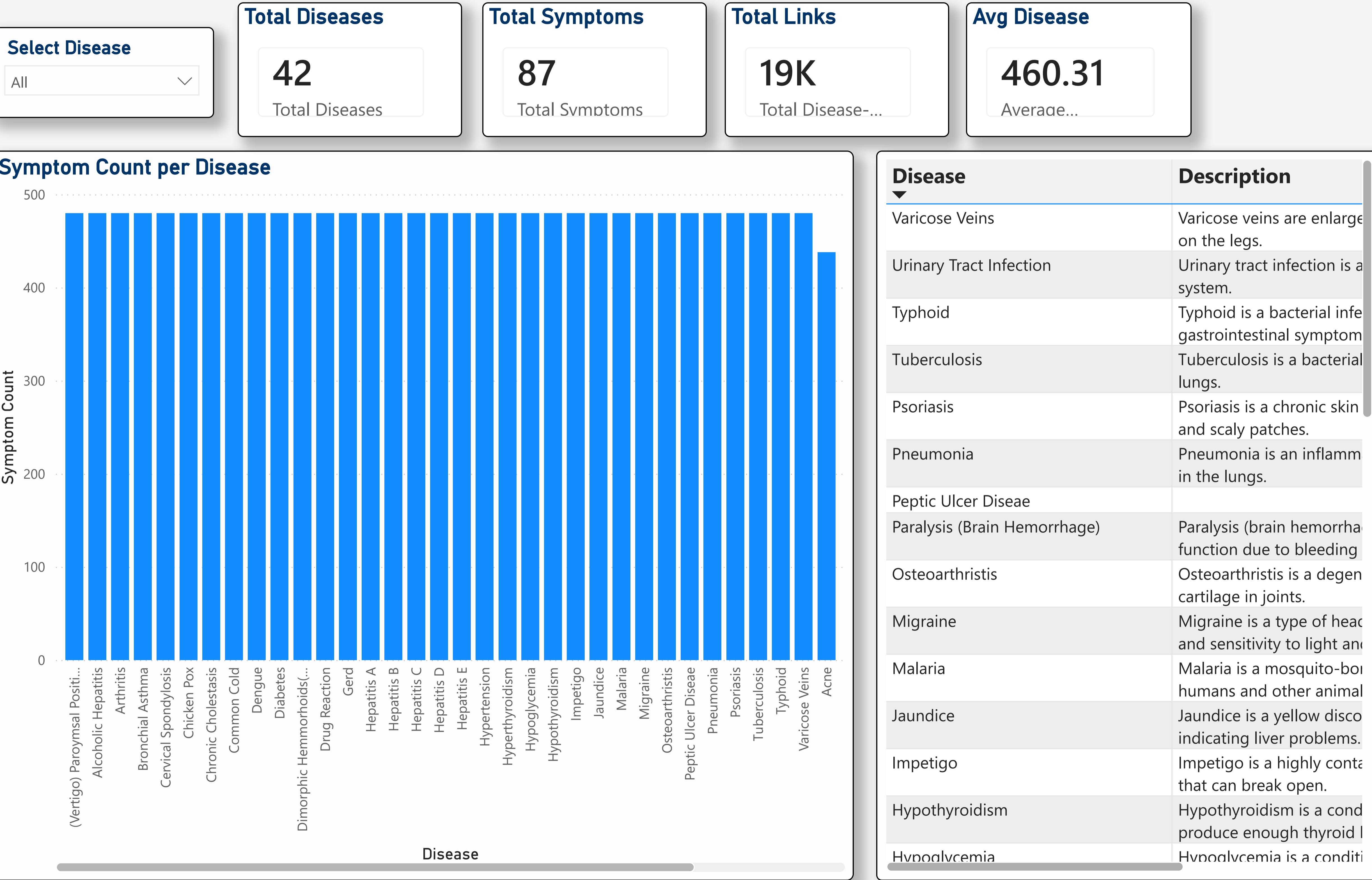


# Disease Overview Dashboard



# Symptom Analytics Dashboard

Select Symptom  
Symptoms

All

Total Symptoms

87

Total Symptoms

Diseases Linked

42

Total Associated...

