## **Medical Records - CONFIDENTIAL**

FROM: TN - Faculty Physicians

Tina W

1415 OLD WEISGARBER RD SUITE 350, KNOXVILLE, TN 37909-

1381

Phone: (865) 588-1605 Fax: (865) 588-1608

TO:

Name: REAGAN, JACK D

DOB: 03/01/1956

Date Range: 01/01/2025 to 09/17/2025

This document contains the following records of the patient:

• Encounters and Procedures

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# Encounters and Procedures

Clinical Encounter Summaries

**Encounter Date: 09/10/2025** 

Patient

Name REAGAN, JACK (69yo, M) ID# 26004 Appt. Date/Time 09/10/2025 08:45AM

DOB 03/01/1956 Service Dept. KNOXVILLE

Provider MITCHELL PEARCE, PA

Insurance Med Contracts: OPTUM - VA COMMUNITY CARE NETWORK (VA CCN)

Insurance # : 261315669 Prescription: check now

## **Chief Complaint**

Wound Care Follow-up

Patient's Care Team

Podiatrist: CHRISTOPHER BOWLIN, MD

Primary Care Provider: JAMES H QUILLEN VA: 68 DOGWOOD DR, MOUNTAIN HOME, TN 37684, Ph (423) 926-1171, Fax (423)

979-3017

Vitals

2025-09-10 09:05

Ht: 6 ft

## Allergies

**Reviewed Allergies** 

**PENICILLINS** 

Medications

Reviewed Medications		
amLODIPine 10 mg tablet TAKE 1 TABLET BY MOUTH DAILY	10/26/24	filled
ARIPiprazole	08/09/24	entered
busPIRone	08/09/24	entered
cloNIDine HCL 0.2 mg tablet	10/26/24	filled
COMPOUNDED MEDICATION Urea 30%, Terbinafine 1.67% Apply once daily to affected nail after bath or shower. Do not wash for 8 hours	07/23/25	prescribed
diclofenac 50 mg tablet del.rel-capsai 0.025%-m-salic 25%-ment 6% liqd	08/09/24	entered
DULoxetine	08/09/24	entered
gabapentin	08/09/24	entered
lisinopriL	08/09/24	entered
melatonin	08/09/24	entered
prazosin	08/09/24	entered
Superior Prostate	08/09/24	entered
temazepam 30 mg capsule TAKE 1 CAPSULE BY MOUTH AT BEDTIME AS NEEDED FOR SLEEP	10/26/24	filled
tiZANidine	08/09/24	entered
traZODone	08/09/24	entered
vitamin B complex	08/09/24	entered

# Vaccines

Reviewed Vaccines											
Vaccine Type	Date	Amt.	Route	Site	NDC	Lot#	Mfr.	Exp. Date	VIS	VIS Given	Vaccinator
COVID-19											
COVID-19, mRNA, LNP-S, PF, 100 mcg/0.5 mL dose (Moderna)	04/09/21	0.5 mL	Intramuscular	Arm, Left Upper		020B21A	Moderna US, Inc.	12/31/69			
COVID-19, mRNA, LNP-S, PF, 100 mcg/0.5 mL dose (Moderna)	03/09/21	0.5 mL	Intramuscular	Arm, Left Upper		036A21A	Moderna US, Inc.	08/26/21			
Diphtheria, Tetanus, Pertussis											
Tdap	09/13/17										

### **Problems**

#### Reviewed Problems

- Disorder of the peripheral nervous system Onset: 04/16/2025
- Peripheral vascular disease Onset: 03/19/2025
- Onychomycosis Onset: 04/16/2025
- Foot callus Onset: 04/16/2025
- Antalgic gait Onset: 04/16/2025
- Walking disability Onset: 04/16/2025
- Ulcer of left foot Onset: 06/12/2025
- Corns and callus Onset: 06/12/2025
- Neuropathy Onset: 08/09/2024
- Hypertensive disorder Onset: 08/09/2024

## Family History

### Reviewed Family History

Father - Hypertensive disorder

## Social History

### **Reviewed Social History**

#### **Advance Directive**

Do you have an advance directive?: No

Do you have a medical power of attorney?: Yes

#### **Substance Use**

Do you or have you ever smoked tobacco?: Never smoker

Do you or have you ever used any other forms of tobacco or nicotine?: No What was the date of your most recent tobacco screening?: 06/12/2025

Has tobacco cessation counseling been provided?: Yes

On what date was tobacco cessation counseling provided?: 06/12/2025

What is your level of alcohol consumption?: None Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: Occasional

#### **Diet and Exercise**

What is your exercise level?: Occasional

How many times per week do you exercise?: 1-2 times per week

## **Activities of Daily Living**

Are you able to care for yourself independently?: Yes Are you able to walk?: Yes: walks without restrictions

#### Surgical & Procedure History

Reviewed Surgical & Procedure History

Left shoulder, Left wrist, right wrist and elbow

## Past Medical History

Reviewed Past Medical History

Diabetes: **Y**Dyslipidemia: **Y**Hypertension: **Y** 

## Screening

Name Score Notes

Steadi Fall Risk - 3 item 0

## HPI

68 y/o nondiabetic new patient here with his wife sent from the VA for multiple wounds left sub1st mtp ongoing about five months and right dorsal/later mtp ulcer about three weeks old. Hx neuropathy.

Here today we had some break to compliance he removed the offloaded insert from left shoe and applied his own dressing to the right.

Here today follow up to the above he missed his appointment last week has been putting some betadine on right foot

\*\*\*68-year-old veteran male who is healed plantar subfirst metatarsal phalangeal joint ulcer.

Reulceration today same plantar subfirst left mtpj he has been wearing his diabetic shoes and inserts needs offload adjustment

Follow up to the above start skin grafting today wound is clean he is compliant with offload

Follow up to the above mentioned wound is clean he does have some hyperkeratosis periwound

Follow up to the above doing well today

Here today wound is doing well decreased in size and depth from previous he is compliant with dressing and inserts.

