



On 15th September, the Chairman conducted the Annual General Meeting of the Foundation at Hotel Mayfair, Worli. The Members of the Governing Council made valuable contribution and the discussions were lively. There is considerable follow up required with regard to deciding on the Foundation's Constitution and the revised role of the Governing Council.

The Chairman and Ma'm Yusuf laid wreaths on the solemn occasion of the Founders' day observed on 20th September. The others to lay wreaths included Mrs Daisy Paul, Principal LKM School, Mr Paul Koshy, Principal ARACAMH, Capt (Dr) Ashutosh Apandkar, Principal TSR and Mr V A Kamath, Principal, RCAMSAR. Through this gesture, the Campus Staff rededicate themselves to the ideals of the Founders. A barakhana was also organised on this occasion.

We recently renewed the agreement with DVoS for hiring their leased circuit of 50 Mbps for one year.



Annual General Meeting

TRAINING SHIP RAHAMAN

University of Mumbai declared Third Year BSc Nautical Science Batch 11 results on 27th August 2018.

Indian Maritime University declared IMU DNS Batch 17 (Semester-II) & Batch 18 (Semester-I) results on 5th September .

Capt (Dr) Ashutosh Apandkar attended meeting in the Office of the DG Shipping & Panama Consulate on 6th September. He also attended a meeting regarding designing a syllabus for PhD & a Project on Training ship in IMU Chennai on 10th September.

Capt Bhatnagar attended the Board of Studies meeting at Kalina campus, University of Mumbai on 19th September.

Second Batch of YOGA (12 weeks) Course (Cadets & Faculty) completed on 11th September. Dr Athawale presented to the Cadets & faculty their respective certificates of completion.



Capt Vinod Suryavanshi, Fleet Management ,conducted online test for Third Year BSc Nautical Science cadets on 11th September. Out of 13 cadets, 10 were shortlisted for final interview in Andheri office on 18th September. The Company selected seven cadets out of those short listed.

Status of Distance learning programme (DLP) as on September 2018.

SSTP Certificate issued – Three Candidates.

On Going DLP – 337 Candidates.

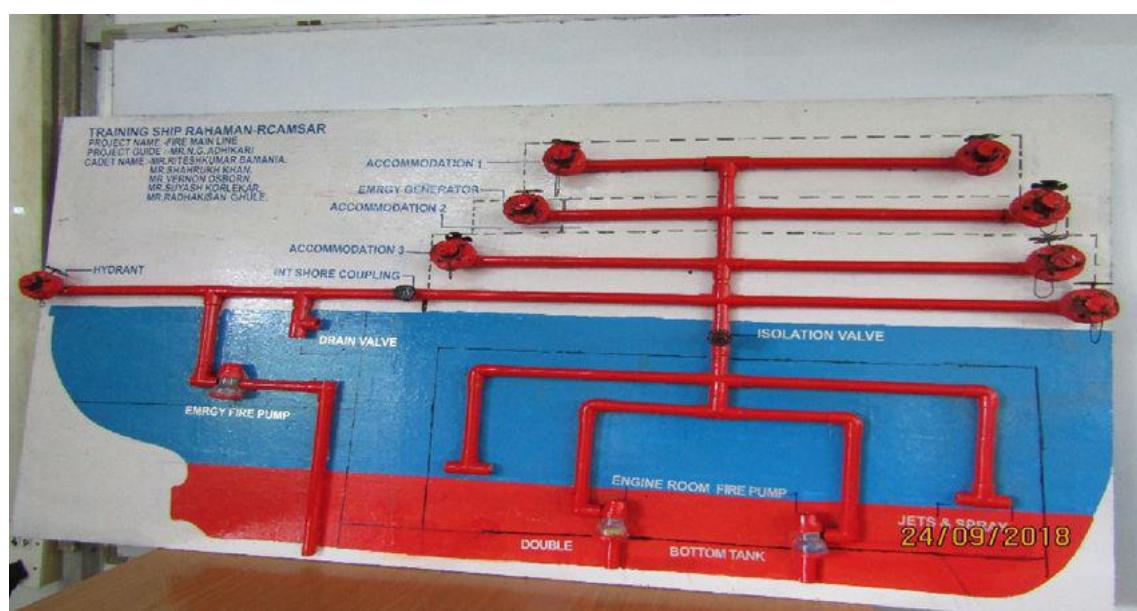
Number of Candidates trained in various courses for the month of September are as follows:-

