

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Medical Records - CONFIDENTIAL

FROM: TN - Faculty Physicians

Tina W
1415 OLD WEISGARBER RD SUITE 350, KNOXVILLE, TN 37909-1381
Phone: (865) 588-1605
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TO:

Name: GARRISON, KENTON KITCH, JR

DOB: 11/20/1942

Date Range: 01/01/2025 to 09/17/2025

This document contains the following records of the patient:

- **Encounters and Procedures**

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GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Encounters and Procedures

Clinical Encounter Summaries

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)**Encounter Date: 06/12/2025****Patient**

Name	GARRISON, KENTON (82yo, M) ID# 26741	Appt. Date/Time	06/12/2025 01:30PM
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DOB	11/20/1942	Service Dept.	KNOXVILLE
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Provider	MITCHELL PEARCE, PA
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Insurance	Med Primary: MEDICARE-TN (MEDICARE) Insurance # : 7J44G00KN92 Med Secondary: TRICARE FOR LIFE (TRICARE) Insurance # : 001061216 Med Contracts: OPTUM - VA COMMUNITY CARE NETWORK (VA CCN) Insurance # : 153324428 Prescription: check now
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Chief Complaint

Wound Care Follow-up

Patient's Care Team

Primary Care Provider: DIANA L COBB MD: 281 CUSICK RD, ALCOA, TN 37701-3127, Ph (865) 970-3737, Fax (865) 970-2089
NPI: 1720186646
Other: VETERAN AFFAIRS KNOXVILLE: 8033 RAY MEARS BLVD, KNOXVILLE, TN 37919, Ph (865) 545-4592, Fax (901) 259-3189
Podiatrist: CHRISTOPHER BOWLIN, MD

Patient's Pharmacies

FOOD CITY PHARMACY #647 (ERX): 2135 E. BROADWAY AVE, MARYVILLE, TN 37804, Ph (865) 981-4338, Fax (865) 981-4347

Vitals

None recorded.

Allergies

Reviewed Allergies

NKDA

Medications

Reviewed Medications

albuterol sulfate HFA 90 mcg/actuation aerosol inhaler	01/03/25	filled
azelastine 137 mcg (0.1 %) nasal spray	01/05/25	filled
cetirizine 10 mg tablet	04/19/24	filled
Collagen 1500 Plus C	10/09/24	entered
fish oil 400 mg-flaxseed 400 mg-prim,blk crt,borag oils 200 mg capsule Take by oral route.	10/09/24	entered
furosemide 20 mg tablet	02/24/25	filled
Lantus Solostar U-100 Insulin	10/09/24	entered
losartan 50 mg tablet	11/06/23	filled

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

metFORMIN 1,000 mg tablet	04/19/24	filled
metoprolol succinate ER 50 mg tablet,extended release 24 hr	02/18/25	filled
montelukast 10 mg tablet	04/19/24	filled
Multi Complete with Iron	10/09/24	entered
Myrbetriq 50 mg tablet,extended release	02/01/25	filled
omeprazole 40 mg capsule,delayed release	04/19/24	filled
Ozempic 1 mg/dose (4 mg/3 mL) subcutaneous pen injector	02/06/25	filled
pioglitazone 45 mg tablet	04/19/24	filled
Probiotic (B. coagulans)	10/09/24	entered
promethazine-DM 6.25 mg-15 mg/5 mL oral syrup	01/03/25	filled
Sharper Focus	10/09/24	entered
simvastatin 80 mg tablet	04/19/24	filled
tolterodine ER 4 mg capsule,extended release 24 hr	08/01/24	filled
Trelegy Ellipta 200 mcg-62.5 mcg-25 mcg powder for inhalation	01/22/25	filled
turmeric	10/09/24	entered
Vitamin D3 10 mcg (400 unit) capsule Take by oral route.	10/09/24	entered
Xarelto 20 mg tablet	02/27/25	filled
zinc 15 mg-colos-egg-hb232-psacc1 50 mg-thyme 1 mg-aceman 1 mg capsule Take by oral route.	10/09/24	entered

Vaccines

Reviewed Vaccines

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Vaccine Type	Date	Amt.	Route	Site	NDC	Lot #	Mfr.	Exp. Date	VIS	VIS Given	Vaccinator
COVID-19											
COVID-19, mRNA, LNP-S, PF, tris-sucrose, 30 mcg/0.3 mL	11/19/24	0.3 mL				LM2211	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 50 mcg/0.5 mL	02/07/24	0.5 mL	Intramuscular	Deltoid, Left		3032679	Moderna US, Inc.				
COVID-19, mRNA, LNP-S, bivalent booster, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	10/06/22	0.3 mL	Intramuscular	Deltoid, Left		GJ6739	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	04/05/22	0.3 mL	Intramuscular	Deltoid, Left		FK9895	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	09/28/21	0.3 mL	Intramuscular	Deltoid, Right		FF2587	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	02/05/21	0.3 mL				EL1283	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	01/15/21	0.3 mL				EL3249	Pfizer, Inc				
Influenza											
influenza, seasonal, injectable, preservative free	11/19/24	0.5 mL				K9XL5	GlaxoSmithKline				
influenza, high-dose, quadrivalent	10/30/23	0.7 mL	Intramuscular			UT8137DA	Sanofi Pasteur				
influenza, high-dose, quadrivalent	10/06/22	0.7 mL	Intramuscular	Deltoid, Left		UJ875AD	Sanofi Pasteur				
influenza, high-dose, quadrivalent	09/28/21	0.7 mL	Intramuscular	Deltoid, Left		UJ764AA	Sanofi Pasteur				
influenza, high-dose, quadrivalent	10/21/20	0.7 mL	Intramuscular	Deltoid, Left		UJ546AA	Sanofi Pasteur				
influenza, seasonal, injectable	09/05/15						Other manufacturer				
influenza, seasonal, injectable	10/10/14						Other manufacturer				
influenza, seasonal, injectable	10/22/93										
Pneumococcal											
pneumococcal conjugate PCV 13	01/17/18	0.5 mL				S92740	Wyeth				
pneumococcal conjugate PCV 13	05/11/15										
Zoster											
zoster recombinant	05/14/18										
zoster live	10/22/14						Other manufacturer				

Problems

Reviewed Problems

- Charcot's arthropathy - Onset: 05/01/2025
- Onychomycosis - Onset: 05/01/2025
- Disorder of nervous system due to type 2 diabetes mellitus - Onset: 05/01/2025
- Walking disability - Onset: 05/01/2025
- Antalgic gait - Onset: 05/01/2025
- Ulcer of left foot due to type 2 diabetes mellitus - Onset: 05/01/2025
- Ulcer of toe due to type 2 diabetes mellitus - Onset: 05/01/2025

Family History

Reviewed Family History

Unspecified Relation

- Hypertensive disorder

- Heart disease

Social History

Reviewed Social History

POD Social History

Do you have a living will?: Yes

Alcohol Use:: Yes

Number of drinks per day:: 1

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Number of drinks per week:: 0

