

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)

Medical Records - CONFIDENTIAL

FROM: TN - Faculty Physicians

Tina W
1415 OLD WEISGARBER RD SUITE 350, KNOXVILLE, TN 37909-1381
Phone: (865) 588-1605
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TO:

Name: BERNIUS, PETER R, III

DOB: 04/23/1949

Date Range: 01/01/2025 to 09/24/2025

This document contains the following records of the patient:

- **Encounters and Procedures**

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BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)

Encounters and Procedures

Clinical Encounter Summaries

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)**Encounter Date: 09/17/2025**

Patient

Name	BERNIUS, PETER (76yo, M) ID# 2336	Appt. Date/Time	09/17/2025 03:45PM
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DOB	04/23/1949	Service Dept.	KNOXVILLE
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Provider	MITCHELL PEARCE, PA
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Insurance	Med Primary: UNITED HEALTHCARE (MEDICARE REPLACEMENT/ADVANTAGE - HMO) Insurance # : 945920829 Policy/Group # : 01245 Prescription: check now
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Chief Complaint

Wound Care Follow-up

Patient's Care Team

Primary Care Provider: ROBERT DOWELL FNP: 220 FT SANDERS W BLVD BLDG 2 STE 200, KNOXVILLE, TN 37922, Ph (865) 288-4232, Fax (865) 288-4231 NPI: 1487818712
Podiatrist: CHRISTOPHER L BOWLIN DPM: 1415 OLD WEISGARBER RD STE 350, KNOXVILLE, TN 37909, Ph (865) 588-1605, Fax (865) 588-1608 NPI: 1922311547

Patient's Pharmacies

PUBLIX #1416 NORTHSHORE (ERX): 2010 TOWN CENTER BLVD, KNOXVILLE, TN 37922, Ph (865) 470-0725, Fax (865) 686-6873

Vitals

2025-09-17 16:17

Ht: 6 ft

Allergies

Reviewed Allergies

BACTRIM**CODEINE****DOXYCYCLINE:** Lightheadedness**KEFLEX:** Nausea**METFORMIN****VANCOMYCIN**

Medications

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)

Reviewed Medications

fluocinolone acetone oil 0.01 % ear drops INSTILL 3 DROPS INTO BOTH EARS TWO TIMES A DAY FOR 7 DAYS THEN AS NEEDED	05/24/23	filled
glimepiride 2 mg tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY	01/18/24	filled
hydrocortisone 2.5 % topical cream with perineal applicator	01/04/24	filled
NovoFine Plus 32 gauge x 1/6" needle USE WITH LEVEMIR ONCE DAILY	05/25/22	filled
Osteo Bi-Flex take 1 daily	01/04/24	entered
PreserVision AREDS take 1 tab BID	03/26/22	entered
Tradjenta 5 mg tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY	01/18/24	filled

Vaccines

None recorded.

Problems

Reviewed Problems

- Allergic rhinitis - Onset: 01/27/2022
- Sleep apnea - Onset: 01/27/2022
- Diabetes mellitus - Onset: 01/27/2022
- Hypertensive disorder - Onset: 01/27/2022
- Neuropathy - Onset: 01/27/2022
- Hypercholesterolemia - Onset: 01/27/2022
- Ulcer of right foot due to type 2 diabetes mellitus - Onset: 08/26/2025
- Corns and callus - Onset: 09/17/2025
- Onychomycosis - Onset: 09/17/2025
- Peripheral nerve disease - Onset: 09/17/2025
- Disorder of nervous system due to type 2 diabetes mellitus - Onset: 09/17/2025
- Antalgic gait - Onset: 09/17/2025
- Walking disability - Onset: 09/17/2025

Family History

Reviewed Family History

Father - No current problems or disability

Mother - No current problems or disability

Social History

Reviewed Social History

Advance Directive

Do you have an advance directive?: No

Do you have a medical power of attorney?: No

Substance Use

Do you or have you ever smoked tobacco?: Former smoker

How many years have you smoked tobacco?: 10

At what age did you start smoking tobacco?: 20

What is your current pack years?: Less than or equal to 10 Pack Years

How much tobacco do you smoke?: None

When did you quit smoking?: 16+ years since last cigarette

Do you or have you ever used any other forms of tobacco or nicotine?: No

What was the date of your most recent tobacco screening?: 06/03/2025

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)