REGULAR STCW & REFRESHER COURSES		
Sr. No.	Courses	Total no. of Candidates
1	PSCRB	64
2	MFA	36
3	Basic Safety Training Course	88
4	ROC & ARPA	08
5	GTFC	16
6	OCTA	06
7	STR	161
8	REF. PSCRB	16
9	REF. PST	02
10	REF. MFA	06

Rahaman College of Advanced Maritime Studies and Research

GME batch 06 had been assigned projects which they completed and presented to class and explained what imbibed learnt in addition to their normal studies.

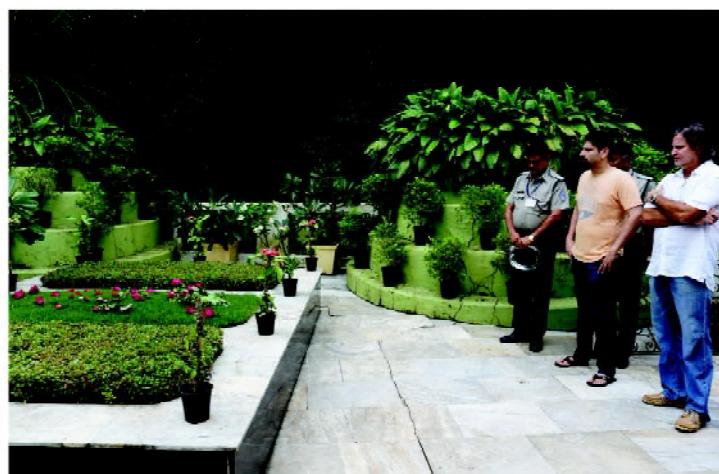
Project I – Ships Main Fire Line, under the guidance of Mr N. G. Adhikari and assembled by cadets, Mr. Bamania, S Khan, V Osborn, S Korlekar and R Ghule.



FOUNDER'S DAY 20-09-2018



FOUNDER'S DAY 20-09-2018



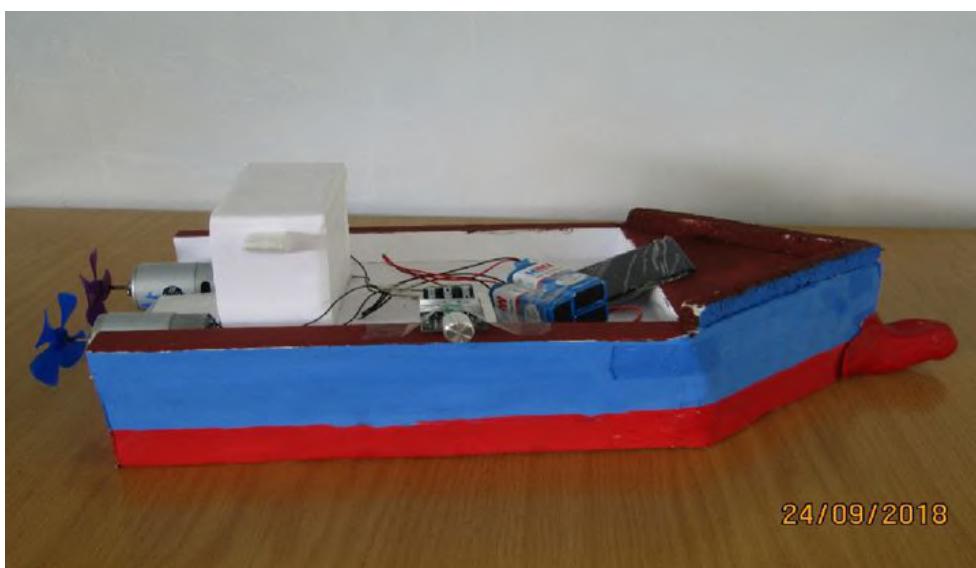
Project II – Double bottom Arrangement in Welded ship, guided by Mr R S Rahate and carried out by Mr R Chauhan, V Chikhale, A Mandhare , N Patel and M Rathod



Project III – Fresh Water generator – under the guidance of by Mr S Alphanso and carried out by Mr Dion, Dhanushkodi, Satnam, A Singh & P D'souza.



