Discussion Ground Rules You Can Adopt Today

60-SECOND OVERVIEW
Ground the room with simple language that students can revisit and adapt in every discussion.

HOW TO USE
Post digitally and in the classroom before sensitive conversations.
Invite students to add one co-created rule before you begin.

GROUND RULES
speak from your own experience
listen to understand
leave room for others
name ideas not people
pause before you reply
protect privacy
assume good intent and stay open to repair

FACILITATOR TIPS
Reference the rules during debrief and repair moments so the group knows what to expect.