Tobacco use:: No

Cigarettes (pack/day):: 0

Cigars/pipe per day:: 0

Dip/chew per day:: 0

Advance Directive

Do you have an advance directive?: Yes

Do you have a medical power of attorney?: Yes

Substance Use

Do you or have you ever smoked tobacco?: Former smoker

How many years have you smoked tobacco?: 20

At what age did you start smoking tobacco?: 16

What is your current pack years?: Less than or equal to 10 Pack Years

How much tobacco do you smoke?: 1 pack per week

When did you quit smoking?: 16+ years since last cigarette

Do you or have you ever used any other forms of tobacco or nicotine?: No

What was the date of your most recent tobacco screening?: 05/22/2025

Has tobacco cessation counseling been provided?: Yes

On what date was tobacco cessation counseling provided?: 05/22/2025

What is your level of alcohol consumption?: Occasional

How many times per week do you consume alcohol?: Less than 1 time per week

How many years have you consumed alcohol?: 30

How many days in the past year have you consumed 5 or more drinks? : 0

Have you ever been counseled for unhealthy alcohol use?: No

Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: Occasional

Diet and Exercise

What is your exercise level?: Occasional

How many times per week do you exercise?: Less than 1 time per week

Activities of Daily Living

Are you able to care for yourself?: Yes

Are you able to walk?: Yes: walks without restrictions

Surgical & Procedure History

Reviewed Surgical & Procedure History

- Heart valve replacement
- Reconstruction of joint

charcot foot

Past Medical History

Reviewed Past Medical History

Arthritis: **Y**Diabetes: **Y**Dyslipidemia: **Y**Heart Disease: **Y**Hypertension: **Y**Leg or Foot Ulcers: **Y**Neuropathy: **Y****HPI**

81-year-old male sent by veterans Dr. Ryder at the VA right lower extremity ORIF Charcot 2017 by UT stable small rocker-bottom 2-week old Crow boot not offloaded central rocker-bottom diabetic neuropathic Charcot ulceration measuring 7 mm full-thickness with no signs of infection. He has a small ring of hyperkeratosis with rolled edges. He is here today seeking care for the above-mentioned.

Here today doing well continue skin graft study start liquid graft injection today current A1c 5.1.

Here today follow-up above-mentioned plantar rocker-bottom Charcot diabetic foot ulceration and its about 41% decreased

Here today follow up to the above he continue to do great this is healing quickly he is compliant with dressing and crow boot.

Here today follow up to the above doing well continue skin graft study today

Doing great wound continues to heal no concerns today

Follow up skin graft study doing fantastic almost closed

Closed skin integument today he is doing great

Two week follow up to the above he remains healed doing great transition to foot care needs shoes and inserts

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Follow up today routine foot care visit he has a new wound right hallux distal clavi ulceration has present the last weeks

Here today for his routine nail care visit he does however present with 3 new wounds. 2 on the right both dorsal and plantar surface and 1 on the left hallux distal clavi ulceration. He has been in the hospital twice the past few months for pneumonia and RSV respectively. Also had aortic valve replacement last week. He reports a 70+ pound weight loss since being in the hospital and starting a fluid pill.

Here today follow-up the above-mentioned wounds are improved from previous visits. He is too edematous to fit into the Crow boot currently.

Follow-up to the above-mentioned he has improved somewhat from last week. He is compliant with the modified postop shoe he is going to a wedding in Ohio this week

Here today follow-up of the above mentioned he looks good wearing appropriate offload no signs of infection ready to start skin grafting.

Here today follow-up of the above-mentioned doing well he did receive clearance from cardiology which he is currently doing rehab for that he is okay to wear compression

Follow-up to the above-mentioned today he is doing well wound continues to heal well.

Here today in his cam boot doing well there is no hyperkeratosis periwound today.

ROS

Patient reports **urinary loss of control, difficulty urinating, increased urinary frequency, and incomplete emptying** Skin:: **bruises easy**. He reports no fever, no night sweats, no significant weight gain, no significant weight loss, no exercise intolerance, no chills, and no malaise. He reports no dry eyes, no vision change, no irritation, and no eye disease/injury. He reports no difficulty hearing and no ear pain. He reports no frequent nosebleeds, no nose problems, and no sinus problems. He reports no sore throat, no bleeding gums, no snoring, no dry mouth, no mouth ulcers, no teeth problems, no ringing in the ears, and no sinusitis. He reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, no swelling in the extremities, no neck pain, no difficulty walking, no cramps, no osteoporosis, and no fractures. He reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, no migraines, no headaches, no tremor, no gait dysfunction, and no paralysis. He reports no depression, no sleep disturbances, feeling safe in a relationship, no alcohol abuse, no anxiety, no hallucinations, no suicidal thoughts, no mood swings, no memory loss, no agitation, no dementia, and no delirium. He reports no fatigue. He reports no swollen glands, no bruising, no excessive bleeding, no anemia, and no phlebitis. He reports no runny nose, no sinus pressure, no itching, no hives, and no frequent sneezing.

Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: **dorsalis pedis diminished** and **posterior tibialis diminished**. Arterial Pulses Left: **dorsalis pedis diminished** and **posterior tibialis diminished**. Varicosities Right: **varicosities**. Varicosities Left: **varicosities**.

Integumentary: Foot Right: **dry** and **atrophic**. Foot Left: **dry** and **atrophic**. Great Toe Nail Right: **pain with and without pressure**. Great Toe Nail Left: **pain with and without pressure**.

Neurological: Neurological Right: **gross sensation diminished**. Neurological Left: **gross sensation diminished**.

Musculoskeletal: Muscle Strength and Tone Right: **hypotonicity**. Muscle Strength and Tone Left: **hypotonicity**. Joints, Bones, and Muscles Right: **contractures** and **limited ROM**. Joints, Bones, and Muscles Left: **contractures** and **limited ROM**.

Class: Class B Right: **dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes**, and **skin texture thin**. Class B Left: **dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes**, and **skin texture thin**.

Bilateral lymphedema worse on the right
Onychomycotic nails

right foot plantar surface full-thickness ulceration 1.0 cm x 0.8 cm x 0.3 cm today no signs of infection

Procedure Documentation**Skin Graft-AmnioCore Pro:**

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement.
Skin Substitute: AmnioCore Pro
Size-- 2x2 cm
Product ID-- AMP-5220
Serial Number-- SB25-1947AMP-00307929
Expiration Date--2028-02-26
Application number--4
Zero graft wastage.

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Assessment / Plan

Diabetic ulcer of other part of left foot associated with type 2 diabetes mellitus, with fat layer

1. exposed

E11.621: Type 2 diabetes mellitus with foot ulcer

L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

Diabetic ulcer of toe of left foot associated with type 2 diabetes mellitus, with fat layer

2. exposed

E11.621: Type 2 diabetes mellitus with foot ulcer

L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

3. Charcot arthropathy

M14.60: Charcot's joint, unspecified site

Antalgic

4. gait

R26.89: Other abnormalities of gait and mobility

Disability of

5. walking

R26.2: Difficulty in walking, not elsewhere classified

Disorder of nervous system due to type 2 diabetes

6. mellitus

E11.69: Type 2 diabetes mellitus with other specified complication

G98.8: Other disorders of nervous system

7. Onychomycosis

B35.1: Tinea unguium

Discussion Notes

Skin graft application #4 today continue skin care protocol he looks wonderful we will see him back next week he knows to call with any questions or concerns.

