

Pasta Shells With Ricotta Cheese Stuffing

Name	Nazwa	Picture	Carbs	Proteins	Calories
Pasta Shells With Ricotta Cheese Stuffing	Skorupy z makaronem z farszem sera Ricotta	https://spoonacular.com/recipeImages/654887-312x231.jpg	15.07 g	17.82 µg	161.09 kcal

Ingredient name	Is missing?
ricotta cheese	True
prosciutto	True
tomato sauce	True
cooked shells	False
egg	False

Hot Garlic and Oil Pasta, the best ratio of proteins to carbs

Name	Nazwa	Picture	Carbs	Proteins	Calories
Hot Garlic and Oil Pasta	Gorący czosnek i makaron olejowy	https://spoonacular.com/recipeImages/647465-312x231.jpg	0.92 g	5.38 mg	322.85 kcal

Ingredient name	Is missing?
garlic	True
crushed red pepper	True
fettucine	False

What to make for dinner tonight?? Bruschetta Style Pork & Pasta

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Name	Nazwa	Picture	Carbs	Proteins	Calories
What to make for dinner tonight?? Bruschetta Style Pork & Pasta	Co zrobić dziś wieczorem na obiad? Wieprzowina i makaron w stylu Bruschetta	https://spoonacular.com/recipeImages/715538-312x231.jpg	69.02 g	90.42 µg	521.13 kcal

Ingredient name	Is missing?
parmigiano reggiano	True
pork chops	True
bow tie pasta	False
pasta	False

Baked Ziti Or Rigatoni

Name	Nazwa	Picture	Carbs	Proteins	Calories
Baked Ziti Or Rigatoni	Pieczone Ziti lub Rikayonini	https://spoonacular.com/recipeImages/633884-312x231.jpg	100.81 g	102.79 µg	867.46 kcal

Ingredient name	Is missing?
parmesan cheese	True
ricotta	True
shredded mozzarella	True
spaghetti sauce	True
cooked ziti	False
egg	False

Penne with Goat Cheese and Basil, the worst ratio of proteins to carbs

Name	Nazwa	Picture	Carbs	Proteins	Calories
Penne with Goat Cheese and Basil	Penne z kozim serem i bazylią	https://spoonacular.com/recipeImages/655589-312x231.jpg	21.22 g	18.19 µg	151.21 kcal

Ingredient name	Is missing?
basil leaves	True
goat cheese	True
penne pasta	False