



Sahi Prep Hai Toh Life Set Hai

TRIGONOMETRY

(Minimum & Maximum)

* Maxima & Minima

→ Some Results

$$0^\circ \leq \theta \leq 90^\circ$$

	MIN	MAX
$\sin \theta / \cos \theta$	0	1
$\tan \theta / \cot \theta$	0	∞
$\sec \theta / \csc \theta$	1	∞

$\theta \rightarrow$ Any Angle

	MIN	MAX
$\sin \theta$	-1	1
$\cos \theta$	-1	1
$\tan \theta$	$-\infty$	∞
$\cot \theta$	$-\infty$	∞

$$0 \leq \theta \leq 90$$

Minimum

Maximum

$$\sin \theta / \cos \theta$$

$$0$$

$$1$$

$$\tan \theta / \cot \theta$$

$$0$$

$$\infty$$

$$\sec \theta / \operatorname{cosec} \theta$$

$$1$$

$$\infty$$

For any value of θ

Minimum

Maximum

$$\sin \theta / \cos \theta$$

$$-1$$

$$1$$

$$\tan \theta / \cot \theta$$

$$-\infty$$

$$\infty$$

$$\sec \theta / \operatorname{cosec} \theta$$

$$-\infty$$

$$\infty$$

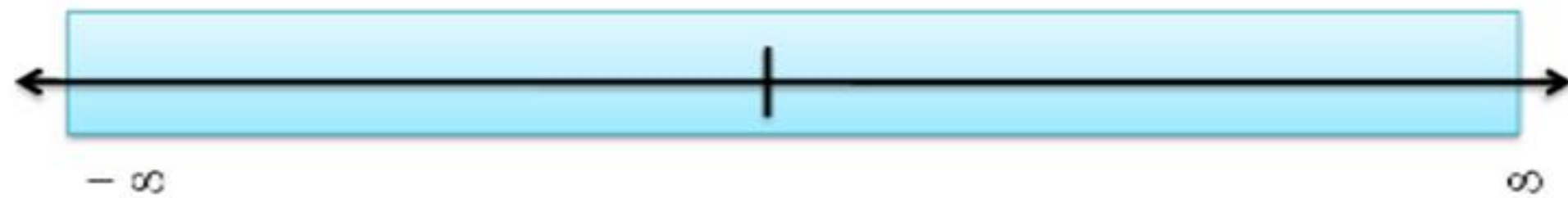
Representation of Maximum & Minimum Value on Number Line

$\theta \rightarrow$ Any Angle

$$\sin \theta / \cos \theta$$

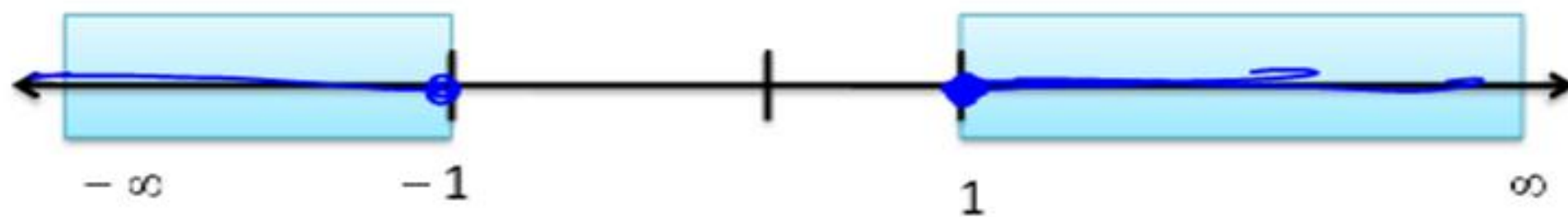


$$\tan \theta / \cot \theta$$



$$\underline{\sec \theta} / \operatorname{cosec} \theta$$

Any
 $\theta \rightarrow$ Angle



Eg. If, $0 \leq \theta \leq 90$

Then find:

(i) min ($\sin \theta$)

0

(ii) min ($\tan \theta$)

0

(iii) max ($\sec \theta$)

∞

Eg. Find:

$\theta \rightarrow$

Any Angle

(i) $\min(\sin \theta)$

\rightarrow

-1

(ii) $\min(\sec \theta)$

\rightarrow

$-\infty$

Eg. Find the min & max value of given expression.