Return to Office

- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 06/19/2025 at 01:00 PM
- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 06/26/2025 at 01:00 PM

Encounter Sign-Off

Encounter signed-off by MITCHELL PEARCE, PA, 06/12/2025.

Encounter performed and documented by MITCHELL PEARCE, PA

Encounter reviewed & signed by MITCHELL PEARCE, PA on 06/12/2025 at 02:31 PM

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Encounter Date: 06/04/2025

Patient

Name	GARRISON, KENTON (82yo, M) ID# 26741	Appt. Date/Time	06/04/2025 01:15PM
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DOB	11/20/1942	Service Dept.	KNOXVILLE
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Provider	MITCHELL PEARCE, PA
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Insurance	Med Primary: MEDICARE-TN (MEDICARE) Insurance # : 7J44G00KN92 Med Secondary: TRICARE FOR LIFE (TRICARE) Insurance # : 001061216 Med Contracts: OPTUM - VA COMMUNITY CARE NETWORK (VA CCN) Insurance # : 153324428 Prescription: EXPRESS SCRIPTS - Member is eligible. details
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Chief Complaint

Wound Care Follow-up

Patient's Care Team

Primary Care Provider: DIANA L COBB MD: 281 CUSICK RD, ALCOA, TN 37701-3127, Ph (865) 970-3737, Fax (865) 970-2089
 NPI: 1720186646
Other: VETERAN AFFAIRS KNOXVILLE: 8033 RAY MEARS BLVD, KNOXVILLE, TN 37919, Ph (865) 545-4592, Fax (901) 259-3189
Podiatrist: CHRISTOPHER BOWLIN, MD

Patient's Pharmacies

FOOD CITY PHARMACY #647 (ERX): 2135 E. BROADWAY AVE, MARYVILLE, TN 37804, Ph (865) 981-4338, Fax (865) 981-4347

Vitals

None recorded.

Allergies

Reviewed Allergies

NKDA

Medications

Reviewed Medications

albuterol sulfate HFA 90 mcg/actuation aerosol inhaler	01/03/25	filled
azelastine 137 mcg (0.1 %) nasal spray	01/05/25	filled
cetirizine 10 mg tablet	04/19/24	filled
Collagen 1500 Plus C	10/09/24	entered
fish oil 400 mg-flaxseed 400 mg-prim,blk crt,borag oils 200 mg capsule Take by oral route.	10/09/24	entered
furosemide 20 mg tablet	02/24/25	filled
Lantus Solostar U-100 Insulin	10/09/24	entered
losartan 50 mg tablet	11/06/23	filled

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

metFORMIN 1,000 mg tablet	04/19/24	filled
metoprolol succinate ER 50 mg tablet,extended release 24 hr	02/18/25	filled
montelukast 10 mg tablet	04/19/24	filled
Multi Complete with Iron	10/09/24	entered
Myrbetriq 50 mg tablet,extended release	02/01/25	filled
omeprazole 40 mg capsule,delayed release	04/19/24	filled
Ozempic 1 mg/dose (4 mg/3 mL) subcutaneous pen injector	02/06/25	filled
pioglitazone 45 mg tablet	04/19/24	filled
Probiotic (B. coagulans)	10/09/24	entered
promethazine-DM 6.25 mg-15 mg/5 mL oral syrup	01/03/25	filled
Sharper Focus	10/09/24	entered
simvastatin 80 mg tablet	04/19/24	filled
tolterodine ER 4 mg capsule,extended release 24 hr	08/01/24	filled
Trelegy Ellipta 200 mcg-62.5 mcg-25 mcg powder for inhalation	01/22/25	filled
turmeric	10/09/24	entered
Vitamin D3 10 mcg (400 unit) capsule Take by oral route.	10/09/24	entered
Xarelto 20 mg tablet	02/27/25	filled
zinc 15 mg-colos-egg-hb232-psacc1 50 mg-thyme 1 mg-aceman 1 mg capsule Take by oral route.	10/09/24	entered

Vaccines

Reviewed Vaccines

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Vaccine Type	Date	Amt.	Route	Site	NDC	Lot #	Mfr.	Exp. Date	VIS	VIS Given	Vaccinator
COVID-19											
COVID-19, mRNA, LNP-S, PF, tris-sucrose, 30 mcg/0.3 mL	11/19/24	0.3 mL				LM2211	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 50 mcg/0.5 mL	02/07/24	0.5 mL	Intramuscular	Deltoid, Left		3032679	Moderna US, Inc.				
COVID-19, mRNA, LNP-S, bivalent booster, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	10/06/22	0.3 mL	Intramuscular	Deltoid, Left		GJ6739	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	04/05/22	0.3 mL	Intramuscular	Deltoid, Left		FK9895	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	09/28/21	0.3 mL	Intramuscular	Deltoid, Right		FF2587	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	02/05/21	0.3 mL				EL1283	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	01/15/21	0.3 mL				EL3249	Pfizer, Inc				
Influenza											
influenza, seasonal, injectable, preservative free	11/19/24	0.5 mL				K9XL5	GlaxoSmithKline				
influenza, high-dose, quadrivalent	10/30/23	0.7 mL	Intramuscular			UT8137DA	Sanofi Pasteur				
influenza, high-dose, quadrivalent	10/06/22	0.7 mL	Intramuscular	Deltoid, Left		UJ875AD	Sanofi Pasteur				
influenza, high-dose, quadrivalent	09/28/21	0.7 mL	Intramuscular	Deltoid, Left		UJ764AA	Sanofi Pasteur				
influenza, high-dose, quadrivalent	10/21/20	0.7 mL	Intramuscular	Deltoid, Left		UJ546AA	Sanofi Pasteur				
influenza, seasonal, injectable	09/05/15						Other manufacturer				
influenza, seasonal, injectable	10/10/14						Other manufacturer				
influenza, seasonal, injectable	10/22/93										
Pneumococcal											
pneumococcal conjugate PCV 13	01/17/18	0.5 mL				S92740	Wyeth				
pneumococcal conjugate PCV 13	05/11/15										
Zoster											
zoster recombinant	05/14/18										
zoster live	10/22/14						Other manufacturer				

Problems

Reviewed Problems

- Charcot's arthropathy - Onset: 05/01/2025
- Onychomycosis - Onset: 05/01/2025
- Disorder of nervous system due to type 2 diabetes mellitus - Onset: 05/01/2025
- Walking disability - Onset: 05/01/2025
- Antalgic gait - Onset: 05/01/2025
- Ulcer of left foot due to type 2 diabetes mellitus - Onset: 05/01/2025
- Ulcer of toe due to type 2 diabetes mellitus - Onset: 05/01/2025

Family History

Reviewed Family History

Unspecified Relation

- Hypertensive disorder

- Heart disease

Social History

Reviewed Social History

POD Social History

Do you have a living will?: Yes

Alcohol Use:: Yes

Number of drinks per day:: 1

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Number of drinks per week:: 0