Project IV – Propulsion system of a ship by using Hybrid system guided by Ms. Anju Kumari and carried out by Mr M Tandel, Murugesh , Kundan & Siddharth



On 8th September, the College conducted Common admission test for GME 07 Batch. Out of total online 126 applications, 54 applicants took the written tests and 42 candidates were short listed for personal interviews. Finally, 30 were asked to appear for Medical tests thus completing the process of Selection. Companies had sponsored eight candidates.

Preparations are afoot for conduct of High Voltage course as a Value addition course. The practical aspects of course viz. a tie up with MSEDCL is being arranged for use of their 33 KV substation near the Campus Fire gate. A meeting with MSEDCL officials was held on 21st August 2018 and is being followed up. MSEDCL has indicated its acceptance in principle our request.

Fire Fighting Complex;

Number of candidates trained and work done in September 2018

AFF - 69

AFF REF - 18

FPFF - 87

FPFF REF - 02

AUGMENTATION - 02

Bharat Mumbai Container Terminal - 10 (24/09/18 to 26/09/18)

Campus fire drill successfully conducted on 28th September.

Portable fire extinguisher's routine maintenance carried out as also routines maintenance of SCBA sets and BA cylinders also undertaken.

Maintenance carried out on fixed foam and fixed DCP system

All helmets were washed.

Work on large Fire Fighting mock up is in progress and given a coat of red oxide.

Abdul Rashid Academy of Culinary Arts and Maritime Hospitality (ARACAMH)

On 17th September, batch of 21 candidates from Anglo Eastern arrived to commence the course; "Culinary Skills Enhancement Programme" (two months). The previous batch of 15 candidates from Anglo Eastern had successfully completed the Enhancement Course on 8th September.

The third and fourth batch of stewards (total of three completed the "Stewards skill enhancement programme" at ARACAMH College for Teyseer Maritime services. on 8th and 19th September respectively.

Class tests for First and Second Year BSc MHS and First, Second & Third Year BA in Culinary Arts commenced on 24th September.

One week Pre joining Course for cooks with three candidates of MSC was held from 4th to 10th September.

ARACAHM conducted Advance course in Maritime cookery of 10 days duration for Teyseer Sodexo with two cooks. It started on 17th September and concluded on 27th September.

Third batch of 12 candidates from MCTC started their training from 22nd September and concluded on 29th September. Mr Gabriel Sua from Philippines conducted the training.

Chef Siraj, Senior Faculty of ARACAMH had taken part and attended the Food & Hotel India (Hospitality Strategy Summit -2018) in association with Western Indian Culinary Association (WICA) on 6th September at Sahara Star Hotel Mumbai. The Summit was a three day affair consisting of Seminar, Conference, Food Exhibition and chefs' competition, where hundreds of hoteliers from India had come on one platform from the Food & Hotel industry of India. Senior chefs, Celebrity Chefs and renowned chefs from star hotels shared their experiences and views on the new trends about food in the hospitality industry.



Committee guest: Chef Michel Swamy, Chef Tushar & Chef Savio with Chef Siraj

On 21st September, Mr Pankaj Deshmukh, Mr Cletus Paul, Mr Silas Hiwale and Mrs Archana Yendarkar visited Raheja College in connection with finalisation of 5th and 6th semester syllabus of BA in Culinary Arts.

Mr Sumit Daryanani, Faculty for BSc MHS and BA in CA has resigned for better prospects on 20th September 2018. He was taking classes for BSc MHS, BA in culinary Arts and various short-term courses. The College bid farewell for him and wished him all the best for his future.

Chef Haresh conducted a Lamb Fabrication Workshop for students of Second Year MHS on 21st September in the Advance Training Kitchen.

