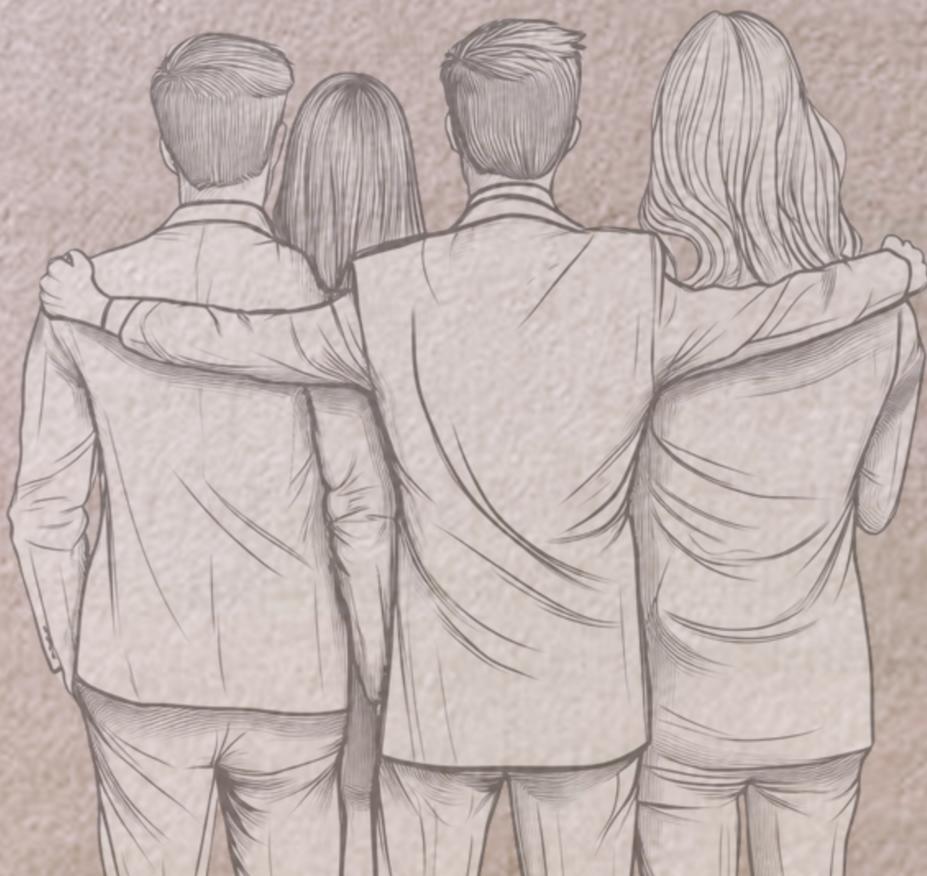


# Top Things You Hear In A Healthy Workplace

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That Indicate a Non-Toxic Environment



**"It didn't go as we planned. But we learned a lot."**

By focusing on learning rather than blaming, this it really promotes a growth mindset. It signifies a supportive environment where failures are viewed as opportunities for improvement, reducing fear of failure and encouraging continuous development.

**"I dropped the ball  
on that one."**

Admitting mistakes openly fosters trust and accountability. This phrase indicates a culture where people take responsibility for their actions without fear of undue repercussions, encouraging honesty and learning from errors.

**"I trust your judgment on this."**

**Expressing confidence in an employee's abilities empowers them to make decisions. It reflects a supportive environment that values autonomy and trusts team members, boosting morale and motivation.**

**"Feel free to share  
your ideas."**

This phrase encourages open communication and values employee input. It indicates a culture where everyone's contributions are welcomed and considered, fostering innovation and collaboration. Employees feel respected and part of the team when their ideas are invited.

**"I appreciate the  
work you put into  
this."**

Recognizing and appreciating effort acknowledges employees' contributions, enhancing their sense of value and satisfaction. This promotes a positive atmosphere where hard work is noticed and rewarded, rather than just focussing on results.

# "How do you prefer to communicate?"

This shows respect for individual preferences and promotes effective communication. By accommodating different styles, it ensures everyone is comfortable sharing ideas, which is key in a healthy workplace.

**"I'd welcome your feedback on this."**

This shows openness to input and values others' perspectives. It promotes a collaborative atmosphere where feedback is seen as a tool for growth and improvement, enhancing mutual respect and team cohesion

**"I'll escalate this for you."**

This phrase indicates support and willingness to assist in resolving issues. It shows that concerns are taken seriously and that there's a commitment to addressing problems at the appropriate level, fostering trust in leadership.

**Thank you for  
reading**

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**What other healthy phrases can you think of?**



**Tom Pestridge**

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