Tobacco use:: No

Cigarettes (pack/day):: 0

Cigars/pipe per day:: 0

Dip/chew per day:: 0

Advance Directive

Do you have an advance directive?: Yes

Do you have a medical power of attorney?: Yes

Substance Use

Do you or have you ever smoked tobacco?: Former smoker

How many years have you smoked tobacco?: 20

At what age did you start smoking tobacco?: 16

What is your current pack years?: Less than or equal to 10 Pack Years

How much tobacco do you smoke?: 1 pack per week

When did you quit smoking?: 16+ years since last cigarette

Do you or have you ever used any other forms of tobacco or nicotine?: No

What was the date of your most recent tobacco screening?: 05/22/2025

Has tobacco cessation counseling been provided?: Yes

On what date was tobacco cessation counseling provided?: 05/22/2025

What is your level of alcohol consumption?: Occasional

How many times per week do you consume alcohol?: Less than 1 time per week

How many years have you consumed alcohol?: 30

How many days in the past year have you consumed 5 or more drinks? : 0

Have you ever been counseled for unhealthy alcohol use?: No

Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: Occasional

Diet and Exercise

What is your exercise level?: Occasional

How many times per week do you exercise?: Less than 1 time per week

Activities of Daily Living

Are you able to care for yourself?: Yes

Are you able to walk?: Yes: walks without restrictions

Surgical & Procedure History

Reviewed Surgical & Procedure History

- Heart valve replacement
- Reconstruction of joint

charcot foot

Past Medical History

Reviewed Past Medical History

Arthritis: **Y**Diabetes: **Y**Dyslipidemia: **Y**Heart Disease: **Y**Hypertension: **Y**Leg or Foot Ulcers: **Y**Neuropathy: **Y****HPI**

81-year-old male sent by veterans Dr. Ryder at the VA right lower extremity ORIF Charcot 2017 by UT stable small rocker-bottom 2-week old Crow boot not offloaded central rocker-bottom diabetic neuropathic Charcot ulceration measuring 7 mm full-thickness with no signs of infection. He has a small ring of hyperkeratosis with rolled edges. He is here today seeking care for the above-mentioned.

Here today doing well continue skin graft study start liquid graft injection today current A1c 5.1.

Here today follow-up above-mentioned plantar rocker-bottom Charcot diabetic foot ulceration and its about 41% decreased

Here today follow up to the above he continue to do great this is healing quickly he is compliant with dressing and crow boot.

Here today follow up to the above doing well continue skin graft study today

Doing great wound continues to heal no concerns today

Follow up skin graft study doing fantastic almost closed

Closed skin integument today he is doing great

Two week follow up to the above he remains healed doing great transition to foot care needs shoes and inserts

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Follow up today routine foot care visit he has a new wound right hallux distal clavi ulceration has present the last weeks

Here today for his routine nail care visit he does however present with 3 new wounds. 2 on the right both dorsal and plantar surface and 1 on the left hallux distal clavi ulceration. He has been in the hospital twice the past few months for pneumonia and RSV respectively. Also had aortic valve replacement last week. He reports a 70+ pound weight loss since being in the hospital and starting a fluid pill.

Here today follow-up the above-mentioned wounds are improved from previous visits. He is too edematous to fit into the Crow boot currently.

Follow-up to the above-mentioned he has improved somewhat from last week. He is compliant with the modified postop shoe he is going to a wedding in Ohio this week

Here today follow-up of the above mentioned he looks good wearing appropriate offload no signs of infection ready to start skin grafting.

Here today follow-up of the above-mentioned doing well he did receive clearance from cardiology which he is currently doing rehab for that he is okay to wear compression

Follow-up to the above-mentioned today he is doing well wound continues to heal well.

ROS

Patient reports **urinary loss of control, difficulty urinating, increased urinary frequency, and incomplete emptying** Skin:: **bruises easy**. He reports no fever, no night sweats, no significant weight gain, no significant weight loss, no exercise intolerance, no chills, and no malaise. He reports no dry eyes, no vision change, no irritation, and no eye disease/injury. He reports no difficulty hearing and no ear pain. He reports no frequent nosebleeds, no nose problems, and no sinus problems. He reports no sore throat, no bleeding gums, no snoring, no dry mouth, no mouth ulcers, no teeth problems, no ringing in the ears, and no sinusitis. He reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, no swelling in the extremities, no neck pain, no difficulty walking, no cramps, no osteoporosis, and no fractures. He reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, no migraines, no headaches, no tremor, no gait dysfunction, and no paralysis. He reports no depression, no sleep disturbances, feeling safe in a relationship, no alcohol abuse, no anxiety, no hallucinations, no suicidal thoughts, no mood swings, no memory loss, no agitation, no dementia, and no delirium. He reports no fatigue. He reports no swollen glands, no bruising, no excessive bleeding, no anemia, and no phlebitis. He reports no runny nose, no sinus pressure, no itching, no hives, and no frequent sneezing.

Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: **dorsalis pedis diminished** and **posterior tibialis diminished**. Arterial Pulses Left: **dorsalis pedis diminished** and **posterior tibialis diminished**. Varicosities Right: **varicosities**. Varicosities Left: **varicosities**.

Integumentary: Foot Right: **dry** and **atrophic**. Foot Left: **dry** and **atrophic**. Great Toe Nail Right: **pain with and without pressure**. Great Toe Nail Left: **pain with and without pressure**.

Neurological: Neurological Right: **gross sensation diminished**. Neurological Left: **gross sensation diminished**.

Musculoskeletal: Muscle Strength and Tone Right: **hypotonicity**. Muscle Strength and Tone Left: **hypotonicity**. Joints, Bones, and Muscles Right: **contractures** and **limited ROM**. Joints, Bones, and Muscles Left: **contractures** and **limited ROM**.

Class: Class B Right: **dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes, and skin texture thin**. Class B Left: **dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes, and skin texture thin**.

Bilateral lymphedema worse on the right
Onychomycotic nails

right foot plantar surface full-thickness ulceration 1.2 cm x 1.0 cm x 0.4 cm today no signs of infection

Procedure Documentation**Skin Graft-AmnioCore Pro:**

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement.

Skin Substitute: AmnioCore Pro

Size-- 2x2 cm

Product ID-- AMP-5220

Serial Number-- SB25-1947AMP-00307930

Expiration Date--2028-02-26

Application number--3

Zero graft wastage.

Assessment / Plan

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Diabetic ulcer of other part of left foot associated with type 2 diabetes mellitus, with fat layer

1. exposed

E11.621: Type 2 diabetes mellitus with foot ulcer

L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

Diabetic ulcer of toe of left foot associated with type 2 diabetes mellitus, with fat layer

2. exposed

E11.621: Type 2 diabetes mellitus with foot ulcer

L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

3. Charcot arthropathy

M14.60: Charcot's joint, unspecified site

Antalgic

4. gait

R26.89: Other abnormalities of gait and mobility

Disability of

5. walking

R26.2: Difficulty in walking, not elsewhere classified

Disorder of nervous system due to type 2 diabetes

6. mellitus

E11.69: Type 2 diabetes mellitus with other specified complication

G98.8: Other disorders of nervous system

7. Onychomycosis

B35.1: Tinea unguium

Discussion Notes

Skin graft application #3 today continue skin graft dressing change protocol with compression he is offloaded in the postop shoe will see him back next week and he knows to call with any questions or concerns.

Return to Office

- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 06/12/2025 at 01:30 PM
- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 06/19/2025 at 01:00 PM
- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 06/26/2025 at 01:00 PM

Encounter Sign-Off

Encounter signed-off by MITCHELL PEARCE, PA, 06/04/2025.