On 21st September, Delegates of P & O Cruise and Carnival Cruise lines, Mr Prasad Hari, MD CSSI, Mr Simon Hover, CEO CSSI, Mr Rakesh GM and Mr Srinivas visited ARACAMH College to witness the ongoing training provided to their candidates in our facility.

Lady Khatun Marium School & Junior College

Inter House English Elocution competition for Std VI to XII was conducted on 29th August. Honourable Chairperson Mrs Elizabeth Yusuf graced the occasion by her presence. Ms Farzana Yusuf, Mr Paul Koshi and Mrs Archana Yendarkar judged the competitors. Competition was held in three categories; poetry recitation for the Middle School, Speech Competition for the Secondary Section and Debate for the Senior Secondary Section. The audience felt overwhelmed by the rhyme and rhythm in the poetry, provoking teenage thoughts, matured thinking, the motivation and force of the arguments displayed by the students.

The points table and winners of the competition:

SECTION	CLASS	NAME OF THE WINNER	HOUSE
POETRY	VI	MISS. SEJAL THAKUR T	PRATAPGARH
	VII	MST. SURAJ SHAIKH	DEVGARH
	VIII	MISS NAINA LASIYAL	PRATAPGARH
SPEECH	IX	MST JANAK RAJ PUROHIT	RAIGARH
	X	MISS. SANA KAZI	SUDHAGARH
	NIOS	MISS AISHA KAZI	RAIGARH
DEBATE	XI AND XII	MISS SUMEDHA KAMBLE	DEVGARH

House Positions

1 ST POSITION	RAIGARH HOUSE	392.5 POINTS
2 ND POSITION	SUDHAGARH HOUSE	388 POINTS
3 RD POSITION	PRATAPGARH HOUSE	384 POINTS
4 TH POSITION	DEVGARH HOUSE	379 POINTS

As we all know, poem is synonymous with enjoyment. Beauty is the heart of the poetry. The children revel in the beauty of expression, thoughts, feeling, rhyme, rhythm and musical play of the words. They got an opportunity to exhibit their talent and confidence. The Inter House Poetry Recitation Competition for Primary School students was held on 12th September in the presence of our Chairperson Ms Elizabeth Yusuf. Ms Charlotte Samson and Ms Naina Singh judged the competition that was organised in five groups.

All the participants recited meaningful poems on the themes – pets, seasons, togetherness, and universe. Everyone present in the hall enjoyed and appreciated the performances of the little ones.

The Final Winner

CLASS	NAME OF THE WINNER	HOUSE
I	MST VIHAN MAHAJAN	RAIGARH
II	MISS NANDINI APANDKAR	DEVGARH
III	MISS BHUMI KHOT	DEVGARH
	MAST SHUBHAM LASIYAL	PRATAPGARH
IV	MISS PRATIKSHA VISHWAKARMA	DEVGARH
V	MISS SUHANI PATIL	RAIGARH

House Positions

1 ST POSITION	DEVGARH HOUSE	173.5 POINTS
2 ND POSITION	RAIGARH HOUSE	172.5 POINTS
3 RD POSITION	SUDHAGARH HOUSE	165 POINTS
4 TH POSITION	PRATAPGARH HOUSE	161.5 POINTS

Between 4th and 12th September, Half-yearly Examination for the students of Std. X and XII was conducted. The school remained closed for Ganpati Festival holidays from 13th to 21st September. Regular classes were held for the students of Std. X and XII during this period. Open House was organised on 29th September to discuss their wards' progress in Half yearly Examination. U19 Volleyball Teams of boys and girls from our School won the Taluka Level Tournament held at Bethany Convent School, Panvel on 4th and 5th September. Both the teams have qualified for the District Level Tournament.

LKM SCHOOL



WINNERS OF CBSE VOLLEYBALL CLUSTER
UNDER 19 BOYS



RUNNER UP OF BASKETBALL TOURNAMENT-
DISTRICT LEVEL UNDER 19 GIRLS



WINNERS OF VOLLEYBALL TOURNAMENT-
TALUKA LEVEL UNDER 19 BOYS



WINNERS OF VOLLEYBALL TOURNAMENT-
TALUKA LEVEL UNDER 19 GIRLS



ENGLISH ELOCUTION WINNERS-
PRIMARY SECTION



ENGLISH ELOCUTION WINNERS-
SECONDARY SECTION

Diabetics & Hypertension Medical Camp on 20-09-2018 in FB Hospital



U19 boys Volleyball Team also won the CBSE Volleyball Cluster meet held at Podar International School, Latur from 1st to 3rd September and they qualified for National Level Meet.