S.No.	Expression	Min	Max
1.	$\sin \theta$	-1	1
2.	$\tan \theta$	$-\infty$	∞
3.	$\sin 2\theta$	-1	1
4.	$2 \sin \theta$	-2	2
5.	$3 \sin 5\theta$	-3	3
6.	$\sin^2 \theta$	0	1

$x^2 \rightarrow$ can
 never be
 negative
 $\min(x^2) \rightarrow 0$

$$\sin \theta$$

$$\text{MIN} \\ -1$$

$$\text{MAX} \\ 1$$

$$\sin^2 \theta$$

$$0$$

$$1$$

Square of a number can never
be negative

S.No.	Expression	Min	Max
7.	$\sin^3 \theta$	-1	1
8.	$5 \sin^2 \theta$	0	5
9.	$5 + \sin \theta$	4	6
10.	$8 + 3 \sin^3 \theta$	5	11
11.	$3 - 2 \sin^5 \theta$	1	5
12.	<u>$5 \sin^3 \theta - 6$</u>	-11	-1

ans

$$Y = 3 - \underline{2\sin^5 \theta}$$

$$Y_{\min} = 3 - [2] = 1 \quad \checkmark$$

$$Y_{\max} = 3 - [-2] = 5 \quad \checkmark$$

$$Y = \underline{A - B}$$

$$\underline{Y_{\min}} = \underline{A_{\min}} - \underline{B_{\max}}$$

$$\underline{Y_{\max}} = \underline{A_{\max}} - \underline{B_{\min}}$$

Eg. Find the min & max value of $3 - 2 \sin^3 \theta$

$$Y = 3 - \underline{2 \sin^3 \theta}$$

$$Y_{\min} = 3 - [2] = 1 \quad \checkmark$$

$$Y_{\max} = 3 - [-2] = 5 \quad \checkmark$$

Eg. Find minimum and maximum value of :

	MIN	MAX
(a) <u>$\sec \theta$</u> + 5	$-\infty$	∞
(b) <u>$\sec^2 \theta$</u> + 5	6	∞
(c) <u>$\sec^3 \theta$</u> - 5	$-\infty$	∞
(d) $4 - \sec^2 \theta$	$-\infty$	3



Eg. Find minimum and maximum value of the following :

(a) $2 \sin \theta + 3 \cos \theta$

MIN

-5

MAX

5

(b) $3 \sin A - 4 \cos B$

MIN

-7

MAX

7

$$Y = 3 \sin A - 4 \cos B$$

$$Y_{\min} = (3 \sin A)_{\min} - (4 \cos B)_{\max} = -3 - 4 = -7$$

$$Y_{\max} = (3 \sin A)_{\max} - (4 \cos B)_{\min} = 3 + 4 = 7$$

$$\begin{aligned} & 3 \cdot 1 - (4 \times -1) \\ & = 7 \end{aligned}$$

Eg. Find the minimum and maximum value of $3 \sin \theta + 4 \cos \theta$

$$y = \underline{3} \sin \theta + \underline{4} \cos \theta$$

$$y_{\min} \rightarrow -\sqrt{3^2 + 4^2}$$

$$= -\sqrt{25}$$

$$= \underline{\underline{-5}}$$

$$y_{\max} = \sqrt{3^2 + 4^2}$$

$$= \sqrt{25}$$

$$= 5$$

Ans.

$$\text{Min} = -5$$

$$\text{Max} = 5$$

$$Y = a \sin \theta + b \cos \theta$$

Min

$$-\sqrt{a^2 + b^2}$$

Max

$$\sqrt{a^2 + b^2}$$

$$Y = a \sin \theta + b \cos \theta$$

$$\text{let } \begin{cases} a = r \cos \phi \\ b = r \sin \phi \end{cases}$$

$$\boxed{a^2 + b^2 = r^2}$$

$$r = \sqrt{a^2 + b^2}$$

$$\begin{aligned} Y &= r \cos \phi \sin \theta + r \sin \phi \cos \theta \\ &= r [\sin \theta \cos \phi + \cos \theta \sin \phi] \\ &= r [\sin(\theta + \phi)] \end{aligned}$$

$$Y_{\min} = -\sqrt{a^2 + b^2}$$

$$Y_{\max} = \sqrt{a^2 + b^2}$$

Eg. Find the min & max value of the following expressions.

