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1)

$$\hat{H}^{++} = -\frac{1}{2} \nabla^2 - \frac{Z}{r} \quad \text{where } \nabla^2 = \frac{1}{r} \frac{\partial}{\partial r} \left(r^2 \frac{\partial}{\partial r} \right)$$

$\hat{H}^{++} \psi = E \psi$ Given by the derivation in 9.6 in Townsend
the radial differential equation can be obtained:

$$\left[-\frac{\hbar^2}{2m} \left(\frac{d^2}{dr^2} + \frac{2}{r} \frac{d}{dr} \right) + \frac{l(l+1)\hbar^2}{2mr^2} - \frac{Z}{r} \right] u_{El}(r) = E u_{El}(r)$$

plug in the dimensionless variable $\rho = \sqrt{\frac{2m|E|}{\hbar^2}} r$

$$\frac{d^2 u}{d\rho^2} - \frac{l(l+1)}{\rho^2} u + \left(\frac{\lambda}{4} - \frac{1}{4} \right) u = 0 \quad \text{where } \lambda = \frac{Z e^2}{\hbar} \sqrt{\frac{m}{2|E|}}$$

a solution with the form $u(\rho) = \rho^{l+1} e^{-\rho/2} F(\rho)$ can be obtained.

where

$$\rho = \sqrt{\frac{2m|E|}{\hbar^2}} r = \frac{2Z m \alpha}{\hbar n} r = \frac{2Z}{n} \frac{r}{a_0} \quad (10.40) \quad \alpha = \frac{\hbar}{m a_0}$$

Hence, the radial eigen functions of \hat{H}^{++} can be considered as functions with both r and Zr as variables.

$$\Rightarrow \psi_{nl}^{++}(r) = N(Z) P_{nl}(Zr)$$

normalization factor $N(Z)$.

2)

$$\hat{H}^+ = \hat{H}^{++}(1) + \hat{H}^{++}(2) + \frac{1}{r_{12}} = \hat{H}_0 + V_{12} = -\frac{1}{2} \nabla_1^2 - \frac{Z}{r} - \frac{1}{2} \nabla_2^2 - \frac{Z}{r} + \frac{1}{r_{12}}$$

$$\begin{aligned} \langle n_1, n_2 | \hat{H}^+ | n_3, n_4 \rangle &= \langle n_1, n_2 | \hat{H}^{++}(1) + \hat{H}^{++}(2) | n_3, n_4 \rangle + \langle n_1, n_2 | V | n_3, n_4 \rangle \\ &= \langle n_1, n_2 | \hat{H}^{++}(1) | n_3, n_4 \rangle + \langle n_1, n_2 | \hat{H}^{++}(2) | n_3, n_4 \rangle + \langle n_1, n_2 | V | n_3, n_4 \rangle \end{aligned}$$

$\hat{H}^{++}(1)$ operates on the 1st particle; $\hat{H}^{++}(2)$ operates on the 2nd particle.

\Rightarrow

$$= \underbrace{\langle n_1 | \hat{H}^{++}(1) | n_3 \rangle}_{E_{n_1} \delta_{n_1, n_3}} + \underbrace{\langle n_2 | \hat{H}^{++}(2) | n_4 \rangle}_{E_{n_2} \delta_{n_2, n_4}} + \langle n_1, n_2 | V | n_3, n_4 \rangle$$

$$\Rightarrow \hat{H}^+ = \begin{pmatrix} \langle 1 | \hat{H}^+ | 1 \rangle & \langle 1 | \hat{H}^+ | 2 \rangle \\ \langle 2 | \hat{H}^+ | 1 \rangle & \langle 2 | \hat{H}^+ | 2 \rangle \end{pmatrix} = \begin{pmatrix} \langle n_1 | \hat{H}^{++}(1) | n_3 \rangle & 0 \\ 0 & \langle n_2 | \hat{H}^{++}(2) | n_4 \rangle \end{pmatrix}$$