Follow up to the above wound has decreased in size he is doing well

Here today doing well less hyperkeratosis today

Follow up to the above he has been on his feet more hosting family for the holidays

Follow up to the above mentioned some breaks in compliance with the boot and insert since last visit

Doing well today less HK than previous

Follow up above mentioned closed skin integument today

Remained healed looks great transition to tennis shoes today

2-week surveillance visit today he looks great. Skin integument remained closed he is compliant with his inserts and shoes. We are getting close to transitioning him into routine footcare.

4-week follow-up to the above-mentioned and he has had a reulceration today left subfirst MTP he is unsure how long this has been open. He has significant hyperkeratosis today. He is compliant with his diabetic shoes and inserts reports 0 barefoot walking

Follow-up to the above-mentioned today he is 98% closed. Looks great compliant with his inserts and offload

Completely closed and dry today he looks great.

Healed +2 weeks today. Compliant with shoes and inserts he looks wonderful

Completely closed he looks great ready to transition back into routine footcare.

Here today for his routine nail care appointment with new wound left subfirst MTP. This has been present for 1 to 1.5 weeks he was doing some home callus care and accidentally cut himself.

Here today follow-up to the above mentioned improvement from previous he is on the antibiotic that we prescribed to him and has been compliant with offloading dressing changes

Follow-up to the above-mentioned doing well today continued skin grafting

Here today follow-up of the above-mentioned doing well

Follow-up the above-mentioned doing well wound continues to heal.

Here today for continued wound care doing well wound is decreased in size from previous.

Here today follow-up of the above-mentioned continued wound care doing well. He did report today that he only slept for 2 hours last night and then further revealed that he usually only gets about 4 hours of sleep per night.

Here today follow-up of the above mentioned he has started on his antibiotic. Wound unchanged from previous visit

Here today continued wound care doing well.

Here today for continued wound care he presented today with no dressing on and also admits to noncompliance with the boot as he has been going to multiple doctors appointments past week. Wound unchanged

Here today for continued wound care doing well depths filled and wound continues to heal. Less hyperkeratosis than previous

Here today for continued wound care. He reports a long drive to Ohio and he was unable to wear his boot.

Continue wound care today doing well he is infection free he is offloaded ready to resume skin grafting.

## ROS

Patient reports hearing loss but reports no ear pain, no ear discharge, no sinus pressure, no drooling, no facial swelling, no congestion, no sore throat, no hoarseness, and no mouth lesions. He reports depression but reports no anxiety, no insomnia, no stress, and no loss of interest. He reports no significant weight change, good appetite, no fever, normal activity level, no fatigue, and no acute distress. He reports no pain, no blurry vision, no redness, no itchiness, no swelling, no discharge, and normal movement. He reports no chest pain and normal heart rate. He reports no lumps, no tenderness, and no discharge. He reports no cough, no wheezing, no chest tightness, no pain with respiration, and normal respiration. He reports no difficulty swallowing, no abdominal

pain, no nausea, no vomiting, no diarrhea, no constipation, no blood in stool, and no mucous in stool. He reports no discharge, no blood in urine, no pain with urination, no increase in frequency of urination, no voiding urgency, no testicular pain, no swelling, no redness, no itching, and no masses. He reports no soft tissue swelling, no joint swelling, no myalgia, moves all extremities well, no previous injuries, and no trauma. He reports no pain, no itchiness, no skin dryness, no flaking, no redness, no rash, no hives, no skin lesions, no skin lumps, no swelling, no bruising, and no insect bites. He reports no numbness, no weakness, no tingling, no burning, no shooting pain, no headache, no dizziness, and no loss of consciousness. He reports normal drinking and no temperature intolerance. He reports no sneezing, no runny nose, no sinus pressure, and no post-nasal drip.

#### Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: dorsalis pedis diminished and posterior tibialis diminished. Arterial Pulses Left: dorsalis pedis diminished and posterior tibialis diminished. Varicosities Right: varicosities. Varicosities Left: varicosities.

Integumentary: Foot Right: dry and atrophic. Foot Left: dry and atrophic. Great Toe Nail Right: pain with and without pressure. Great Toe Nail Left: pain with and without pressure.

Neurological: Neurological Right: gross sensation diminished. Neurological Left: gross sensation diminished.

**Musculoskeletal:** Muscle Strength and Tone Right: **hypotonicity**. Muscle Strength and Tone Left:**hypotonicity**. Joints, Bones, and Muscles Right: **contractures** and **limited ROM**. Joints, Bones, and Muscles Left:**contractures** and **limited ROM**.

Class: Class B Right: dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes, and skin texture thin. Class B Left: dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes, and skin texture thin.

Onychomycotic digits bilaterally

Full-thickness ulceration left subfirst MTP approximately 0.5 cm x 0.3 cm x 0.3 cm No signs of infection. There is no tunneling or undermining today. Fully granular wound bed. No exposed bone or tendon

#### Procedure Documentation

#### Skin Graft-AmnioCore Pro:

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement. Skin Substitute: AmnioCore Pro

Size-- 2x2 cm

Product ID-- AMP-5220

Serial Number-- SB24-2058AMP-00214991

Expiration Date--2027-07-24

Application number--6

Zero graft wastage. Folded.

## Assessment / Plan

### Ulcer of left foot with fat layer

#### 1 exposed

Additional diagnosis detail: Ulcer of left foot with fat layer exposed

L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

### 2. Corns and callus

L84: Corns and callosities

## 3. Onychomycosis

B35.1: Tinea unquium

## 4. Disorder of the peripheral nervous system-

Additional diagnosis detail: Other disorders of peripheral nervous system G64: Other disorders of peripheral nervous system

## 5. Foot callus -

Additional diagnosis detail: Callus of foot

L84: Corns and callosities

## 6. Antalgic gait

R26.89: Other abnormalities of gait and mobility

## 7. Walking disability -

Additional diagnosis detail: Disability of walking

R26.2: Difficulty in walking, not elsewhere classified

## **Discussion Notes**

Skin graft application #6 today we discussed skin graft dressing change protocol he understands this we will see him next week. He has his offloading and is compliant with dressing changes.

