

**HELP WITH  
DEPRESSION**



**GRIEF  
SUPPORT**



**Mental  
Health  
FOR ALL**



**CRISIS  
SUPPORT**



**SUBSTANCE  
USE SERVICES**



**24/7  
COUNSELING**



**CONNECT TO CARE:**

**1-888-NYC-WELL (1-888-692-9355)  
or visit [mentalhealthforall.nyc.gov](https://mentalhealthforall.nyc.gov)**

**No matter who you are. No matter what you need.  
NYC is here for you.**

**NYC**