Has tobacco cessation counseling been provided?: No

What is your level of alcohol consumption?: None

Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: None

Diet and Exercise

What is your exercise level?: Occasional

How many times per week do you exercise?: 1-2 times per week

Activities of Daily Living

Are you able to care for yourself independently?: Yes

Are you able to walk?: Yes: walks with assistive device(s)

Are you blind or do you have difficulty seeing?: No

Are you deaf or do you have serious difficulty hearing? : No

Do you have difficulty concentrating, remembering or making decisions?: No

Do you have difficulty walking or climbing stairs?: No

Do you have difficulty dressing, bathing, grooming, or toileting?: No

Do you have difficulty doing errands alone?: No

Do you have transportation difficulties?: No

Surgical & Procedure History

Reviewed Surgical & Procedure History

- Foot Surgery - gangrene
- Wrist repair
- Unlisted px accessory sinus
- Procedure on gallbladder

Past Medical History

Reviewed Past Medical History

Diabetes: **Y**

Hypertension: **Y**

HPI

Here today 76year-old well-controlled diabetic male follow-up routine diabetic foot care thick elongated dystrophic clinically onychomycotic digits also painful callus right sub1 as well as left hallux IPJ spin callus. He has had previous callus with bone infection no loss of skeletal integument needs and continues his diabetic shoes completely compliant.

Here today routine callus care doing well no breaks to the skin

Here today follow-up to the above-mentioned he noticed a blister pop up a few days ago with some drainage. He has been putting his foot into a new shoe that is too small. Previous ulcer has opened back up.

Here today follow-up continued wound care doing well almost completely dried out 95% healed

Here today for continued wound care completely closed today.

Healed +2-week visit today he looks great wearing his diabetic shoes and inserts.

ROS

Patient reports no fever, no night sweats, no significant weight gain, no significant weight loss, no exercise intolerance, no chills, and no malaise. He reports no dry eyes, no vision change, no irritation, and no eye disease/injury. He reports no difficulty hearing and no ear pain. He reports no frequent nosebleeds, no nose problems, and no sinus problems. He reports no sore throat, no bleeding gums, no snoring, no dry mouth, no mouth ulcers, no oral abnormalities, no teeth problems, no ringing in the ears, and no sinusitis. He reports no chest pain, no arm pain on exertion, no shortness of breath when walking, no shortness of breath when lying down, no palpitations, no known heart murmur, and no ankle swelling. He reports no cough, no wheezing, no shortness of breath, no coughing up blood, and no sleep apnea. He reports no abdominal pain, no nausea, no vomiting, no constipation, normal appetite, no diarrhea, not vomiting blood, no dyspepsia, and no GERD. He reports no incontinence, no difficulty urinating, no hematuria, and no increased frequency. He reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, no swelling in the extremities, no neck pain, no difficulty walking, no cramps, no osteoporosis, and no fractures. He reports no abnormal mole, no jaundice, no rashes, no laceration, no non-healing areas, no changes in hair/nails, no psoriasis, no change in skin color, and no breast lump. He reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, no migraines, no headaches, no tremor, no gait dysfunction, and no paralysis. He reports no depression, no sleep disturbances, feeling safe in a relationship, no alcohol abuse, no anxiety, no hallucinations, no suicidal thoughts, no mood swings, no memory loss, no agitation, no dementia, and no delirium. He reports no fatigue. He reports no swollen glands, no bruising, no excessive bleeding, no anemia, and no phlebitis. He reports no runny nose, no sinus pressure, no itching, no hives, and no frequent sneezing.

Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: **dorsalis pedis diminished** and **posterior tibialis diminished** and capillary refill test immediate. Arterial Pulses Left: **dorsalis pedis diminished** and **posterior tibialis diminished** and capillary refill test immediate. Edema Right: **edema**. Edema Left: **edema**. Varicosities Right: **varicosities**. Varicosities Left: **varicosities**.

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)

Integumentary: Foot Right: no lesions, skin rash, or subcutaneous nodules; **ulcers, dry, atrophic, and hair absent**; and skin temperature normal. Foot Left: no lesions, ulcers, skin rash, or subcutaneous nodules; **dry, atrophic, and hair absent**; and skin temperature normal.

Neurological: Neurological Right: **paresthesias, gross sensation diminished, and pin prick sensation decreased**. Neurological Left: **paresthesias, gross sensation diminished, and pin prick sensation decreased**. Manual Muscle Test Right: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance), and evertors 5/5 (movement against resistance). Manual Muscle Test Left: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance), and evertors 5/5 (movement against resistance).