## Return to Office

• MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 09/17/2025 at 09:45 AM

## **Encounter Sign-Off**

Encounter signed-off by MITCHELL PEARCE, PA, 09/10/2025.

Encounter performed and documented by MITCHELL PEARCE, PA Encounter reviewed & signed by MITCHELL PEARCE, PA on 09/10/2025 at 09:46 AM

Encounter Date: 07/16/2025

Patient

Name REAGAN, JACK (69yo, M) ID# 26004 Appt. Date/Time 07/16/2025 09:30AM

DOB 03/01/1956 Service Dept. KNOXVILLE

Provider MITCHELL PEARCE, PA

Insurance Med Contracts: OPTUM - VA COMMUNITY CARE NETWORK (VA CCN)

Insurance # : 261315669 Prescription: check now

## **Chief Complaint**

Wound Care Follow-up

Patient's Care Team

Referring Provider: JAMES A QUILLIN VA MEDICAL CENTER: 8033 RAYMEARS BLVD, KNOXVILLE, TN 37919, Ph (865) 694-

7109, Fax (423) 979-3036

Podiatrist: CHRISTOPHER BOWLIN, MD

## Patient's Pharmacies

MOUNTAIN HOME VA MEDICAL CENTER: 8033 RAY MEARS ROAD, KNOXVILLE, TN 37919, Ph (865) 545-4592, Fax (901)

259-3189

Vitals

2025-07-16 08:51

Ht: 6 ft

## Allergies

**Reviewed Allergies** 

### **PENICILLINS**

Medications

Reviewed Medications		
amLODIPine 10 mg tablet TAKE 1 TABLET BY MOUTH DAILY	10/26/24	filled
ARIPiprazole	08/09/24	entered
busPIRone	08/09/24	entered
cloNIDine HCL 0.2 mg tablet	10/26/24	filled
diclofenac 50 mg tablet del.rel-capsai 0.025%-m-salic 25%-ment 6% liqd	08/09/24	entered
doxycycline hyclate 100 mg capsule Take 1 capsule(s) twice a day by oral route with meal(s) for 10 days.	06/12/25	prescribed
DULoxetine	08/09/24	entered
gabapentin	08/09/24	entered
lisinopriL	08/09/24	entered
melatonin	08/09/24	entered
prazosin	08/09/24	entered
Superior Prostate	08/09/24	entered
temazepam 30 mg capsule TAKE 1 CAPSULE BY MOUTH AT BEDTIME AS NEEDED FOR SLEEP	10/26/24	filled
tiZANidine	08/09/24	entered
traZODone	08/09/24	entered
vitamin B complex	08/09/24	entered

# Vaccines

Reviewed Vaccines											
Vaccine Type	Date	Amt.	Route	Site	NDC	Lot#	Mfr.	Exp. Date	VIS	VIS Given	Vaccinator
COVID-19								Date		Olven	
COVID-19, mRNA, LNP-S, PF, 100 mcg/0.5 mL dose (Moderna)	04/09/21	0.5 mL	Intramuscular	Arm, Left Upper		020B21A	Moderna US, Inc.	12/31/69			
COVID-19, mRNA, LNP-S, PF, 100 mcg/0.5 mL dose (Moderna)	03/09/21	0.5 mL	Intramuscular	Arm, Left Upper		036A21A	Moderna US, Inc.	08/26/21			
Diphtheria, Tetanus, Pertussis											
Tdap	09/13/17										

#### Reviewed Problems

- Onychomycosis Onset: 04/16/2025
- Disorder of the peripheral nervous system Onset: 04/16/2025
- Peripheral vascular disease Onset: 03/19/2025
- Foot callus Onset: 04/16/2025
- Corns and callus Onset: 06/12/2025
- Walking disability Onset: 04/16/2025
- Antalgic gait Onset: 04/16/2025
- Ulcer of left foot Onset: 06/12/2025
- Neuropathy Onset: 08/09/2024
- Hypertensive disorder Onset: 08/09/2024

#### Family History

Reviewed Family History

Father - Hypertensive disorder

## Social History

## Reviewed Social History

#### **Advance Directive**

Do you have an advance directive?: No

Do you have a medical power of attorney?: Yes

### Substance Use

Do you or have you ever smoked tobacco?: Never smoker

Do you or have you ever used any other forms of tobacco or nicotine?: No What was the date of your most recent tobacco screening?: 06/12/2025

Has tobacco cessation counseling been provided?: Yes

On what date was tobacco cessation counseling provided?: 06/12/2025

What is your level of alcohol consumption?: None Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: Occasional

### Diet and Exercise

What is your exercise level?: Occasional

How many times per week do you exercise?: 1-2 times per week

## Activities of Daily Living

Are you able to care for yourself?: Yes

Are you able to walk?: Yes: walks without restrictions

### Surgical & Procedure History

Reviewed Surgical & Procedure History

Left shoulder, Left wrist, right wrist and elbow

## Past Medical History

Reviewed Past Medical History

Diabetes: **Y**Dyslipidemia: **Y**Hypertension: **Y** 

### Screening

Name Score Notes

Steadi Fall Risk - 3 item 0

## HPI

68 y/o nondiabetic new patient here with his wife sent from the VA for multiple wounds left sub1st mtp ongoing about five months and right dorsal/later mtp ulcer about three weeks old. Hx neuropathy.

Here today we had some break to compliance he removed the offloaded insert from left shoe and applied his own dressing to the right.

Here today follow up to the above he missed his appointment last week has been putting some betadine on right foot

\*\*\*68-year-old veteran male who is healed plantar subfirst metatarsal phalangeal joint ulcer.