U14, U17 and U19 Boys and U17 and U19 Girls Basketball Teams participated in the District Level Competition held at Khopoli on 21st and 22nd September. All five teams reached up the finals and secured 2nd places in the tournament.

Important Visitors - September 2018

11th

Capt Vinod Suryavanshi, Fleet Management.
Dr. Athawale, YOGA Trainer.

Fatma Banu Hospital

In the month of September the number of Patients treated in FB Hospital were –

Staff	Trainees	Villagers	School	Total
347	366	87	70	870

Fifteen Children attended Well baby Clinic. Spraying and fogging continued in the campus On 20th September, Nanesh Hospital Belapur staff and medical specialist conducted Hypertension and Diabetic screening camp. 58 campus staff.

Infrastructure, Repairs and Maintenance

Welders continued repairs of the large Mock up, installed the circular staircase at Hostel D block, repaired the barricades at Dairy farm and fabricated dustbins for replacing those worn out. Maintenance Staff were engaged in renovation of cabins of Sagaresh hostel, painting of the debriefing and storeroom at Sagardweep hostel and partitioning, electrification and fixing of sliding doors of QTK in the Catering College. They also undertook repairs to the floor of the Survival tank in the PSC complex, electrification of School D block and replaced the fixtures and electrical fittings of Cabins at Sagaresh hostel. The plumbers laid out water and drainage lines of Quality Training Kitchen (QTK) in the Catering College.

Welders repaired the damaged fencing in Anchorage bungalow garden and also the fencing near the boundary wall of Samander Mahal. The maintenance staff assisted laying of new vinyl flooring for dining hall of Hasham mess, and repaired or replaced sprinklers and water lines in the campus vegetable gardens.

Maintenance staffs are presently engaged in renovation and repairs of the cabins and bathroom block of third floor in Serang Hostel. The welders are now fabricating MS trays for FFC and repairs of cattle traps on the roads of the campus. The masons are casting RCC blocks for PSC jetty, replacing the broken terrace tiles of Rahaman College building and repaired water coolers and AC's. Trolley of Hasham mess are under modification. Design and estimates of a proposed grass shed near Dairy farm are being finalised. In Serang Hostel rewiring and replacement of switch boards and light fixtures with LED bulbs is in progress.

George Campbell Library

Library has downloaded Food preparation & nutrition catalogue, Catalogue of Dawsonera of nautical books and other publication and forwarded them to the concerned departments. Training videos for PST, PSSR, First Aid, Fire Fighting, and Tanker operation have been rerecorded for better video and audio qualities.

Library has received some valuable nautical books from late Capt. M. Vepa donated by his family. Details of the books will be published in the forthcoming Library Bulletin.

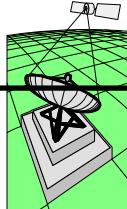
Renewal of seven Periodicals/Journals is in process and will be completed shortly.

Marine Museum

In the month of September, Mr. Parvez Panthaki, Consultant, Mazagon Docks Limited, Mumbai visited the Museum on 5th September. On 20th September, Mr. Nitin Naik and his associates from Mazagon Docks Limited, Mumbai, also visited the Museum.

Mr. Alphonso has been extensively photographing campus fauna.

He has prepared a breathtaking Power Point Presentation on the birds of Nhava. This makes a complementary addition to the old brochure "Birds of Nhava" available for sale in the Museum. One copy of this presentation has been kept in the Museum and can be viewed by those interested.



Future Watch :

6th October 2018.

GP Entrance Exam.

3rd/4th & 5th October 2018.

Dock visit for GP Rating batch 62.

17th/24th & 31st October 2018.

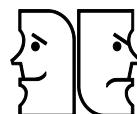
Workshop visit for GP Rating Batch 62.

27th & 28th October 2018.

