Medical Records - CONFIDENTIAL

FROM: TN - Faculty Physicians

Tina W

1415 OLD WEISGARBER RD SUITE 350, KNOXVILLE, TN 37909-

1381

Phone: (865) 588-1605 Fax: (865) 588-1608

TO:

Name: SMITH, BARBARA ANN

DOB: 09/28/1948

Date Range: 01/01/2023 to 09/17/2025

This document contains the following records of the patient:

• Encounters and Procedures

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FACULTY PHYSICIANS • 1415 OLD WEISGARBER RD SUITE 350, KNOXVILLE TN 37909-1381

SMITH, Barb ANN (Legal name: Barbara Smith) | (id #15810, dob: 09/28/1948)

Encounters and Procedures

Clinical Encounter Summaries

Encounter Date: 01/26/2024

Patient

Name SMITH, BARBARA (75yo, F) ID# 15810 Appt. Date/Time 01/26/2024 09:15AM

DOB 09/28/1948 Service Dept. TAZEWELL

Provider KYLER DALTON, PA-C

Insurance Med Primary: MEDICARE-TN (MEDICARE)

Insurance #: 8K40ED6QG47

Med Secondary: AETNA LIFE INSURANCE COMPANY (MEDICARE SUPPLEMENT)

Insurance # : AHL6216532

Med Durable Medical Equipment: CGS (MEDICARE DME REGION C)

Insurance #: 8K40ED6QG47

Prescription: EXPRESS SCRIPTS - Member is eligible. details

Chief Complaint

Left Wound Care

Patient's Care Team

Primary Care Provider: MARIA HORTILLOSA MD: 3504 W CUMBERLAND AVE, MIDDLESBORO, KY 40965, Ph (606) 248-0737,

Fax (606) 248-0739 NPI: 1629004015

Patient's Pharmacies

BARBOURVILLE ARH SPECIALTY PHCY (ERX): 80 HOSPITAL DRIVE, BARBOURVILLE, KY 40906, Ph (606) 545-5580, Fax (606) 545-5513

Vitals

2024-01-26 09:30

Ht: 5 ft **Wt**: 160 lbs **BMI**: 31.2

Allergies

Reviewed Allergies

NKDA

Medications

Reviewed Medications		
amoxicillin 500 mg capsule	07/17/23	filled
BD Ultra-Fine Nano Pen Needle 32 gauge x 5/32"	12/21/23	filled
cephALEXin 500 mg capsule	10/31/23	filled
clindamycin HCL 150 mg capsule	09/12/23	filled
doxycycline monohydrate 100 mg tablet	05/24/23	filled
furosemide 40 mg tablet	05/11/23	filled
gabapentin 600 mg tablet Take 1 tablet(s) twice a day by oral route.	01/23/24	filled
hydrALAZINE 50 mg tablet	12/21/23	filled
HYDROcodone 7.5 mg-acetaminophen 325 mg tablet	01/23/24	filled
ibuprofen 800 mg tablet	10/25/23	filled
metFORMIN ER 750 mg tablet,extended release 24 hr Take 1 tablet(s) every day by oral route.	10/20/22	filled
metoprolol tartrate 50 mg tablet Take 1 tablet(s) twice a day by oral route.	01/10/24	filled
naproxen 500 mg tablet	10/31/23	filled
NovoLOG Mix 70-30 FlexPen U-100 Insulin 100 unit/mL subcutaneous pen Inject 50 unit(s) twice a day by subcutaneous route.	12/26/23	filled
omeprazole 40 mg capsule,delayed release	10/20/22	filled
polymyxin B sulfate 10,000 unit-trimethoprim 1 mg/mL eye drops	10/12/22	filled
Vaccines		

Vaccines

None recorded.

Problems

Reviewed Problems

- Hypertensive disorder Onset: 09/22/2022Diabetes mellitus Onset: 09/22/2022

Family History

Reviewed Family History

Unspecified Relation

- Diabetes mellitus

- Hypertensive disorder

Social History

Reviewed Social History

Advance Directive

Do you have an advance directive?: No

Substance Use

Do you or have you ever smoked tobacco?: Never smoker

Do you or have you ever used any other forms of tobacco or nicotine?: No What was the date of your most recent tobacco screening?: 01/03/2024 Has tobacco cessation counseling been provided?: Yes

On what date was tobacco cessation counseling provided?: 01/03/2024

What is your level of alcohol consumption?: None Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: Moderate

Diet and Exercise

What is your exercise level?: Occasional

How many times per week do you exercise?: Less than 1 time per week

Activities of Daily Living

Are you able to care for yourself?: Yes

Are you able to walk?: Yes: walks with assistive device(s)

Surgical History

Reviewed Surgical History

- Shoulder Surgery
- Cholecystectomy
- Cataract Surgery 01/01/2022

Past Medical History

Reviewed Past Medical History

Cancer: **Y** Diabetes: **Y**

Leg or Foot Ulcers: **Y** Neuropathy: **Y**

Screening

Name	Score	Notes
Falls Efficacy Scale	50	

HPI

Pleasant 75-year-old diabetic female presents today for follow-up on left leg wounds. Patient reports that she and home health has been dressing the wounds with dry gauze dressing and Ace bandages over the Adaptic gauze. She reports she has kept the Adaptic gauze in place since last visit. Reports that the leg pain has improved. Patient reports she was recently diagnosed with breast cancer and has to decide between radiation or mastectomy. No other complaints at this time.

