

## One Hour Circle Plan: Gender and Everyday Rules

### 60-SECOND OVERVIEW

Explore how gendered expectations show up in homes, campuses, and workplaces.

### TIMING

60 minutes

### AGENDA

0:00-0:07 Welcome, consent reminders, and grounding breath.

0:07-0:22 Round 1: share an everyday rule you were taught about gender.

0:22-0:40 Round 2: read and discuss a story clip with optional audio.

0:40-0:55 Round 3: identify supports and repairs needed in your setting.

0:55-1:00 Gratitude, optional check-ins, and documentation of next steps.

### MATERIALS

Story clips or transcripts

Notecards for commitments

Resource sheet for campus support