Musculoskeletal: Muscle Strength and Tone Right: normal and normal tone. Muscle Strength and Tone Left: normal and normal tone. Joints, Bones, and Muscles Right: **contractures, limited ROM, bony abnormalities, and pain to palpation** and no malalignment. Joints, Bones, and Muscles Left: **contractures, limited ROM, bony abnormalities, and pain to palpation** and no malalignment.

Class: Class B Right: **skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes**; and skin color normal and no redness. Class B Left: **skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes**; and skin color normal and no redness. Class C Right: **burning, paresthesias, edema, cold foot, and temperature changes** and no claudication. Class C Left: **burning, paresthesias, edema, cold foot, and temperature changes** and no claudication.

Closed skin integument

Onychomycotic digits bilaterally.
Callus subfirst right MTP

Assessment / Plan**1. Corns and callus**

L84: Corns and callosities

2. Onychomycosis

B35.1: Tinea unguium

3. Disorder of nervous system due to type 2 diabetes mellitus

E11.49: Type 2 diabetes mellitus with other diabetic neurological complication

4. Peripheral nerve disease

G64: Other disorders of peripheral nervous system

5. Antalgic gait

R26.89: Other abnormalities of gait and mobility

6. Walking disability

R26.2: Difficulty in walking, not elsewhere classified

Discussion Notes

Let's see him monthly for routine footcare moving forward. He knows to call with any questions or concerns. Nail care today.

Return to Office

- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 10/15/2025 at 02:00 PM

Encounter Sign-Off

Encounter signed-off by MITCHELL PEARCE, PA, 09/17/2025.

Encounter performed and documented by MITCHELL PEARCE, PA

Encounter reviewed & signed by MITCHELL PEARCE, PA on 09/17/2025 at 04:36 PM

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)**Encounter Date: 09/10/2025**

Patient

Name	BERNIUS, PETER (76yo, M) ID# 2336	Appt. Date/Time	09/10/2025 02:30PM
DOB	04/23/1949	Service Dept.	KNOXVILLE
Provider	MITCHELL PEARCE, PA		
Insurance	Med Primary: UNITED HEALTHCARE (MEDICARE REPLACEMENT/ADVANTAGE - HMO) Insurance # : 945920829 Policy/Group # : 01245 Prescription: OPTUMRX - Member is eligible. details		

Chief Complaint

Wound Care Follow-up

Patient's Care Team

Primary Care Provider: ROBERT DOWELL FNP: 220 FT SANDERS W BLVD BLDG 2 STE 200, KNOXVILLE, TN 37922, Ph (865) 288-4232, Fax (865) 288-4231 NPI: 1487818712
Podiatrist: CHRISTOPHER L BOWLIN DPM: 1415 OLD WEISGARBER RD STE 350, KNOXVILLE, TN 37909, Ph (865) 588-1605, Fax (865) 588-1608 NPI: 1922311547

Patient's Pharmacies

PUBLIX #1416 NORTHSHORE (ERX): 2010 TOWN CENTER BLVD, KNOXVILLE, TN 37922, Ph (865) 470-0725, Fax (865) 686-6873

Vitals

2025-09-10 14:49

Ht: 6 ft

Allergies

Reviewed Allergies

BACTRIM**CODEINE****DOXYCYCLINE:** Lightheadedness**KEFLEX:** Nausea**METFORMIN****VANCOMYCIN**

Medications

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)

Reviewed Medications

fluocinolone acetone oil 0.01 % ear drops INSTILL 3 DROPS INTO BOTH EARS TWO TIMES A DAY FOR 7 DAYS THEN AS NEEDED	05/24/23	filled
glimepiride 2 mg tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY	01/18/24	filled
hydrocortisone 2.5 % topical cream with perineal applicator	01/04/24	filled
NovoFine Plus 32 gauge x 1/6" needle USE WITH LEVEMIR ONCE DAILY	05/25/22	filled
Osteo Bi-Flex take 1 daily	01/04/24	entered
PreserVision AREDS take 1 tab BID	03/26/22	entered
Tradjenta 5 mg tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY	01/18/24	filled

Vaccines

None recorded.

