



**Dr. (Major)**  
**R. Vijay Anand**  
MBBS, AFIH, FDM

**Contact & Personal Info**

**Address**  
Flat No. 39,  
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**DOB**  
4<sup>th</sup> January 1977

**Age**  
47

**Awards & Recognition**

**Appreciation by GOC in Chief,  
INDIAN ARMY**  
★★★★★  
**Best Services During Covid-19**  
★★★★★

**Interests**

Badminton	★★★★★
Swimming	★★★★
Fitness	★★★★
Football	★★★
Billiards	★★★
Cricket	★★★

With a proven record of accomplishment at PSG Institute, Tata Coffee Ltd., and The Indian Army, adeptly managed occupational health centres, leading health education initiatives, and masterfully coordinated with HSE officers. Demonstrated exceptional ability in managing medical emergencies and executing control measures during health outbreaks, showcasing both critical thinking and compassionate patient care.

**Work Timeline**

**Total Years of Experience – 25 Years**

**Lecturer / Researcher**

PSG Institute 1 Year 6 Months  
Lecturer in the Department of Preventive & Social Medicine at PSG Institute of Medical Science & Reserch, Coimbatore and as Senior Research Fellow for WHO

**Medical Officer (Major – Retd.)**

Indian Army 5 Years 3 Months

**Medical Officer**

Tata Coffee Ltd. 7 Years 4 Months

**Deputy General Manager – Medical & OHS**

The Ramco Cements Ltd., 16<sup>th</sup> August 2014 – till

**Education Timeline**

**MBBS**

Dr. MGR Medical University 1999  
MBBS from PSG IMS & R - Dr. MGR Medical University, Tamilnadu.  
Registered with Tamilnadu Medical Council, Chennai in the Year 1999.  
Registration No. **66538**

**AFIH**

DGFASLI 2015  
Associate Fellowship in Industrial Health (AFIH)  
DGFASLI, Mumbai in the Year 2015  
Registration No. **02022**

**FDM**

Martin Luther Christian University 2022  
Fellowship in Diabetes Mellitus  
Medisys eVarsity, Martin Luther Christian University, Shillong

**Key Skills**

- Coordinate and Lead Occupational Health Care:** Oversee and manage occupational health initiatives, ensuring efficient coordination and leadership.
- Identify and Prevent Occupational Health Hazards:** Proactively identify, assess, and implement preventive measures for workplace health risks.
- Deliver Health Education to Employees:** Provide comprehensive health education and resources to employees to promote wellness and safety.
- Conduct Medical Examinations:** Perform periodic, preplacement, and pre-employment medical examinations to ensure employee health and fitness.
- Maintain Statutory Health Records:** Ensure accurate maintenance of statutory health records in compliance with regulations.
- Facilitate Statutory Audits:** Prepare for and successfully clear internal and external statutory audits.
- Organize Medical Camps:** Plan and execute medical camps as part of (CSR) initiatives.
- Implement 5S Principles:** Apply 5S methodology to maintain an organized and efficient OHC.
- Collaborate with HSE Officer:** Work in conjunction with Health, Safety, and Environment (HSE) Officers to integrate health and safety practices.
- Manage Medical Emergencies:** Handle medical emergencies and provide daily outpatient care.
- Assist with Health Claims:** Review health claims, assist employees with hospital admissions, and oversee medical follow-up from admission to discharge.
- Plan Health Outbreak Control Measures:** Develop and execute control measures during health outbreaks to ensure employee safety and minimize impact.