ROS

Patient reports vision change but reports no dry eyes, no irritation, and no eye disease/injury. She reportseasy bruising but reports no swollen glands, no excessive bleeding, no anemia, and no phlebitis. She reports runny nose and frequent sneezing but reports no sinus pressure, no itching, and no hives. She reports no fever, no night sweats, no significant weight gain, no significant weight loss, no exercise intolerance, no chills, and no malaise. She reports no difficulty hearing and no ear pain. She reports no frequent nosebleeds, no nose problems, and no sinus problems. She reports no sore throat, no bleeding gums, no snoring, no dry mouth, no mouth ulcers, no oral abnormalities, no teeth problems, no ringing in the ears, and no sinusitis. She reports no chest pain, no arm pain on exertion, no shortness of breath when walking, no shortness of breath when lying down, no palpitations, no known heart murmur, and no ankle swelling. She reports no cough, no wheezing, no shortness of breath, no coughing up blood, and no sleep apnea. She reports no abdominal pain, no nausea, no vomiting, no constipation, normal appetite, no diarrhea, not vomiting blood, no dyspepsia, and no GERD. She reports no incontinence, no difficulty urinating, no hematuria, and no increased frequency. She reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, no swelling in the extremities, no neck pain, no difficulty walking, no cramps, no osteoporosis, and no fractures. She reports no abnormal mole, no jaundice, no rashes, no laceration, no non-healing areas, no changes in hair/nails, no psoriasis, no change in skin color, and no breast lump. She reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, no migraines, no headaches, no tremor, no gait dysfunction, and no paralysis. She reports no depression, no sleep disturbances, feeling safe in a relationship, no alcohol abuse, no anxiety, no hallucinations, no suicidal thoughts, no mood swings, no memory loss, no agitation, no dementia, and no delirium. She reports no fatigue.

Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: **dorsalis pedis diminished** and **posterior tibialis diminished** and capillary refill test immediate. Arterial Pulses Left: **dorsalis pedis diminished** and **posterior tibialis diminished** and capillary refill test immediate. Edema Right: **edema**. Edema Left: **edema**. Varicosities Right: **varicosities**. Varicosities Left: **varicosities**.

Integumentary: Foot Right: no lesions, ulcers, skin rash, or subcutaneous nodules; **dry**, **atrophic**, and **hair absent**; and skin temperature normal. Foot Left: no lesions, ulcers, skin rash, or subcutaneous nodules; **dry**, **atrophic**, and **hair absent**; and skin temperature normal.

Neurological: Neurological Right: **paresthesias**, **gross sensation diminished**, and **pin prick sensation decreased**. Neurological Left: **paresthesias**, **gross sensation diminished**, and **pin prick sensation decreased**. Manual Muscle Test Right: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance), and evertors 5/5 (movement against resistance). Manual Muscle Test Left: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance).

Musculoskeletal: Muscle Strength and Tone Right: normal and normal tone. Muscle Strength and Tone Left: normal and normal tone. Joints, Bones, and Muscles Right: **contractures**, **limited ROM**, **bony abnormalities**, and **pain to palpation**. Joints, Bones, and Muscles Left: **contractures**, **limited ROM**, **bony abnormalities**, and **pain to palpation**.

Class: Class B Right: skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes; and skin color normal and no redness. Class B Left: skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes; and skin color normal and no redness. Class C Right: burning, paresthesias, edema, cold foot, and temperature changes and no claudication. Class C Left: burning, paresthesias, edema, cold foot, and temperature changes and no claudication.

Toenails 1 through 5 are thickened, discolored, dystrophic, clinically mycotic, and not elongated bilaterally.

2 necrotic ulcers noted to left lower extremity measuring approximately 2.5 cm x 2.0 cm x 0.5 cm and 1.5cm x 1.0 cm x 0.5 cm. Some surrounding ervthema.

Right third digit amputation

No calf pain.

DP, PT palpable bilaterally.

Procedure Documentation

Skin Graft-Innovamatrix:

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement. Skin Substitute: Innovamatrix AC Size-- 2 cm x 2 cm Product ID-- IMX-0202-01 Lot Number-- 110722-2 Expiration Date-- 2024-11-07 Application number-- See graft log Zero graft wastage.

Assessment / Plan

1. Open wound of left lower leg

S81.802D: Unspecified open wound, left lower leg, subsequent encounter

2. Onvchomycosis

B35.1: Tinea unguium

3. History of amputation of right lesser toe

Z89.421: Acquired absence of other right toe(s)

4. Disorder of nervous system due to type 2 diabetes mellitus

E11.49: Type 2 diabetes mellitus with other diabetic neurological complication

5. Peripheral vascular disease

173.89: Other specified peripheral vascular diseases

6. Walking disability

R26.2: Difficulty in walking, not elsewhere classified

7. Antalgic gait

R26.89: Other abnormalities of gait and mobility

8. Venous insufficiency of leg

187.2: Venous insufficiency (chronic) (peripheral)

Discussion Notes

Today diagnosis, treatment, etiology discussed with patient.

Physical exam was performed today.

Sharp debridement of all 2 painful ulcers to the left lower leg. All 2 areas grafted with innovamatrix graft today. Grafts were covered with Adaptic gauze, dry gauze, Kling, Ace bandages. Home health to redress the area every 3 days between now and next visit. Home health to keep Adaptic gauze in place and change dry gauze and Ace bandages.