Encounter performed and documented by MITCHELL PEARCE, PA

Encounter reviewed & signed by MITCHELL PEARCE, PA on 06/04/2025 at 01:43 PM

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)**Encounter Date: 05/30/2025****Patient**

Name	GARRISON, KENTON (82yo, M) ID# 26741	Appt. Date/Time	05/30/2025 11:00AM
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DOB	11/20/1942	Service Dept.	KNOXVILLE
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Provider	MITCHELL PEARCE, PA
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Insurance	Med Primary: MEDICARE-TN (MEDICARE) Insurance # : 7J44G00KN92 Med Secondary: TRICARE FOR LIFE (TRICARE) Insurance # : 001061216 Med Contracts: OPTUM - VA COMMUNITY CARE NETWORK (VA CCN) Insurance # : 153324428 Prescription: EXPRESS SCRIPTS - Member is eligible. details
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Chief Complaint

Wound Care Follow-up

Patient's Care Team

Primary Care Provider: DIANA L COBB MD: 281 CUSICK RD, ALCOA, TN 37701-3127, Ph (865) 970-3737, Fax (865) 970-2089
NPI: 1720186646
Other: VETERAN AFFAIRS KNOXVILLE: 8033 RAY MEARS BLVD, KNOXVILLE, TN 37919, Ph (865) 545-4592, Fax (901) 259-3189
Podiatrist: CHRISTOPHER BOWLIN, MD

Patient's Pharmacies**FOOD CITY PHARMACY #647 (ERX): 2135 E. BROADWAY AVE, MARYVILLE, TN 37804, Ph (865) 981-4338, Fax (865) 981-4347****Vitals**

None recorded.

Allergies

Reviewed Allergies

NKDA

Medications

Reviewed Medications

albuterol sulfate HFA 90 mcg/actuation aerosol inhaler	01/03/25	filled
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azelastine 137 mcg (0.1 %) nasal spray	01/05/25	filled
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cetirizine 10 mg tablet	04/19/24	filled
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Collagen 1500 Plus C	10/09/24	entered
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fish oil 400 mg-flaxseed 400 mg-prim,blk crt,borag oils 200 mg capsule Take by oral route.	10/09/24	entered
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furosemide 20 mg tablet	02/24/25	filled
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Lantus Solostar U-100 Insulin	10/09/24	entered
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losartan 50 mg tablet	11/06/23	filled
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GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

metFORMIN 1,000 mg tablet	04/19/24	filled
metoprolol succinate ER 50 mg tablet,extended release 24 hr	02/18/25	filled
montelukast 10 mg tablet	04/19/24	filled
Multi Complete with Iron	10/09/24	entered
Myrbetriq 50 mg tablet,extended release	02/01/25	filled
omeprazole 40 mg capsule,delayed release	04/19/24	filled
Ozempic 1 mg/dose (4 mg/3 mL) subcutaneous pen injector	02/06/25	filled
pioglitazone 45 mg tablet	04/19/24	filled
Probiotic (B. coagulans)	10/09/24	entered
promethazine-DM 6.25 mg-15 mg/5 mL oral syrup	01/03/25	filled
Sharper Focus	10/09/24	entered
simvastatin 80 mg tablet	04/19/24	filled
tolterodine ER 4 mg capsule,extended release 24 hr	08/01/24	filled
Trelegy Ellipta 200 mcg-62.5 mcg-25 mcg powder for inhalation	01/22/25	filled
turmeric	10/09/24	entered
Vitamin D3 10 mcg (400 unit) capsule Take by oral route.	10/09/24	entered
Xarelto 20 mg tablet	02/27/25	filled
zinc 15 mg-colos-egg-hb232-psacc1 50 mg-thyme 1 mg-aceman 1 mg capsule Take by oral route.	10/09/24	entered

Vaccines

Reviewed Vaccines

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Vaccine Type	Date	Amt.	Route	Site	NDC	Lot #	Mfr.	Exp. Date	VIS	VIS Given	Vaccinator
COVID-19											
COVID-19, mRNA, LNP-S, PF, tris-sucrose, 30 mcg/0.3 mL	11/19/24	0.3 mL				LM2211	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 50 mcg/0.5 mL	02/07/24	0.5 mL	Intramuscular	Deltoid, Left		3032679	Moderna US, Inc.				
COVID-19, mRNA, LNP-S, bivalent booster, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	10/06/22	0.3 mL	Intramuscular	Deltoid, Left		GJ6739	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	04/05/22	0.3 mL	Intramuscular	Deltoid, Left		FK9895	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	09/28/21	0.3 mL	Intramuscular	Deltoid, Right		FF2587	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	02/05/21	0.3 mL				EL1283	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	01/15/21	0.3 mL				EL3249	Pfizer, Inc				
Influenza											
influenza, seasonal, injectable, preservative free	11/19/24	0.5 mL				K9XL5	GlaxoSmithKline				
influenza, high-dose, quadrivalent	10/30/23	0.7 mL	Intramuscular			UT8137DA	Sanofi Pasteur				
influenza, high-dose, quadrivalent	10/06/22	0.7 mL	Intramuscular	Deltoid, Left		UJ875AD	Sanofi Pasteur				
influenza, high-dose, quadrivalent	09/28/21	0.7 mL	Intramuscular	Deltoid, Left		UJ764AA	Sanofi Pasteur				
influenza, high-dose, quadrivalent	10/21/20	0.7 mL	Intramuscular	Deltoid, Left		UJ546AA	Sanofi Pasteur				
influenza, seasonal, injectable	09/05/15						Other manufacturer				
influenza, seasonal, injectable	10/10/14						Other manufacturer				
influenza, seasonal, injectable	10/22/93										
Pneumococcal											
pneumococcal conjugate PCV 13	01/17/18	0.5 mL				S92740	Wyeth				
pneumococcal conjugate PCV 13	05/11/15										
Zoster											
zoster recombinant	05/14/18										
zoster live	10/22/14						Other manufacturer				

Problems

Reviewed Problems

- Charcot's arthropathy - Onset: 05/01/2025
- Onychomycosis - Onset: 05/01/2025
- Disorder of nervous system due to type 2 diabetes mellitus - Onset: 05/01/2025
- Walking disability - Onset: 05/01/2025
- Antalgic gait - Onset: 05/01/2025
- Ulcer of left foot due to type 2 diabetes mellitus - Onset: 05/01/2025
- Ulcer of toe due to type 2 diabetes mellitus - Onset: 05/01/2025

Family History

Reviewed Family History

Unspecified Relation

- Hypertensive disorder

- Heart disease

Social History

Reviewed Social History

POD Social History

Do you have a living will?: Yes

Alcohol Use:: Yes

Number of drinks per day:: 1

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Number of drinks per week:: 0