Reulceration today same plantar subfirst left mtpj he has been wearing his diabetic shoes and inserts needs offload adjustment

Follow up to the above start skin grafting today wound is clean he is compliant with offload

Follow up to the above mentioned wound is clean he does have some hyperkeratosis periwound

Follow up to the above doing well today

Here today wound is doing well decreased in size and depth from previous he is compliant with dressing and inserts.

Follow up to the above wound has decreased in size he is doing well

Here today doing well less hyperkeratosis today

Follow up to the above he has been on his feet more hosting family for the holidays

Follow up to the above mentioned some breaks in compliance with the boot and insert since last visit

Doing well today less HK than previous

Follow up above mentioned closed skin integument today

Remained healed looks great transition to tennis shoes today

2-week surveillance visit today he looks great. Skin integument remained closed he is compliant with his inserts and shoes. We are getting close to transitioning him into routine footcare.

4-week follow-up to the above-mentioned and he has had a reulceration today left subfirst MTP he is unsure how long this has been open. He has significant hyperkeratosis today. He is compliant with his diabetic shoes and inserts reports 0 barefoot walking

Follow-up to the above-mentioned today he is 98% closed. Looks great compliant with his inserts and offload

Completely closed and dry today he looks great.

Healed +2 weeks today. Compliant with shoes and inserts he looks wonderful

Completely closed he looks great ready to transition back into routine footcare.

Here today for his routine nail care appointment with new wound left subfirst MTP. This has been present for 1 to 1.5 weeks he was doing some home callus care and accidentally cut himself.

Here today follow-up to the above mentioned improvement from previous he is on the antibiotic that we prescribed to him and has been compliant with offloading dressing changes

Follow-up to the above-mentioned doing well today continued skin grafting

Here today follow-up of the above-mentioned doing well

Follow-up the above-mentioned doing well wound continues to heal.

Here today for continued wound care doing well wound is decreased in size from previous.

### ROS

Patient reports hearing loss but reports no ear pain, no ear discharge, no sinus pressure, no drooling, no facial swelling, no congestion, no sore throat, no hoarseness, and no mouth lesions. He reports depression but reports no anxiety, no insomnia, no stress, and no loss of interest. He reports no significant weight change, good appetite, no fever, normal activity level, no fatigue, and no acute distress. He reports no pain, no blurry vision, no redness, no itchiness, no swelling, no discharge, and normal movement. He reports no chest pain and normal heart rate. He reports no lumps, no tenderness, and no discharge. He reports no cough, no wheezing, no chest tightness, no pain with respiration, and normal respiration. He reports no difficulty swallowing, no abdominal pain, no nausea, no vomiting, no diarrhea, no constipation, no blood in stool, and no mucous in stool. He reports no discharge, no blood in urine, no pain with urination, no increase in frequency of urination, no voiding urgency, no testicular pain, no swelling, no redness, no itching, and no masses. He reports no soft tissue swelling, no joint swelling, no myalgia, moves all extremities well, no previous injuries, and no trauma. He reports no pain, no itchiness, no skin dryness, no flaking, no redness, no rash, no hives, no skin lesions, no skin lumps, no swelling, no bruising, and no insect bites. He reports no numbness, no weakness, no tingling, no burning, no shooting pain, no headache, no dizziness, and no loss of consciousness. He reports normal drinking and no temperature intolerance. He reports no sneezing, no runny nose, no sinus pressure, and no post-nasal drip.

#### Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: dorsalis pedis diminished and posterior tibialis diminished. Arterial Pulses Left: dorsalis pedis diminished and posterior tibialis diminished. Varicosities Right: varicosities. Varicosities Left: varicosities.

Integumentary: Foot Right: dry and atrophic. Foot Left: dry and atrophic. Great Toe Nail Right: pain with and without pressure. Great Toe Nail Left: pain with and without pressure.

Neurological: Neurological Right: gross sensation diminished. Neurological Left: gross sensation diminished.

**Musculoskeletal:** Muscle Strength and Tone Right: **hypotonicity**. Muscle Strength and Tone Left:**hypotonicity**. Joints, Bones, and Muscles Right: **contractures** and **limited ROM**. Joints, Bones, and Muscles Left:**contractures** and **limited ROM**.

Class: Class B Right: dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes, and skin texture thin. Class B Left: dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes, and skin texture thin.

Onychomycotic digits bilaterally

Full-thickness ulceration left subfirst MTP approximately 0.7 cm x .5 cm x 0.3 cm No signs of infection

#### **Procedure Documentation**

#### Skin Graft-AmnioCore Pro:

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement.

Skin Substitute: AmnioCore Pro

Size-- 2x2 cm

Product ID--AMP-5220

Serial Number--SB25-0970AMP-00298197

Expiration Date--2028-02-09

Application number--5

Zero graft wastage.

#### Assessment / Plan

## Ulcer of left foot with fat layer

## 1. exposed

Additional diagnosis detail: Ulcer of left foot with fat layer exposed

L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

#### 2. Corns and callus

L84: Corns and callosities

## 3. Onychomycosis

B35.1: Tinea unguium

#### 4. Disorder of the peripheral nervous system-

Additional diagnosis detail: Other disorders of peripheral nervous system

G64: Other disorders of peripheral nervous system

#### 5. Foot callus -

Additional diagnosis detail: Callus of foot

L84: Corns and callosities

### 6. Antalgic gait

R26.89: Other abnormalities of gait and mobility

#### 7. Walking disability -

Additional diagnosis detail: Disability of walking

R26.2: Difficulty in walking, not elsewhere classified

## **Discussion Notes**

Skin graft application #5 today. Continue doing a dressing change protocol he is compliant with the offloading cam boot. Will see him back next week he knows to call with any concerns.