Patient to keep legs offloaded with pillows as much as possible.

Patient to continue daily exercise for at least 20 minutes to activate calf pump mechanism.

Patient to continue follow-up with vascular surgeon as directed.

Patient is to ensure complete offloading of bilateral lower extremities while resting at home. Patient is to keep compression dressings intact as well as avoid shaving or altering skin when showering day of change.

Patient to follow-up in 1 week for continued evaluation.

Return to Office

Kyler Dalton, PA-C for ESTABLISHED PATIENT 15 at HARROGATE on 02/01/2024 at 10:30 AM

Encounter Sign-Off

Encounter signed-off by Kyler Dalton, PA-C, 01/28/2024.

Encounter performed and documented by Kyler Dalton Vogel, PA-C Encounter reviewed & signed by Kyler Dalton Vogel, PA-C on 01/28/2024 at 12:10 PM

Encounter Date: 01/11/2024

Patient

Name SMITH, BARBARA (75yo, F) ID# 15810 Appt. Date/Time 01/11/2024 10:30AM

DOB 09/28/1948 Service Dept. HARROGATE

Provider KYLER DALTON, PA-C

Insurance Med Primary: MEDICARE-TN (MEDICARE)

Insurance #: 8K40ED6QG47

Med Secondary: AETNA LIFE INSURANCE COMPANY (MEDICARE SUPPLEMENT)

Insurance # : AHL6216532

Med Durable Medical Equipment: CGS (MEDICARE DME REGION C)

Insurance #: 8K40ED6QG47

Prescription: EXPRESS SCRIPTS - Member is eligible. details

Chief Complaint

Left Wound Care

Patient's Care Team

Primary Care Provider: MARIA HORTILLOSA MD: 3504 W CUMBERLAND AVE, MIDDLESBORO, KY 40965, Ph (606) 248-0737,

Fax (606) 248-0739 NPI: 1629004015

Patient's Pharmacies

BARBOURVILLE ARH SPECIALTY PHCY (ERX): 80 HOSPITAL DRIVE, BARBOURVILLE, KY 40906, Ph (606) 545-5580, Fax (606) 545-5513

Vitals

2024-01-11 11:51

Ht: 5 ft

Allergies

Reviewed Allergies

NKDA

Medications

Reviewed Medications		
amoxicillin 500 mg capsule	07/17/23	filled
BD Ultra-Fine Nano Pen Needle 32 gauge x 5/32"	12/21/23	filled
cephALEXin 500 mg capsule	10/31/23	filled
clindamycin HCL 150 mg capsule	09/12/23	filled
doxycycline monohydrate 100 mg tablet	05/24/23	filled
furosemide 40 mg tablet	05/11/23	filled
gabapentin 600 mg tablet Take 1 tablet(s) twice a day by oral route.	12/26/23	filled
hydrALAZINE 50 mg tablet	12/21/23	filled
HYDROcodone 7.5 mg-acetaminophen 325 mg tablet	12/26/23	filled
ibuprofen 800 mg tablet	10/25/23	filled
metFORMIN ER 750 mg tablet,extended release 24 hr Take 1 tablet(s) every day by oral route.	10/20/22	filled
metoprolol tartrate 50 mg tablet Take 1 tablet(s) twice a day by oral route.	01/10/24	filled
naproxen 500 mg tablet	10/31/23	filled
NovoLOG Mix 70-30 FlexPen U-100 Insulin 100 unit/mL subcutaneous pen Inject 50 unit(s) twice a day by subcutaneous route.	12/26/23	filled
omeprazole 40 mg capsule,delayed release	10/20/22	filled
polymyxin B sulfate 10,000 unit-trimethoprim 1 mg/mL eye drops	10/12/22	filled
Vaccines		

Vaccines

None recorded.

Problems

Reviewed Problems

- Hypertensive disorder Onset: 09/22/2022Diabetes mellitus Onset: 09/22/2022

Family History

Reviewed Family History

Unspecified Relation

- Diabetes mellitus

- Hypertensive disorder

Social History

Reviewed Social History

Advance Directive

Do you have an advance directive?: No

Substance Use

Do you or have you ever smoked tobacco?: Never smoker

Do you or have you ever used any other forms of tobacco or nicotine?: No What was the date of your most recent tobacco screening?: 01/03/2024

Has tobacco cessation counseling been provided?: Yes

On what date was tobacco cessation counseling provided?: 01/03/2024

What is your level of alcohol consumption?: None Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: Moderate

Diet and Exercise

What is your exercise level?: Occasional

How many times per week do you exercise?: Less than 1 time per week

Activities of Daily Living

Are you able to care for yourself?: Yes

Are you able to walk?: Yes: walks with assistive device(s)

Surgical History

Reviewed Surgical History

- Shoulder Surgery
- Cholecystectomy
- Cataract Surgery 01/01/2022

Past Medical History

Reviewed Past Medical History

HPI

Pleasant 75-year-old diabetic female presents today for follow-up on left leg wounds. Patient reports that she and home health has been dressing the wounds with dry gauze dressing and Ace bandages over the Adaptic gauze. She reports she has kept the Adaptic gauze in place since last visit. Reports that the leg pain has improved. She is scheduled to see Dr. Thomas today for breast biopsy results. No other complaints at this time.