Tobacco use:: No

Cigarettes (pack/day):: 0

Cigars/pipe per day:: 0

Dip/chew per day:: 0

Advance Directive

Do you have an advance directive?: Yes

Do you have a medical power of attorney?: Yes

Substance Use

Do you or have you ever smoked tobacco?: Former smoker

How many years have you smoked tobacco?: 20

At what age did you start smoking tobacco?: 16

What is your current pack years?: Less than or equal to 10 Pack Years

How much tobacco do you smoke?: 1 pack per week

When did you quit smoking?: 16+ years since last cigarette

Do you or have you ever used any other forms of tobacco or nicotine?: No

What was the date of your most recent tobacco screening?: 05/22/2025

Has tobacco cessation counseling been provided?: Yes

On what date was tobacco cessation counseling provided?: 05/22/2025

What is your level of alcohol consumption?: Occasional

How many times per week do you consume alcohol?: Less than 1 time per week

How many years have you consumed alcohol?: 30

How many days in the past year have you consumed 5 or more drinks? : 0

Have you ever been counseled for unhealthy alcohol use?: No

Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: Occasional

Diet and Exercise

What is your exercise level?: Occasional

How many times per week do you exercise?: Less than 1 time per week

Activities of Daily Living

Are you able to care for yourself?: Yes

Are you able to walk?: Yes: walks without restrictions

Surgical & Procedure History

Reviewed Surgical & Procedure History

- Heart valve replacement
- Reconstruction of joint

charcot foot

Past Medical History

Reviewed Past Medical History

Arthritis: **Y**Diabetes: **Y**Dyslipidemia: **Y**Heart Disease: **Y**Hypertension: **Y**Leg or Foot Ulcers: **Y**Neuropathy: **Y****HPI**

81-year-old male sent by veterans Dr. Ryder at the VA right lower extremity ORIF Charcot 2017 by UT stable small rocker-bottom 2-week old Crow boot not offloaded central rocker-bottom diabetic neuropathic Charcot ulceration measuring 7 mm full-thickness with no signs of infection. He has a small ring of hyperkeratosis with rolled edges. He is here today seeking care for the above-mentioned.

Here today doing well continue skin graft study start liquid graft injection today current A1c 5.1.

Here today follow-up above-mentioned plantar rocker-bottom Charcot diabetic foot ulceration and its about 41% decreased

Here today follow up to the above he continue to do great this is healing quickly he is compliant with dressing and crow boot.

Here today follow up to the above doing well continue skin graft study today

Doing great wound continues to heal no concerns today

Follow up skin graft study doing fantastic almost closed

Closed skin integument today he is doing great

Two week follow up to the above he remains healed doing great transition to foot care needs shoes and inserts

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Follow up today routine foot care visit he has a new wound right hallux distal clavi ulceration has present the last weeks

Here today for his routine nail care visit he does however present with 3 new wounds. 2 on the right both dorsal and plantar surface and 1 on the left hallux distal clavi ulceration. He has been in the hospital twice the past few months for pneumonia and RSV respectively. Also had aortic valve replacement last week. He reports a 70+ pound weight loss since being in the hospital and starting a fluid pill.

Here today follow-up the above-mentioned wounds are improved from previous visits. He is too edematous to fit into the Crow boot currently.

Follow-up to the above-mentioned he has improved somewhat from last week. He is compliant with the modified postop shoe he is going to a wedding in Ohio this week

Here today follow-up of the above mentioned he looks good wearing appropriate offload no signs of infection ready to start skin grafting.

Here today follow-up of the above-mentioned doing well he did receive clearance from cardiology which he is currently doing rehab for that he is okay to wear compression

ROS

Patient reports **urinary loss of control, difficulty urinating, increased urinary frequency, and incomplete emptying** Skin:: **bruises easy**. He reports no fever, no night sweats, no significant weight gain, no significant weight loss, no exercise intolerance, no chills, and no malaise. He reports no dry eyes, no vision change, no irritation, and no eye disease/injury. He reports no difficulty hearing and no ear pain. He reports no frequent nosebleeds, no nose problems, and no sinus problems. He reports no sore throat, no bleeding gums, no snoring, no dry mouth, no mouth ulcers, no teeth problems, no ringing in the ears, and no sinusitis. He reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, no swelling in the extremities, no neck pain, no difficulty walking, no cramps, no osteoporosis, and no fractures. He reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, no migraines, no headaches, no tremor, no gait dysfunction, and no paralysis. He reports no depression, no sleep disturbances, feeling safe in a relationship, no alcohol abuse, no anxiety, no hallucinations, no suicidal thoughts, no mood swings, no memory loss, no agitation, no dementia, and no delirium. He reports no fatigue. He reports no swollen glands, no bruising, no excessive bleeding, no anemia, and no phlebitis. He reports no runny nose, no sinus pressure, no itching, no hives, and no frequent sneezing.

Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: **dorsalis pedis diminished** and **posterior tibialis diminished**. Arterial Pulses Left: **dorsalis pedis diminished** and **posterior tibialis diminished**. Varicosities Right: **varicosities**. Varicosities Left: **varicosities**.

Integumentary: Foot Right: **dry** and **atrophic**. Foot Left: **dry** and **atrophic**. Great Toe Nail Right: **pain with and without pressure**. Great Toe Nail Left: **pain with and without pressure**.

Neurological: Neurological Right: **gross sensation diminished**. Neurological Left: **gross sensation diminished**.

Musculoskeletal: Muscle Strength and Tone Right: **hypotonicity**. Muscle Strength and Tone Left: **hypotonicity**. Joints, Bones, and Muscles Right: **contractures** and **limited ROM**. Joints, Bones, and Muscles Left: **contractures** and **limited ROM**.

Class: Class B Right: **dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes**, and **skin texture thin**. Class B Left: **dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes**, and **skin texture thin**.

Bilateral lymphedema worse on the right
Onychomycotic nails

right foot plantar surface full-thickness ulceration 1.3 cm x 1.4 cm x 0.4 cm today no signs of infection

Procedure Documentation**Skin Graft-AmnioCore Pro:**

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement.
Skin Substitute: AmnioCore Pro
Size-- 2x2 cm
Product ID-- AMP-5220
Serial Number-- SB25-0385MP-00291181
Expiration Date--2028-01-27
Application number--2
Zero graft wastage.

Assessment / Plan

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Diabetic ulcer of other part of left foot associated with type 2 diabetes mellitus, with fat layer

1. exposed

E11.621: Type 2 diabetes mellitus with foot ulcer

L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

Diabetic ulcer of toe of left foot associated with type 2 diabetes mellitus, with fat layer

2. exposed

E11.621: Type 2 diabetes mellitus with foot ulcer

L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

3. Charcot arthropathy

M14.60: Charcot's joint, unspecified site

Antalgic

4. gait

R26.89: Other abnormalities of gait and mobility

Disability of

5. walking

R26.2: Difficulty in walking, not elsewhere classified

Disorder of nervous system due to type 2 diabetes

6. mellitus

E11.69: Type 2 diabetes mellitus with other specified complication

G98.8: Other disorders of nervous system

7. Onychomycosis

B35.1: Tinea unguium

Discussion Notes

Skin graft application #2 today continue skin graft dressing change protocol we will see him back next week he knows to call with any questions or concerns.

Return to Office

- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 06/04/2025 at 01:15 PM

Encounter Sign-Off

Encounter signed-off by MITCHELL PEARCE, PA, 05/30/2025.