Problems

Reviewed Problems

- Allergic rhinitis - Onset: 01/27/2022
- Sleep apnea - Onset: 01/27/2022
- Diabetes mellitus - Onset: 01/27/2022
- Hypertensive disorder - Onset: 01/27/2022
- Neuropathy - Onset: 01/27/2022
- Hypercholesterolemia - Onset: 01/27/2022
- Ulcer of right foot due to type 2 diabetes mellitus - Onset: 08/26/2025

Family History

Reviewed Family History

Father - No current problems or disability

Mother - No current problems or disability

Social History

Reviewed Social History

Advance Directive

Do you have an advance directive?: No

Do you have a medical power of attorney?: No

Substance Use

Do you or have you ever smoked tobacco?: Former smoker

How many years have you smoked tobacco?: 10

At what age did you start smoking tobacco?: 20

What is your current pack years?: Less than or equal to 10 Pack Years

How much tobacco do you smoke?: None

When did you quit smoking?: 16+ years since last cigarette

Do you or have you ever used any other forms of tobacco or nicotine?: No

What was the date of your most recent tobacco screening?: 06/03/2025

Has tobacco cessation counseling been provided?: No

What is your level of alcohol consumption?: None

Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: None

Diet and Exercise

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)

What is your exercise level?: Occasional

How many times per week do you exercise?: 1-2 times per week

Activities of Daily Living

Are you able to care for yourself independently?: Yes

Are you able to walk?: Yes: walks with assistive device(s)

Are you blind or do you have difficulty seeing?: No

Are you deaf or do you have serious difficulty hearing? : No

Do you have difficulty concentrating, remembering or making decisions?: No

Do you have difficulty walking or climbing stairs?: No

Do you have difficulty dressing, bathing, grooming, or toileting?: No

Do you have difficulty doing errands alone?: No

Do you have transportation difficulties?: No

Surgical & Procedure History

Reviewed Surgical & Procedure History

- Foot Surgery - gangrene
- Wrist repair
- Unlisted px accessory sinus
- Procedure on gallbladder

Past Medical History

Reviewed Past Medical History

Diabetes: **Y**Hypertension: **Y****Screening**

Name	Score	Notes
Steady Fall Risk - 3 item	0	

HPI

Here today 76year-old well-controlled diabetic male follow-up routine diabetic foot care thick elongated dystrophic clinically onychomycotic digits also painful callus right sub1 as well as left hallux IPJ spin callus. He has had previous callus with bone infection no loss of skeletal integument needs and continues his diabetic shoes completely compliant.

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Here today follow-up continued wound care doing well almost completely dried out 95% healed

Here today for continued wound care completely closed today.

ROS

Patient reports no fever, no night sweats, no significant weight gain, no significant weight loss, no exercise intolerance, no chills, and no malaise. He reports no dry eyes, no vision change, no irritation, and no eye disease/injury. He reports no difficulty hearing and no ear pain. He reports no frequent nosebleeds, no nose problems, and no sinus problems. He reports no sore throat, no bleeding gums, no snoring, no dry mouth, no mouth ulcers, no oral abnormalities, no teeth problems, no ringing in the ears, and no sinusitis. He reports no chest pain, no arm pain on exertion, no shortness of breath when walking, no shortness of breath when lying down, no palpitations, no known heart murmur, and no ankle swelling. He reports no cough, no wheezing, no shortness of breath, no coughing up blood, and no sleep apnea. He reports no abdominal pain, no nausea, no vomiting, no constipation, normal appetite, no diarrhea, not vomiting blood, no dyspepsia, and no GERD. He reports no incontinence, no difficulty urinating, no hematuria, and no increased frequency. He reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, no swelling in the extremities, no neck pain, no difficulty walking, no cramps, no osteoporosis, and no fractures. He reports no abnormal mole, no jaundice, no rashes, no laceration, no non-healing areas, no changes in hair/nails, no psoriasis, no change in skin color, and no breast lump. He reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, no migraines, no headaches, no tremor, no gait dysfunction, and no paralysis. He reports no depression, no sleep disturbances, feeling safe in a relationship, no alcohol abuse, no anxiety, no hallucinations, no suicidal thoughts, no mood swings, no memory loss, no agitation, no dementia, and no delirium. He reports no fatigue. He reports no swollen glands, no bruising, no excessive bleeding, no anemia, and no phlebitis. He reports no runny nose, no sinus pressure, no itching, no hives, and no frequent sneezing.

Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: **dorsalis pedis diminished** and **posterior tibialis diminished** and capillary refill test immediate. Arterial Pulses Left: **dorsalis pedis diminished** and **posterior tibialis diminished** and capillary refill test immediate. Edema Right: **edema**. Edema Left: **edema**. Varicosities Right: **varicosities**. Varicosities Left: **varicosities**.

Integumentary: Foot Right: no lesions, skin rash, or subcutaneous nodules; **ulcers, dry, atrophic**, and **hair absent**; and skin

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)

temperature normal. Foot Left: no lesions, ulcers, skin rash, or subcutaneous nodules; **dry, atrophic**, and **hair absent**; and skin temperature normal.

Neurological: Neurological Right: **paresthesias, gross sensation diminished**, and **pin prick sensation decreased**. Neurological Left: **paresthesias, gross sensation diminished**, and **pin prick sensation decreased**. Manual Muscle Test Right: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance), and evertors 5/5 (movement against resistance). Manual Muscle Test Left: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance), and evertors 5/5 (movement against resistance).

Musculoskeletal: Muscle Strength and Tone Right: normal and normal tone. Muscle Strength and Tone Left: normal and normal tone. Joints, Bones, and Muscles Right: **contractures, limited ROM, bony abnormalities**, and **pain to palpation** and no malalignment. Joints, Bones, and Muscles Left: **contractures, limited ROM, bony abnormalities**, and **pain to palpation** and no malalignment.

Class: Class B Right: **skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes**, and **pigmentary changes**; and skin color normal and no redness. Class B Left: **skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes**, and **pigmentary changes**; and skin color normal and no redness. Class C Right: **burning, paresthesias, edema, cold foot**, and **temperature changes** and no claudication. Class C Left: **burning, paresthesias, edema, cold foot**, and **temperature changes** and no claudication.

Closed skin integument

Onychomycotic digits bilaterally.
Callus subfirst right MTP

Assessment / Plan**1. Corns and callus**

L84: Corns and callosities

2. Onychomycosis

B35.1: Tinea unguium

3. Disorder of nervous system due to type 2 diabetes mellitus

E11.49: Type 2 diabetes mellitus with other diabetic neurological complication

4. Peripheral nerve disease

G64: Other disorders of peripheral nervous system

5. Antalgic gait

R26.89: Other abnormalities of gait and mobility

6. Walking disability

R26.2: Difficulty in walking, not elsewhere classified

Diabetic ulcer of other part of right foot associated with type 2 diabetes mellitus, with fat layer

7. exposed

E11.621: Type 2 diabetes mellitus with foot ulcer

L97.512: Non-pressure chronic ulcer of other part of right foot with fat layer exposed

Discussion Notes

Completely close today we discussed treating him +2 weeks I will see him back at that point.

Return to Office

- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 09/17/2025 at 03:45 PM

Encounter Sign-Off

Encounter signed-off by MITCHELL PEARCE, PA, 09/10/2025.

Encounter performed and documented by MITCHELL PEARCE, PA

Encounter reviewed & signed by MITCHELL PEARCE, PA on 09/10/2025 at 04:15 PM

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)**Encounter Date: 08/27/2025**

Patient

Name	BERNIUS, PETER (76yo, M) ID# 2336	Appt. Date/Time	08/27/2025 03:00PM
DOB	04/23/1949	Service Dept.	KNOXVILLE
Provider	MITCHELL PEARCE, PA		
Insurance	Med Primary: UNITED HEALTHCARE (MEDICARE REPLACEMENT/ADVANTAGE - HMO) Insurance # : 945920829 Policy/Group # : 01245 Prescription: OPTUMRX - Member is eligible. details		

Chief Complaint

Wound Care Follow-up

Patient's Care Team

Primary Care Provider: ROBERT DOWELL FNP: 220 FT SANDERS W BLVD BLDG 2 STE 200, KNOXVILLE, TN 37922, Ph (865) 288-4232, Fax (865) 288-4231 NPI: 1487818712
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Patient's Pharmacies

PUBLIX #1416 NORTHSHORE (ERX): 2010 TOWN CENTER BLVD, KNOXVILLE, TN 37922, Ph (865) 470-0725, Fax (865) 686-6873

Vitals

2025-08-27 15:26

Ht: 6 ft

Allergies

Reviewed Allergies

BACTRIM**CODEINE****DOXYCYCLINE:** Lightheadedness**KEFLEX:** Nausea**METFORMIN****VANCOMYCIN**

Medications

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)

Reviewed Medications

fluocinolone acetone oil 0.01 % ear drops INSTILL 3 DROPS INTO BOTH EARS TWO TIMES A DAY FOR 7 DAYS THEN AS NEEDED	05/24/23	filled
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Tradjenta 5 mg tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY	01/18/24	filled

Vaccines

None recorded.