ROS

Patient reports vision change but reports no dry eyes, no irritation, and no eye disease/injury. She reportseasy bruising but reports no swollen glands, no excessive bleeding, no anemia, and no phlebitis. She reports runny nose and frequent sneezing but reports no sinus pressure, no itching, and no hives. She reports no fever, no night sweats, no significant weight gain, no significant weight loss, no exercise intolerance, no chills, and no malaise. She reports no difficulty hearing and no ear pain. She reports no frequent nosebleeds, no nose problems, and no sinus problems. She reports no sore throat, no bleeding gums, no snoring, no dry mouth, no mouth ulcers, no oral abnormalities, no teeth problems, no ringing in the ears, and no sinusitis. She reports no chest pain, no arm pain on exertion, no shortness of breath when walking, no shortness of breath when lying down, no palpitations, no known heart murmur, and no ankle swelling. She reports no cough, no wheezing, no shortness of breath, no coughing up blood, and no sleep apnea. She reports no abdominal pain, no nausea, no vomiting, no constipation, normal appetite, no diarrhea, not vomiting blood, no dyspepsia, and no GERD. She reports no incontinence, no difficulty urinating, no hematuria, and no increased frequency. She reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, no swelling in the extremities, no neck pain, no difficulty walking, no cramps, no osteoporosis, and no fractures. She reports no abnormal mole, no jaundice, no rashes, no laceration, no non-healing areas, no changes in hair/nails, no psoriasis, no change in skin color, and no breast lump. She reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, no migraines, no headaches, no tremor, no gait dysfunction, and no paralysis. She reports no depression, no sleep disturbances, feeling safe in a relationship, no alcohol abuse, no anxiety, no hallucinations, no suicidal thoughts, no mood swings, no memory loss, no agitation, no dementia, and no delirium. She reports no fatigue.

Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: **dorsalis pedis diminished** and **posterior tibialis diminished** and capillary refill test immediate. Arterial Pulses Left: **dorsalis pedis diminished** and **posterior tibialis diminished** and capillary refill test immediate. Edema Right: **edema**. Edema Left: **edema**. Varicosities Right: **varicosities**. Varicosities Left: **varicosities**.

Integumentary: Foot Right: no lesions, ulcers, skin rash, or subcutaneous nodules; **dry**, **atrophic**, and **hair absent**; and skin temperature normal. Foot Left: no lesions, ulcers, skin rash, or subcutaneous nodules; **dry**, **atrophic**, and **hair absent**; and skin temperature normal.

Neurological: Neurological Right: paresthesias, gross sensation diminished, and pin prick sensation decreased. Neurological

Left: paresthesias, gross sensation diminished, and pin prick sensation decreased. Manual Muscle Test Right: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance), and evertors 5/5 (movement against resistance). Manual Muscle Test Left: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance).

Musculoskeletal: Muscle Strength and Tone Right: normal and normal tone. Muscle Strength and Tone Left: normal and normal tone. Joints, Bones, and Muscles Right: **contractures**, **limited ROM**, **bony abnormalities**, and **pain to palpation**. Joints, Bones, and Muscles Left: **contractures**, **limited ROM**, **bony abnormalities**, and **pain to palpation**.

Class: Class B Right: skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes; and skin color normal and no redness. Class B Left: skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes; and skin color normal and no redness. Class C Right: burning, paresthesias, edema, cold foot, and temperature changes and no claudication. Class C Left: burning, paresthesias, edema, cold foot, and temperature changes and no claudication.

Toenails 1 through 5 are thickened, discolored, dystrophic, clinically mycotic, and not elongated bilaterally.

2 necrotic ulcers noted to left lower extremity measuring approximately 3.0 cm x 2.2 cm x 0.5 cm and 2.0 cm x 1.0 cm x 0.5 cm. Some surrounding ervthema.

Right third digit amputation

No calf pain.

DP, PT palpable bilaterally.

Procedure Documentation

Skin Graft-Innovamatrix:

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement. Skin Substitute: Innovamatrix AC

Skin Substitute: Innovamatrix AC Size-- 2 cm x 2 cm Product ID-- IMX-0202-01 Lot Number-- 110722-2 Expiration Date-- 2024-11-07 Application number-- See graft log Zero graft wastage.

Skin Substitute: Innovamatrix AC

Size-- 2 cm x 2 cm

Product ID-- IMX-0202-01

Lot Number -- 110722-2

Expiration Date-- 2024-11-07

Application number -- See graft log

Zero graft wastage.

Assessment / Plan

1. Open wound of left lower leg

S81.802D: Unspecified open wound, left lower leg, subsequent encounter

2. Onychomycosis

B35.1: Tinea unguium

3. History of amoutation of right lesser toe

Z89.421: Acquired absence of other right toe(s)

4. Disorder of nervous system due to type 2 diabetes mellitus

E11.49: Type 2 diabetes mellitus with other diabetic neurological complication

5. Peripheral vascular disease

173.89: Other specified peripheral vascular diseases

6. Walking disability

R26.2: Difficulty in walking, not elsewhere classified

7. Antalgic gait

R26.89: Other abnormalities of gait and mobility

8. Venous insufficiency of leg

187.2: Venous insufficiency (chronic) (peripheral)

Discussion Notes

Today diagnosis, treatment, etiology discussed with patient.

Physical exam was performed today.