#### Return to Office

- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 07/23/2025 at 09:30 AM
- MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 07/30/2025 at 10:15 AM

FACULTY PHYSICIANS • 1415 OLD WEISGARBER RD SUITE 350, KNOXVILLE TN 37909-1381

REAGAN, Jack D (id #26004, dob: 03/01/1956) Encounter signed-off by MITCHELL PEARCE, PA, 07/16/2025.

Encounter performed and documented by MITCHELL PEARCE, PA Encounter reviewed & signed by MITCHELL PEARCE, PA on 07/16/2025 at 11:59 AM

**Encounter Date: 07/09/2025** 

Patient

Name REAGAN, JACK (69yo, M) ID# 26004 Appt. Date/Time 07/09/2025 09:30AM

DOB 03/01/1956 Service Dept. KNOXVILLE

Provider MITCHELL PEARCE, PA

Insurance Med Contracts: OPTUM - VA COMMUNITY CARE NETWORK (VA CCN)

Insurance # : 261315669

Prescription: SURESCRIPTS LLC - This member could not be found in the payer's files. Please verify

coverage and all member demographic information. details

## **Chief Complaint**

Wound Care Follow-up

Patient's Care Team

Referring Provider: JAMES A QUILLIN VA MEDICAL CENTER: 8033 RAYMEARS BLVD, KNOXVILLE, TN 37919, Ph (865) 694-

7109, Fax (423) 979-3036

Podiatrist: CHRISTOPHER BOWLIN, MD

Patient's Pharmacies

MOUNTAIN HOME VA MEDICAL CENTER: 8033 RAY MEARS ROAD, KNOXVILLE, TN 37919, Ph (865) 545-4592, Fax (901)

259-3189

Vitals

2025-07-09 09:46

Ht: 6 ft

## Allergies

**Reviewed Allergies** 

**PENICILLINS** 

Medications

Reviewed Medications		
amLODIPine 10 mg tablet TAKE 1 TABLET BY MOUTH DAILY	10/26/24	filled
ARIPiprazole	08/09/24	entered
busPIRone	08/09/24	entered
cloNIDine HCL 0.2 mg tablet	10/26/24	filled
diclofenac 50 mg tablet del.rel-capsai 0.025%-m-salic 25%-ment 6% liqd	08/09/24	entered
doxycycline hyclate 100 mg capsule Take 1 capsule(s) twice a day by oral route with meal(s) for 10 days.	06/12/25	prescribed
DULoxetine	08/09/24	entered
gabapentin	08/09/24	entered
lisinopriL	08/09/24	entered
melatonin	08/09/24	entered
prazosin	08/09/24	entered
Superior Prostate	08/09/24	entered
temazepam 30 mg capsule TAKE 1 CAPSULE BY MOUTH AT BEDTIME AS NEEDED FOR SLEEP	10/26/24	filled
tiZANidine	08/09/24	entered
traZODone	08/09/24	entered
vitamin B complex	08/09/24	entered

# Vaccines

Reviewed Vaccines											
Vaccine Type	Date	Amt.	Route	Site	NDC	Lot#	Mfr.	Exp. Date	VIS	VIS Given	Vaccinator
COVID-19								Date		Olven	
COVID-19, mRNA, LNP-S, PF, 100 mcg/0.5 mL dose (Moderna)	04/09/21	0.5 mL	Intramuscular	Arm, Left Upper		020B21A	Moderna US, Inc.	12/31/69			
COVID-19, mRNA, LNP-S, PF, 100 mcg/0.5 mL dose (Moderna)	03/09/21	0.5 mL	Intramuscular	Arm, Left Upper		036A21A	Moderna US, Inc.	08/26/21			
Diphtheria, Tetanus, Pertussis											
Tdap	09/13/17										

#### Reviewed Problems

Onychomycosis - Onset: 04/16/2025

- Disorder of the peripheral nervous system Onset: 04/16/2025
- Peripheral vascular disease Onset: 03/19/2025
- Foot callus Onset: 04/16/2025
- Corns and callus Onset: 06/12/2025
- Walking disability Onset: 04/16/2025
- Antalgic gait Onset: 04/16/2025
- Ulcer of left foot Onset: 06/12/2025
- Neuropathy Onset: 08/09/2024
- Hypertensive disorder Onset: 08/09/2024

#### Family History

Reviewed Family History

Father - Hypertensive disorder

## Social History

### **Reviewed Social History**

#### **Advance Directive**

Do you have an advance directive?: No

Do you have a medical power of attorney?: Yes

#### **Substance Use**

Do you or have you ever smoked tobacco?: Never smoker

Do you or have you ever used any other forms of tobacco or nicotine?: No What was the date of your most recent tobacco screening?: 06/12/2025

Has tobacco cessation counseling been provided?: Yes

On what date was tobacco cessation counseling provided?: 06/12/2025

What is your level of alcohol consumption?: None Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: Occasional

### Diet and Exercise

What is your exercise level?: Occasional

How many times per week do you exercise?: 1-2 times per week

## Activities of Daily Living

Are you able to care for yourself?: Yes

Are you able to walk?: Yes: walks without restrictions

### Surgical & Procedure History

Reviewed Surgical & Procedure History

Left shoulder, Left wrist, right wrist and elbow

## Past Medical History

Reviewed Past Medical History

Diabetes: **Y**Dyslipidemia: **Y**Hypertension: **Y** 

### Screening

Name Score Notes

Steadi Fall Risk - 3 item 0

### HPI

68 y/o nondiabetic new patient here with his wife sent from the VA for multiple wounds left sub1st mtp ongoing about five months and right dorsal/later mtp ulcer about three weeks old. Hx neuropathy.

Here today we had some break to compliance he removed the offloaded insert from left shoe and applied his own dressing to the right.

Here today follow up to the above he missed his appointment last week has been putting some betadine on right foot

\*\*\*68-year-old veteran male who is healed plantar subfirst metatarsal phalangeal joint ulcer.

