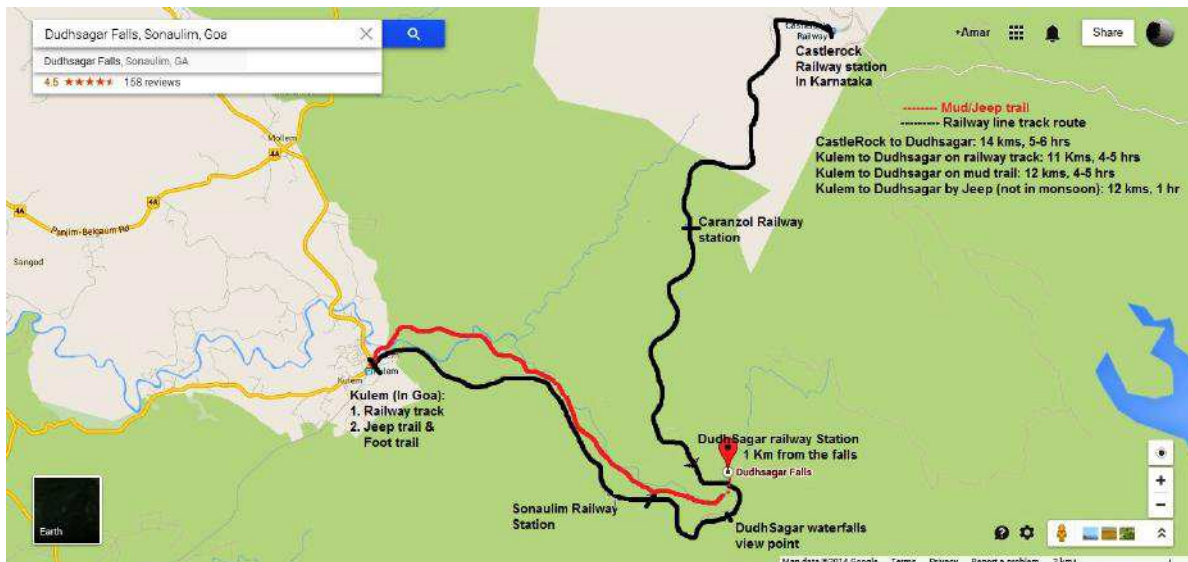
The jeep stops at the Dudhsagar falls for around one hour and then you

return by the same Jeep. Forget not to take the number of the Jeep driver, in the case of an emergency.

Reaching Dudhsagar falls on Foot:

The best and the most enjoyable way to reach Dudhsagar falls is on foot. This journey is strenuous but still it is enjoyable. I have dedicated an entire section about reaching Dudhsagar on foot under the Dudhsagar trekking Guide section below.

Dudhsagar Trek Guide:



Dudhsagar trekking route map for reference

If you are planning to do Dudhsagar trek (Reaching Dudhsagar on foot), the above route map might be of help to you.

In the above map, the black lines are railway tracks on which you walk along to reach the waterfalls. There is also a railway station named 'Dudhsagar railway station' but no train stops at this station because this station is purposefully made for the technical breaks and all.

There are two stations from where the trek along the railway track can be attempted:

- Castlerock railway station in Karnataka
- Kulem railway station in Goa

Below is some basic information about the Dudhsagar trek:

- **Dudhsagar Trek difficulty Level:** Easy to Moderate
- **Best time for Dudhsagar trek :** July to Dec (during Monsoon)
- **Distance between Dudhsagar railway station & waterfall:** 1 Km

Dudhsagar Trekking Routes:

- **CastleRock Railway station to Dudhsagar falls Trekking (14 km & 5-6 hours of trekking)**

If you are coming from Bangalore side, Castlerock should be your preferred Dudhsagar trek starting point. Castlerock railway station lies in Karnataka. So if you are coming from railway stations like Hubli, Dharwad, Londa, Dandeli etc. then Castlerock railway station should be your ideal railway station to start the trek.



Castlerock to Dudhsagar trek is the most popular trekking route. However on weekends, this route is usually crowded. If you are starting from Bangalore, you can catch Madras- Vasco Express on Friday night at 21:35 PM at Yashwantpur railway station and reach CastleRock railway station on Saturday around 09:20 AM.

I have also mentioned about the trains and railway timings from different railway stations to Castlerock railway station in the later section of this article.

Besides being a longer trekking route to Kulem-Dudhsagar route, this trekking route also has more tunnels on the way and also has the famous second largest tunnel en route.

There are other two advantages of starting Dudhsagar trek from Castlerock station:

- If you are coming in a hired vehicle like Tempo-traveler or some taxi, you do not enter Goa if you park your vehicle at the CastleRock railway station. This way, you save inter-state road tax also.
- There is also a hotel/ staying place near the Castlerock railway station named **Castlerock adventure camp**. They are Karnataka government certified hotel. You can either book the whole package from them (Stay + Trek) or if you are just staying there, you can par your car there and attempt the trek.
- In case you are not staying there at all, you can ask their permission for the car parking. I hope that works. Or park near the railway station.
- **Kulem railway station to Dudhsagar falls trekking (11 Km & 4-5 Hours of trekking)**

In terms of greenery and beauty, Kulem trekking route is not less than the Castlerock trekking route. Kulem is around 20 Km from Goa and can be reached easily by taxi or train from Madgao railway station. However, trains are not so frequent from Madgao to Kulem. So please check the railway timings from Madgao to Kulem below.

