





Team Name: Segmentation Fault

Idea Title: Unified Health Companion for Reminders, Reports and Recommendation

Track: HealthTech & Bio-Innovation

PROBLEM OVERVIEW

People often miss medicines, forget health checkups and lack guidance on maintaining daily wellness. Without a dedicated platform, these small gaps can lead to bigger health issues over time.

Core Problem & Who It Affects

- · People forget meds and health tasks.
- Affects elderly, professionals, chronic patients.
- · Leads to missed care and health risks.

Q Gaps in Current Solutions

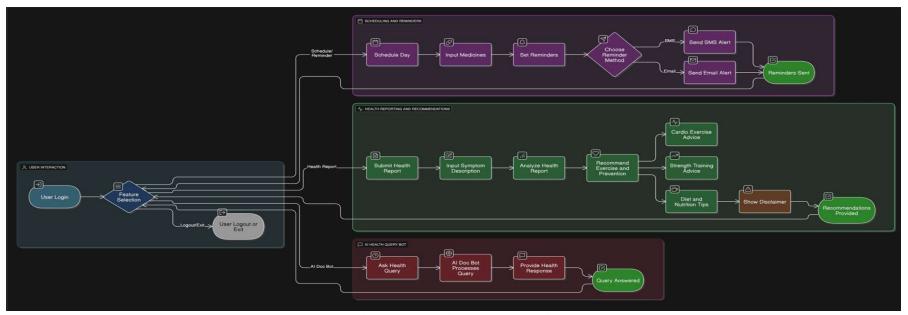
- · Apps are complex or not user-friendly.
- · No combined reminders + health tracking.
- No personalized suggestions based on reports.

I Stats / Real-life

- 50%+ skip medicines (WHO).
- 80% strokes/attacks are preventable.
- Elderly often rely on memory or paper notes.



SOLUTION OVERVIEW



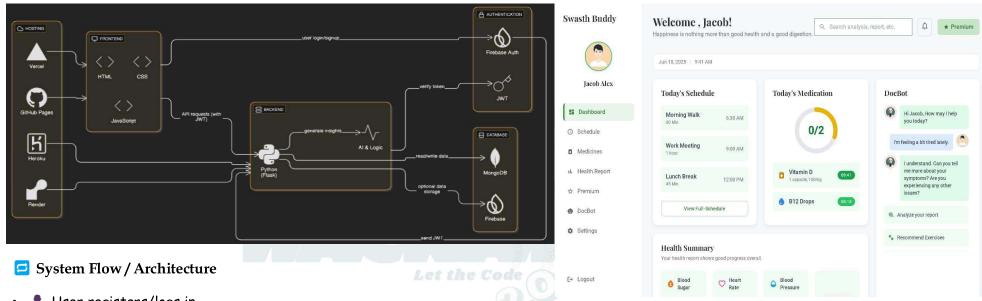
※ Key Features / Innovations

- · Daily health & medicine reminders
- · Health report upload, tracking and analysis
- AI-based suggestions for exercise and care

22 Who Benefits

- Elderly who need daily health tracking support
- · Chronic patients managing ongoing conditions
- Busy individuals who often skip health routines

SOLUTION/TECHNICAL APPROACH



- User registers/logs in
- Sets reminders and 👲 uploads health reports
- Data stored in database
- Backend processes reports and applies basic health rules
- System sends daily reminders + ? AI-based suggestions

PoC/Prototype/Progress

- Basic frontend UI ready (login, reminders page)
- Reminder and upload form working
- Backend in progress / AI logic being added
- Hosting demo page on GitHub Pages / Vercel

FEASIBILITY & APPLICATIONS

Doable with Available Resources

- Uses basic web tech stack (HTML, CSS, JS, Python all beginner friendly)
- · Can be developed with free tools like Firebase, GitHub, Vercel, Render
- · No advanced hardware or expensive APIs needed
- · Can begin with rule-based logic before full AI integration

Real-World Use Cases / Sectors

- Elderly care homes health tracking & timely reminders
- Clinics or telemedicine platforms report uploads + health suggestions
- Wellness & fitness apps integrate daily suggestions & routines
- Family caregivers track elders' activities remotely

▲ Limitations / Risks

- · Elderly users may face tech accessibility issues
- AI logic needs gradual development & should avoid giving medical advice
- Users need internet access for full functionality

BUSSINESS POTENTIAL

Value / Impact

Encourages preventive care and timely health tracking

Reduces hospital load by promoting self-monitoring

Potential Users Partners Target users: elderly, families, health-conscious individuals

Partners: clinics, wellness startups, NGOs, government bodies

Future Plans / Scalability Add voice support, mobile app & multi-language support

Scale as B2B tool or integrate with existing health platforms