Sharp debridement of all 2 painful ulcers to the left lower leg. All 2 areas grafted with innovamatrix graft today. Grafts were covered with Adaptic gauze, dry gauze, Kling, Ace bandages. Home health to redress the area every 3 days between now and next visit. Home health to keep Adaptic gauze in place and change dry gauze and Ace bandages.

Patient to keep legs offloaded with pillows as much as possible.

Patient to continue daily exercise for at least 20 minutes to activate calf pump mechanism.

Patient to continue follow-up with vascular surgeon as directed.

Patient is to ensure complete offloading of bilateral lower extremities while resting at home. Patient is to keep compression dressings intact as well as avoid shaving or altering skin when showering day of change.

Patient to follow-up in 1 week for continued evaluation.

Return to Office

• Kyler Dalton, PA-C for ESTABLISHED PATIENT 15 at HARROGATE on 01/18/2024 at 11:15 AM

Encounter Sign-Off

Encounter signed-off by Kyler Dalton, PA-C, 01/12/2024.

Encounter performed and documented by Kyler Dalton Vogel, PA-C Encounter reviewed & signed by Kyler Dalton Vogel, PA-C on 01/12/2024 at 10:10 AM

Encounter Date: 01/03/2024

Patient

Name SMITH, BARBARA (75yo, F) ID# 15810 Appt. Date/Time 01/03/2024 10:30AM

DOB 09/28/1948 Service Dept. TAZEWELL

Provider KYLER DALTON, PA-C

Insurance Med Primary: MEDICARE-TN (MEDICARE)

Insurance #: 8K40ED6QG47

Med Secondary: AETNA LIFE INSURANCE COMPANY (MEDICARE SUPPLEMENT)

Insurance # : AHL6216532

Med Durable Medical Equipment: CGS (MEDICARE DME REGION C)

Insurance #: 8K40ED6QG47

Prescription: check now

Chief Complaint

Left Wound Care

Patient's Care Team

Primary Care Provider: MARIA HORTILLOSA MD: 3504 W CUMBERLAND AVE, MIDDLESBORO, KY 40965, Ph (606) 248-0737,

Fax (606) 248-0739 NPI: 1629004015

Patient's Pharmacies

BARBOURVILLE ARH SPECIALTY PHCY (ERX): 80 HOSPITAL DRIVE, BARBOURVILLE, KY 40906, Ph (606) 545-5580, Fax (606) 545-5513

Vitals

2024-01-03 10:46

Ht: 5 ft

Allergies

Reviewed Allergies

NKDA

Medications

05/11/23	filled
05/11/23	filled
04/25/23	filled
05/11/23	filled
10/20/22	filled
12/15/22	filled
05/11/23	filled
10/20/22	filled
10/12/22	filled
12/15/22	filled
	05/11/23 04/25/23 05/11/23 10/20/22 12/15/22 05/11/23 10/20/22 10/12/22

Vaccines

None recorded.

Problems

Reviewed Problems

- Hypertensive disorder Onset: 09/22/2022
- Diabetes mellitus Onset: 09/22/2022

Family History

Reviewed Family History

Unspecified Relation - Diabetes mellitus

- Hypertensive disorder

Social History

Reviewed Social History

Advance Directive

Do you have an advance directive?: No

Substance Use

Do you or have you ever smoked tobacco?: Never smoker

Do you or have you ever used any other forms of tobacco or nicotine?: No

What was the date of your most recent tobacco screening?: 01/03/2024

Has tobacco cessation counseling been provided?: Yes

On what date was tobacco cessation counseling provided?: 01/03/2024

What is your level of alcohol consumption?: None

Do you use any illicit or recreational drugs?: No

How many times in the past year have you used an illegal drug or used a prescription medication for nonmedical reasons?: 0

What is your level of caffeine consumption?: Moderate

Diet and Exercise

What is your exercise level?: Occasional

How many times per week do you exercise?: Less than 1 time per week

Activities of Daily Living

Are you able to care for yourself?: Yes Are you able to walk?: Yes: walks with assistive device(s)

Surgical History

Reviewed Surgical History

- Shoulder Surgery
- Cholecystectomy
- Cataract Surgery 01/01/2022

Past Medical History

Reviewed Past Medical History

Screening

Name	Score	Notes
Falls Efficacy Scale	79	

HPI

Pleasant 75-year-old diabetic female presents today for follow-up on left leg wounds. Patient reports that she and home health has been dressing the wounds with dry gauze dressing and Ace bandages over the Adaptic gauze. She reports she has kept the Adaptic gauze in place since last visit. Reports that the leg pain has improved. She is scheduled for a breast biopsy tomorrow for a mass. No other complaints at this time.