S.No.	Expression	Min	Max
1.	$\underline{3} \sin \theta + \underline{4} \cos \theta$	-5	5
2.	$\underline{7} \sin \theta - \underline{24} \cos \theta$	-25	25
3.	$\underline{1} \sin \theta + \underline{1} \cos \theta$	$-\sqrt{2}$	$\sqrt{2}$
4.	$5 \sin \theta + 12 \cos \theta - 3$	-16	10

$$-13 + 3.$$



Q1. Find minimum and maximum value of the following

(a) $25 \cos^2 \theta - 30 \sin \theta \cos \theta + 9 \sin^2 \theta$

This we will
after 2-3
classes

(b) $10 \cos^2 \theta + 6 \sin \theta \cos \theta + 2 \sin^2 \theta$

Ans.

(a) Min = 0

Max = 34

(b) Min = 1

Max = 11



Q2. Find max and min value of the following expression.

$$Y = 16^{\sin \theta} \cdot 4^{\sin \theta} \cdot 2^{\cos \theta} \cdot 128^{\cos \theta}$$

$$Y = (2^4)^{\sin \theta} \cdot (2^2)^{\sin \theta} \cdot 2^{\cos \theta} \cdot (2^7)^{\cos \theta}$$

$$= 2^{4 \sin \theta + 2 \sin \theta + \cos \theta + 7 \cos \theta}$$

$$Y = 2^{\underline{6 \sin \theta + 8 \cos \theta}}$$

$$Y_{\min} = 2^{-10} \\ = \frac{1}{1024}$$

$$Y_{\max} = 2^{10} \\ = 1024$$

Ans.

$$Y_{\text{Min}} = 1/1024$$

$$Y_{\text{Max}} = 1024$$

*

$$\sin^2 \theta + \cos^2 \theta = 1$$

*

$$\tan^2 \theta + 1 = \sec^2 \theta$$

*

$$1 + \cot^2 \theta = \csc^2 \theta$$

Eg. Find minimum and maximum value of

$$Y = \underline{3} \sin^2 \theta + \underline{4} \cos^2 \theta$$

Detailed

$$\begin{aligned} Y &= 3 \sin^2 \theta + 4 \cos^2 \theta \\ &= 3 \sin^2 \theta + 3 \cos^2 \theta + \cos^2 \theta \\ &= 3(1) + \cos^2 \theta \end{aligned}$$

$$\underline{Y_{\min}} = 3 \quad \checkmark$$

$$\underline{Y_{\max}} = 4 \quad \checkmark$$

Ans.

$$Y_{\text{Min}} = 3$$

$$Y_{\text{Max}} = 4$$

$$Y = \underline{a} \sin^2 \theta + \underline{b} \cos^2 \theta \quad (a < b)$$

Min

a

Max

b

* The coeff which is smaller is the minimum value & the coeff which is larger is max value



Eg. Find minimum and maximum value of

	MIN	MAX
(a) $\underline{5} \sin^2 \theta + \underline{4} \cos^2 \theta$	4	5
(b) $\underline{3} \sin^2 \theta - \underline{5} \cos^2 \theta$	-5	3
(c) $\frac{1}{\underline{2}} \sin^2 \theta + \frac{1}{\underline{3}} \cos^2 \theta$	$\frac{1}{3}$	$\frac{1}{2}$
(d) $\underline{-5} \sin^2 \theta - \underline{3} \cos^2 \theta$	-5	-3

