

# **DISTANCE AND TIME**



**Distance** is the total length of space between two points or positions. It tells us how far apart things are.

**Time** is the amount of time that passes during an event, action, or process. It's the period in which something happens or continues to happen.

In simple terms:

- Distance tells you "**how far**".
- Time tells you "**how long**".

The relationship between **Speed**, **Distance**, and **Time** can be expressed in the following equation.

**Formula:**

$$Speed = \frac{distance}{time}$$

$$Time = \frac{distance}{speed}$$

$$Distance = speed \times time$$

To further understand the relationship between these three terms (speed, distance, and time) in the formula, analyze the following examples.



Example 1:

Drake drives at an average speed of 50 mph on a journey of 400 miles. How long does the journey take?

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**Solution:**

$$Time = \frac{distance}{speed}$$

$$= \frac{400 \text{ miles}}{50 \text{ miles per hour}}$$

$$= \mathbf{8 \text{ hours}}$$

Answer: Drake's journey takes **8 hours**.

## Example 2:

Jane cycles at an average speed of 10 mph. If he cycles for 4 12 hours. How far does he travel?

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Jane cycles at an average speed of 10 mph. If he cycles for  $4\frac{1}{2}$  hours. How far does he travel?

**Solution:**

$$\text{Distance} = \text{speed} \times \text{time}$$

$$= 10 \times 4\frac{1}{2}h$$

$$= 45 \text{ miles}$$

Answer: The distance travelled by Jane is 45 miles.

### Example 3:

Janine has to travel a total of 351 km. She travels the first 216 km in 4 hours. (a) Calculate her average speed for the first part of the journey. (b) If her average speed remains the same, calculate the total time for the complete journey.



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### Solution:

$$(a) \text{ Average speed} = \frac{\text{distance}}{\text{time}} = \frac{216}{4} \quad \text{Answer} = 54 \text{ km/h}$$

(b) Total time for Janine to complete the journey.

Since the average speed remains the same, we will use our calculated speed in (a) which is 54 km/h.

$$\text{Time} = \frac{\text{distance}}{\text{speed}} = \frac{351}{54}$$

Answer = 6.5 hours or 6 hours and 30 minutes