Encounter performed and documented by MITCHELL PEARCE, PA

Encounter reviewed & signed by MITCHELL PEARCE, PA on 05/30/2025 at 11:11 AM

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)**Encounter Date: 05/22/2025****Patient**

Name	GARRISON, KENTON (82yo, M) ID# 26741	Appt. Date/Time	05/22/2025 01:00PM
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DOB	11/20/1942	Service Dept.	KNOXVILLE
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Provider	MITCHELL PEARCE, PA
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Insurance	Med Primary: MEDICARE-TN (MEDICARE) Insurance # : 7J44G00KN92 Med Secondary: TRICARE FOR LIFE (TRICARE) Insurance # : 001061216 Med Contracts: OPTUM - VA COMMUNITY CARE NETWORK (VA CCN) Insurance # : 153324428 Prescription: EXPRESS SCRIPTS - Member is eligible. details
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Chief Complaint

Wound Care Follow-up

Patient's Care Team

Primary Care Provider: DIANA L COBB MD: 281 CUSICK RD, ALCOA, TN 37701-3127, Ph (865) 970-3737, Fax (865) 970-2089
NPI: 1720186646
Other: VETERAN AFFAIRS KNOXVILLE: 8033 RAY MEARS BLVD, KNOXVILLE, TN 37919, Ph (865) 545-4592, Fax (901) 259-3189
Podiatrist: CHRISTOPHER BOWLIN, MD

Patient's Pharmacies

FOOD CITY PHARMACY #647 (ERX): 2135 E. BROADWAY AVE, MARYVILLE, TN 37804, Ph (865) 981-4338, Fax (865) 981-4347

Vitals

None recorded.

Allergies

Reviewed Allergies

NKDA

Medications

Reviewed Medications

albuterol sulfate HFA 90 mcg/actuation aerosol inhaler	01/03/25	filled
azelastine 137 mcg (0.1 %) nasal spray	01/05/25	filled
cetirizine 10 mg tablet	04/19/24	filled
Collagen 1500 Plus C	10/09/24	entered
fish oil 400 mg-flaxseed 400 mg-prim,blk crt,borag oils 200 mg capsule Take by oral route.	10/09/24	entered
furosemide 20 mg tablet	02/24/25	filled
Lantus Solostar U-100 Insulin	10/09/24	entered
losartan 50 mg tablet	11/06/23	filled

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

metFORMIN 1,000 mg tablet	04/19/24	filled
metoprolol succinate ER 50 mg tablet,extended release 24 hr	02/18/25	filled
montelukast 10 mg tablet	04/19/24	filled
Multi Complete with Iron	10/09/24	entered
Myrbetriq 50 mg tablet,extended release	02/01/25	filled
omeprazole 40 mg capsule,delayed release	04/19/24	filled
Ozempic 1 mg/dose (4 mg/3 mL) subcutaneous pen injector	02/06/25	filled
pioglitazone 45 mg tablet	04/19/24	filled
Probiotic (B. coagulans)	10/09/24	entered
promethazine-DM 6.25 mg-15 mg/5 mL oral syrup	01/03/25	filled
Sharper Focus	10/09/24	entered
simvastatin 80 mg tablet	04/19/24	filled
tolterodine ER 4 mg capsule,extended release 24 hr	08/01/24	filled
Trelegy Ellipta 200 mcg-62.5 mcg-25 mcg powder for inhalation	01/22/25	filled
turmeric	10/09/24	entered
Vitamin D3 10 mcg (400 unit) capsule Take by oral route.	10/09/24	entered
Xarelto 20 mg tablet	02/27/25	filled
zinc 15 mg-colos-egg-hb232-psacc1 50 mg-thyme 1 mg-aceman 1 mg capsule Take by oral route.	10/09/24	entered

Vaccines

Reviewed Vaccines

GARRISON, Kenton KITCH, Jr (id #26741, dob: 11/20/1942)

Vaccine Type	Date	Amt.	Route	Site	NDC	Lot #	Mfr.	Exp. Date	VIS	VIS Given	Vaccinator
COVID-19											
COVID-19, mRNA, LNP-S, PF, tris-sucrose, 30 mcg/0.3 mL	11/19/24	0.3 mL				LM2211	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 50 mcg/0.5 mL	02/07/24	0.5 mL	Intramuscular	Deltoid, Left		3032679	Moderna US, Inc.				
COVID-19, mRNA, LNP-S, bivalent booster, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	10/06/22	0.3 mL	Intramuscular	Deltoid, Left		GJ6739	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	04/05/22	0.3 mL	Intramuscular	Deltoid, Left		FK9895	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	09/28/21	0.3 mL	Intramuscular	Deltoid, Right		FF2587	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	02/05/21	0.3 mL				EL1283	Pfizer, Inc				
COVID-19, mRNA, LNP-S, PF, 30 mcg/0.3 mL dose (Pfizer-BioNTech)	01/15/21	0.3 mL				EL3249	Pfizer, Inc				
Influenza											
influenza, seasonal, injectable, preservative free	11/19/24	0.5 mL				K9XL5	GlaxoSmithKline				
influenza, high-dose, quadrivalent	10/30/23	0.7 mL	Intramuscular			UT8137DA	Sanofi Pasteur				
influenza, high-dose, quadrivalent	10/06/22	0.7 mL	Intramuscular	Deltoid, Left		UJ875AD	Sanofi Pasteur				
influenza, high-dose, quadrivalent	09/28/21	0.7 mL	Intramuscular	Deltoid, Left		UJ764AA	Sanofi Pasteur				
influenza, high-dose, quadrivalent	10/21/20	0.7 mL	Intramuscular	Deltoid, Left		UJ546AA	Sanofi Pasteur				
influenza, seasonal, injectable	09/05/15						Other manufacturer				
influenza, seasonal, injectable	10/10/14						Other manufacturer				
influenza, seasonal, injectable	10/22/93										
Pneumococcal											
pneumococcal conjugate PCV 13	01/17/18	0.5 mL				S92740	Wyeth				
pneumococcal conjugate PCV 13	05/11/15										
Zoster											
zoster recombinant	05/14/18										
zoster live	10/22/14						Other manufacturer				

Problems

Reviewed Problems

- Charcot's arthropathy - Onset: 05/01/2025
- Onychomycosis - Onset: 05/01/2025
- Disorder of nervous system due to type 2 diabetes mellitus - Onset: 05/01/2025
- Walking disability - Onset: 05/01/2025
- Antalgic gait - Onset: 05/01/2025
- Ulcer of left foot due to type 2 diabetes mellitus - Onset: 05/01/2025
- Ulcer of toe due to type 2 diabetes mellitus - Onset: 05/01/2025

Family History

Reviewed Family History

Unspecified Relation

- Hypertensive disorder

- Heart disease

Social History

Reviewed Social History

POD Social History

Do you have a living will?: Yes

Alcohol Use:: Yes

Number of drinks per day:: 1

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Number of drinks per week:: 0

