

# Disease Overview Dashboard

Select Disease

All

Total Diseases

42

Total Diseases

Total Symptoms

87

Total Svmptoms

Total Links

19K

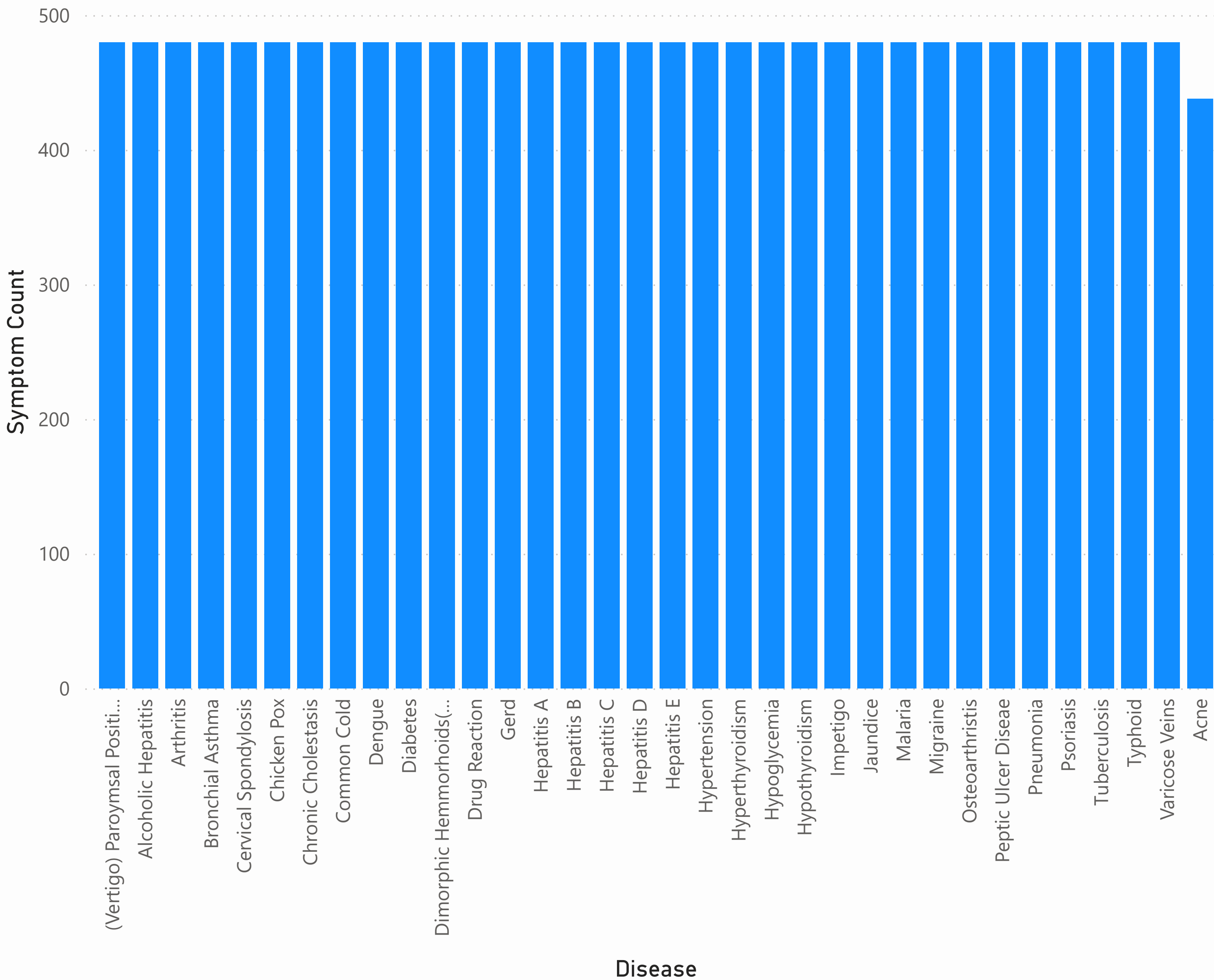
Total Disease-...