## Top Symptoms by Frequency

2,000

1,500

1,000

500

0

Occurrence Count

vomiting, fatigue, high\_fever, chills, skin\_rash, yellowish\_skin, joint\_pain, itching, headache, weight\_loss, cough, lethargy, nausea, sweating, breathlessness, loss\_of\_appetite, abdominal\_pain, mood\_swings, neck\_pain, restlessness, acidity, chest\_pain, continuous\_sneezing, dizziness, indigestion, stomach\_pain, burning\_micturition, loss\_of\_balance, dark\_urine, swelling\_joints, altered\_sensorium, anxiety

Symptom

| Symptoms                     | Disease                      | Description                           |
|------------------------------|------------------------------|---------------------------------------|
| abdominal_pain               | Alcoholic Hepatitis          | Alcohol consumption                   |
| abdominal_pain               | Peptic Ulcer Disease         |                                       |
| acidity                      | Gerd                         | GERD (Gastric acid affects 1)         |
| acidity                      | Migraine                     | Migraine sensitivity                  |
| altered_sensorium            | Paralysis (Brain Hemorrhage) | Paralysis due to bleeding             |
| anxiety                      | Hypoglycemia                 | Hypoglycemia (low sugar level)        |
| back_pain                    | Cervical Spondylosis         | Cervical spine degeneration           |
| blackheads                   | Acne                         | Acne is clogged pores                 |
| bladder_discomfort           | Urinary Tract Infection      | Urinary tract infection               |
| blister                      | Impetigo                     | Impetigo can break out                |
| bloody_stool                 | Dimorphic Hemorrhoids(Piles) | Dimorphic hemorrhoids (blood vessels) |
| blurred_and_distorted_vision | Migraine                     | Migraine sensitivity                  |
| breathlessness               | Bronchial Asthma             | Bronchial asthma inflammation         |
| breathlessness               | Heart Attack                 | Heart attack heart muscle             |
| breathlessness               | Pneumonia                    | Pneumonia lungs.                      |
| bruising                     | Varicose Veins               | Varicose veins legs.                  |
| burning_micturition          | Drug Reaction                | Drug reaction                         |
| burning_micturition          | Urinary Tract Infection      | Urinary tract infection               |

# Disease Recommendations

## Select Disease

Disease

All

## Recommended Diets

| Disease                                 | Diet                                                                  |
|-----------------------------------------|-----------------------------------------------------------------------|
| (Vertigo) Paroxysmal Positional Vertigo | ['Vertigo Diet', 'Low-Salt Diet', 'Hydration', 'Ginger tea', 'Vi...'] |
| Acne                                    | ['Acne Diet', 'Low-Glycemic Diet', 'Hydration', 'Fruits and v...']    |
| Aids                                    | ['Balanced Diet', 'Protein-rich foods', 'Fruits and vegetable...']    |
| Alcoholic Hepatitis                     | ['Liver-Healthy Diet', 'Low-fat Diet', 'Fruits and vegetables']       |
| Allergy                                 | ['Elimination Diet', 'Omega-3-rich foods', 'Vitamin C-rich f...']     |
| Arthritis                               | ['Arthritis Diet', 'Anti-Inflammatory Diet', 'Omega-3-rich fo...']    |
| Bronchial Asthma                        | ['Anti-Inflammatory Diet', 'Omega-3-rich foods', 'Fruits and p...']   |
| Cervical Spondylosis                    | ['Arthritis Diet', 'Anti-Inflammatory Diet', 'Omega-3-rich fo...']    |