ROS

Patient reports vision change but reports no dry eyes, no irritation, and no eye disease/injury. She reportseasy bruising but reports no swollen glands, no excessive bleeding, no anemia, and no phlebitis. She reports runny nose and frequent sneezing but reports no sinus pressure, no itching, and no hives. She reports no fever, no night sweats, no significant weight gain, no significant weight loss, no exercise intolerance, no chills, and no malaise. She reports no difficulty hearing and no ear pain. She reports no frequent nosebleeds, no nose problems, and no sinus problems. She reports no sore throat, no bleeding gums, no snoring, no dry mouth, no mouth ulcers, no oral abnormalities, no teeth problems, no ringing in the ears, and no sinusitis. She reports no chest pain, no arm pain on exertion, no shortness of breath when walking, no shortness of breath when lying down, no palpitations, no known heart murmur, and no ankle swelling. She reports no cough, no wheezing, no shortness of breath, no coughing up blood, and no sleep apnea. She reports no abdominal pain, no nausea, no vomiting, no constipation, normal appetite, no diarrhea, not vomiting blood, no dyspepsia, and no GERD. She reports no incontinence, no difficulty urinating, no hematuria, and no increased frequency. She reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, no swelling in the extremities, no neck pain, no difficulty walking, no cramps, no osteoporosis, and no fractures. She reports no abnormal mole, no jaundice, no rashes, no laceration, no non-healing areas, no changes in hair/nails, no psoriasis, no change in skin color, and no breast lump. She reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, no migraines, no headaches, no tremor, no gait dysfunction, and no paralysis. She reports no depression, no sleep disturbances, feeling safe in a relationship, no alcohol abuse, no anxiety, no hallucinations, no suicidal thoughts, no mood swings, no memory loss, no agitation, no dementia, and no delirium. She reports no fatique.

Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: dorsalis pedis diminished and posterior tibialis diminished and capillary refill test immediate. Arterial Pulses Left: dorsalis pedis diminished and posterior tibialis diminished and capillary refill test immediate. Edema Right: edema. Edema Left: edema. Varicosities Right: varicosities. Varicosities Left: varicosities.

Integumentary: Foot Right: no lesions, ulcers, skin rash, or subcutaneous nodules; dry, atrophic, and hair absent; and skin temperature normal. Foot Left: no lesions, ulcers, skin rash, or subcutaneous nodules; dry, atrophic, and hair absent; and skin temperature normal.

Neurological: Neurological Right: paresthesias, gross sensation diminished, and pin prick sensation decreased. Neurological Left: paresthesias, gross sensation diminished, and pin prick sensation decreased. Manual Muscle Test Right: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance), and evertors 5/5 (movement against resistance). Manual Muscle Test Left: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance), and evertors 5/5 (movement against resistance).

Musculoskeletal: Muscle Strength and Tone Right: normal and normal tone. Muscle Strength and Tone Left: normal and normal tone. Joints, Bones, and Muscles Right: contractures, limited ROM, bony abnormalities, and pain to palpation. Joints, Bones, and Muscles Left: contractures, limited ROM, bony abnormalities, and pain to palpation.

Class: Class B Right: skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes; and skin color normal and no redness. Class B Left: skin texture shiny and thin; dorsalis pedis pulse diminished posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes; and skin color normal and no redness. Class C Right: burning, paresthesias, edema, cold foot, and temperature changes and no claudication. Class C Left: burning, paresthesias, edema, cold foot, and temperature changes and no claudication.

Toenails 1 through 5 are thickened, discolored, dystrophic, clinically mycotic, and not elongated bilaterally.

2 necrotic ulcers noted to left lower extremity measuring approximately $3.5~\text{cm} \times 2.5~\text{cm} \times 0.5~\text{cm} \times 1.5~\text{cm} \times 0.5~\text{cm}$. Some surrounding erythema. There is a small third ulcer anterior shin $0.5~\text{cm} \times 0.5~\text{cm}$

Right third digit amputation

No calf pain.

DP, PT palpable bilaterally.

Procedure Documentation

Skin Graft-Innovamatrix:

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement. Skin Substitute: Innovamatrix AC

Sizo 2 om v 2 om

Size-- 2 cm x 2 cm

Product ID-- IMX-0202-01 Lot Number-- 110722-2

Expiration Date-- 2024-11-07

Application number -- See graft log

Zero graft wastage.

Skin Substitute: Innovamatrix AC

Size-- 2 cm x 2 cm

Product ID-- IMX-0202-01

Lot Number -- 110722-2

Expiration Date-- 2024-11-07

Application number -- See graft log

Zero graft wastage.

Skin Substitute: Innovamatrix AC

Size-- 2 cm x 2 cm

Product ID-- IMX-0202-01

Lot Number-- 110722-2

Expiration Date-- 2024-11-07

Application number -- See graft log

Zero graft wastage.

Assessment / Plan

1. Open wound of left lower leg

S81.802D: Unspecified open wound, left lower leg, subsequent encounter

2. Onychomycosis

B35.1: Tinea unguium

3. History of amputation of right lesser toe

Z89.421: Acquired absence of other right toe(s)

4. Disorder of nervous system due to type 2 diabetes mellitus

E11.49: Type 2 diabetes mellitus with other diabetic neurological complication

5. Peripheral vascular disease

173.89: Other specified peripheral vascular diseases

6. Walking disability

R26.2: Difficulty in walking, not elsewhere classified

7. Antalgic gait

R26.89: Other abnormalities of gait and mobility

8. Venous insufficiency of leg

187.2: Venous insufficiency (chronic) (peripheral)

Discussion Notes

Today diagnosis, treatment, etiology discussed with patient.

Physical exam was performed today.

Sharp debridement of all 3 painful ulcers to the left lower leg. All 3 areas grafted with innovamatrix graft today. Grafts were covered with Adaptic gauze, dry gauze, Kling, Ace bandages. Home health to redress the area every 3 days between now and next visit. Home health to keep Adaptic gauze in place and change dry gauze and Ace bandages.

Patient to keep legs offloaded with pillows as much as possible.

