

DISTANCE AND TIME



Distance is the total length of space between two points or positions. It tells us how far apart things are.

Time is the amount of time that passes during an event, action, or process. It's the period in which something happens or continues to happen.

In simple terms:

- Distance tells you "**how far**".
- Time tells you "**how long**".

The relationship between **Speed**, **Distance**, and **Time** can be expressed in the following equation.

Formula:

$$Speed = \frac{distance}{time}$$

$$Time = \frac{distance}{speed}$$

$$Distance = speed \times time$$

To further understand the relationship between these three terms (speed, distance, and time) in the formula, analyze the following examples.

Example 1:
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Drake drives at an average speed of 50 mph on a journey of 400 miles. How long does the journey take?

Solution:

$$Time = \frac{distance}{speed}$$

$$= \frac{400 \text{ miles}}{50 \text{ miles per hour}}$$

$$= 8 \text{ hours}$$

Answer: Drake's journey takes **8 hours**.

Example 2:

Jane cycles at an average speed of 10 mph. If he cycles for 4 1/2 hours. How far does he travel?

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Jane cycles at an average speed of 10 mph. If he cycles for $4\frac{1}{2}$ hours. How far does he travel?

Solution:

$$Distance = speed \times time$$

$$= 10 \times 4\frac{1}{2} h$$

$$= 45 \text{ miles}$$

Answer: The distance travelled by Jane is 45 miles.

Example 3:

Janine has to travel a total of 351 km. She travels the first 216 km in 4 hours.

(a) Calculate her average speed for the first part of the journey.

(b) If her average speed remains the same, calculate the total time for the complete journey.

Example 3:

Janine has to travel a total of 351 km. She travels the first 216 km in 4 hours. (a) Calculate her average speed for the first part of the journey. (b) If her average speed remains the same, calculate the total time for the complete journey.

Solution:

$$(a) \text{Average speed} = \frac{\text{distance}}{\text{time}} = \frac{216}{4} \quad \text{Answer} = 54 \text{ km/h}$$

(b) Total time for Janine to complete the journey.

Since the average speed remains the same, we will use our calculated speed in (a) which is 67 km/h.

$$\text{Time} = \frac{\text{distance}}{\text{speed}} = \frac{351}{54}$$

Answer = **6.5 hours** or **6 hours and 30 minutes**