

Reflection Report

At the start of this study year, I was overwhelmed by lots of emotions which were influenced by such facts as moving abroad, entering the university, and starting a new chapter in my adult life. I didn't expect that studying at university would differ that much from school and I had to adapt to everything from the beginning. Everything was new to me and I just started my way in programming and learning how to write professional documentation. Lots of assignments, deadlines, and other tasks I had to do, I was running out of time and was overloaded with lots of work and I decided that the first thing I had to do was improve my time management to divide my time properly for every task and also to have some free time. It helped me a lot to manage my workload and avoid burnout, after that my studying became more efficient and effective.

What is more, at university I started working in groups learning what is actual teamwork, and developing my leadership skills. I really enjoy it and look forward to improving my communication and leadership skills in the next years as well. I was doing my best and putting lots of effort into my personal growth and I did not receive any official warnings, but I issued a few strikes to some of my teammates during our group project in Period 3. These people consistently failed to show up for meetings and didn't deliver their work on time. Referring to our agreed Code of Conduct, I addressed this directly. The situation helped me understand the importance of setting boundaries, maintaining open communication, and not being afraid to speak up when team dynamics suffer.

During this academic year, my classmates and I exchanged feedback, which proved to be incredibly valuable. The insights I received helped me identify areas for growth, and I took them seriously, using them to actively develop my skills. One key moment was when a team member encouraged me to be more confident and not afraid to speak up. I used to be hesitant to share my ideas, thinking they might not be good enough and could be rejected. This feedback helped me overcome that fear and become more engaged in discussions. Now I'm more open, actively participate in team conversations, and feel comfortable sharing my thoughts with others.

Regarding my study choice, I strongly believe I made the right study choice. The combination of hands-on technical work and creative freedom suits me well. I enjoy tackling real-world problems, using technology, and working with different types of people. I feel engaged and motivated, and I can clearly see the connection between what I'm learning and the kind of career I want to build.

My study progress is on track. I've passed most of my courses and handled the more demanding projects better than I expected. The moment I'm most proud of was completing a collaborative robotics project where I took initiative in both the hardware and the programming side. It showed me how much I'd grown in confidence and skill since the beginning of the year.

In addition, during this period I wrote my first personal development plan where I clearly described what three goals I want to achieve and how I will do that. While writing

my PDP, I applied the Iceberg method by McClelland to understand my underlying motivations. I realized that my drive comes from values like creativity, personal growth, and a desire to make meaningful contributions. These inner motivators helped me define relevant and achievable goals.

1. Take part in the MDT Project.
2. Edit and publish 5 successful Instagram videos.
3. Pass the Dutch A1 exam or provide alternative evidence of learning.

I'm still working on the MDT + Innovate project and we are on the way to finish our VR game by the end of this period. However, we are already done with the website which was a part of the MDT project and helping people. In this project, I was able to apply both technical and creative skills. I collaborated closely with my teammates, contributed to the visual and UX aspects of the design, and ensured we met the project deadlines effectively. Additionally, I included a link to the website, showing my commitment to creative learning.

I also managed to publish five Instagram videos, and four of them reached over 1000 views with strong engagement.

Regarding the Dutch A1 goal, I followed two pathways: I actively studied using the Duolingo app and tracked my learning hours with screenshots, and I also recorded a short Dutch conversation with a native speaker as evidence of practical use with all the knowledge I got from the extra Dutch course that I'm attending.

STARRT Reflection on One Goal – Instagram Video Production

Situation: I wanted to improve my content creation skills and use my social media to prove that I'm ready to rejoin @nhlstendeninternational.

Task: My goal was to edit and publish at least five Instagram reels, aiming for three to receive over 1000 views and positive feedback.

Action: I researched trends, planned my content, edited consistently, and posted weekly. I asked for feedback and improved my editing style each time.

Result: I published five videos, and three of them received more than 1,000 views along with positive comments. Additionally, I became the official SMM & Content Creator for the Think Wireless Instagram page, which shows the real-world value and visibility of my content. I also developed a clear visual style and better editing speed.

Reflection: I learned that quality content comes from preparation and feedback. I also realized how much I enjoy storytelling through visuals.

Transfer: I used this work to apply for the position of Community Coordinator at @nhlstendeninternational. I have been invited to an interview on the 14th, and I feel confident that my growing experience and content creation skills will support my candidacy. I also plan to continue developing my expertise in digital communication and social media management.

In general, I'm planning to continue with this study. I feel confident about my growth, and the results I've achieved so far motivate me to keep learning and developing. This year, I started looking into potential career paths by attending guest lectures, joining company visits, and talking to students in later years about their internships. I also started gathering feedback on my personal projects from professionals in media and design. Next year, I plan to look for internship opportunities and build a real professional portfolio that aligns with my future career goals.