Reulceration today same plantar subfirst left mtpj he has been wearing his diabetic shoes and inserts needs offload adjustment

Follow up to the above start skin grafting today wound is clean he is compliant with offload

Follow up to the above mentioned wound is clean he does have some hyperkeratosis periwound

Follow up to the above doing well today

Here today wound is doing well decreased in size and depth from previous he is compliant with dressing and inserts.

Follow up to the above wound has decreased in size he is doing well

Here today doing well less hyperkeratosis today

Follow up to the above he has been on his feet more hosting family for the holidays

Follow up to the above mentioned some breaks in compliance with the boot and insert since last visit

Doing well today less HK than previous

Follow up above mentioned closed skin integument today

Remained healed looks great transition to tennis shoes today

2-week surveillance visit today he looks great. Skin integument remained closed he is compliant with his inserts and shoes. We are getting close to transitioning him into routine footcare.

4-week follow-up to the above-mentioned and he has had a reulceration today left subfirst MTP he is unsure how long this has been open. He has significant hyperkeratosis today. He is compliant with his diabetic shoes and inserts reports 0 barefoot walking

Follow-up to the above-mentioned today he is 98% closed. Looks great compliant with his inserts and offload

Completely closed and dry today he looks great.

Healed +2 weeks today. Compliant with shoes and inserts he looks wonderful

Completely closed he looks great ready to transition back into routine footcare.

Here today for his routine nail care appointment with new wound left subfirst MTP. This has been present for 1 to 1.5 weeks he was doing some home callus care and accidentally cut himself.

Here today follow-up to the above mentioned improvement from previous he is on the antibiotic that we prescribed to him and has been compliant with offloading dressing changes

Follow-up to the above-mentioned doing well today continued skin grafting

Here today follow-up of the above-mentioned doing well

Follow-up the above-mentioned doing well wound continues to heal.

#### ROS

Patient reports hearing loss but reports no ear pain, no ear discharge, no sinus pressure, no drooling, no facial swelling, no congestion, no sore throat, no hoarseness, and no mouth lesions. He reports depression but reports no anxiety, no insomnia, no stress, and no loss of interest. He reports no significant weight change, good appetite, no fever, normal activity level, no fatigue, and no acute distress. He reports no pain, no blurry vision, no redness, no itchiness, no swelling, no discharge, and normal movement. He reports no chest pain and normal heart rate. He reports no lumps, no tenderness, and no discharge. He reports no cough, no wheezing, no chest tightness, no pain with respiration, and normal respiration. He reports no difficulty swallowing, no abdominal pain, no nausea, no vomiting, no diarrhea, no constipation, no blood in stool, and no mucous in stool. He reports no discharge, no blood in urine, no pain with urination, no increase in frequency of urination, no voiding urgency, no testicular pain, no swelling, no redness, no itching, and no masses. He reports no soft tissue swelling, no joint swelling, no myalgia, moves all extremities well, no previous injuries, and no trauma. He reports no pain, no itchiness, no skin dryness, no flaking, no redness, no rash, no hives, no skin lesions, no skin lumps, no swelling, no bruising, and no insect bites. He reports no numbness, no weakness, no tingling, no burning, no shooting pain, no headache, no dizziness, and no loss of consciousness. He reports normal drinking and no temperature intolerance. He reports no sneezing, no runny nose, no sinus pressure, and no post-nasal drip.

## Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: dorsalis pedis diminished and posterior tibialis diminished. Arterial Pulses Left: dorsalis pedis diminished and posterior tibialis diminished. Varicosities Right: varicosities. Varicosities Left: varicosities.

Integumentary: Foot Right: dry and atrophic. Foot Left: dry and atrophic. Great Toe Nail Right: pain with and without pressure. Great Toe Nail Left: pain with and without pressure.

**Neurological:** Neurological Right: **gross sensation diminished**. Neurological Left: **gross sensation diminished**.

**Musculoskeletal:** Muscle Strength and Tone Right: **hypotonicity**. Muscle Strength and Tone Left:**hypotonicity**. Joints, Bones, and Muscles Right: **contractures** and **limited ROM**. Joints, Bones, and Muscles Left:**contractures** and **limited ROM**.

Class: Class B Right: dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes, and skin texture thin. Class B Left: dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes, and skin texture thin.

Onychomycotic digits bilaterally

Full-thickness ulceration left subfirst MTP approximately 0.8 cm x .6 cm x 0.3 cm No signs of infection

### Procedure Documentation

#### Skin Graft-AmnioCore Pro:

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement. Skin Substitute: AmnioCore Pro Size--2x2 cm Product ID--AMP-5220 Serial Number--SB25-0507MP-00292623 Expiration Date--2028-01-29

Application number--4
Zero graft wastage.

### Assessment / Plan

## Ulcer of left foot with fat layer

1. exposed

Additional diagnosis detail: Ulcer of left foot with fat layer exposed L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

#### 2. Corns and callus

L84: Corns and callosities

## 3. Onychomycosis

B35.1: Tinea unguium

### 4. Disorder of the peripheral nervous system-

Additional diagnosis detail: Other disorders of peripheral nervous system G64: Other disorders of peripheral nervous system

### 5. Foot callus -

Additional diagnosis detail: Callus of foot L84: Corns and callosities

#### 6. Antalgic gait

R26.89: Other abnormalities of gait and mobility

## 7. Walking disability -

Additional diagnosis detail: Disability of walking

R26.2: Difficulty in walking, not elsewhere classified

### **Discussion Notes**

Skin graft application #4 continue skin graft dressing change protocol we will see him back in 1 week. He knows to call with any questions or concerns. He has offloaded cam boot and is compliant with this.

### Return to Office

MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 07/16/2025 at 09:30 AM

## **Encounter Sign-Off**

Encounter signed-off by MITCHELL PEARCE, PA, 07/09/2025.