Avg Disease

460.31

Average...

Symptom Count per Disease



Disease	Description
Varicose Veins	Varicose veins are enlarge on the legs.
Urinary Tract Infection	Urinary tract infection is a system.
Typhoid	Typhoid is a bacterial infe gastrointestinal symptom
Tuberculosis	Tuberculosis is a bacterial lungs.
Psoriasis	Psoriasis is a chronic skin and scaly patches.
Pneumonia	Pneumonia is an inflamm in the lungs.
Peptic Ulcer Disease	
Paralysis (Brain Hemorrhage)	Paralysis (brain hemorrh function due to bleeding
Osteoarthritis	Osteoarthritis is a degen cartilage in joints.
Migraine	Migraine is a type of head and sensitivity to light and
Malaria	Malaria is a mosquito-bor humans and other animal
Jaundice	Jaundice is a yellow discol indicating liver problems.
Impetigo	Impetigo is a highly conta that can break open.
Hypothyroidism	Hypothyroidism is a cond produce enough thyroid I
Hvnoalvcemia	Hvnoalvcemia is a conditi

# Symptom Analytics Dashboard

Select Symptom

Symptoms

All

Total Symptoms

87

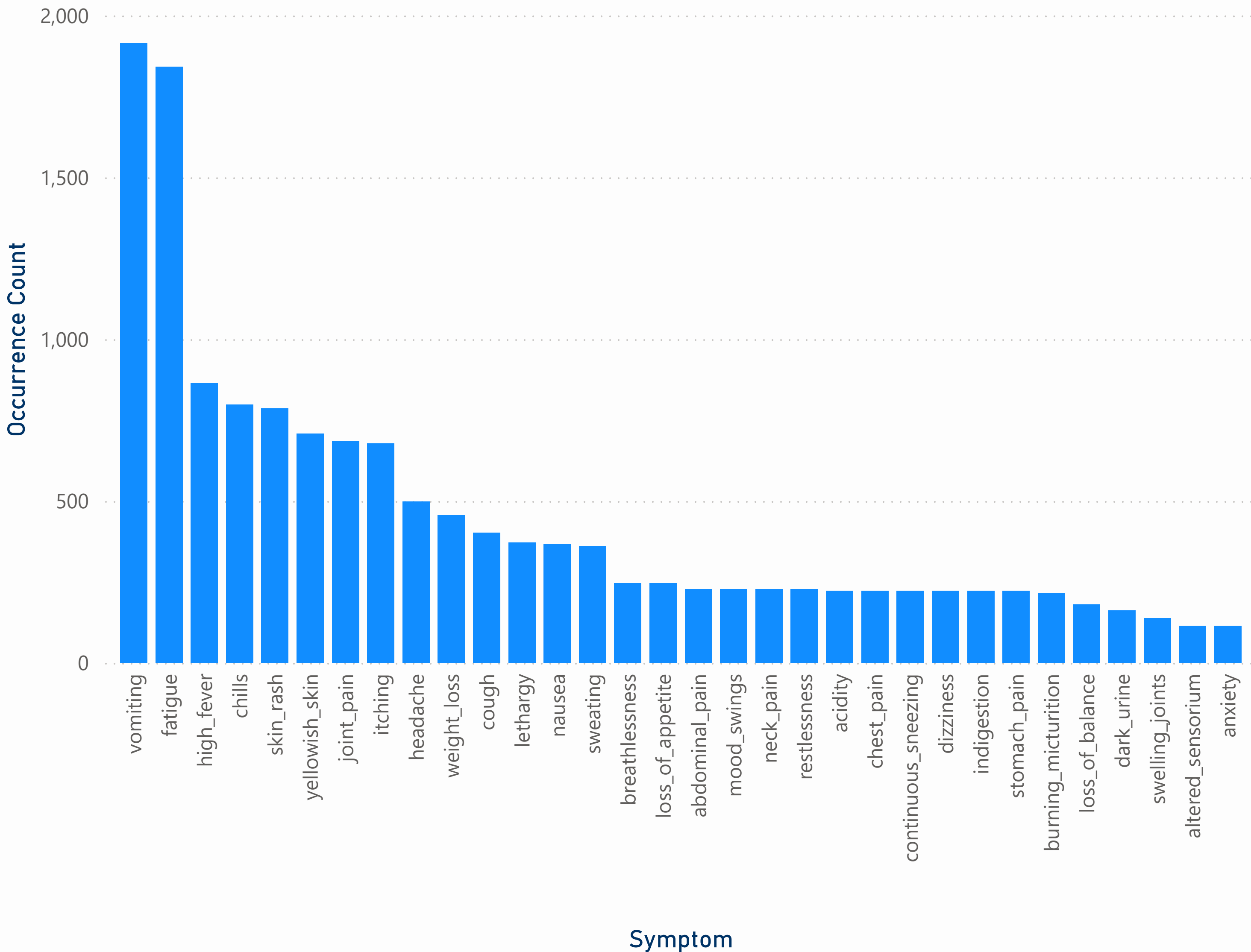
Total Symptoms

Diseases Linked

42

Total Associated...

## Top Symptoms by Frequency



Symptoms	Disease	Description
abdominal_pain	Alcoholic Hepatitis	Alcohol consumption
abdominal_pain	Peptic Ulcer Disease	
acidity	Gerd	GERD (Gastroesophageal Reflux Disease) affects the digestive system.
acidity	Migraine	Migraine is a neurological condition characterized by severe, recurring headaches.
altered_sensorium	Paralysis (Brain Hemorrhage)	Paralysis is a loss of muscle function that can be caused by a stroke or brain hemorrhage.
anxiety	Hypoglycemia	Hypoglycemia is a condition in which the blood sugar level is too low.
back_pain	Cervical Spondylosis	Cervical Spondylosis is a degenerative condition of the cervical spine.
blackheads	Acne	Acne is a skin condition that occurs when hair follicles become clogged with oil and dead skin cells.
bladder_discomfort	Urinary Tract Infection	Urinary Tract Infection (UTI) is a common infection of the urinary system.
