FRONTEND DEVELOPMENT INTERNSHIP PROGRAM

Project Title: Gym Fitness Website

Project Description:

A responsive gym website showcasing services, membership plans, trainers, and workout schedules.

Goal:

- Provide an informative and engaging platform for gym members.
- Allow users to view plans, book sessions, and contact trainers.

Free Tools & Technologies:

- Frontend: HTML, CSS, JavaScript, Bootstrap
- Backend (Optional): Node.js / PHP
- Database (Optional): Firebase / MySQL
- Hosting: GitHub Pages, Netlify, Vercel

6 Steps to Build:

1. Design UI: Create sections for Home, About, Services, Trainers, Contact.
2. Develop Frontend: Use HTML, CSS, Bootstrap for a modern, responsive layout.
3. Interactive Features: Add JavaScript-based animations, BMI calculator.

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4. Backend (Optional): Use Node.js/PHP for membership signups & inquiries.
5. Enhance UX: Implement forms for contact, booking, and subscriptions.
6. Deploy & Test: Host on GitHub Pages/Netlify/Vercel, ensure responsiveness.

Expected Outcome:

- A visually appealing gym website with membership details.
- Users can explore services, view schedules, and contact trainers.
- (Optional) Online booking & membership registration system

Final Notes:

- **Documentation:** Maintain proper documentation for APIs and code.
- **Version Control:** Use Git/GitHub for collaboration and code management.
- **Presentation:** Prepare a demo showcasing the functionality of the project.