

## 60-SECOND OVERVIEW

Use this explainer to examine how unpaid and low paid care labor shapes daily life and campus work. Students connect data snapshots to personal narratives and plan a reflective action.

## TIMING

55 minutes (lecture plus small groups)

## MATERIALS

Three mini data charts on care labor  
Scenario cards featuring campus jobs  
Action planning worksheet

## STEPS

Frame the session with a quick write on visible and invisible work.  
Walk through the data charts, highlighting intersections with caste and race.  
Groups analyze scenario cards and note harms, supports, and tensions.  
Share findings using the participation guide to balance voices.  
Students draft a short commitment or question to send to course staff.

## FOLLOW-UP

Email a summary of commitments and invite students to join an office hour for deeper planning.