blister	Impetigo	Impetigo is a contagious skin infection that can be caused by bacteria.
bloody_stool	Dimorphic Hemmorhoids(Piles)	Dimorphic Hemmorhoids (Piles) are a common condition that causes swelling and pain in the rectum and anus.
blurred_and_distorted_vision	Migraine	Migraine is a neurological condition characterized by severe, recurring headaches.
breathlessness	Bronchial Asthma	Bronchial Asthma is a chronic inflammatory condition of the airways.
breathlessness	Heart Attack	Heart attack is a medical emergency that occurs when the heart muscle is deprived of oxygen.
breathlessness	Pneumonia	Pneumonia is a lung infection that can be caused by bacteria, viruses, or fungi.
bruising	Varicose Veins	Varicose Veins are enlarged, twisted veins that can be caused by poor circulation.
burning_micturition	Drug Reaction	Drug Reaction is a condition that occurs when the body has an adverse reaction to a medication.
burning_micturition	Urinary Tract Infection	Urinary Tract Infection (UTI) is a common infection of the urinary system.

# Disease Recommendations

## Select Disease

Disease

All

## Recommended Diets

Disease	Diet
(Vertigo) Paroysmal Positional Vertigo	['Vertigo Diet', 'Low-Salt Diet', 'Hydration', 'Ginger tea', 'Vitamin B12']
Acne	['Acne Diet', 'Low-Glycemic Diet', 'Hydration', 'Fruits and vegetables', 'Zinc-rich foods']
Aids	['Balanced Diet', 'Protein-rich foods', 'Fruits and vegetables', 'Antioxidant-rich foods']
Alcoholic Hepatitis	['Liver-Healthy Diet', 'Low-fat Diet', 'Fruits and vegetables', 'Whole grains']
Allergy	['Elimination Diet', 'Omega-3-rich foods', 'Vitamin C-rich foods', 'Probiotics']
Arthritis	['Arthritis Diet', 'Anti-Inflammatory Diet', 'Omega-3-rich foods', 'Whole grains']
Bronchial Asthma	['Anti-Inflammatory Diet', 'Omega-3-rich foods', 'Fruits and vegetables', 'Proteins']
Cervical Spondylosis	['Arthritis Diet', 'Anti-Inflammatory Diet', 'Omega-3-rich foods', 'Whole grains']