## Recommended Precautions

| Disease                                 | Precaution_1                 |
|-----------------------------------------|------------------------------|
| (Vertigo) Paroxysmal Positional Vertigo | lie down                     |
| Acne                                    | bath twice                   |
| Aids                                    | avoid open cuts              |
| Alcoholic Hepatitis                     | stop alcohol consumption     |
| Allergy                                 | apply calamine               |
| Arthritis                               | exercise                     |
| Bronchial Asthma                        | switch to loose clothing     |
| Cervical Spondylosis                    | use heating pad or cold pack |
| Chicken Pox                             | use neem in bathing          |
| Chronic Cholestasis                     | cold baths                   |
| Common Cold                             | drink vitamin c rich drinks  |

## Recommended Medications

| Disease                                 | Medication                                                              |
|-----------------------------------------|-------------------------------------------------------------------------|
| (Vertigo) Paroxysmal Positional Vertigo | ['Topical treatments', 'Antibiotics', 'Oral medications', 'Hor...']     |
| Acne                                    | ['Antibiotics', 'Pain relievers', 'Antihistamines', 'Corticoste...']    |
| Aids                                    | ['Antiretroviral drugs', 'Protease inhibitors', 'Integrase inh...']     |
| Alcoholic Hepatitis                     | ['Antibiotics', 'Isoniazid', 'Rifampin', 'Ethambutol', 'Pyrazina...']   |
| Allergy                                 | ['Antihistamines', 'Decongestants', 'Epinephrine', 'Corticoste...']     |
| Arthritis                               | ['Vestibular rehabilitation', 'Canalith repositioning', 'Medic...']     |
| Bronchial Asthma                        | ['Bronchodilators', 'Inhaled corticosteroids', 'Leukotriene r...']      |
| Cervical Spondylosis                    | ['Pain relievers', 'Muscle relaxants', 'Physical therapy', 'Nec...']    |
| Chicken Pox                             | ['Antiviral drugs', 'Pain relievers', 'IV fluids', 'Blood transfus...'] |

## Recommended Workouts

| Disease                                 | workout                                 |
|-----------------------------------------|-----------------------------------------|
| (Vertigo) Paroxysmal Positional Vertigo | Avoid sudden head movements             |
| (Vertigo) Paroxysmal Positional Vertigo | Avoid trigger foods (caffeine, alcohol) |
| (Vertigo) Paroxysmal Positional Vertigo | Consult a healthcare professional       |
| (Vertigo) Paroxysmal Positional Vertigo | Consume ginger and ginkgo biloba        |
| (Vertigo) Paroxysmal Positional Vertigo | Follow medical recommendations          |
| (Vertigo) Paroxysmal Positional Vertigo | Limit artificial sweeteners             |
| (Vertigo) Paroxysmal Positional Vertigo | Limit caffeine and stimulants           |
| (Vertigo) Paroxysmal Positional Vertigo | Limit sodium intake                     |
| (Vertigo) Paroxysmal Positional Vertigo | Manage stress                           |
| (Vertigo) Paroxysmal Positional Vertigo | Stay hydrated                           |
| Acne                                    | Consult a skincare professional         |
| Acne                                    | Consume a balanced diet                 |

# Disease Profile

Disease Name Disease Name

## (Vertigo) Paroxysmal Positional Vertigo is a type of dizziness caused by specifi...

First Description

### Symptoms & Severity

| Symptoms       | severity |
|----------------|----------|
| dark_urine     | 4        |
| fatigue        | 4        |
| itching        | 1        |
| lethargy       | 2        |
| yellowish_skin | 3        |

### Recommended Diets

Diet

['Hepatitis B Diet', 'High-Calorie Diet', 'Soft and bland foods', 'Hydration', 'Protein-rich foods']

### Precautions

Precaution\_1

Consult nearest hospital

### Workouts

workout

Stay hydrated

Rest and conserve energy

Limit fatty foods

Include vitamin C-rich foods

Include protein-rich foods

Gradually resume normal diet

Follow a balanced and nutritious diet

Consume nutrient-rich foods

Consult a healthcare professional