$$Y = a \tan^2 \theta + b \cot^2 \theta \quad (a > 0, b > 0)$$

$$\min \rightarrow 2\sqrt{ab}$$

$$\max \rightarrow \infty$$

Eg. $Y = 4 \tan^2 \theta + 9 \cot^2 \theta$

$Y_{\min} = ??$

$$2\sqrt{4 \cdot 9} = 2 \cdot 6 = \boxed{12} \quad \checkmark$$

Eg. $Y = 8 \tan^2 \theta + 2 \cot^2 \theta$

$Y_{\min} = ??$

$$2\sqrt{8 \cdot 2} = \underline{\underline{8}} \quad \checkmark$$



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$$Y = a \sin^2 \theta + b \operatorname{cosec}^2 \theta \quad (a > 0, b > 0)$$

$$\min \rightarrow 2\sqrt{ab} \quad (a \geq b)$$

$$\min \rightarrow a + b \quad (a \leq b)$$

$$\text{Eg. } Y = 3 \sin^2 \theta + \underline{12} \operatorname{cosec}^2 \theta$$

$$Y_{\min} = ??$$

$$3 + 12 = 15$$

$$\text{Eg. } Y = 12 \sin^2 \theta + 3 \operatorname{cosec}^2 \theta$$

$$Y_{\min} = ??$$

$$2\sqrt{12 \cdot 3} \\ = 12$$

$$Y = a \cos^2 \theta + b \sec^2 \theta \quad (a > 0, b > 0)$$

$$\min \rightarrow 2\sqrt{ab} \quad (a \geq b)$$

$$\min \rightarrow \underline{a + b} \quad (a \leq b)$$

$$\text{Eg. } Y = 8 \cos^2 \theta + \underline{18} \sec^2 \theta$$

$$Y_{\min} = ??$$

$$8 + 18 = 26$$

$$\text{Eg. } Y = \underline{18} \cos^2 \theta + 8 \sec^2 \theta$$

$$Y_{\min} = ??$$

$$2\sqrt{18 \cdot 8} = \underline{\underline{24}} \quad \checkmark$$

Eg. Find the minimum value of:

$$1 + \tan^2 \theta = \sec^2 \theta$$

(a) $32 \cos^2 \theta + 2 \tan^2 \theta$

$$32 \cos^2 \theta + 2(\sec^2 \theta - 1)$$

$$32 \cos^2 \theta + 2 \sec^2 \theta - 2$$

$$2\sqrt{32 \cdot 2} - 2$$

$$16 - 2 = 14$$

(b) $4 \sin^2 \theta + 64 \cot^2 \theta$

$$1 + \cot^2 \theta = \operatorname{cosec}^2 \theta$$

$$4 \sin^2 \theta + 64 (\operatorname{cosec}^2 \theta - 1)$$

$$4 \sin^2 \theta + 64 \operatorname{cosec}^2 \theta - 64$$

$$4 + \cancel{64} - \cancel{64}$$

$$= 4 \quad \checkmark$$

(c) $4 \sec^2 \theta + 9 \operatorname{cosec}^2 \theta$

$$Y = 4(1 + \tan^2 \theta) + 9(1 + \cot^2 \theta)$$

MIN

$$= 13 + 4\tan^2 \theta + 9\cot^2 \theta$$

$$Y_{\min} \rightarrow 13 + 2\sqrt{4 \cdot 9}$$

$$= \underline{\underline{25}}$$



Shortcut

$$Min \rightarrow (\sqrt{4} + \sqrt{9})^2 \Rightarrow 25 \checkmark$$

Ans.

