**Instructions for Using Python in Jupyter Notebook**

1) Open up Command Prompt

2) Type:

cd Documents

cd MPME

(or in one line)

cd Documents/MPME

3) Type:

jupyter notebook

**For Loading Demos**

1) Go to Vicmeisterin.github.io and go to Demos page (click Demos tab)

2) Click on demo link to download it

3) Drag and drop downloaded demo into MPME folder in Documents

4) Follow "Instructions for Using Python in Jupyter Notebook" (above) and the demo should automatically appear in Jupyter Notebook