FACULTY PHYSICIANS • 1415 OLD WEISGARBER RD SUITE 350, KNOXVILLE TN 37909-1381

REAGAN, Jack D (id #26004, dob: 03/01/1956)
Encounter performed and documented by MITCHELL PEARCE, PA
Encounter reviewed & signed by MITCHELL PEARCE, PA on 07/09/2025 at 04:05 PM

**Encounter Date: 07/03/2025** 

Patient

Name REAGAN, JACK (69yo, M) ID# 26004 Appt. Date/Time 07/03/2025 03:15PM

DOB 03/01/1956 Service Dept. KNOXVILLE

Provider MITCHELL PEARCE, PA

Insurance Med Contracts: OPTUM - VA COMMUNITY CARE NETWORK (VA CCN)

Insurance # : 261315669

Prescription: SURESCRIPTS LLC - This member could not be found in the payer's files. Please verify

coverage and all member demographic information. details

**Chief Complaint** 

Wound Care Follow-up

Patient's Care Team

Referring Provider: JAMES A QUILLIN VA MEDICAL CENTER: 8033 RAYMEARS BLVD, KNOXVILLE, TN 37919, Ph (865) 694-

7109, Fax (423) 979-3036

Podiatrist: CHRISTOPHER BOWLIN, MD

Patient's Pharmacies

MOUNTAIN HOME VA MEDICAL CENTER: 8033 RAY MEARS ROAD, KNOXVILLE, TN 37919, Ph (865) 545-4592, Fax (901)

259-3189

Vitals

None recorded.

Allergies

**Reviewed Allergies** 

**PENICILLINS** 

Medications

Reviewed Medications		
amLODIPine 10 mg tablet TAKE 1 TABLET BY MOUTH DAILY	10/26/24	filled
ARIPiprazole	08/09/24	entered
busPIRone	08/09/24	entered
cloNIDine HCL 0.2 mg tablet	10/26/24	filled
diclofenac 50 mg tablet del.rel-capsai 0.025%-m-salic 25%-ment 6% liqd	08/09/24	entered
doxycycline hyclate 100 mg capsule Take 1 capsule(s) twice a day by oral route with meal(s) for 10 days.	06/12/25	prescribed
DULoxetine	08/09/24	entered
gabapentin	08/09/24	entered
lisinopriL	08/09/24	entered
melatonin	08/09/24	entered
prazosin	08/09/24	entered
Superior Prostate	08/09/24	entered
temazepam 30 mg capsule TAKE 1 CAPSULE BY MOUTH AT BEDTIME AS NEEDED FOR SLEEP	10/26/24	filled
tiZANidine	08/09/24	entered
traZODone	08/09/24	entered
vitamin B complex	08/09/24	entered

# Vaccines

Reviewed Vaccines											
Vaccine Type	Date	Amt.	Route	Site	NDC	Lot#	Mfr.	Exp. Date	VIS	VIS Given	Vaccinator
COVID-19								Date		Olven	
COVID-19, mRNA, LNP-S, PF, 100 mcg/0.5 mL dose (Moderna)	04/09/21	0.5 mL	Intramuscular	Arm, Left Upper		020B21A	Moderna US, Inc.	12/31/69			
COVID-19, mRNA, LNP-S, PF, 100 mcg/0.5 mL dose (Moderna)	03/09/21	0.5 mL	Intramuscular	Arm, Left Upper		036A21A	Moderna US, Inc.	08/26/21			
Diphtheria, Tetanus, Pertussis											
Tdap	09/13/17										

#### **Reviewed Problems**

• Onychomycosis - Onset: 04/16/2025

- Disorder of the peripheral nervous system Onset: 04/16/2025
- Peripheral vascular disease Onset: 03/19/2025
- Foot callus Onset: 04/16/2025
- Corns and callus Onset: 06/12/2025
- Walking disability Onset: 04/16/2025
- Antalgic gait Onset: 04/16/2025
- Ulcer of left foot Onset: 06/12/2025
- Neuropathy Onset: 08/09/2024
- Hypertensive disorder Onset: 08/09/2024

#### Family History

Reviewed Family History

Father - Hypertensive disorder

#### Social History

### **Reviewed Social History**

#### **Advance Directive**

Do you have an advance directive?: No

Do you have a medical power of attorney?: Yes

### Substance Use

Do you or have you ever smoked tobacco?: Never smoker

Do you or have you ever used any other forms of tobacco or nicotine?: No What was the date of your most recent tobacco screening?: 06/12/2025

Has tobacco cessation counseling been provided?: Yes

On what date was tobacco cessation counseling provided?: 06/12/2025

What is your level of alcohol consumption?: None Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: Occasional

#### **Diet and Exercise**

What is your exercise level?: Occasional

How many times per week do you exercise?: 1-2 times per week

## Activities of Daily Living

Are you able to care for yourself?: Yes

Are you able to walk?: Yes: walks without restrictions

### Surgical & Procedure History

Reviewed Surgical & Procedure History

Left shoulder, Left wrist, right wrist and elbow

### Past Medical History

Reviewed Past Medical History

Diabetes: **Y**Dyslipidemia: **Y**Hypertension: **Y** 

## HPI

68 y/o nondiabetic new patient here with his wife sent from the VA for multiple wounds left sub1st mtp ongoing about five months and right dorsal/later mtp ulcer about three weeks old. Hx neuropathy.

Here today we had some break to compliance he removed the offloaded insert from left shoe and applied his own dressing to the right.

Here today follow up to the above he missed his appointment last week has been putting some betadine on right foot

\*\*\*68-year-old veteran male who is healed plantar subfirst metatarsal phalangeal joint ulcer.

Reulceration today same plantar subfirst left mtpj he has been wearing his diabetic shoes and inserts needs offload adjustment

Follow up to the above start skin grafting today wound is clean he is compliant with offload

Follow up to the above mentioned wound is clean he does have some hyperkeratosis periwound

Follow up to the above doing well today

Here today wound is doing well decreased in size and depth from previous he is compliant with dressing and inserts.