(a) 14

(b) 4

(c) 25



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$$Y = a \underline{\sec^2 \theta} + b \underline{\operatorname{cosec}^2 \theta} \quad (a > 0, b > 0)$$

$$\min \rightarrow (\sqrt{a} + \sqrt{b})^2$$

Eg. $Y = 16 \sec^2 \theta + 25 \operatorname{cosec}^2 \theta$
 $Y_{\min} = ??$

$$(4+5)^2$$

$$= 81 \quad \checkmark$$

$$\sin 2\theta = 2 \sin \theta \cos \theta$$

$$-1 \leq \sin 2\theta \leq 1$$

$$-1 \leq 2 \sin \theta \cos \theta \leq 1$$

$$\boxed{-\frac{1}{2} \leq \sin \theta \cos \theta \leq \frac{1}{2}}$$

$$\text{Min } (\sin^n \theta \cdot \cos^n \theta) = \left(\frac{-1}{2} \right)^n, \quad \underline{\underline{(n \rightarrow \text{odd})}}$$

$$= 0, \quad \underline{\underline{(n \rightarrow \text{even})}}$$

$$\text{Max } (\sin^n \theta \cdot \cos^n \theta) = \left(\frac{1}{2} \right)^n$$

			MIN	MAX
(i)	$(\sin \theta - \cos \theta)$	\Rightarrow	$-1/2$	$1/2$
(ii)	$\sin^3 \theta \cdot \cos^3 \theta$	\Rightarrow	$-1/8$	$1/8$
(iii)	$\sin^2 \theta \cdot \cos^2 \theta$	\Rightarrow	0	$1/4$
(iv)	$\sin^4 \theta \cdot \cos^4 \theta$	\Rightarrow	0	$1/16$

Eg. Find the minimum and Maximum value of $2 \sin \theta \cos \theta$

$$y = \sin 2\theta$$

$$y_{\min} = -1$$

$$y_{\max} = 1$$

Eg. Find the minimum and Maximum value of

$$Y = \sin^3 \theta \cdot \cos^3 \theta$$

$$Y_{\min} = -\frac{1}{8}$$

$$Y_{\max} = \frac{1}{8}$$



Eg. Find the minimum and Maximum value of

$$Y = \sin^4 \theta \cdot \cos^4 \theta$$

$$Y_{\min} = 0$$

$$Y_{\max} = \frac{1}{16}$$



Eg. Find the minimum and Maximum value of

$$Y = 32 \sin^5 \theta \cdot \cos^5 \theta$$

$$Y = \left(2 \sin \theta \cos \theta \right)^5 = (\sin 2\theta)^5$$

$$Y_{\min} = -1$$

$$Y_{\max} = 1$$

$$\max (\sin^n \theta + \cos^m \theta) = 1 \quad [m, n \geq 2]$$

$$(0 \leq \theta \leq 90)$$

Eg. $\max (\sin^6 \theta + \cos^{10} \theta)$

Eg. $\max (\sin^{20} \theta + \cos^{40} \theta)$

$$\sin \theta + \cos \theta \geq 1$$

$$(0 \leq \theta \leq 90)$$

Eg. If $0 \leq \theta \leq 90$
 $\min (\sin \theta + \cos \theta)$

Eg. If $0 < \theta < 90$
 $\sin \theta + \cos \theta = ?$
(a) < 1 (b) > 1
(c) ≥ 1 (d) 0

Eg. $\min (\sin \theta + \cos \theta)$

Q3. Find the minimum and maximum value of :

$$Y = \sin^4 \theta + \cos^4 \theta$$

Q4. Find the minimum and maximum value of :

$$Y = \sin^6 \theta + \cos^6 \theta$$

Q5. $A = \sin^2 \theta + \cos^4 \theta$

Which of the following statement is true?

a $\frac{1}{4} \leq A \leq \frac{1}{2}$

b $\frac{3}{4} \leq A \leq 1$

c $\frac{1}{2} \leq A \leq 1$

d $\frac{3}{4} \leq A \leq \frac{3}{2}$

Q6. Find the minimum and maximum value of:

$$Y = \sin^2 \theta + 6 \sin \theta + 5$$

Q7. Find the minimum and maximum value of:

$$B = \sin^2 \theta - \sin \theta - 1$$

Q8. Find the minimum and maximum value of:

$$C = \sin^2 \theta + \cos \theta$$

Q9. Find the minimum value of:

$$\sin^2 A + \operatorname{cosec}^2 A + \sec^2 B + \cos^2 B + \tan^2 C + \cot^2 C$$