One of the most important things on this route is, it has the famous Dudhsagar viewpoint (refer the map above). Dudhsagar viewpoint is one Km away from the waterfalls from where a train takes a complete U-turn. One can see the Dudhsagar's majestic waterfalls view from here which lies on the Kulem route.



Is it safe to walk on the Railway Tracks?

Of course, we know that it is not so safe to walk on the railway tracks. However, this route being not so busy, the frequency of the trains is very less so it makes comfortable to walk. However, at some places, there is nothing to stand when a train comes so be careful.

Also, the rail tracks become very slippery during the monsoon after the rainfall. Have proper shoes which have a nice grip and do not slip on a wet track.

Where to camp at Dudhsagar Falls Trek?

The Dudhsagar camping site is nearer to the Dudhsagar waterfalls. Just nearer to the Dudhsagar waterfalls, Dudhsagar railway station is there. You can pitch your tent there.

However, Dudhsagar station is usually crowded on the weekends so it is advisable to start your trek early. There are not any camping charge. Don't forget to carry tents because it might rain at night if you are planning to camp there.



Other Facilities like Food, Bathroom, Staying facility at Dudhsagar Railway Station/ Falls?

There are no Food facilities available at the Dudhsagar railway station. So, you will have to carry your own food. Finding dry woods during monsoon is tough too. So, if you planning to cook your own food at night, be prepared for that. However, During the day, local vendors sell snacks and drinks at waterfalls but at the costlier prices.

Also, there is no bathroom facility at the Dudhsagar railway station. You have to use nature for that. If you are going in a group with girls, make sure they know where they are going to.

How to return from Dudhsagar waterfall to Kulem/Castlerock?

In the worst case, you will have to walk back to Kulem or Castle rock railway station. However, this railway route has a good frequency of goods train. Sometimes, the goods train stops for a while at the Dudhsagar railway station to check their breaks because Dudhsagar railway station onwards, the train descends along the rails so checking break becomes necessary for them.

In those cases, you can stand at a point where either engine will stop or the

guard's boogie will. Then you can talk with the guards of goods trains to help you out till Kulem or Castlerock depending upon the direction the train is going to.

Sometimes, also, one or two passenger train comes and slows down a bit (does not necessarily stops). In those cases, you have to really quick to get in the train because there will be a lot and lot of people fighting to enter the train. Be careful with the kids and the women.

You can know about the train timings from different cities coming to Kulem or Castlerock in the section below.

Trains Information Towards Kulem/ Castle rock on Weekends:



- 17311 Chennai Vasco Express From Chennai, Bangalore, Hubli side

Running Day: Only Friday (Means starts from Chennai once in a week on Friday afternoon)

Chennai Vasco Train Timings:

Starts From Chennai: 13:50

Starts from Yeshvantpur: 21.35

Hubli: 06.35 (Saturday)

Dharwar: 07.11 (Saturday)

Londa: 08.33 (Saturday)

Castle rock: 09.20 (Saturday, Stops for 10 minutes)

Kulem: 11.00 (Saturday, Stops for 5 minutes)

Madgaon: 12.00 (Saturday)

- **11097: Pune Ernakulam Express from Pune & Londa Side**

Running Day: Only Saturday (Means starts from Pune once in a week on Saturday Night)

Pune-Ernakulam Express Timings:

Pune: 23.10 (Saturday night)

Londa: 09.05 (Sunday morning)

Castlerock: 10.10 (Sunday)

Kulem: 11.45 (Sunday)

Madgaon: 13.00 (Sunday)

Gokarna: 15.00 (Sunday)

- **02779 Vasco Bangalore Express from Madgaon, Kulem side**

Running Day: Every day

Vasco-Bangalore Express Timings:

Starts From Vasco Da Gama: 15.10

Madgaon: 15.45

Kulem: 16.30

Castlerock:17.35

Londa: 18.35

Hubli:22.35

Bangalore City Junction: 07.00

- **17310 Yaswantpur Biweekly Express from Madgaon & Kulem side**

Running Day: Saturday and Monday

17310 Train Timings:

Starts From Vasco Da Gama: 20.45

Madgaon: 21.20

Kulem: 22.05

Castlerock:23.10

Londa: 23.38

Hubli: 02.10

Yaswantpur: 11.25

How I get the return tickets at Dudhsagar?

Buy the returning ticket as well at the Kulem or Castlerock railway station because there is no ticket vending counter at the Dudhsagar railway station.

NOTE: If you get into sleeper coaches with general tickets, be prepared to pay heavy fines unless you are lucky enough to escape from the eyes of TTE (Train Ticket Examiner)

What to carry on Dudhsagar falls trek?

- A good walking shoe with good grip because railway tracks get sleepy
- A light backpack
- Sleeping bag (If you are planning to stay overnight and if they are not waterproof wrap them in some plastic to keep them dry)
- Tent (For the same above reason)
- Torch (A must)
- Raincoat (You would love walking under rain)
- An extra pair of clothing
- ID card
- Toiletries (There are no toilets there)
- Fully charged camera and mobile phone
- Personal medication
- Sufficient eatables (Dudhsagar has no food stalls)
- Sufficient cash



Is Dudhsagar trek Illegal?

Well, it is a difficult question to answer. But, no, **Dudhsagar is not an illegal trek**. However, due to overcrowding and drowning of a few students in the Dudhsagar falls last year, the police banned the trek for a month or during the monsoon when the water level was very high in the falls. But now the trekking has resumed on this track and people have also started to go for this trek as well.



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