Problems

Reviewed Problems

- Allergic rhinitis - Onset: 01/27/2022
- Sleep apnea - Onset: 01/27/2022
- Diabetes mellitus - Onset: 01/27/2022
- Hypertensive disorder - Onset: 01/27/2022
- Neuropathy - Onset: 01/27/2022
- Hypercholesterolemia - Onset: 01/27/2022
- Ulcer of right foot due to type 2 diabetes mellitus - Onset: 08/26/2025

Family History

Reviewed Family History

Father - No current problems or disability

Mother - No current problems or disability

Social History

Reviewed Social History

Advance Directive

Do you have an advance directive?: No

Do you have a medical power of attorney?: No

Substance Use

Do you or have you ever smoked tobacco?: Former smoker

How many years have you smoked tobacco?: 10

At what age did you start smoking tobacco?: 20

What is your current pack years?: Less than or equal to 10 Pack Years

How much tobacco do you smoke?: None

When did you quit smoking?: 16+ years since last cigarette

Do you or have you ever used any other forms of tobacco or nicotine?: No

What was the date of your most recent tobacco screening?: 06/03/2025

Has tobacco cessation counseling been provided?: No

What is your level of alcohol consumption?: None

Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: None

Diet and Exercise

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)

What is your exercise level?: Occasional

How many times per week do you exercise?: 1-2 times per week

Activities of Daily Living

Are you able to care for yourself independently?: Yes

Are you able to walk?: Yes: walks with assistive device(s)

Are you blind or do you have difficulty seeing?: No

Are you deaf or do you have serious difficulty hearing? : No

Do you have difficulty concentrating, remembering or making decisions?: No

Do you have difficulty walking or climbing stairs?: No

Do you have difficulty dressing, bathing, grooming, or toileting?: No

Do you have difficulty doing errands alone?: No

Do you have transportation difficulties?: No

Surgical & Procedure History

Reviewed Surgical & Procedure History

- Foot Surgery - gangrene
- Wrist repair
- Unlisted px accessory sinus
- Procedure on gallbladder

Past Medical History

Reviewed Past Medical History

Diabetes: **Y**Hypertension: **Y****HPI**

Here today 76year-old well-controlled diabetic male follow-up routine diabetic foot care thick elongated dystrophic clinically onychomycotic digits also painful callus right sub1 as well as left hallux IPJ spin callus. He has had previous callus with bone infection no loss of skeletal integument needs and continues his diabetic shoes completely compliant.

Here today routine callus care doing well no breaks to the skin

Here today follow-up to the above-mentioned he noticed a blister pop up a few days ago with some drainage. He has been putting his foot into a new shoe that is too small. Previous ulcer has opened back up.

Here today follow-up continued wound care doing well almost completely dried out 95% healed

ROS

Patient reports no fever, no night sweats, no significant weight gain, no significant weight loss, no exercise intolerance, no chills, and no malaise. He reports no dry eyes, no vision change, no irritation, and no eye disease/injury. He reports no difficulty hearing and no ear pain. He reports no frequent nosebleeds, no nose problems, and no sinus problems. He reports no sore throat, no bleeding gums, no snoring, no dry mouth, no mouth ulcers, no oral abnormalities, no teeth problems, no ringing in the ears, and no sinusitis. He reports no chest pain, no arm pain on exertion, no shortness of breath when walking, no shortness of breath when lying down, no palpitations, no known heart murmur, and no ankle swelling. He reports no cough, no wheezing, no shortness of breath, no coughing up blood, and no sleep apnea. He reports no abdominal pain, no nausea, no vomiting, no constipation, normal appetite, no diarrhea, not vomiting blood, no dyspepsia, and no GERD. He reports no incontinence, no difficulty urinating, no hematuria, and no increased frequency. He reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, no swelling in the extremities, no neck pain, no difficulty walking, no cramps, no osteoporosis, and no fractures. He reports no abnormal mole, no jaundice, no rashes, no laceration, no non-healing areas, no changes in hair/nails, no psoriasis, no change in skin color, and no breast lump. He reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, no migraines, no headaches, no tremor, no gait dysfunction, and no paralysis. He reports no depression, no sleep disturbances, feeling safe in a relationship, no alcohol abuse, no anxiety, no hallucinations, no suicidal thoughts, no mood swings, no memory loss, no agitation, no dementia, and no delirium. He reports no fatigue. He reports no swollen glands, no bruising, no excessive bleeding, no anemia, and no phlebitis. He reports no runny nose, no sinus pressure, no itching, no hives, and no frequent sneezing.

Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: **dorsalis pedis diminished** and **posterior tibialis diminished** and capillary refill test immediate. Arterial Pulses Left: **dorsalis pedis diminished** and **posterior tibialis diminished** and capillary refill test immediate. Edema Right: **edema**. Edema Left: **edema**. Varicosities Right: **varicosities**. Varicosities Left: **varicosities**.

Integumentary: Foot Right: no lesions, skin rash, or subcutaneous nodules; **ulcers, dry, atrophic, and hair absent**; and skin temperature normal. Foot Left: no lesions, ulcers, skin rash, or subcutaneous nodules; **dry, atrophic, and hair absent**; and skin temperature normal.

Neurological: Neurological Right: **paresthesias, gross sensation diminished, and pin prick sensation decreased**. Neurological Left: **paresthesias, gross sensation diminished, and pin prick sensation decreased**. Manual Muscle Test Right: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance), and evertors 5/5 (movement against resistance). Manual Muscle Test Left: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance), and evertors 5/5 (movement against resistance).

BERNIUS, Pete R, III (Legal name: Peter Bernius) | (id #2336, dob: 04/23/1949)

Musculoskeletal: Muscle Strength and Tone Right: normal and normal tone. Muscle Strength and Tone Left: normal and normal tone. Joints, Bones, and Muscles Right: **contractures, limited ROM, bony abnormalities, and pain to palpation** and no malalignment. Joints, Bones, and Muscles Left: **contractures, limited ROM, bony abnormalities, and pain to palpation** and no malalignment.

Class: Class B Right: **skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes;** and skin color normal and no redness. Class B Left: **skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes;** and skin color normal and no redness. Class C Right: **burning, paresthesias, edema, cold foot, and temperature changes** and no claudication. Class C Left: **burning, paresthesias, edema, cold foot, and temperature changes** and no claudication.

Full-thickness ulceration noted right foot subfirst MTP with blister dorsal lateral surface. Some erythema surrounding as well as some erythema dorsal surface from friction of the shoe that is too tight

Onychomycotic digits bilaterally.
Callus subfirst right MTP

Procedure Documentation**DR 11042 - Debridement of Open Wound, Subcutaneous:**

After obtaining informed consent, all wounds and wound edges were sharply debrided to level of subcutaneous tissue using a 15 blade scalpel and curette, removing all nonviable/necrotic tissue. Following debridement, punctate bleeding was noted with healthy granular margins. Hemostasis was maintained utilizing manual compression and silver nitrate as necessary. A dry sterile compressive dressing was applied.

Assessment / Plan**1. Corns and callus**

L84: Corns and callosities

2. Onychomycosis

B35.1: Tinea unguium

3. Disorder of nervous system due to type 2 diabetes mellitus

E11.49: Type 2 diabetes mellitus with other diabetic neurological complication

4. Peripheral nerve disease

G64: Other disorders of peripheral nervous system

5. Antalgic gait

R26.89: Other abnormalities of gait and mobility

6. Walking disability

R26.2: Difficulty in walking, not elsewhere classified

Diabetic ulcer of other part of right foot associated with type 2 diabetes mellitus, with fat layer

7. exposed

E11.621: Type 2 diabetes mellitus with foot ulcer

L97.512: Non-pressure chronic ulcer of other part of right foot with fat layer exposed

Discussion Notes

Put him out 2 weeks should be completely closed he is going to continue dry dressing he has offloaded in place. He knows to call with any questions or concerns. Discussed culture results today.

Return to Office

- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 09/10/2025 at 02:30 PM

Encounter Sign-Off

Encounter signed-off by MITCHELL PEARCE, PA, 08/27/2025.

Encounter performed and documented by MITCHELL PEARCE, PA

Encounter reviewed & signed by MITCHELL PEARCE, PA on 08/27/2025 at 03:54 PM