Patient to continue daily exercise for at least 20 minutes to activate calf pump mechanism.

Patient to continue follow-up with vascular surgeon as directed.

Patient is to ensure complete offloading of bilateral lower extremities while resting at home. Patient is to keep compression dressings intact as well as avoid shaving or altering skin when showering day of change.

Patient to follow-up in 1 week for continued evaluation.

Return to Office

Kyler Dalton, PA-C for ESTABLISHED PATIENT 15 at HARROGATE on 01/11/2024 at 10:30 AM

Encounter Sign-Off

Encounter signed-off by Kyler Dalton, PA-C, 01/03/2024.

Encounter performed and documented by Kyler Dalton Vogel, PA-C Encounter reviewed & signed by Kyler Dalton Vogel, PA-C on 01/03/2024 at 11:44 AM

Encounter Date: 12/26/2023

Patient

Name SMITH, BARBARA (75yo, F) ID# 15810 Appt. Date/Time 12/26/2023 10:30AM

DOB 09/28/1948 Service Dept. TAZEWELL

Provider KYLER DALTON, PA-C

Insurance Med Primary: MEDICARE-TN (MEDICARE)

Insurance #: 8K40ED6QG47

Med Secondary: AETNA LIFE INSURANCE COMPANY (MEDICARE SUPPLEMENT)

Insurance #: AHL6216532

Med Durable Medical Equipment: CGS (MEDICARE DME REGION C)

Insurance #: 8K40ED6QG47

Prescription: check now

Chief Complaint

painful toenails, Left Wound Care

Patient's Care Team

Primary Care Provider: MARIA HORTILLOSA MD: 3504 W CUMBERLAND AVE, MIDDLESBORO, KY 40965, Ph (606) 248-0737,

Fax (606) 248-0739 NPI: 1629004015

Patient's Pharmacies

BARBOURVILLE ARH SPECIALTY PHCY (ERX): 80 HOSPITAL DRIVE, BARBOURVILLE, KY 40906, Ph (606) 545-5580, Fax (606) 545-5513

Vitals

2023-12-26 10:53

Ht: 5 ft **Wt**: 165 lbs **BMI**: 32.2

Allergies

Reviewed Allergies

NKDA

Medications

Reviewed Medications		
furosemide 40 mg tablet	05/11/23	filled
gabapentin 600 mg tablet Take 1 tablet(s) twice a day by oral route.	05/11/23	filled
hydrALAZINE 50 mg tablet	04/25/23	filled
HYDROcodone 7.5 mg-acetaminophen 325 mg tablet	05/11/23	filled
metFORMIN ER 750 mg tablet,extended release 24 hr Take 1 tablet(s) every day by oral route.	10/20/22	filled
metoprolol tartrate 50 mg tablet Take 1 tablet(s) twice a day by oral route.	12/15/22	filled
NovoLOG Mix 70-30 FlexPen U-100 Insulin 100 unit/mL subcutaneous pen Inject 50 unit(s) twice a day by subcutaneous route.	05/11/23	filled
omeprazole 40 mg capsule,delayed release	10/20/22	filled
polymyxin B sulfate 10,000 unit-trimethoprim 1 mg/mL eye drops	10/12/22	filled
TRUEplus Pen Needle 32 gauge x 5/32"	12/15/22	filled
Vaccines		

Vaccines

None recorded.

Problems

Reviewed Problems

- Hypertensive disorder Onset: 09/22/2022
- Diabetes mellitus Onset: 09/22/2022

Family History

Reviewed Family History

Unspecified Relation - Diabetes mellitus

- Hypertensive disorder

Social History

Reviewed Social History

Advance Directive

Do you have an advance directive?: No

Substance Use

Do you or have you ever smoked tobacco?: Never smoker

Do you or have you ever used any other forms of tobacco or nicotine?: No

What was the date of your most recent tobacco screening?: 11/20/2023

Has tobacco cessation counseling been provided?: No

What is your level of alcohol consumption?: None Do you use any illicit or recreational drugs?: No

What is your level of caffeine consumption?: Moderate

Diet and Exercise

What is your exercise level?: Occasional

How many times per week do you exercise?: Less than 1 time per week

Activities of Daily Living

Are you able to care for yourself?: Yes

Are you able to walk?: Yes: walks with assistive device(s)

Surgical History

Reviewed Surgical History

- Shoulder Surgery
- Cholecystectomy
- Cataract Surgery 01/01/2022

Past Medical History

Reviewed Past Medical History

Screening

Name	Score	Notes
Falls Efficacy Scale	50	

HPI

Pleasant 75-year-old diabetic female presents today for follow-up on left leg wounds. Patient reports that she and home health has been dressing the wounds with dry gauze dressing and Ace bandages over the Adaptic gauze. She reports she has kept the Adaptic gauze in place since last visit. Reports that the leg pain has improved. She has been taking her antibiotic as directed. No other complaints at this time.