Follow up to the above wound has decreased in size he is doing well

Here today doing well less hyperkeratosis today

Follow up to the above he has been on his feet more hosting family for the holidays

Follow up to the above mentioned some breaks in compliance with the boot and insert since last visit

Doing well today less HK than previous

Follow up above mentioned closed skin integument today

Remained healed looks great transition to tennis shoes today

2-week surveillance visit today he looks great. Skin integument remained closed he is compliant with his inserts and shoes. We are getting close to transitioning him into routine footcare.

4-week follow-up to the above-mentioned and he has had a reulceration today left subfirst MTP he is unsure how long this has been open. He has significant hyperkeratosis today. He is compliant with his diabetic shoes and inserts reports 0 barefoot walking

Follow-up to the above-mentioned today he is 98% closed. Looks great compliant with his inserts and offload

Completely closed and dry today he looks great.

Healed +2 weeks today. Compliant with shoes and inserts he looks wonderful

Completely closed he looks great ready to transition back into routine footcare.

Here today for his routine nail care appointment with new wound left subfirst MTP. This has been present for 1 to 1.5 weeks he was doing some home callus care and accidentally cut himself.

Here today follow-up to the above mentioned improvement from previous he is on the antibiotic that we prescribed to him and has been compliant with offloading dressing changes

Follow-up to the above-mentioned doing well today continued skin grafting

Here today follow-up of the above-mentioned doing well

## ROS

Patient reports hearing loss but reports no ear pain, no ear discharge, no sinus pressure, no drooling, no facial swelling, no congestion, no sore throat, no hoarseness, and no mouth lesions. He reports depression but reports no anxiety, no insomnia, no stress, and no loss of interest. He reports no significant weight change, good appetite, no fever, normal activity level, no fatigue, and no acute distress. He reports no pain, no blurry vision, no redness, no itchiness, no swelling, no discharge, and normal movement. He reports no chest pain and normal heart rate. He reports no lumps, no tenderness, and no discharge. He reports no cough, no wheezing, no chest tightness, no pain with respiration, and normal respiration. He reports no difficulty swallowing, no abdominal pain, no nausea, no vomiting, no diarrhea, no constipation, no blood in stool, and no mucous in stool. He reports no discharge, no blood in urine, no pain with urination, no increase in frequency of urination, no voiding urgency, no testicular pain, no swelling, no redness, no itching, and no masses. He reports no soft tissue swelling, no joint swelling, no myalgia, moves all extremities well, no previous injuries, and no trauma. He reports no pain, no itchiness, no skin dryness, no flaking, no redness, no rash, no hives, no skin lesions, no skin lumps, no swelling, no bruising, and no insect bites. He reports no numbness, no weakness, no tingling, no burning, no shooting pain, no headache, no dizziness, and no loss of consciousness. He reports normal drinking and no temperature intolerance. He reports no sneezing, no runny nose, no sinus pressure, and no post-nasal drip.

### Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: dorsalis pedis diminished and posterior tibialis diminished. Arterial Pulses Left: dorsalis pedis diminished and posterior tibialis diminished. Varicosities Right: varicosities. Varicosities Left: varicosities.

Integumentary: Foot Right: dry and atrophic. Foot Left: dry and atrophic. Great Toe Nail Right: pain with and without pressure. Great Toe Nail Left: pain with and without pressure.

Neurological: Neurological Right: gross sensation diminished. Neurological Left: gross sensation diminished.

**Musculoskeletal:** Muscle Strength and Tone Right: hypotonicity. Muscle Strength and Tone Left: hypotonicity. Joints, Bones, and Muscles Right: contractures and limited ROM. Joints, Bones, and Muscles Left: contractures and limited ROM.

Class: Class B Right: dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes, and skin texture thin. Class B Left: dorsalis pedis pulse diminished, posterior tibial pulse diminished, hair growth decrease, nail changes, pigmentary changes, and skin texture thin.

Onychomycotic digits bilaterally

Full-thickness ulceration left subfirst MTP approximately 1.0 cm x 1 cm x 0.4 cm No signs of infection

### **Procedure Documentation**

#### Skin Graft-AmnioCore Pro:

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement.

Skin Substitute: AmnioCore Pro

Size-- 2x2 cm

Product ID-- AMP-5220

Serial Number -- SB25-0507MP-00292624

Expiration Date--2028-01-29

Application number--3

Zero graft wastage.

#### Assessment / Plan

## Ulcer of left foot with fat layer

## 1. exposed

Additional diagnosis detail: Ulcer of left foot with fat layer exposed

L97.522: Non-pressure chronic ulcer of other part of left foot with fat layer exposed

### 2. Corns and callus

L84: Corns and callosities

## 3. Onychomycosis

B35.1: Tinea unguium

### 4. Disorder of the peripheral nervous system-

Additional diagnosis detail: Other disorders of peripheral nervous system

G64: Other disorders of peripheral nervous system

## 5. Foot callus -

Additional diagnosis detail: Callus of foot

L84: Corns and callosities

#### 6. Antalgic gait

R26.89: Other abnormalities of gait and mobility

## 7. Walking disability -

Additional diagnosis detail: Disability of walking

R26.2: Difficulty in walking, not elsewhere classified

#### **Discussion Notes**

Skin graft application #3 today we discussed skin graft dressing change protocol he has the offloaded cam boot we will see him back next week he knows to call with any questions or concerns

### Return to Office

MITCHELL PEARCE, PA for ESTABLISHED PATIENT 15 at KNOXVILLE on 07/10/2025 at 01:45 PM

### **Encounter Sign-Off**

Encounter signed-off by MITCHELL PEARCE, PA, 07/03/2025.

Encounter performed and documented by MITCHELL PEARCE, PA Encounter reviewed & signed by MITCHELL PEARCE, PA on 07/03/2025 at 03:24 PM