## Recommended Precautions

Disease	Precaution_1
(Vertigo) Paroysmal Positional Vertigo	lie down
Acne	bath twice
Aids	avoid open cuts
Alcoholic Hepatitis	stop alcohol consumption
Allergy	apply calamine
Arthritis	exercise
Bronchial Asthma	switch to loose clothing
Cervical Spondylosis	use heating pad or cold pack
Chicken Pox	use neem in bathing
Chronic Cholestasis	cold baths
Common Cold	drink vitamin c rich drinks

## Recommended Medications

Disease	Medication
(Vertigo) Paroysmal Positional Vertigo	['Topical treatments', 'Antibiotics', 'Oral medications', 'Hormones']
Acne	['Antibiotics', 'Pain relievers', 'Antihistamines', 'Corticosteroids']
Aids	['Antiretroviral drugs', 'Protease inhibitors', 'Integrase inhibitors']
Alcoholic Hepatitis	['Antibiotics', 'Isoniazid', 'Rifampin', 'Ethambutol', 'Pyrazinamide']
Allergy	['Antihistamines', 'Decongestants', 'Epinephrine', 'Corticosteroids']
Arthritis	['Vestibular rehabilitation', 'Canalith repositioning', 'Medication', 'exercises']
Bronchial Asthma	['Bronchodilators', 'Inhaled corticosteroids', 'Leukotriene modifiers', 'Anticholinergics']
Cervical Spondylosis	['Pain relievers', 'Muscle relaxants', 'Physical therapy', 'Neck exercises']
Chicken Pox	['Antiviral drugs', 'Pain relievers', 'IV fluids', 'Blood transfusions']

## Recommended Workouts

Disease	workout
(Vertigo) Paroysmal Positional Vertigo	Avoid sudden head movements
(Vertigo) Paroysmal Positional Vertigo	Avoid trigger foods (caffeine, alcohol)
(Vertigo) Paroysmal Positional Vertigo	Consult a healthcare professional
(Vertigo) Paroysmal Positional Vertigo	Consume ginger and ginkgo biloba
(Vertigo) Paroysmal Positional Vertigo	Follow medical recommendations
(Vertigo) Paroysmal Positional Vertigo	Limit artificial sweeteners
(Vertigo) Paroysmal Positional Vertigo	Limit caffeine and stimulants
(Vertigo) Paroysmal Positional Vertigo	Limit sodium intake
(Vertigo) Paroysmal Positional Vertigo	Manage stress
(Vertigo) Paroysmal Positional Vertigo	Stay hydrated
Acne	Consult a skincare professional
Acne	Consume a balanced diet



# Disease Profile

## Disease NameDisease Name

(Vertigo) Paroxysmal Positional Vertigo is a type of dizziness caused by specifi...  
First Description

### Symptoms & Severity

Symptoms	severity
dark_urine	4
fatigue	4
itching	1
lethargy	2
yellowish_skin	3

### Recommended Diets

Diet
['Hepatitis B Diet', 'High-Calorie Diet', 'Soft and bland foods', 'Hydration', 'Protein-rich foods']

### Precautions

Precaution_1
Consult nearest hospital

### Workouts

workout
Stay hydrated
Rest and conserve energy
Limit fatty foods
Include vitamin C-rich foods
Include protein-rich foods
Gradually resume normal diet
Follow a balanced and nutritious diet
Consume nutrient-rich foods
Consult a healthcare professional