ROS

Patient reports vision change but reports no dry eyes, no irritation, and no eye disease/injury. She reportseasy bruising but reports no swollen glands, no excessive bleeding, no anemia, and no phlebitis. She reports runny nose and frequent sneezing but reports no sinus pressure, no itching, and no hives. She reports no fever, no night sweats, no significant weight gain, no significant weight loss, no exercise intolerance, no chills, and no malaise. She reports no difficulty hearing and no ear pain. She reports no frequent nosebleeds, no nose problems, and no sinus problems. She reports no sore throat, no bleeding gums, no snoring, no dry mouth, no mouth ulcers, no oral abnormalities, no teeth problems, no ringing in the ears, and no sinusitis. She reports no chest pain, no arm pain on exertion, no shortness of breath when walking, no shortness of breath when lying down, no palpitations, no known heart murmur, and no ankle swelling. She reports no cough, no wheezing, no shortness of breath, no coughing up blood, and no sleep apnea. She reports no abdominal pain, no nausea, no vomiting, no constipation, normal appetite, no diarrhea, not vomiting blood, no dyspepsia, and no GERD. She reports no incontinence, no difficulty urinating, no hematuria, and no increased frequency. She reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, no swelling in the extremities, no neck pain, no difficulty walking, no cramps, no osteoporosis, and no fractures. She reports no abnormal mole, no jaundice, no rashes, no laceration, no non-healing areas, no changes in hair/nails, no psoriasis, no change in skin color, and no breast lump. She reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, no migraines, no headaches, no tremor, no gait dysfunction, and no paralysis. She reports no depression, no sleep disturbances, feeling safe in a relationship, no alcohol abuse, no anxiety, no hallucinations, no suicidal thoughts, no mood swings, no memory loss, no agitation, no dementia, and no delirium. She reports no fatigue.

Physical Exam

Constitutional: General Appearance: well-developed. Level of Distress: NAD.

Cardiovascular: Arterial Pulses Right: dorsalis pedis diminished and posterior tibialis diminished and capillary refill test immediate. Arterial Pulses Left: dorsalis pedis diminished and posterior tibialis diminished and capillary refill test immediate. Edema Right: edema. Edema Left: edema. Varicosities Right: varicosities. Varicosities Left: varicosities.

Integumentary: Foot Right: no lesions, ulcers, skin rash, or subcutaneous nodules; **dry**, **atrophic**, and **hair absent**; and skin temperature normal. Foot Left: no lesions, ulcers, skin rash, or subcutaneous nodules; **dry**, **atrophic**, and **hair absent**; and skin temperature normal.

Neurological: Neurological Right: **paresthesias**, **gross sensation diminished**, and **pin prick sensation decreased**. Neurological Left: **paresthesias**, **gross sensation diminished**, and **pin prick sensation decreased**. Manual Muscle Test Right: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance), and evertors 5/5 (movement against resistance). Manual Muscle Test Left: plantarflexors 5/5 (movement against resistance), dorsiflexors 5/5 (movement against resistance), invertors 5/5 (movement against resistance).

Musculoskeletal: Muscle Strength and Tone Right: normal and normal tone. Muscle Strength and Tone Left: normal and normal tone. Joints, Bones, and Muscles Right: **contractures**, **limited ROM**, **bony abnormalities**, and **pain to palpation**. Joints, Bones, and Muscles Left: **contractures**, **limited ROM**, **bony abnormalities**, and **pain to palpation**.

Class: Class B Right: skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes; and skin color normal and no redness. Class B Left: skin texture shiny and thin; dorsalis pedis pulse diminished, posterior tibial pulse diminished, advanced trophic changes, hair growth decrease, nail changes, and pigmentary changes; and skin color normal and no redness. Class C Right: burning, paresthesias, edema, cold foot, and temperature changes and no claudication. Class C Left: burning, paresthesias, edema, cold foot, and temperature changes and no claudication.

Toenails 1 through 5 are thickened, discolored, dystrophic, clinically mycotic, and not elongated bilaterally. 2 necrotic ulcers noted to left lower extremity measuring approximately 3.5 cm x 2.5 cm x 0.5 cm and 4cm x 1.5 cm x 0.5 cm. Some surrounding erythema. There is a small third ulcer anterior shin 1 cm x 0.5cm

Right third digit amputation

No calf pain.

DP, PT palpable bilaterally.

Procedure Documentation

Skin Graft-Innovamatrix:

Skin Graft To advance wound healing, an appropriate skin substitute was selected and applied to wound after debridement.

Skin Substitute:InnovaMatrix AC

Size--4cmx4cm

Product ID--IMX-0404-01

Lot Number--102422-2

Expiration Date--2024-10-24

Application number--5

Zero graft wastage.

Assessment / Plan

1. Open wound of left lower leg

S81.802D: Unspecified open wound, left lower leg, subsequent encounter

2. Onychomycosis

B35.1: Tinea unguium

3. History of amputation of right lesser toe

Z89.421: Acquired absence of other right toe(s)

4. Disorder of nervous system due to type 2 diabetes mellitus

E11.49: Type 2 diabetes mellitus with other diabetic neurological complication

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173.89: Other specified peripheral vascular diseases

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R26.2: Difficulty in walking, not elsewhere classified

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R26.89: Other abnormalities of gait and mobility

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Discussion Notes

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Patient to continue follow-up with vascular surgeon as directed.

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Patient to follow-up in 1 week for continued evaluation.

Return to Office

Kyler Dalton, PA-C for ESTABLISHED PATIENT 15 at TAZEWELL on 01/03/2024 at 10:30 AM

Encounter Sign-Off

Encounter signed-off by Kyler Dalton, PA-C, 12/26/2023.

Encounter performed and documented by Kyler Dalton Vogel, PA-C Encounter reviewed & signed by Kyler Dalton Vogel, PA-C on 12/26/2023 at 12:01 PM