Physical Endurance Test & Personal Interview for new GP Rating Batch 63.

13th and 27th October - Well baby clinic

NEW FACES



Capt Sameer Pradhan, Training Faculty, Training Department w.e.f. 05th September, 2018.



Mrs. Soni Ranjit Pandey as Security Guard, Security Department w.e.f. 01st September, 2018.



Mr. Sultan Ahmad Sekh, Assistant AC Mechanic, Electrical Department w.e.f. 17th September, 2018.



Mr. Dhan Bahadur Thapa, Utility Hand, ARACAMH w.e.f. 19th September, 2018.



Mr. Kiran Babasaheb Desai, Training instructor, Training Department (RCAMSAR) w.e.f. 24th September, 2018.

Diabetics & Hypertension Medical Camp on 20-09-2018 in FB Hospital



WORD TIPS

Document Size Changes



by [Allen Wyatt](#)

When converting Word documents from an older version of Word to a newer version, you may notice changes in the sizes of the documents. Particularly, you may notice that some files shrink in size. The biggest potential reason for this is the settings you have selected in the newer version of Word.

For instance, let's say that you had been working with a document for quite some time in Word 97, and you had the "Allow Quick Saves" feature turned on. In this case, the file could have quite a bit of the "quick save" edit data saved with the base file (resulting in a very bloated disk file). If you have this feature turned off in Word 2002, then when you loaded the document, and saved it back out, the edit data was incorporated into the base document and the document was saved as a whole. The result is that less disk space is required to save the document.

Other settings which may potentially affect the size of your files are those settings dealing with how Word stores graphics with your documents. In addition, how you have inserted the graphics into your document will also affect the size. If you suspect there is a problem, it is typically best to select Options from the Tools menu and check out your settings.

Excel Tips

Centering Across Columns



by [Allen Wyatt](#)

Excel has a nifty feature that allows you to format your headings to look better on the printed page. You can center the contents of a cell so that it is spread across several columns. For instance, if the body of your worksheet is six columns wide, you can center your headings across all six columns. Applying this type of formatting is very easy:

1. In the left-most cell of the range in which you want the text centered, enter the text.
2. Select the range of cells across which you want the text centered.
3. Click on the Center Across Columns tool on the toolbar.

If you later enter anything in one of the other cells in the range you specified in step X, the centering is effectively canceled. This is because Excel recognizes that centering is impossible to do when there is something "blocking" the way. To recenter, you need to remove the offending cell.

THE SECRET TO SUCCESS

In this technological era, people are completely engrossed in their day to day life, performing various activities with an aim of being successful. Success is thus an outcome of perseverance and hard work.

Success is a feeling one perceives when experiencing change and achievement according to ones desire. It can be termed as 'a dream come true'. The path to success may not always be a smooth and enjoyable one, but the set target can be achieved when one realizes their Strengths, Weaknesses, Opportunities and Threats (SWOT). Identification of ones capabilities will make it easier to pave the way to achieving ones goals.

Success cannot be equated with wealth or fame as success cannot be defined in a single term. What may be an achievement for one may not be so for another. Everyone doesn't achieve the same level of success and should not compare their achievements to others.

The road to success is not a bed of roses. It is full of twists and turns, but the one who works hard, with sincerity and determination will definitely achieve and accomplish their goals. For them, thorns along the path are just small tests to challenge their determination. Their perseverance and sincerity will not allow them to falter and lose hope. For those who surrender to hardships, achieving success is a more challenging task. Fear of failure causes them to lose hope and give up too easily and too soon. They would never know if they could have been successful in achieving their goals.

Time is the biggest game changer. It either brings you success or teaches you a valuable lesson though failure. A building takes years to be constructed but can be destroyed within seconds, in a natural calamity. Another important characteristic of time is that it treats everyone equally, whether rich or poor. It provides an opportunity to all, to succeed and do better in life. Nowadays people want to be successful but lack the perseverance and determination. They desire to be successful in an instance and give up too easily when the wait is long and tiring. Being successful is not only fulfilling ones desires but also being content with what one has achieved in life.

CADET ANUJ GUPTA
F. Y. BSC (NS) BATCH 14