Q10. Find the minimum value of:

$$\sin^2 A + \cos^2 A + \tan^2 A + \operatorname{cosec}^2 B + \sec^2 B + \cot^2 B$$

Q11. Find the minimum value of:

$$\sin^2 A + \cos^2 A + \tan^2 A + \cot^2 A + \sec^2 A + \operatorname{cosec}^2 A$$

Practice Questions

Q1. Find minimum and maximum value of the following :

(a) $\sin 2\theta$

(b) $3 \sin \theta$

(c) $5 \sin 4\theta$

(d) $3 \sin^2 \theta$

(e) $5 \sin^3 \theta$

(f) $3 \sin^2 \theta - 8$

(g) $5 \sin^3 \theta - 4$

(h) $10 - \sin^2 \theta$

(i) $1 + \cos 2\theta$

(j) $4 + \sin \theta + \cos \phi$

(k) $5 \sin^2 \theta + 4 \cos^2 \phi$

(l) $\sec^2 \theta + 4$

Ans.

	Min	Max
(a)	-1	1
(b)	-3	3
(c)	-5	5
(d)	0	3
(e)	-5	5
(f)	-8	-5
(g)	-9	1
(h)	9	10
(i)	0	2
(j)	2	6
(k)	0	9
(l)	5	∞

Q2. Find minimum and maximum value of the following

(a) $3 \sin \theta + \cos \theta$

(b) $5 \sin \theta + 12 \cos \theta - 8$

Ans.

(a) Min = $-\sqrt{10}$

Max = $\sqrt{10}$

(b) Min = -21

Max = 5



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Q3. Find minimum and maximum value of the following

(a) $-3\sin^2 \theta - 4\cos^2 \theta$

(b) $3\sin^2 \theta - 4\cos^2 \theta + 8$

(c) $\frac{1}{2}\sin^2 \theta + \frac{1}{3}\cos^2 \theta$

(d) $-5(2\sin^2 \theta + 3\cos^2 \theta)$

Ans.

Min

Max

(a)

-4

-3

(b)

4

11

(c)

$\frac{1}{3}$

$\frac{1}{2}$

(d)

-15

-10

Q4. Find minimum and maximum value of the following.

(a) $4 \sin^2 \theta + 9 \operatorname{cosec}^2 \theta$

(b) $8 \cos^2 \theta + 18 \sec^2 \theta$

(c) $12 \sin^2 \theta + 3 \operatorname{cosec}^2 \theta$

(d) $4 \sec^2 \theta + 9 \cos^2 \theta$

Ans.

	Min	Max
(a)	13	∞
(b)	26	∞
(c)	12	∞
(d)	12	∞

Q5. Find minimum value of the following

(a) $4\tan^2 \theta + 9 \cot^2 \theta$

(b) $18\sin^2 \theta + 2 \operatorname{cosec}^2 \theta$

(c) $72\cos^2 \theta + 18 \sec^2 \theta$

(d) $18\tan^2 \theta + 8 \cot^2 \theta$

(e) $6\sin^2 \theta + 150 \operatorname{cosec}^2 \theta$

(f) $14\cos^2 \theta + 56 \sec^2 \theta$

(g) $4\sin^2 \theta + 9 \operatorname{cosec}^2 \theta + 5$

(h) $\cos^2 \theta + \sec^2 \theta$

(i) $4\operatorname{cosec}^2 \theta + 4 \sin^2 \theta$

(j) $\tan^{10} \theta + \cot^{10} \theta$

Ans.

(a) 12

(b) 12

(c) 72

(d) 24

(e) 156

(f) 70

(g) 18

(h) 2

(i) 8

(j) 2

Q6. Find minimum value of the following

(a) $4\sec^2 \theta + 25 \operatorname{cosec}^2 \theta$

(b) $100\sec^2 \theta + 9 \operatorname{cosec}^2 \theta$

Ans.

(a) 49

(b) 169



Sahi Prep Hai Toh Life Set Hai

Practise
topic-wise quizzes

Keep attending
live classes