Tobacco use:: No

Cigarettes (pack/day):: 0

Cigars/pipe per day:: 0

Dip/chew per day:: 0

Advance Directive

Do you have an advance directive?: Yes

Do you have a medical power of attorney?: Yes

Substance Use

Do you or have you ever smoked tobacco?: Former smoker

How many years have you smoked tobacco?: 20

At what age did you start smoking tobacco?: 16

What is your current pack years?: Less than or equal to 10 Pack Years

How much tobacco do you smoke?: 1 pack per week

When did you quit smoking?: 16+ years since last cigarette

Do you or have you ever used any other forms of tobacco or nicotine?: No

What was the date of your most recent tobacco screening?: 05/22/2025

Has tobacco cessation counseling been provided?: Yes

On what date was tobacco cessation counseling provided?: 05/22/2025

What is your level of alcohol consumption?: Occasional

How many times per week do you consume alcohol?: Less than 1 time per week

How many years have you consumed alcohol?: 30

How many days in the past year have you consumed 5 or more drinks? : 0

Have you ever been counseled for unhealthy alcohol use?: No

Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: Occasional

Diet and Exercise

What is your exercise level?: Occasional

How many times per week do you exercise?: Less than 1 time per week

Activities of Daily Living

Are you able to care for yourself?: Yes

Are you able to walk?: Yes: walks without restrictions

Surgical & Procedure History

Reviewed Surgical & Procedure History

- Heart valve replacement
- Reconstruction of joint

charcot foot

Past Medical History

Reviewed Past Medical History

Arthritis: **Y**Diabetes: **Y**Dyslipidemia: **Y**Heart Disease: **Y**Hypertension: **Y**Leg or Foot Ulcers: **Y**Neuropathy: **Y****HPI**

81-year-old male sent by veterans Dr. Ryder at the VA right lower extremity ORIF Charcot 2017 by UT stable small rocker-bottom 2-week old Crow boot not offloaded central rocker-bottom diabetic neuropathic Charcot ulceration measuring 7 mm full-thickness with no signs of infection. He has a small ring of hyperkeratosis with rolled edges. He is here today seeking care for the above-mentioned.

Here today doing well continue skin graft study start liquid graft injection today current A1c 5.1.

Here today follow-up above-mentioned plantar rocker-bottom Charcot diabetic foot ulceration and its about 41% decreased

Here today follow up to the above he continue to do great this is healing quickly he is compliant with dressing and crow boot.

Here today follow up to the above doing well continue skin graft study today

Doing great wound continues to heal no concerns today

Follow up skin graft study doing fantastic almost closed

Closed skin integument today he is doing great

Two week follow up to the above he remains healed doing great transition to foot care needs shoes and inserts

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Follow up today routine foot care visit he has a new wound right hallux distal clavi ulceration has present the last weeks

Here today for his routine nail care visit he does however present with 3 new wounds. 2 on the right both dorsal and plantar surface and 1 on the left hallux distal clavi ulceration. He has been in the hospital twice the past few months for pneumonia and RSV respectively. Also had aortic valve replacement last week. He reports a 70+ pound weight loss since being in the hospital and starting a fluid pill.

Here today follow-up the above-mentioned wounds are improved from previous visits. He is too edematous to fit into the Crow boot currently.

Follow-up to the above-mentioned he has improved somewhat from last week. He is compliant with the modified postop shoe he is going to a wedding in Ohio this week

Here today follow-up of the above mentioned he looks good wearing appropriate offload no signs of infection ready to start skin grafting.

ROS

Patient reports **urinary loss of control, difficulty urinating, increased urinary frequency, and incomplete emptying** Skin:: **bruises easy**. He reports no fever, no night sweats, no significant weight gain, no significant weight loss, no exercise intolerance, no chills, and no malaise. He reports no dry eyes, no vision change, no irritation, and no eye disease/injury. He reports no difficulty hearing and no ear pain. He reports no frequent nosebleeds, no nose problems, and no sinus problems. He reports no sore throat, no bleeding gums, no snoring, no dry mouth, no mouth ulcers, no teeth problems, no ringing in the ears, and no sinusitis. He reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, no swelling in the extremities, no neck pain, no difficulty walking, no cramps, no osteoporosis, and no fractures. He reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, no migraines, no headaches, no tremor, no gait dysfunction, and no paralysis. He reports no depression, no sleep disturbances, feeling safe in a relationship, no alcohol abuse, no anxiety, no hallucinations, no suicidal thoughts, no mood swings, no memory loss, no agitation, no dementia, and no delirium. He reports no fatigue. He reports no swollen glands, no bruising, no excessive bleeding, no anemia, and no phlebitis. He reports no runny nose, no sinus pressure, no itching, no hives, and no frequent sneezing.

Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: **dorsalis pedis diminished** and **posterior tibialis diminished**. Arterial Pulses Left: **dorsalis pedis diminished** and **posterior tibialis diminished**. Varicosities Right: **varicosities**. Varicosities Left: **varicosities**.

Integumentary: Foot Right: **dry** and **atrophic**. Foot Left: **dry** and **atrophic**. Great Toe Nail Right: **pain with and without pressure**. Great Toe Nail Left: **pain with and without pressure**.

Neurological: Neurological Right: **gross sensation diminished**. Neurological Left: **gross sensation diminished**.

Musculoskeletal: Muscle Strength and Tone Right: **hypotonicity**. Muscle Strength and Tone Left: **hypotonicity**. Joints, Bones, and Muscles Right: **contractures** and **limited ROM**. Joints, Bones, and Muscles Left: **contractures** and **limited ROM**.

Class: Class B Right: **dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes**, and **skin texture thin**. Class B Left: **dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes**, and **skin texture thin**.

Bilateral lymphedema worse on the right
Onychomycotic nails

3 new wounds today 1 left hallux distal clavi ulceration approximately 1.5 cm x 1 cm x 0.5 cm. 2 wounds on his right foot 1 dorsal surface midfoot approximately a 1 cm x 1.5 cm x 0.5 cm the other plantar surface same location as his previous wound and approximately 1 cm x 1 cm x 0.5 cm. All above-mentioned wounds are full-thickness and there are no signs of infection today

We are down to 1 wound right foot plantar surface full-thickness ulceration 1.5 cm x 1.5 cm x 0.5 cm today no signs of infection

Procedure Documentation**Skin Graft-AmnioCore Pro:**

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement.
Skin Substitute:AmnioCorePro
Size--2x2 cm
Product ID--AMP-5220
Serial Number--SB25-1036AMP-00298279
Expiration Date--2028-02-09
Application number--1
Zero graft wastage.

Assessment / Plan

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Diabetic ulcer of other part of left foot associated with type 2 diabetes mellitus, with fat layer

1. exposed

E11.621: Type 2 diabetes mellitus with foot ulcer
L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

Diabetic ulcer of toe of left foot associated with type 2 diabetes mellitus, with fat layer

2. exposed

E11.621: Type 2 diabetes mellitus with foot ulcer
L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

3. Charcot arthropathy

M14.60: Charcot's joint, unspecified site

Antalgic

4. gait

R26.89: Other abnormalities of gait and mobility

Disability of

5. walking

R26.2: Difficulty in walking, not elsewhere classified

Disorder of nervous system due to type 2 diabetes

6. mellitus

E11.69: Type 2 diabetes mellitus with other specified complication
G98.8: Other disorders of nervous system

7. Onychomycosis

B35.1: Tinea unguium

Discussion Notes

Skin graft application #1 today we discussed skin graft dressing change protocol he is offloaded in the postop shoe there are no signs of infection today we will see him back next week. He knows to call with any questions or concerns

Return to Office

- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 05/28/2025 at 01:15 PM
- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 06/04/2025 at 01:15 PM

Encounter Sign-Off

Encounter signed-off by MITCHELL PEARCE, PA, 05/22/2025.

Encounter performed and documented by MITCHELL PEARCE, PA

Encounter reviewed & signed by MITCHELL PEARCE, PA on 05/22/2025 at 02:47 PM